

Help Yourself to Happiness

Readers are invited to present their problems. All queries will receive individual attention and should be accompanied by a stamped, self-addressed envelope, directed to MARY HARRIS SEIFERT, M. A., Department of Education, The AMERICAN INSTITUTE OF FAMILY RELATIONS, 5281 Sunset Boulevard, Los Angeles 27, California.

"My mother-in-law is coming to live with us," says Mrs. K. "and I'm worried. An older person is such a problem. She'll have different ideas about cooking, children, recreation and a dozen other things—and she'll expect us to change our ways of doing everything. I've seen what happens in other families, and I know what to expect—and I don't like it!"

"Father is lost since he came to stay with us," complains Mrs. T. "He's restless and impossible to please—and I'm too busy with the children to humor him. An elderly person just doesn't—or will not—fit into a modern home."

A popular magazine recently published an article on the problems of the senior citizen in the average family. In itself, this is a distinct advance in society's philosophy. We now admit that problems of adjustment between two generations exist, a situation which we heretofore tended to disregard or deny. Facing these problems, we attempt to solve them, or at least to arrive at a working arrangement with the family and is senior "guest."

Elderly folk can be problem-children, it is true. Marriages have broken over the addition of an in-law to an already overburdened relationship. But it is possible in many cases to handle the addition of an in-law or aged parent in such a way that much tension is eliminated—and everyone is happier. A noted geriatric advisor suggests ten rules for happiness:

1. Give your aged guest a place of his own. Let him clutter it, if he will. Let him alone, if he wishes.
2. Give him a regular allowance.
3. Give him definite tasks to do, within his powers.
4. Ask his advice.
5. Be definite about what you want and do not want in household regulations.
6. Be kind to his friends.
7. Remind him of dates he wants to remember.
8. Accept him as a person with problems—put yourself in his place.
9. Influence him to be neat and clean.
10. Try to like him—and don't nag!

Congresswoman To Be Honored

Congresswoman Edith Green, who will be in Medford Monday to speak for the annual Student Government day sponsored by Medford Elks, will be honored at two functions during her stay here. Mrs. Green is representative for the third congressional district of Oregon, Multnomah county.

A luncheon in honor of Mrs. Green is being planned by Democrats of the county for Monday noon at 12 o'clock. The public is invited to attend, and reservations are to be made with Mrs. Moore-Hamilton, telephone 2-2801.

Monday afternoon Mrs. Edward C. Kelly and Mrs. Robert Boyer will be hostesses for a tea honoring Mrs. Green. The tea table will be at the Kellys' home, 906 West Fourth street. Several Democratic women will assist the hostesses.

OEA Party Theme Is 'Mad Hatter'

The annual winter social meeting of Jackson County division, Oregon Education association, will be a "Mad Hatter" party. It will be held in the new H. P. Jewett Elementary school in Central Point, off West Pine street at Freeman road, Tuesday, February 19, at 8 p.m.

Games, prizes and refreshments are planned.

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by Alice Brooks

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Meeting Planned For Theta Club

A luncheon meeting of the Southern Oregon Kappa Alpha Theta club will be held Monday, February 18, at 12:30 p.m. at the home of Mrs. Otto Frohnmayer, 1658 Spring street. Mrs. William T. Plummer of Grants Pass will report on the convention at Banff, and also, as national philanthropy chairman, will report on this phase of sorority activity.

Members of the sorority who are newcomers to Southern Oregon who would like to become affiliated with this group are asked to phone Mrs. Frohnmayer, 2-9291, or Mrs. John Delenback, 2-8655.

Adhesive tape marks can be removed by dabbing them with a little non-inflammable cleaning fluid.

Society

Mahler Symphony To Be Broadcast; Stader To Sing

Bruno Walter has chosen as the unique work for the second of his two KYJC-CBS Radio broadcasts this season Gustav Mahler's "Symphony No. 2," the so-called "Resurrection" symphony, which he will perform with the New York Philharmonic—Symphony Sunday, February 17 at 11:30 a.m.—1:00 p.m., PST.

Assisting artists in the performance of this monumental work will be Maria Stader, soprano, Maureen Forrester, contralto, and the Westminster choir, directed by Dr. John Finley Williamson.

Mahler himself conducted the first American performance of his Second Symphony, which was given in 1908 by the New York symphony, predecessor of the philharmonic.

When Mahler attended the funeral services of his friend and senior colleague Hans von Buelow, the chorus intoned Klopstock's ode "Auferstehen" (Resurrection). "Like a flash of lightning" he determined to incorporate a setting of this ode into his symphony, which has come to be known as the "Resurrection" symphony.

Maria Stader is flying to the United States especially to make her Philharmonic radio debut on this broadcast with Bruno Walter. A native of Budapest, she has built up an international reputation as recitalist, oratorio singer and soloist with orchestra. Maureen Forrester, born in Montreal, has recently made a 40-concert tour of Europe.

Singers Barbara Cook, Betty Johnson and Vaughn Monroe, together with band leader and vibraphonist Lionel Hampton, join guest conductor David Rose and the orchestra and chorus on KYJC-CBS Radio's "The Woolworth Hour: The Best in Music," Sunday, Feb. 17 at 1:00-2:00 p.m., PST. The program's regular musical conductor, Percy Faith, is vacationing in Cuba.

Ruth Esther Circle To Continue Study

Mrs. Wallace Peabody will lead the study for a meeting of Ruth Esther circle, Wesleyan Service guild, to be held Monday, February 18, at 7:30 p.m. in the library of First Methodist church.

Mrs. Peabody will continue the study of the book, "The Church in Southeast Asia" by Rajah B. Mainkam. Conditions in Indonesia and in the Philippine islands will be discussed.

Mrs. L. H. Guy will be social chairman.

Patients Prettied By Beauticians

By GAY PAULEY
United Press Correspondent
New York—(U.P.)—The beauty treatment joined the bedside manner in hundreds of hospitals this week. Hairdressers in 900 cities in the United States, Alaska and Hawaii joined in a program of "prettying up" women hospitalized, in homes for the aged, in orphanages and institutional schools.

The plan, part of the celebration of National Beauty Salon Week, was set up seven years ago by members of the National Hairdressers and Cosmetologists association.

The beauticians donate their services and equipment for styling, permanent waves, manicures, facials, shampoos and such. Philip Parker, association president, said that in seven years more than one million beauty treatments had been donated.

"This is almost as good for our morale as for the patient's," said Parker. "... especially when we see the pleasure the women in the homes for the aged get from our visits."

Valentine Dance To Be Saturday At Ruch School

Ruch—Ruch Parent-Teacher association plans a valentine dance and cake walk Saturday, February 16, at 8 p.m. in the school gymnasium.

Members of the PTA with children in school are asked to take a cake, and a dozen cupcakes. PTA members without children and guests attending are asked to take cakes for the cake walk. Cupcakes and coffee will be served in the cafeteria. Movies will be shown for the children.

Mrs. Miles Williams Hostess for Meeting Of Shady Cove Club

Shady Cove—Mrs. Walter Turner talked on horticulture at the last meeting of Shady Cove Garden club held at the home of Mrs. Miles Williams. Twenty-three members and two guests attended.

Co-hostesses for the day were Mrs. Glen Collins and Mrs. William Shepherd.

The March meeting will be a luncheon at the Medford garden followed by a tour of the garden of Mr. and Mrs. L. G. Gentner.

Princess Margaret Sees Rock 'n Roll Film

London—(U.P.)—Princess Margaret enjoyed a rock 'n roll movie so much Thursday night she took her shoes off, propped her stocking feet on a rail and waved them in time to the music.

The princess, on the town for the third night in a row, went to see "The Girl Can't Help It," starring Jayne Mansfield, and Tom Ewell.

Line roasters and oven broiler pans with aluminum foil to catch drippings and save time in cleaning these utensils.

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Tudor Guild to Hold Smorgasbord

Ashland—Plans for a smorgasbord to raise funds for an actors' scholarship have been announced by Tudor guild, valley organization which aids the Oregon Shakespearean festival.

The event will be held Saturday, February 23, from 6:30 to 8:30 o'clock in the Episcopal parish house and the public is invited to attend.

Mrs. William Dawkins is president of the guild.

A business session was held by the guild February 6 in the Ashland Public library. A budget was adopted, and Mrs. Harry Skerry reported that the Tudor hall, held at Rogue Valley Country club in November, had netted \$250 for a scholarship.

Mrs. Marvin Kocks reported that a satisfactory number of festival souvenirs had been purchased by mail order during the holiday season.

Committees for the smorgasbord were named, with Mrs. A. C. Allen Jr., Medford, and Mrs. E. N. Terrill as general chairmen.

Dried fruits and beans should be soaked for several hours before cooking in order to save fuel.

CALENDAR...

Friday
8 p.m.—Moose lodge, card party at lodge hall, 11 Newtown street.

8:15 p.m.—Medford High school play, Medford High school auditorium.

8:30 p.m.—Crater Lake Post and Auxiliary, VFW, Veterans hall, North Front st.

Saturday:
12:15 p.m.—AAUW, Medford hotel.

2 p.m.—Delta Kappa Gamma, home of Mrs. Blanche Canode.

7 p.m.—Medford Trail Riders, Bigham hall.

8 p.m.—Olive Rebekah lodge, Odd Fellows hall.

8:30 p.m.—Waggin Wheelers, Art Smith's barn, Griffin Creek road.

Dance Club Plans Birthday Party
Happy Harvesters Square Dance club will celebrate the club's second anniversary with a party at the Central Point Legion hall. It will be held at 8 p.m. Saturday, February 16, and a chili feed will be served. A charge per couple will be made.

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