

They'll Do It Every Time

By Jimmy Hatlo

THE CRUMBEANS LET THEIR HOUSE GO TO POT—NEVER DID A NICKEL'S WORTH OF FIXING UP ON IT....

COMES THE TIME THEY WANT TO SELL IT—THEN THEY DO THE WHOLE JOINT OVER FOR SOMEBODY ELSE'S BENEFIT...



The Medical Roundup

by Walter Alvarez

Emeritus Consultant in Medicine, Mayo Clinic; Emeritus Professor of Medicine, Mayo Foundation

THE MENOPAUSE

Many women ask me all sorts of questions about the menopause. Will they lose their sexual interest, will they get fat and dumpy, will they lose the love of their husband, will they go crazy, will they get unbearable flushes, or will they get cancer? Women puzzling over such conditions would do well to send 25 cents to the Public Affairs Committee, of 22 East 38th st., New York City, for an excellent pamphlet on "Understanding Your Menopause." It was prepared by Stella Applebaum and Dr. Nadina Kavinsky.

As they say, so much of the fear that women now have in regard to the menopause is unjustified. Many women just stop menstruating, and that is all. The only thing then that the woman loses is her ability to menstruate and to bear children. To many a woman this is rated as a blessing because, for the first time in her married life, she doesn't have to worry about getting pregnant. As a result, she often has a better sexual partner than she ever was before! A woman does not have to lose her sexual responsiveness—granting that she ever had much. If she never had much, she is likely to use the menopause as an excuse to keep her husband away. But if she always was a good sexual partner, and if she is still in love with a potent husband, there is no reason why she should not go on for many years, enjoying a happy sexual life.

Other Matters Blamed Many of the difficulties that women experience around the time of the menopause are not due just to the cessation of function in their ovaries; they are due to such things as an unhappy marriage of a daughter or a son, or to financial difficulties, or to the husband's heart attack, or his retirement, or the problems of getting out of the old big house and into a small apartment.

A woman who has been sane all her life, and who has sane and sensible and pleasant relatives, is not at all likely to get depressed during the menopause. The woman who might get depressed is the one who has always had a tendency to get very tense and blue before each period, or who has always been a bit moody, or has had a mother or a grandmother or an aunt who more than once was badly depressed. But even such a woman, who perhaps carries a tendency to depression in her blood, can keep fighting it off even through the menopause. She can usually keep going. If she should be one of those rare persons who can't shake off the blues, she can usually be cured with a few electroshock treatments.

Period of Anxiety Some women have a good deal of anxiety for one or two years around the menopause because they will stop menstruating for a month or two and then will start up again. In some cases today we physicians are at fault for having given the woman such a large dose of an ovarian extract that, after she has stopped menstruating, she is made to start up again, perhaps in an atypical way. Especially if she just spots, the question will arise, Has she a cancer of the uterus? This may call for a cure-treatment, with a microscopic examination of the scrapings of the womb.

In my experience, a woman can usually get along well enough with one small dose each day by mouth of an estrogen or ovarian extract type of drug. Good women's specialists advise against giving enough to

cause soreness of the woman's breasts or nausea or a return of menstruation.

Some Have No Discomfort

As I said, some women at the menopause have absolutely no discomfort, either physical or mental. Some who were intensely nervous all their days can get distressing flushes. When these flushes are very bad they can cause the woman to jump up out of her sleep. Usually they can be controlled to a considerable extent with the use of estrogens. Many of us physicians worry our patients by telling of the fear some of us have that cancer may develop somewhere because of the use of the estrogen. Actually, the danger of this is so slight that many of the best gynecologists in the country tell their patients to forget it. I have no fear of giving estrogens, and have never seen any cancer that I could ascribe to their use.

No woman need get fat and heavy and unattractive at the menopause. If, with too good an appetite, she has a tendency to gain weight, all she has to do is to live largely on vegetables and salads with enough meat, fish, chicken, egg or skim milk to supply her needs for protein and strength.

For women who want more details on the menopause there are a few good books available. One of the best is by that fine writer, Maxine Davis (McGraw Hill, New York City.)

New Antibiotics

Many persons will be glad to hear that new antibiotics are constantly being hunted for and found. Some give promise of combating diseases due to germs that are not brought under control by penicillin.

I was just reading of a new antibiotic that will protect mice against infection with a germ that, in man, sometimes produces a urinary infection that penicillin cannot cure. The new drug helps, also, in cases of whooping-cough.

Dr. Alvarez hopes his readers will understand that it would be impossible for him to answer requests for information or to attempt to diagnose by mail.

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Campfire Girls

Officers Elected O-Ne-Kizu Camp Fire Girls of Eagle Point elected officers at a meeting held in the cafeteria of Eagle Point school. They are Sharon Kuyper, president; Pamela Stevens, vice-president; Sandra Smith, secretary; Lola Ackerman, treasurer; Marcia Ackerman, sergeant-at-arms; Joan Konopasek song leader; Stephanie Speare, scribe; Sandra Wallis, games; Cheryl Hanscom, mothers' tea chairman; Phyllis Perry, program chairman; Linda Unruh, chairman of new girls; Mrs. Dale Ackerman, guardian. Mrs. Merle McGraw, assistant guardian, will lead the next meeting.

Stephanie Speare, Scribe. Grand Coulee dam in Washington is 550 feet high and 4,300 feet in length. Its 18 power units generate 18 million horsepower, believed to be the largest in the world.

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Impersonation of Grid Ace Charged

Miami, Fla.—(UP)—Husky Anthony Brown, 33, accused of impersonating pro football placekicker artist Lou (The Toe) Groza, went before U.S. Commissioner Roger E. Davis today for a preliminary hearing. Charles E. Weeks, special agent in charge of the Miami FBI office, announced Wednesday night agents arrested Brown in a hotel room here on a federal warrant issued at Jacksonville charging him with interstate transportation of a \$150 worthless check.

Brown's arrest ended a long search by federal and local officials in a number of eastern and southeastern cities for a man who has been posing as the Cleveland Browns football star and bilking those who believed him out of hundreds of dollars.

Weeks said the check which Brown cashed in Jacksonville was signed with Groza's name and was drawn on the non-existent "Cleveland First National Bank."

"It is anticipated that Brown has cashed numerous other checks and the investigation is continuing," the FBI said. Brown was confined in the Dade county jail pending his preliminary hearing.

In Cleveland, Groza told United Press similar reports of his name being falsely used have turned up in New York, Philadelphia, Jersey City, N.J., New Orleans and Savannah, Ga.

The FBI said Brown told agents he was on probation in Pennsylvania for charges similar to those on which he was arrested here.

Godfrey To Broadcast Programs From Plane

Washington—(UP)—Arthur Godfrey received permission Wednesday from the Federal Communications Commission to make international radio broadcasts from aboard his plane while on a trip to French Equatorial Africa.

Godfrey will make the broadcasts over the Columbia Broadcasting System while he is flying over the Atlantic and later while he is in Africa. He is scheduled to begin the trip Feb. 1.

The wholesale value of cars and trucks built during 1955 was \$14.5 billion for nine million vehicles.

Westerners are sweet on Spreckels Granulated Sugar...

Illustration of a girl holding a bag of Spreckels Sugar. Text: '...cause it looks so pretty in the brand-new, bright-new Spreckels Sugar bag! And it's extra-thrifty in the 2, 5, 10 and 25-pound bags!

TABLE ROCK Club Plans Entertainment

By R. E. NEALON Table Rock—A program being prepared for the next meeting of the Table Rock Community club at the schoolhouse Friday night, Jan. 25, includes a skit by the Central Point Garden club and instrumental music by students of the Central Point Junior High. Miss Marjorie Hatten, 4-H club agent, will show pictures of her trip to Norway and there will be a play put on by five local ladies. Each family is asked to bring cookies.

Relatives here have received invitations to the wedding of Elizabeth Jane McDowell, of Sioux Falls, S.D., and Alexander Moore Hamilton Jr., of Washington, D.C., on Saturday, Jan. 26, in Washington, D.C.

W. H. Young, dairyman and hay dealer of Butte Falls, was a hay buyer here Wednesday.

The howling and barking of coyotes on the south slope of Upper Table Rock, which started some months ago, sounds as if there was a den of pups close by which are growing up to coyote-hood real fast.

The next meeting of the Table Rock Ladies will be held on Thursday Feb. 14, at the home of Katharine Bosworth.

A man from down Wimer way was through this section one day last week, soliciting members for the Farm Bureau. The memberships he said were \$10, so we offered to trade him a \$50 certificate of stock in the old defunct Farm Bureau Exchange

that operated in Medford some 20 years ago for a membership, but he wasn't interested. Some gripes we have heard lately: "If any one can figure out this economics set up, they have me beat," from a farmer who had just finished figuring out his income tax. "Another four years like this and we will all be in the poor house," from a farmer in the upper hill country, who runs a small herd of cattle.

Gordon Kersaw, the square dancing nursery man, has increased his nursery acreage here by leasing 10 acres on the Baker place, just across the fence from his present plantings.

The warm sunshine and balmy air of last Thursday caused many here to think that spring had already sprung. The warm weather and the arrival of Gill Bros. seed catalogue caused our better half to begin talking about planting peas, and urged us to start stirring the soil for the sowing of seed. We tried to tell her that the bright sunshine was only a "weather breeder", and the only way to tell when winter is over is to wait until the ground hog comes out and looks it over. This didn't prove to be a convincing argument, and we found ourselves doing some digging, raking and burning, getting ready for the early planting. Since then we had freezing temperatures, with rain and snow.

The annual cleaning of the local ditch company's irrigation

HORN BROOK Miss Walsh Receives Award

By MRS. H. H. CHAPMAN Hornbrook — Miss Sharon Walsh, daughter of Mr. and Mrs. L. C. Walsh, has been named the Betty Crocker Homemaker of Tomorrow of Yreka High school. She received the highest score in a written examination on home-making knowledge, sponsored by General Mills, and given during December to senior girls in the graduating class.

Her examination paper will be entered in competition to name California's candidate for the title of All-American Homemaker of Tomorrow who will receive a \$5,000 scholarship. Second, third and fourth place winners in the national contest will win other scholarships. First prize in the state competition is a \$1,500 scholarship and a trip to Washington, D. C., with a \$500 scholarship as second prize. For

canal has been completed, according to foreman, Everett Brown. Leroy Calkins, of Medford did the major part of the work with a back hoe, and Tex Nash also of Medford, worked the heavier cuts with a power shovel. Some concrete work will be done, as soon as weather conditions permit.

According to reports there is some anxiety being felt among Sams valley farmers with irrigation reservoirs owing to the small amount of rain and snow in that vicinity so far this winter. At the present time the reservoirs are only partially filled, containing far less water than at this time a year ago.

her local achievement, Miss Walsh will receive an award pin designed by Trifari of New York. The national winner in General Mills' third annual search conducted among the nation's

schools will be named May 1 at the American Table banquet in the Waldorf-Astoria hotel in New York City. In addition to training Sharon has received at home from her mother in all phases of home-making, she has also had four years of 4-H work.

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