



KEEPING BABY ENTERTAINED, Major John Eisenhower, son of President and Mrs. Eisenhower, makes face at Mary Jean, one year old, youngest Eisenhower grandchild, during visit at White House. (International Soundphoto)

Man Loses 255 Pounds Since 1950 Through Dieting, Regular Exercise

By DELOS SMITH
United Press Science Editor
New York — (U.P.) — To encourage the thousands upon thousands of Americans who will start the new year with the resolve to diet and lose weight, this is the story of a man who lost 255 pounds.

That is, he weighed 438 pounds in 1950, when he was 25 years old, and he weighs 193 pounds now. In 1950 he was a vast oblong bulk of blubber, since his height is five feet eight and three-fourth inches. Now, having exercised regularly, he has a figure something like a Hercules.

His physician, Dr. Jack S. Ernsner of the Albert Einstein Medical Center, Philadelphia, told his story in order to answer the often answered but never satisfactorily answered question:

"What happens to the face, neck, and skin of the individual who loses 100 or more pounds?"

Strong Motive

Reducing science knows that the fat must be strongly "motivated" before they can make themselves lean by eating less. This very fat man had a powerful motivation — in a groin hernia "the size of a football" which couldn't be reduced surgically because surgeons couldn't get to it through the fat.

Dr. Ernsner, a specialist in the field, gave him a diet and medication and close professional watchfulness — losing as much weight as this man was going to have to lose has dangerous possibilities. He lost 81 pounds in four months whereupon, in the doctor's words, "he became somewhat careless in his cooper-

ation and imagined himself a martyr."

So Ernsner "weaned" him of the appetite-suppressing medicine and told him to come back in six months if he felt he could "cooperate." He came back — the hernia was disfiguring and embarrassing. Eight months later he was down to 234 pounds, and then he got his surgery.

No Hanging Skin

Two weeks later, he resumed his dieting and seven months later was down to 183½ pounds which earned him a discharge from the doctor. Since then his weight has varied between 181 and 197 pounds.

The question remains of what happened to all that fat-inflated skin.

"The face and the neck, as well as the forearms and the

legs — the parts of the body that have added the least amount of weight in any obese individual,

Ashland Man Bound Over to Grand Jury

Francis Elmer DuPuis, 743 North Main st., Ashland, waived preliminary hearing Monday morning in district court and was bound over to the grand jury on charges of writing a check with insufficient funds.

DuPuis is being held in county jail on \$500 bond. He is represented by Charles Reames.

BITE FOR BITE

Saginaw, Mich. — (U.P.) — One-year-old Joseph Robinson bit his grandfather's dog and the dog bit back.

and incidentally the parts that are unclothed and exposed — will reduce favorably from their somewhat abnormal appearance to a normal one without hanging skin or flaccid muscles if the safety factors in weight reduction are followed."

But around the chest and abdomen, the skin had been so stretched its elasticity was damaged. The man had "aprons" of skin there. The chest apron was reduced by exercises; the abdominal apron was eliminated surgically.

Inflation Hits Australia; Living Jumps 130 Per Cent

Sydney — (U.P.) — Inflation has hit Australia with the wallop of a kangaroo kick right where it hurts the most—in the pocket-book.

Bank economists list present living costs at 130 per cent higher than in 1945, compared to a 75 per cent increase in Britain and a 50 per cent raise in the United States.

The average Aussie knows little and cares less about bankers and their adding machine statistics, but the spectre of inflation now shadows him through all his waking hours.

Any attempt to get by on his 1950 budget would change living in Australia today to a mere existence. The average "bloke" or wage-earner would only be able to half fill his morning tub because of increased gas and electricity rates.

The cost of the traditional steak-and-eggs Australian breakfast would leave him with just the eggs and some onions on the plate, at today's prices. Today's Australian can ride only one mile on the buses, streetcars and electric trains for the money that formerly carried him two and three miles.

Due to National Growth

This creeping inflation, with its ever-rising cost of living, is the price Australia pays for national growth.

Australia now has 25 per cent more people than it had at the end of World War II. This means larger physical output in both primary and secondary industries. Never before has there been as much money and labor spent on public works, factory building and new industries. There has been greater capital investment on the nation's arms and sheep stations—in machinery, buildings and pasture, plant and livestock improvement.

All the same, this better "national" picture leaves the wage-earners unimpressed. Their salaries creep up with "basic wage" hikes, but never catch up with the heavier expenses involved in the mechanics of living.

Australia took its worst inflation jump in 1951—when the Korean War shot wool prices to record highs. With too much money around, the cost of living jumped to 70 per cent above the 1945 figure. At that time Britons were tightening their austerity belts against a 40 per cent rise in living costs, while Americans only faced an over-all rise of 12 per cent.

Those are over-all cost-of-living figures, according to the economists. Individually, some items have risen much more than 130 per cent. This applies to essential items like food and transport.

Worse still, the trend remains uncurbed as government and employer battle the vicious cycle of higher wages, higher costs, higher wages. In the past 12 months, food and groceries have gone up another 10 per cent, for instance. Rents, already up by 40 per cent since 1950, went up eight per cent.

Some Figures
Official figures, however, often grind down the facts into "average" figures, which the average man finds difficult, if not impossible, to match with his paycheck. Take rents, for example.

Where pegged by official control, they may even be under the 48 per cent above the 1945 figure, in some cases. But for the person who hits Sydney now and wants to find a two or three-room flat, the price starts at \$22 a week for the lucky ones and goes up to \$24 or more. The same furnished flat would have been available for \$11 to \$13 in 1950.

Cold statistics also don't mean as much to the wage-earner as the more than doubled electricity, gas and phone bills. Postage rates have just recently gone up for the third time in the last seven years. And just to make it a little more difficult for those who depended on overtime earnings, employers are paying less and less overtime.

The average man today generally makes at least \$40 per week, compared with \$26 in 1950; the average woman, \$33, compared with \$22.

For the above-average, expanding production has created

a new "executive class," drawing \$66 per week and rising to \$110 and over. Bigger firms have not yet come to the stage of Japan's padded expense accounts, but frequently provide their up-and-coming junior executives with a car, and in many cases with assistance in buying a home to solve the housing problem.

German Currently Serving in Army Of Fourth Nation

Honolulu — (U.P.) — German-born Henry Holik is an international soldier who can't stay out of an army no matter where he goes.

During the past 16 years, he has served in the armies of four nations and is presently a Specialist First Class with the U.S. 25th Infantry Division at Schofield Barracks.

His background is so diverse that when he came to the United States in 1947 he completely confounded immigration authorities by being a German citizen, wearing a British uniform and identifying himself with Polish discharge papers.

Holik was born 39 years ago in Hindenburg, Germany, and was drafted into the Wehrmacht in 1940. Four years later he was captured by the British on D-day. He was then allowed to join a Polish unit in Great Britain because he could speak the language. In 1946, the British drafted him into the Royal Army as soon as he got his Polish discharge.

U. S. Citizen Now

With his European military commitments out of the way, Holik and his wife moved to Buffalo, N.Y., where he remained a civilian until 1951. In that year he joined a U.S. Army reserve unit which went on active duty for the Korean War just one week later. He became an American citizen in 1952.

"The American Army is the best," Holik said. "In the others, if you are a private, you only talk to privates, and the discipline is a lot stiffer."

His present military status may be a permanent one. "I think I'll stay in this time," he told United Press, "especially with the world situation right now."

Holik, his wife Annie, and their two children, Margaret, 10, and Tom, 9, apparently have found a home in Hawaii. "I took one look at Waikiki Beach and re-enlisted for three years," he said.

Legislation Planned To Retain Ceiling

Washington — (U.P.) — Sen. Hubert H. Humphrey (D-Minn.) and Rep. Wright Patman (D-Tex.) both critics of the administration's "hard money" policy will sponsor legislation to retain the present 4½ per cent ceiling on GI home loan interest rates.

The Democratic lawmakers said Sunday night their proposals would save prospective veteran home buyers \$500 million each year in interest charges.

This would amount to a savings of about \$5 monthly for 30 years "for the average veteran who purchases a \$14,000 GI home," Humphrey said. He based the estimate on the expectation that GI interest rates will jump to 5 per cent if the new bill is expected to ask Congress immediately for a similar increase in the rates on veteran loans.

GOLDEN ROOF

Boston — (U.P.) — The dome of the 159-year-old Massachusetts State House is covered with a paper-thin overlay of 23-karat gold valued at \$5,000. The present gold covering is the seventh hammered onto the dome since 1874.

A STRANGER

Burlington, Vt. — (U.P.) — Ferry boat captain Everett Turner has made some 10,000 trips between his home port here and Port Kent, N. Y. Asked what he thought of the terminus across Lake Champlain, Turner said, "I don't know; I've never been ashore there."

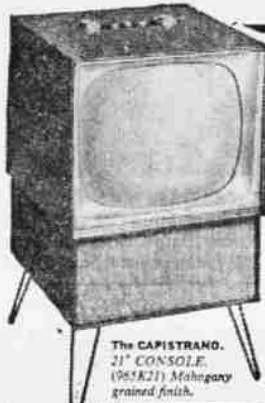
WAREHOUSE CLEARANCE

PRE-INVENTORY Sale

NEW! STILL-CRATED 1956

WESTINGHOUSE

- WASHERS
- DRYERS
- RANGES
- REFRIGERATORS
- WATER HEATERS
- TELEVISIONS



Top Tuning — 21 Inch CONSOLE TV

Newest Features — Clearer Pictures — Finest Performance! Beautifully Styled!

WAS \$249⁹⁵
SALE! \$199⁹⁵



Space Saver DRYER

Only 25" Wide — Efficient—Easily Vented—Install with Space-Mate Laundromat or Separately.

Sold for \$169.95
Now Only \$149⁹⁵



11.5 Cu. Ft. REFRIGERATOR

Freezer, 73 lb. Capacity, with Separate Door. Fully Automatic Defrost in Both Sections.

WAS \$489.95 SALE
\$399⁹⁵

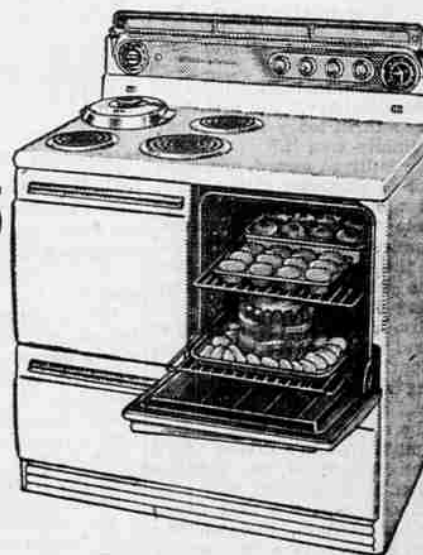
12.2 Cu. Ft. REFRIGERATOR

Automatic Defrost \$349⁹⁵
Sold for \$469.95

DELUXE RANGE

Single Oven, Timer, Raisable Deep Well, Plug-out Surface Units.

Super Corox Burners
Was \$351⁹⁵
\$299⁹⁵



Standard 36 Inch RANGE

24-Inch Oven Reg. \$209.95

\$179⁹⁵

Full Size — 40 Inch RANGE

With FULL-WIDTH Oven and Look-in Door! Everything To Make Cooking A Pleasure!

Regularly \$399.95
NOW REDUCED TO
\$299⁹⁵



Here are only a few of the Buys you'll find in our Pre-Inventory Sale — Drop in to either store and Let Us Show You!

WATCH WESTINGHOUSE

WHERE BIG THINGS ARE HAPPENING FOR YOU!

TROWBRIDGE & FLYNN

214 W. MAIN
PHONE 2-5211



Convenient Terms
To Suit Your Budget!

AND THE BIG Y APPLIANCE DEPT.

In The Big Y Shopping Center—Phone 3-5052