

RADIO PROGRAMS - SUNDAY

Table of radio programs for Sunday, listing stations like KWAC 1230 kc and KMGD 1440 kc, and various program titles such as 'Cheer, News', 'Breakfast Tunes', etc.

RADIO PROGRAMS - MONDAY

Table of radio programs for Monday, listing stations like KWAC 1230 kc and KMGD 1440 kc, and various program titles such as 'News of America', 'Yawn Patrol', etc.

TV PROGRAMS - KBES (Channel 5)

Table of TV programs for Sunday and Monday on Channel 5, listing times and program titles like 'The New Frontier', 'The Big News', etc.

STAR GAZER

Star Gazer horoscope section by Clay R. Pollan, featuring zodiac signs like Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces.

The Medical Roundup

by Walter Alvarez, Emeritus Consultant in Medicine, Emeritus Professor of Medicine, Mayo Foundation.

Several years ago, without much scientific study on which to base this action, we doctors were putting nearly every one who had a little high blood pressure on a "salt-free" diet.

My own feeling was that when a man, and particularly a woman, comes in with a moderate degree of high blood pressure which is not producing any symptoms and is not threatening the person's life, it is foolish to give a diet, the main effect of which is likely to be the production of great annoyance.

On the other hand, when a man comes in with a serious and alarming type of high blood pressure, with a tendency to failure of the kidney function and dropsy, a low sodium diet like the rice diet, can give him a welcome respite from his disease.

As time has passed, I think most physicians have come around to this point of view, and have lost faith in the idea that a salt-free diet—in some unexplained magical way—can cure anyone with high blood pressure.

Now, I read in one of the leading German medical journals that H. Saare, W. Kampmann, and G. Schmidt, of Freiburg, have concluded a nine-year study of a group of 80 patients, all with a similar type of high blood pressure. Half of them were kept on a low-salt diet, while the other half ate what they pleased.

DEER STUFF Pittsfield, Mass. — (U.P.) — A "deer" tied up traffic on a bridge here when it took a firm stand in the middle of the span. Police, called by an excited motorist, crept up on the deer, picked it up and carried it to the station house. It was stuffed.

How CHRISTIAN SCIENCE HEALS T.V. SERIES FOR EVERYONE This Week "An Answer to the Pressures of Modern Living" KBES-TV Channel 5 - Sunday - 3:00 P.M.

Ready Made and Made To Order SURE HOLD TRUSSES RUPTURE SPECIALIST! Users Say... "Rupture Gone in a Few Months" FREE EXAMINATION So Be Sure with a Sure Hold NORTHWEST ORTHOPEDIC & SURGICAL SUPPLY CO. 2747 N. PACIFIC HIGHWAY - 1/2 Mile North of Big Y

Strange As It Seems

Illustration of H.G. Wells with text: 'H.G. WELLS IN "THE WORLD SET FREE" A NOVEL PUBLISHED IN 1914... DESTRUCTION OF THE CAPITAL CITIES OF THE WORLD BY ATOMIC BOMBS!'

CROSSWORD PUZZLE

Crossword puzzle grid with clues for Across and Down, including words like 'Squawm', 'Abstract being', 'Mountains of Europe', etc.

Comic strip 'STEVE CANYON' by Steve Meyers, showing a man talking to a woman about a bird flying into a window.

Comic strip 'LIT ABNER' by Lit Abner, showing a man talking to a woman about a bird flying into a window.

Comic strip 'BUZ SAWYER' by Buz Sawyer, showing a man talking to a woman about a bird flying into a window.

Comic strip 'BARNEY GOOGLE and SNUFFY SMITH' by Barney Google and Snuffy Smith, showing a man talking to a woman about a bird flying into a window.

Comic strip 'BLONDIE' by Blondie, showing a man talking to a woman about a bird flying into a window.

Comic strip 'MUTT and JEFF' by Mut and Jeff, showing a man talking to a woman about a bird flying into a window.

Comic strip 'GET READY! HERE SHE COMES NOW!' by Steve Meyers, showing a man talking to a woman about a bird flying into a window.

Comic strip 'SOME-BODY MUST BE DAID!' by Lit Abner, showing a man talking to a woman about a bird flying into a window.

Comic strip 'THE MORE I TRY, THE MORE EXCITING IT BECOMES...' by Buz Sawyer, showing a man talking to a woman about a bird flying into a window.

Comic strip 'I'LL KETCH YE, SAMANTHY...' by Barney Google and Snuffy Smith, showing a man talking to a woman about a bird flying into a window.

Comic strip 'WHICH STUDIO IDIOT MADE THE MISTAKE ON THIS IMPORTANT CONTRACT?' by Blondie, showing a man talking to a woman about a bird flying into a window.

Comic strip 'WEIGHT AND CHARACTER' by Mut and Jeff, showing a man talking to a woman about a bird flying into a window.

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