

STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide
According to the Stars
To develop message for Tuesday,
read words corresponding to numbers
of your Zodiac birth sign.

ARIES	Taurus	Gemini	Cancer	Leo	Virgo	Libra	Scorpio	Sagittarius	Capricorn	Aquarius	Pisces
1-14-16-21-22-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

The Medical Roundup

by *Walter Alvarez*

Emeritus Consultant in Medicine,
Mayo Clinic
Emeritus Professor of Medicine,
Mayo Foundation

Advice About Drinking

I was just reading that the famous writer, Henry L. Mencken, shortly before he died, remarked that he had enjoyed drinking every known alcoholic drink, but he had learned early in life how to handle alcohol, and hence had never had any trouble with it. He said the rules are simple. First, never drink if you have work to do. Second, never drink alone; that is a good way to become a drunkard. Third, even when you have work to do, never drink while the sun is shining; wait until after dark.

These, of course, are good rules, but they work only for a man who has a strong will power, and probably no inborn intense desire at times, either for alcohol or forgetfulness. So often the man who drinks himself sullen wants relief from nervous tension and from painful thinking. He wants to come closer spiritually to his fellows, and he wants to forget his feelings of failure in life or his feelings of frustration and inferiority.

As David Runyon, Jr. says in his splendid book, "Father's Footsteps" (Random House), "I was a stranger who could never be accepted completely." His father, who had thousands of devoted admirers, and who once had had to fight off the curse of alcoholism, said, as he was dying, "No one is close to me. Remember that." As Damon Runyon, Jr. said about a certain crisis in his life, no one "could school me to handle the one person whose reactions worried me most—myself." He wondered—had he "learned enough to stand without using a brass rail as a crutch." He went on to say, "I know now that the constant manning of inner defenses against surprise attacks by booze explained my father's bewildering changes in mood, his sudden outbursts of irritation, his brooding in depression . . . Both of us at times sank with weariness from the minute-by-

Due To Mental Make-up

I have bought and read every book I have ever heard of written by men who have fought off alcoholism, and they all show me that the trouble is due to a certain mental make-up. In his remarkable book, "John Barlycorn," Jack London said, "For the first time in my life I consciously and deliberately decided to get drunk . . . It was not a body need for alcohol. It was a mental desire. My overworked and jaded mind wanted to forget . . . My brain cried out not merely for a drink, but for a drunk." "The things I had fought for and burned my midnight oil for had failed me. Success—I despised it. Recognition—it was dead ashes—Love of woman—it was like all the rest . . . The things I had fought for had proved not worth the fight."

No wonder a man drinks when he feels that sad and pessimistic. Every week I get letters from unhappy women asking me for some drug they make him quit drinking. Sadly, I have to say that the answer to alcoholism will never be that simple. The man who gives up everything that is worthwhile in life for some alcohol that will make him deathly ill is mentally very sick. He is a sick man.

Dr. Alvarez hopes his readers will understand that it would be impossible for him to answer requests for information or to attempt to diagnose by mail.

(Released by The Register and Tribune Syndicate, 1956)

Strange As It Seems

by Elsie Hix



CROSSWORD PUZZLE

Answer to Saturday's Puzzle

ACROSS

- Happy
- Pastor
- Fewer
- Mature
- Collection of facts
- Century plant
- Loaves
- Transit with anything sharp
- Discoverer of North Pole
- Swirling on skin
- Seagull
- Portuguese money of account
- Rings
- Cries
- Equality
- Cleaner substances
- Negative

DOWN

- Upright in house
- Strip of leather
- Preposition
- Extinct bird
- Greek boy kidnapped by nymphs
- Small rill
- Small powers
- Mental image
- Shield
- Cushions
- Keftarge
- Greek commune
- Clutch
- Citrus fruit
- Usual
- Term of endearment

1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31-32-33-34-35-36-37-38-39-40-41-42-43-44-45-46-47-48-49-50-51-52-53-54-55-56-57-58-59-60-61-62-63-64-65-66-67-68-69-70-71-72-73-74-75-76-77-78-79-80-81-82-83-84-85-86-87-88-89-90-91-92-93-94-95-96-97-98-99-100

RADIO PROGRAMS - MONDAY

KYAC - 1230 kc	KMED - 1440 kc	KWIN - 1400 kc
4:00 - Strictly for the Ladies	Fred Waring Songfest	KWIN's Top Ten
4:15 - The Children's Hour	Fred Waring Songfest	Here's the Answer
4:30 - Club 1230	Car Tunes	Sam Hayes
4:45 - Club 1230	Listening Prescription	
5:00 - Edward R. Murrow	Car Tunes	Bob & Ray
5:15 - The Time Tunes	Regional News	Bob & Ray
5:30 - Tom Harmon	Regional News	Bob & Ray
5:45 - Frank Goss	Regional News	Bob & Ray
6:00 - Edward R. Morgan	KMED Sports Daily	Fulton Lewis Jr.
6:15 - Lowell Thomas	Man on the Go	Local News
6:30 - Amos & Andy	Dine at 1440	KWIN Karavan-Sports
6:45 - Amos & Andy	Regional News	KWIN Karavan
7:00 - Masters of Melody	NBC News	KWIN Karavan
7:15 - Masters of Melody	Chas. Applewhite	KWIN Karavan
7:30 - Bing Crosby	Operation Entertain	KWIN Karavan
7:45 - Almanac	Morgan Beatty	KWIN Karavan
8:00 - CBS News	One Man's Family	KWIN Karavan
8:15 - Robert Q. Lewis	Ken Nordin	KWIN Karavan
8:30 - Voice of Firestone	Ken Nordin	KWIN Karavan
8:45 - Voice of Firestone	Ken Nordin	KWIN Karavan
9:00 - Real Time Table	Telephone Hour	KWIN Karavan
9:15 - Real Time Table	Ken Nordin	KWIN Karavan
9:30 - Capitol Clockroom	Ken Nordin	KWIN Karavan
9:45 - Capitol Clockroom	Ken Nordin	KWIN Karavan
10:00 - World News Beat	Richfield Reporter	True Detective Myst.
10:15 - Off the Record	Nightwatchman	True Detective Myst.
10:30 - Off the Record	Nightwatchman	Danger with Granger
10:45 - Off the Record	Nightwatchman	Danger with Granger
11:00 - Sign Off	Sign Off	Music by Moonlite

RADIO PROGRAMS - TUESDAY

KYAC - 1230 kc	KMED - 1440 kc	KWIN - 1400 kc
6:00 - News of America	Bob Roberts Corral	Wakeup Ranch
6:15 - Yawn Patrol	Bob Roberts Corral	Wakeup Ranch
6:30 - Yawn Patrol	Bob Roberts Corral	Musical Clock
6:45 - Yawn Patrol	Bob Roberts Corral	Musical Clock
7:00 - Breakfast Tunes	Rise and Shine	Hemingway News
7:15 - Martin Armstrong	Rose Valley Deeper	Breakfast Best
7:30 - Tom MacLeod-Sports	Weather, 7:30 News	Music Clock-Best Buys
7:45 - Harry Babbitt	Hear!	Cliff Ingle News
8:00 - Frank Goss	Hear!	Local News-Sports
8:15 - Coffee Concert	Hear!	Have of Rest
8:30 - News & Bulletin	Hear!	Haven of Rest
8:45 - Howard Miller Show	Hear!	Haven of Rest
9:00 - Music & Lost Pets	Hear!	Voice of Deliverance
9:15 - Breakfast Club	Hear!	Voice of Deliverance
9:30 - Breakfast Club	Hear!	News-Coffee Date
9:45 - Breakfast Club	Hear!	Coffee Date
10:00 - Nora Drake	NBC Bandstand	Newspaper of the Air
10:15 - Music Box	NBC Bandstand	Yolo
10:30 - Name Your Neighbor	NBC Bandstand	The Home Show
10:45 - Trading Post	NBC Bandstand	The Home Show
11:00 - Record Rack	NBC Bandstand	News
11:15 - Second Mrs. Burton	NBC Bandstand	Queen for a Day
11:30 - Strike It Rich	NBC Bandstand	Queen for a Day
11:45 - Put Butter on It	NBC Bandstand	Queen for a Day
12:00 - Paul Harvey	Lunchtime News	Noontime News
12:15 - Trish News, Weather	Weather, Livestock	Western Roundup Time
12:30 - Houseparty	Local News, Sports	Western Roundup Time
12:45 - Houseparty	Local News, Sports	Western Roundup Time
1:00 - Arthur Godfrey	Five Star Matinee	Western Roundup Time
1:15 - Arthur Godfrey	Five Star Matinee	Western Roundup Time
1:30 - Arthur Godfrey	Five Star Matinee	Western Roundup Time
1:45 - Arthur Godfrey	Five Star Matinee	Western Roundup Time
2:00 - Arthur Godfrey	Five Star Matinee	Western Roundup Time
2:15 - Arthur Godfrey	Five Star Matinee	Western Roundup Time
2:30 - Arthur Godfrey	Five Star Matinee	Western Roundup Time
2:45 - Arthur Godfrey	Five Star Matinee	Western Roundup Time
3:00 - Helen Trent	Hilltop House	News-White Cloud
3:15 - Aunt Mary	Woman in My House	Musical Spottite
3:30 - Coke Time	Mary M. McBride	Don Lee Newscast
3:45 - Strictly for the Ladies	Fred Waring Songfest	Teletest
4:00 - Strictly for the Ladies	Fred Waring Songfest	KWIN's Top Ten
4:15 - The Children's Hour	Fred Waring Songfest	Hemingway News
4:30 - Club 1230	Car Tunes	Here's the Answer
4:45 - Club 1230	Car Tunes	Sam Hayes
5:00 - Edward R. Murrow	Car Tunes	Bob & Ray
5:15 - Music & All Allen	Car Tunes	Bob & Ray
5:30 - Tom Harmon	Regional News	Bob & Ray
5:45 - Frank Goss	Regional News	Bob & Ray
6:00 - Edward R. Morgan	Sports Daily	Let's Talk Sports
6:15 - Lowell Thomas	Man on the Go	Local News
6:30 - Amos & Andy	B & W News	KWIN Karavan-Sports
6:45 - Amos & Andy	Dine at 1440	KWIN Karavan-Sports
7:00 - Masters of Melody	NBC News	KWIN Karavan
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11:00 - Sign Off	Sign Off	Music by Moonlite

(All programs at same time daily unless otherwise indicated)

A 3-4-30 Sign on. Music throughout day except for following programs:

10:10-11:15 KBOY Ranch, 11-12 Sunday only, KBOY Ranch

P.M. 12-12:15 KBOY Ranch, 12:15-12:30 Sunday only, KBOY Ranch

KBES-TV (Channel 5)

MONDAY

3:30 - Strike It Rich
4:00 - Garden, Farm and Home
4:15 - Val H. House
4:30 - Uncle Bill
4:45 - Search for Tomorrow
5:00 - The Christophers
5:30 - On the Trail
6:00 - TV Question Box
6:15 - Weather Man
6:30 - News
6:45 - Adventures in Literature
7:00 - Studio One
7:30 - Burns and Allen
8:00 - Badge 714
8:30 - I Love Lucy
9:00 - December Bride
9:30 - Big Picture
10:00 - News and Sign Off

TUESDAY

11:30 - Deceptions
12:00 - NBC Matinee
1:00 - Brighter Day
1:15 - Secret Storm
1:30 - Edge of Night
2:00 - Comedy Time
2:30 - The Price Is Right
3:00 - Feminine Fancies
3:30 - Strike It Rich
4:00 - Gals and Gents
4:15 - Safety First
4:30 - Uncle Bill
4:45 - Search for Tomorrow
5:00 - The Way
5:15 - Treasure Travels
5:30 - My Little Margie
6:00 - Dancetime
6:15 - Your TV Weatherman

FALSE TEETH

That Loosen
Need Not Embarrass

Many wearers of false teeth have much real embarrassment because their plates dropped, slipped or wobbled at just the wrong time. Do not live in fear of this happening to you. Just sprinkle a little FASTEETH, the alkaline (non-acid) powder, on your plates. Hold false teeth more firmly, so they feel more comfortable. Does not sour. Gives "pink color" (denture breath). Get FASTEETH at any drug counter.

Use Tribune Want Ads

GETTING UP NIGHTS

It worried by "Bladder Weakness" (Getting Up Nights or Bed Wetting, too frequent, burning or itching, irritation) or Strong Smelling, Cloudy Urine, due to common kidney and bladder irritations. TRY CISTEX for quick relief. 30 years use prove safety for young and old. Ask drugstore for CISTEX. See how fast you improve.

Farmers as Moral

Reserve Disappearing

Madison, Wis.—(U.P.)—The notion that America's great moral reserve lies in the country's farmers is gradually disappearing, according to A. F. Wileden, University of Wisconsin sociologist.

The decreasing proportion of our population which is rural has led to a "wholesome" broadening of values, he said. "We are gradually broadening from an attitude that all truly abiding virtues were rural virtues and that the true strength of a nation rested on its agriculture," Wileden elaborated. Now people want to live under country conditions but with city conveniences, thus the mass migration to the suburbs, he pointed out. New allegiances develop to community schools and other activities because of that move.

But there are other population problems that are causing a social readjustment. Wileden said three changes in the composition of our population promise headaches for the next generation. First, there are more children every year, with the consequent need for more schools. There are more older people, giving rise to problems of security programs and housing facilities. And last, the increasing number of young women moving to the cities, compared with men. Especially for the age group 20 to 24, the many young women who've left the farm create a problem.

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MOO-O-O-S AND MUSINGS

A real dandy Christmas present for the outdoor type man is a wrist sun dial.

While you're at it, you might as well get him one with a luminous dial so he can tell what time it is at night.

Little Daisy Sniders

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STEVE CANYON

CANYON, I THOUGHT THE SNOW MIGHT HAVE DELAYED THE OPENING OF THE NEW JET-LENGTH RUNWAYS!

IT WOULD HAVE, SIR, BUT MAYOR STRAIN VERY GENEROUSLY PUT OFF CLEANING THE STREETS IN BIG THUNDER WHILE HIS PLANS CLEARED THE LANDING STRIPS!

MOST KIND OF YOU, YOUR HONOR! IT'S A PLEASURE TO SEE COMMUNITY-AIR FORCE RELATIONS IN SUCH A HAPPY STATE!

WHY, AH—THANK YOU, GENERAL.

I'LL INSPECT THE BASE FIRST, CANYON—THEN WE'LL STAGE A LITTLE CELEBRATION AT DINNER!

HAVE YOUR PEOPLE PREPARE SOME BACKGROUND MATERIAL ON MAYOR STRAIN'S OTHER GOOD WORKS SO I CAN MENTION HIM IN MY SPEECH!

GULP! YES, SIR.

LI' ABNER

YOU DON'T HAVTA WAIT FO' ME, BOYLESS BAILEY, RUN ALONG AN MARRY YOURN.

AN WON'T BE LONG. AH! LIT YANK A LIT HARDER! EITHER TINY WILL LET GO O' TH' TOE—OR TH' TOE WILL LET GO O' WHATEVER IT'S ATTACHED TO!

AT THE FINISH LINE—YIPPAH!! HERE COME BOYLESS BAILEY, WIF A BOY!!

NAMELY LOVER-BOY-NIK!!

KNOW AH IS A SCRAGG-SHE'D KILL HERSELF!!

BUZ SAWYER

INSIDE THE PRESSURE CHAMBER, BUZ LEARNS WHAT WOULD HAPPEN IF THE COCKPIT OF THE SKY WITCH SPRINGS A LEAK AT 70,000 FEET. THE PRESSURE SUIT CLINGS HIM IN A VISE—BREATHE FOR HIM.

CONGRATULATIONS, SAWYER! YOU'VE GRADUATED IN THE USE OF THE NAVY'S NEW PRESSURE SUIT.

GREAT! NOW I CAN GO BACK TO CALIFORNIA AND TAKE UP THAT ROCKET PLANE AS HIGH AS I'LL GO.

MEANWHILE: BE A DARLING AND LET ME SOLD TODAY, BARNEY. PLEASE!

BUT YOU'VE HAD ONLY 6 HOURS' INSTRUCTION, MRS. SAWYER, AREN'T YOU KINDA RUSHING THINGS?

BARNEY GOOGLE AND SNUFFY SMITH

I CERTAINLY THANK YOU FOR PUTTIN' ME UP FOR TH' NIGHT, SHERIFF TAIT—

YO'RE MIGHTY WELCOME, GOOGLE.

WITH ALL TH' TOURISTS GOIN' THRU TOWN, SHERIFF—YOU OUGHT TO RENT THAT ROOM.

THAT'S A PLUMB GOOD IDEA—

VACANCY

BLONDIE

I'M LATE—I WON'T BE ABLE TO SHOW UP THIS MORNING.

BLONDIE, HAVE MY COAT AND HAT READY FOR ME.

G'BYE DEAR!

SMACK

BLONDIE—WHAT HAPPENED TO YOUR FACE?

DID YOU EVER GET KISSED BY A PORCUPINE?

MUTT AND JEFF

BOYO BOY! DID I SEE WILD INDIANS OUT THERE!

WILD? THEY'RE NOT WILD!

THESE WERE! IT WAS AWFUL! INDIANS TO THE RIGHT OF ME! INDIANS TO THE LEFT OF ME! INDIANS ALL AROUND ME! BOY, I WAS SCARED!

THEY'RE PEACEFUL!

NOT THESE! THEY WERE WILD!

UNTIL I BOUGHT A RUG!

Classified Ads Are Bargain Priced