

Condition of Teeth May Affect Diet Scientist States

CORVALLIS—The condition of your teeth may determine how well-fed you are, believes a dental scientist at Oregon State college. If teeth are malformed, decayed or missing, it may make quite a difference in the kinds and amounts of food that can be eaten.

Dr. Gertrude Tank, OSC dental scientist, reports results of a study made on a group of Minnesota women 30 to 82 years of age, in which one-fourth of the women, in their fifties and sixties, had conditions of the mouth that were considered unsatisfactory for good chewing.

Those person over 70 with eating problems had a sadder record. Nearly half of them had mouth conditions considered "poor" for chewing.

Missing teeth, poor fitting dentures, painful conditions of the teeth, gums or jaws were blamed for inability of women to chew food. As a result, they ate soft foods, such as soups and mush, which did not contain enough nutrients to pre-

Beef, Potato Patties

New York—UP—Blessing for the food budget—beef and potato patties. Mix 3 cups of ground left-over beef, 1½ cups of cold, seasoned mashed potatoes, 1 tablespoon of minced onion, ¼ teaspoon of salt, and ¼ teaspoon of ground, black pepper. Shape into 6 patties, roll lightly in flour. Brown on both sides in hot shortening and serve immediately.

vent deficiency symptoms.

Although soft or liquid diets may temporarily ease eating problems, they don't solve them, the OSC scientist explains. After the mouth has been restored to normal chewing capacity, adequate amounts of these basic foods should make up the diet: milk, butter or butter substitutes, cheese, green and yellow vegetables, meat, fish, eggs, fruits, tomatoes, whole grain cereals and bread. These foods are good for both oldsters and youngsters, she emphasizes.

According to Dr. Tank, the best cure for mouth difficulties is a visit to the dentist. She says any man or woman up to 100 years of age can have teeth or dentures that allow for proper chewing.



Mrs. Kathryn Diepenbrock, who recently returned to Medford after spending several weeks in her native Germany, attended the world famous Wagner Music festival while away. Mrs. Diepenbrock, who teaches piano, found older Germans distressed over the popularity of jazz among German youth.

Older Germans Distressed Over Jazz, Teacher Reports

Many Germans are distressed over the "jazz craze" which is sweeping their nation according to Mrs. Kathryn Diepenbrock, Medford musician, who returned home recently after visiting her homeland for the first time in 34 years. Mrs. Diepenbrock found that the beautiful folk songs and colorful native dances are seldom heard and seen anymore, although in some sections there is an effort to revive them.

En route to attend the famous Wagner Festival plays at Bayreuth, Mrs. Diepenbrock and her companions had to travel through the Russian-controlled East German territory for a time. She learned that farm land is all government controlled, and that the farmer must produce a certain amount of grain, potatoes, eggs, et cetera, for the state before he can sell any on his own account.

Continuing her account of the trip the music teacher wrote: "Traveling on, we stopped at a wayside restaurant for lunch, heard the first jazz music, and soon there was more to come. This jazz music with its typical rhythm doesn't fit at all into these sections of Germany. German folk songs would be better and more in keeping with what the travelers saw. We passed through peaceful hamlets and villages, everything pointed to hard working people who still took pride in what once was their home."

We traveled on enjoying the beautiful "autobahn," that splendid highway which traverses Germany in all directions, and which makes it possible, like

our great highways, to cover great distances in shorter time. Only I'd like to call the autobahn a miniature reproduction of our beautiful, much more spacious and expensive roads. But is excellently planned and splendid to travel on.

In the early afternoon we came closer and closer to Bayreuth, the seat of the Wagner Festival plays at the famous Festival Playhouse. But, before we reached Bayreuth we traversed some of the beautiful valleys and hills of the Steinhilber, a wild picturesque mountain stream which attracted not only vacationers and visitors from all over but also hundreds of refugees from Czechoslovakia, who were known the world over for their art of glassblowing. They were taken in with open hearts, homes were erected for them mostly substantially built, two family stone houses, each one with a small garden adjoining.

They erected their own factories, mostly solidly constructed of brick and stone, even produced their own gas for the production of their many different glass objects, precious cut glass, lenses for photographic apparatus, pressed glass of all sorts, electric light bulbs, et cetera. These artists are again sending their famous products all over the world, are a great asset to the community.

Visits Glas-Hutte I visited a "glas-hutte" at Warmensteinach where I spent five weeks in this beautiful country. I enjoyed the very friendly hospitality of my Bavarian hosts and took a lot of

interesting pictures of land and people. I also had to listen to the complaints of many nice folks who are distressed over the jazz craze among their young people. You seldom hear them sing their old beautiful folk songs or see them dance their picturesque colorful folk dances. Strange enough, these young people do not make much of a success of either their jazz songs nor of their modern way of dancing. Cicero has said among his writings of long ago: What ever is most natural is most becoming to us. There are places in southern Germany where the art of folk singing and folk dancing are being revived. I forgot to mention that the glass blowers who have settled in this part of Bavaria are known as the "glablonzers."

How did Richard Wagner happen to choose Bayreuth for the seat of his Festspielhaus? When the elders of Bayreuth offered Wagner the land on which the opera house stands, Wagner practically cried out: Nowhere else, but only here! It was erected in a very unpretentious, practical manner, according to the German character. It grows from within. This very simple manner of construction was responsible for the marvellous acoustics of the auditorium which seats 1800 persons. Wagner saw that his Festspielhaus is not to be a piece of art of a beautiful nation, but should express spirit of all people, beyond the limitations of nationality. And as such it appeared to the writer who herself is a great music lover, when she had the privilege of experiencing the performance of two operas "Parsifal" and "The Flying Dutchman."

Setting Described In "The Flying Dutchman" Wagner took a big step from grand opera to a music drama. Wolfgang Wagner did all the stage settings and displayed much of the spirit and genius of his father, Siegfried Wagner and Winifred, Siegfried's wife. I must not forget to mention that Frau Winifred Wagner was responsible for my great fortune to be able to hear and enjoy this performance, for she held two tickets which had been returned by guests, and passed them on to me. It was a glorious performance—a great song festival, as one music critic called it in one of the important daily papers. I could not quite approve of some of Wolfgang Wagner's ultra modern and often fantastic stage settings: neither could some of the music critics, but it remains to be seen in these next five years whether it will satisfy the public. The music, under Joseph Keilberth's leadership, was superb. I met both him and Wieland Wagner in person and took their pictures. During the 13 years of 1929-42, "The Flying Dutchman" had the highest number of performances of Wagner's works on the German stage: 3124. The opera "Parsifal" was under the leadership of Hans Knappertsbusch, who did a most beautiful piece of work. It was Wieland Wagner who created all the scenery for this great, deep opera.

Both Wolfgang and Wieland Wagner, grandsons of the great composer have joined hands and look forward to the next five years in which there will be more growth and elastic development. It was this sensation

Sunday, November 25, 1956

MEDFORD (OREGON) MAIL TRIBUNE

Olympic Games Bring Imports Of Special Food

Melbourne — Five hundred tons of special food, for the kitchens at the Olympic Village, is being imported into Melbourne, Australia.

The importing agent's fantastic grocery order is causing many headaches and surprises. Italy has been asked to supply 100 cases of canned tomatoes, as only 200 cases could be secured locally.

In case of vegetable shortages, seven tons of peas and five tons of beans were fresh-frozen and stored, with two tons of kangaroo tails and haunches from Western Australia.

The Chinese list contains some unusual items—80 dozen preserved duck eggs, four cases of Chinese gin, 30 lbs. of dry fungus, 15 lbs. dried mandarin skin, all from Hong Kong. The Chinese kitchen at the Village also wants a ton of chicken, a ton of ducks, 600 lbs. of crayfish without heads, 1080 lbs. of prawns without heads and 720 lbs. with heads. Oysters will total 1080 dozen.

Fish will be eaten by a large number of athletes and officials, and 30,000 lbs. have been ordered. This includes three tons of Tasmanian scallops.

Bream will come from England, fish sticks from Norway, hake from South Africa, smoked salmon from Germany and sprats

of new creation that revived the festival plays after this last war, in 1951 and which will bring back Wagner lovers to this famous unique Festspielhaus.

The City of Bayreuth has been almost completely restored and rebuilt, very little of the war's terrible destruction can be seen. Outside of the famous Festspielhaus there are many treasures to be enjoyed, on the beautiful castle, Das Neue Schloss, which Frederick the Great had constructed for his sister Wilhelmine; it has a most beautiful park adjoining it in the back. If you follow the lovely broadwalk in the center you will soon see a side path which leads you to that section of the city of Bayreuth where Wagner's beloved home: Wahnfried is situated. And not far from there you will also find the house of Franz Liszt, Wagner's great staunch supporter.

in oil from Sweden—for the Russians.

The Canadians get their own maple syrup, and 420 lbs. of cranberry jelly has been provided for the American sauce. Special pancake flour is being imported from America.

Other odd orders are: Dried mushrooms from Poland, gherkins from Holland, anchovies from Portugal, eels from Holland, sardines from Morocco and haricot beans from Thailand.

Dairy products such as cheese and milk absorb refrigerator odors quickly. Keep them covered tightly during storage.

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