



Prescribing of 'Happiness Pills' Draws Division of Physicians

By DELOS SMITH
 United Press Science Editor
 New York—(U.P.)—A complaint that too many family physicians are prescribing "happy pills" for too many people has drawn a yes-and-no answer from the professional organization of family physicians—the American Academy of General Practice.

The complaint was made recently by the professional organization of psychiatrists, the American Psychiatric Association. It was based in part on the fact that in 1955 almost one third of all prescriptions written in 1955 were for one or another of the "tranquilizing" drugs.

Asked To Editorials

The academy asked two of its members, Dr. Andrew S. Tomb of Victoria, Tex., and Dr. Joseph F. Fazekas of Washington, D. C., to editorialize on the complaint in its technical journal. Dr. Tomb found the complaint justified; Dr. Fazekas thought the opposite.

"Anytime that we let our patients think that peace of mind can come from a capsule or that contentment can be started by a pill, we are allowing them to be misled," said Dr. Tomb. "A pill or capsule cannot take the place of the physician's tolerance, sympathy and understanding."

"Patients are coming to the doctor's office even now asking for 'happy pills' or 'no-worry capsules.' In certain instances

the prescription pad has become a substitute for the physician's personal care and advice. The etiology (cause) of a tension state has thus become less important than the ataractic therapy." Tranquilizing drugs are classified as "ataractics."

Dr. Fazekas pointed out that

Gift Fruit Packing On Upward Swing

Gift fruit packing is on the upward swing but hasn't reached the peak yet at Harry and David's Bear Creek plant, company officials have reported.

Pear basket packing is in progress now and will continue through Dec. 20. A couple of weeks ago personnel at the plant began packing such items as fruit cakes, preserves, candy, plum pudding, cheese pack, lollipop trees, smoked turkeys, ice cream toppings, nuts, cookies, and dried fruits.

Officials at the plant indicated there is sufficient personnel to complete gift packing requirements at the present time. They were not sure as to need for more help in the near future.

Preparation of fancy pear baskets and other novelty packages is now underway at Pinnacle Packing company and is expected to continue through the month of November.

before the advent of the tranquilizers, approximately one third of all prescriptions were for drugs with achieve the same effect but with more dangers—sedatives, hypnotics, and anti-spasmodics. Furthermore, he continued, "The high alcohol consumption may perhaps be best attributed to self treatment of neurotic manifestations."

He tartly reminded psychiatrists that family physicians for the most part are "better versed" in the use of drugs than are colleagues who "have not had occasion to utilize such therapy since their internship."

Other Help Needed

He granted that drugs alone cannot "cure certain psychiatric disturbances." He also said "that a complete repression of guilt, hostility, and anxiety, which presumably may occur following the administration of tranquilizing agents, may be undesirable." Yet it is difficult to measure how much guilt or hostility or anxiety in any given patient pushes that patient over the line between emotional health and illness.

"The chemotherapeutic approach to psychiatric problems may be one of the most significant advances in modern medicine," he said, "and the rational use of such drugs by the practicing physician will do much to ascertain their rightful place in the management of patients with emotional disorders."

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Both Parties Look For Settlement of State Senate Control

Portland — (U.P.) — Republicans and Democrats, each holding 15 seats in the state Senate, today looked for common ground in the efforts of both parties to organize the evenly divided chamber when the Senate is organized next January.

Both parties caucused in Portland Saturday and agreed to hold firm to their plans to organize the Senate with their party in control. Both sides, however, appointed a committee to meet with the other party in an

effort to reach a compromise.

Support for Pearson

In their Saturday meeting the Democrats agreed to support State Sen. Walter J. Pearson of Portland for president of the Senate, a post next to the governor in succession to the state's top executive post.

Republicans agreed to stick by Warren Gill of Lebanon in their bid to hold control. Gill, a hold-over senator, had been the announced Republican choice earlier.

Meanwhile, Democratic House members, a branch in which their party has outright numerical control, agreed to the election of Rep. Pat Dooley of Portland to be speaker.

Pearson appointed a committee of Senators Phil Brady of Portland, Harry Bolvin of Klamath Falls, and Monroe Sweetland of Milwaukie to meet with Republicans in an attempt to work out a solution to the problem of control. Pearson planned to get in touch with Sen. Gill himself to discuss the situation.

Republican Committee
 Sen. Gill followed up yesterday by naming a three-man Republican committee with the same purpose. Named by Gill were Senators Rudie Wilhelm, Portland, Howard C. Belton, Canby, and Lee V. Ohmart, Salem.

Delay in reaching a compromise solution and in getting the Senate organized could hold up the scheduled inauguration on Jan. 14 of Governor-Elect Holmes.

The state constitution provides that a new governor takes office as soon as the speaker of the House has informed "both houses" of the election results.

The question resolves to one of whether the Senate can prop-

Friends Service Reports New Needs

Portland — The American Friends Service committee with local office at Portland appealed today for material aids and funds to relieve world suffering including new needs in East Europe and the Middle East.

The Quaker organization, internationally known for its relief work with refugees and other deprived peoples, said its present stocks of warm clothing, bedding, medicine and textiles must be increased to enable it to fill requests which are being received for assistance in some of the world's trouble spots.

Lewis M. Hoskins, formerly of Newberg and now national executive secretary of the committee, announced the committee had already offered to send material aids to Hungary from its stocks stored in Vienna. He said, "We have also been informed by our representatives in Europe that besides immediate help, we must prepare to meet needs that will continue through the winter."

Portland Trucker Named Driver of Year

Portland — (U.P.) — The Oregon trucking industry Saturday named William Masten, Portland, driver of the Bend-Portland truck service, as "Driver of the Year."

The award was presented at the annual convention of the Oregon Trucking Association, Inc., held here. Basis for the award was Masten's record of 25 years of safe driving.

Officers elected by the association included Wilfred Jossy, Bend, president; Ordie Thomas, vice president; William Pilling, treasurer; Robert Platt, secretary and Vinee Eggleston, chairman of the board.

erily be called a "house" before it is organized.

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