

Western Delegates Hear of Broad Plans for Development of Water

Salt Lake City — U.P. — The board plans and problems in development of the nation's water resources were outlined here yesterday as 600 delegates from 17 Western states opened the 25th annual convention of the National Reclamation Association.

President Guy C. Jackson, Anaheim, Tex., told members that there is "good prospect of the passage of federal legislation guaranteeing the observance of state law in development of water resources in the West."

W. A. Dexheimer, Commissioner of reclamation, said the nation should concern itself with "pushing further into the future that day when our needs will exceed our farm productive capacity." If the country's standard of living is to remain high, he said, the nation must develop its water resources.

The whole nation is waking up to the fact that water is the nation's most valuable single raw material. He asserted, "Reclamation has passed through a period of trial and scrutiny and emerged more firmly imbedded in the life of our nation than ever before."

Oregon Wood May Find More Use in Railway Cross-ties

Corvallis — (U.P.) — Oregon woods other than Douglas fir may find more use in railway cross-ties as the result of a co-operative study by the Oregon Forest Products Laboratory and Southern Pacific Company.

Ted Daw Is Member of Oregon State Band

Corvallis — Ted Daw of Eagle Point is a member of the Oregon State college "football band," one of the nation's top college marching units. The band performs at all OSC home games, including Portland contests, and this year went to the Stanford university game as special recognition.

Daw, a graduate of Eagle Point High school, is a freshman majoring in engineering at OSC.

Dead line Sunday. Continued to at noon Saturday 10 a.m. Monday for Monday; other days 5:30 previous day.

They'll Do It Every Time

By Jimmy Hatlo

Now, see here, Angora—you flunked French—then you took German—flunked that—now you're taking a nose-dive in Spanish—you know you need foreign language credits to graduate—what've you got to say for yourself?

I know, Dean—but those foreign words—they're so hard to pronounce and so hard to remember—I just can't do it!

Yeah—but she memorized eighty-five jaw-breaking cheers in a week to lead the rooting section—

CHIGGERAZOCKA! SLAGGITTYZAM! RIBBELTY RIBO! BAZZLETIBAM! STRAZZISOOHOOIE! HIBBELTY HOB! ELMOCKSCHNELL! SKINNAHORRA! FIBBELTY FOB! FIGHT, TEAM, FIGHT!!

THANK AND A TIP OF THE HATLO HAT

By DONALD GORDON, 20, BOX 40, SULTON, MICHIGAN

The Medical Roundup

by *Walter Alvarez*

Emeritus Consultant in Medicine, Mayo Clinic
Emeritus Professor of Medicine, Mayo Foundation

Several good people have written to tell me that I'm all wrong in saying that there is no diet that will help in cases of arthritis. As these people say, they once had a bad attack of arthritis which no doctor could help, and after weeks or months of taking cod liver oil and following a diet that they had read about in a book, they began to get better. To a layman, this is an unanswerable argument but to a physician it means absolutely nothing.

I myself happen to have been a life-long sufferer from attacks of fibrositis, a disease closely related to arthritis. Dozens of times one or more of my joints have become so sore that I had to limp about, or I couldn't close a hand, or couldn't lift a hand above my shoulder. Because I knew that in many cases of arthritis and fibrositis are what we call self-limited or episodic diseases which come and go for no reason as yet known, in all my many spells of stiffness and pain I never took any medicine. I gave up time even to go and get some physiotherapy. I just kept working as best I could, and always in a matter of days or weeks or months I got over the spell and was well again.

Now, if I had been a layman, and if I had taken some supposed cure or diet for arthritis, when I got well, and especially when I recovered in a few days—as I often did—I would have thought that the stuff I had taken was wonderful. But because I had taken nothing, I knew that I had recovered because of what the old doctors used to call the vis medicatrix naturae, or Nature's great tendency to heal.

Group Organizes To Market Trees

Grants Pass — The Southern Oregon Christmas Tree Association has been formed here to market Christmas trees. E. W. Morris is chairman.

The association will work toward establishing market contracts, learning the best culture and cutting methods and trying to eliminate poaching.

comment approval of specific reclamation projects be left in the hands of Congress rather than delegated to federal agencies such as the Bureau of Reclamation.

not too hot...not too bland!

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Every golden crisp Nalley's Potato Chip out-scoops 'em all for flavor. Perfect for dipping every time—bigger, stronger, crispier! It's the Nalley's chip that makes the dip.

MARINER DIP

- 1 8-oz. pkg. cream cheese
- 1 cup crab meat
- 2 tablespoons minced onion
- 1 1/2 cups Nalley's Tang
- 1/2 teaspoon salt
- 2 tablespoons chopped Nalley's Dill Pickles

Break crab meat into fine pieces. Add cream cheese, minced onion and salt. Add Tang and chopped dill pickle and mix well.

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