

Many County Music Lovers Work on Annual Campaign

Dozens of Jackson county music lovers are assisting with the annual membership campaign of Jackson County Civic Music association this week. The annual enrollment week opened Monday and closes Saturday. No memberships will be sold after that date, and no single admissions are sold for concerts.

Four or five major musical attractions are brought to Medford each season by the association, which has been in operation for many years.

Captains and division chairmen are Mrs. J. E. Russell, division chairman—captains, Mrs. Donald Hemmingway, Mrs. Merle Folland, Mrs. Herman Hogan, Mrs. William McKinley, Mrs. Ralph Thompson; Mrs. Howard Bush, division chairman—captains, Mrs. H. L. Roberts, Mrs. John L. Welch, Mrs. M. E. Olson, Mrs. Joe Wittenberger, Mrs. B. D. Blackstone; Mrs. Lyle Schoppert, division chairman—captains, Mrs. Minnie Ball, Mrs. Louise Davis, Mrs. Herbert Daniels, Mrs. C. H. Paske, Mrs. Richard Schuchard; Mrs. R. W. Gray, division chairman—captains, Mrs. G. R. Carter, Mrs. C. E. Chamberlain, Mrs. A. W. McQuat, Mrs. William Barker, Mrs. Arthur E. Manton; Mrs. Elwood Hedberg, division chairman—captains, Mrs. Robert Woody, Mrs. John Dellenback, Mrs. John Childers, Mrs. Fred Lewis and Miss Jeannette Butler.

Mrs. Karl Peterson, Ashland division chairman—captains, Mrs. Linnea Mathews, Miss Victoria Taverner, Oscar Bjorlie, Mrs. Fred Morlan, division chairman—captains, Mrs. Charles Meyers, Central Point; Miss Grace Stuhr, Camp White; Mrs. Chris Barker, Phoenix; Mrs. John F. Keavany and Mrs. Leroy Mauroni, Jacksonville; Jerry Dyrud, schools.

Rogue Rangers Plan Play Day

Rogue Rangers have planned a play day Sunday, October 14 to be held at Walter Young's ranch at the east end of Barnett road. Games and classes will start at 1 p.m.; registration time is from 11 p.m. to 1 p.m. Entry fees are to be 25 cents for games and 50 cents for classes. Prizes have been donated by some of the local merchants. The public is invited and admission is free.

Games on the program include pole bending, scurry, baton race, and musical chairs; the classes are to be palomino, pinto, color horse, English pleasure, and seat and hands.

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VFW, Auxiliary To Take Part in Camp White Event

Plans for participating in the annual Halloween activities at the Camp White domiciliary were made at the last meeting of Crater Lake post and auxiliary, Veterans of Foreign Wars. All VAVS organizations take part in this annual event, given in the Halloween tradition with booths of many designs.

At this meeting District Commander Dan Krotz and his wife, district auxiliary president, made their inspections. Henry Albrecht, Rogue River, senior vice-commander of the district, was also present.

The post initiated three new members, and the auxiliary initiated Mrs. W. S. Chapin, 229 Laurel street. Her husband is a life member of VFW.

Welcomed home after vacation trips were Mrs. O. O. DeBerry and Mrs. Fred Lawrence. Mrs. DeBerry and her daughter, Mrs. Jim Crain, visited their home town, Detroit Lakes, Minn., and Mrs. Lawrence was in the Dakotas, Idaho and Washington.

Family Dinner To Honor Visitor

Mr. and Mrs. Millard Kyle, Buena Park, Calif., and Mrs. Margaret Ross, Redlands, Calif., have been guests of Mr. and Mrs. Fred Grow, 528 Boardman street. Mrs. Kyle and Mrs. Grow are sisters, and Mrs. Ross is their mother.

Mrs. Ross has remained for a longer visit, and tonight will be honored at a family dinner which will observe her 83rd birthday anniversary. Also honored will be Don Barber, who is celebrating his birthday today. Mrs. Barber is a daughter of the Growes.

Eagle Point PTA Sponsors Singers

Eagle Point—Eagle Point Elementary Parent-Teacher association has made plans to sponsor a community singing group this year. All women and men interested in taking part are invited to meet in the grade school library Thursday, October 11, at 7:30 p.m.

The group will be directed by Mr. and Mrs. Keith Krombeal.

Right Exercise Keeps Figures Says Gymnast

By GAY PAULEY
United Press Correspondent
New York —(U.P.)— Other day we met a woman from Finland who figures she's found the fountain of youth.



Gay Pauley

She took one look at some of our girdled and padded females and gasped. "Pretty figures while young," she said. "But, oh my, what happens as they get older!"

"Fifteen minutes a day of the right exercise. That's all a woman needs to keep the shape she grew up with."

Mrs. Jalkanen, whose husband Hugo, is an author, is a professor in gymnastics at the University of Helsinki. She is touring with 19 of her star pupils—girl gymnasts who perform with the precision of the Radio City Music Hall Rockettes, but hardly in the same dance style.

She explained that dancing—gymnastics is as much a part of a girl's education in Finland as music lessons in this country. The University of Helsinki offers a degree in gymnastics, and it is from the girls enrolled in the course that Mrs. Jalkanen has drawn her troupe.

The girls were selected for their looks as well as their ability. Their director said that by the time the gymnasts had reached college level, they were spending at least three hours daily in practice.

"But we're not building a bunch of muscles," she added hastily. "We're not training athletes. We're training girls to be beautiful, healthy women."

"There is no excuse for a figure growing old," she said. "If a woman would devote those few minutes to a thorough exercise program she would have no figure problems."

The tour, underwritten by the Finnish government, has approval of the U. S. State Department's cultural exchange program. The troupe will perform at girls' colleges as far west as Michigan and as far south as Florida, until December 10, when it returns to Helsinki.

Luncheon Meeting Of Republican Club To Be October 17

Jackson County Republican Women's club will hold its monthly luncheon meeting Wednesday, October 17 at 12 noon at the Jackson hotel.

A discussion and explanation of the seven measures to appear on the November 6th ballot will be presented by the state legislators from Jackson county.

All interested persons are invited to attend.

Reservations may be made by telephoning Mrs. Roy V. Rickard 2-2578 not later than October 15.

Plan Dance

Pioneer Dance club will hold the usual Saturday night dance at Gordon Kershaw's square, October 13. The secretary states that dues for the coming winter session are to be paid at this time.

Women's Page

TB Facts Presented By Speaker

"Now we are living with tuberculosis, not dying," Kenneth Ross, executive secretary of the Oregon Tuberculosis and Public Health Association, stated to the executive board of the Jackson County Public Health association Friday.

In summing up the public health picture of tuberculosis today, Mr. Ross pointed out both encouraging and depressing factors.

Because of the strides made in the diagnosis of early tuberculosis, antibiotic medicines and improved surgical techniques, we no longer are resigned to the mortality statistics of "galloping consumption" as we were formerly, he said. In spite of this progress, however, tuberculosis is still a public health menace, draining both in human misery and economic figures. Also, because of this cheering progress, the public has become apathetic, almost indifferent in certain instances, to the ever present danger of tuberculosis, he added.

In 1955, in Jackson County, there were 16 new cases of tuberculosis discovered. Of these, 15 were pulmonary. Disregarding the upsetting factors in the human relationships where tuberculosis is present, the average cost of treatment of one case of tuberculosis is \$15,000, which multiplied by 15, presents the very impressive figure of \$225,000. As very few families are capable of bearing the entire cost of treatment, the taxpayers and buyers of Christmas seals are paying about 90 per cent of this bill, Mr. Ross continued.

In the light of these figures, it is good, as well as humanitarian business, to make every effort to detect tuberculosis in its early stages, when treatment is simpler and before too much contagion has been spread, the speaker declared.

Early tuberculosis has no symptoms, Mr. Ross pointed out. The only practicable way of detecting its presence is by x-ray. It is for this reason that the public health associations are right and wise in pressing the public to be x-rayed early and often. Some special groups of the public have a higher percentage of tuberculosis than other groups, he further stated. Among these groups which seem to be particularly susceptible are pregnant women, diabetics, people living in institutions and general hospital patients.

Mr. Ross went on to say that these facts should be known to the people, not in order to frighten them, but to enable them to cut down the incidence of tuberculosis in their community by detecting tuberculosis early, so as to save both the human suffering and the high cost of treating advanced tuberculosis.

Are you called on occasionally to do some public speaking? Tips in books at the Medford Public Library will give you confidence and help you improve your technique.

Do you have some painting to do—inside or out—at your house? The Medford Public Library has books to help you make the job like a professional one.

Dance at Y

Y Knot Twirlers plan a square dance at the YMCA Thursday, October 11, from 8 to 10:30 p.m. Doug Fosbury will call and all square dancers are invited.

Week's Sewing Buy



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Miss Marcia Houghton, senior student in elementary education, has been appointed editor of The Raider, yearbook for Southern Oregon college. Miss Houghton, winner of last year's Miss Raider contest, is the daughter of Mr. and Mrs. Dwight L. Houghton of 512 Dakota avenue, Medford.

Junior Club

Degree of Honor Junior club will meet Saturday, October 13, in Lincoln school gymnasium from 9:45 a.m. to 12 noon. Mrs. H. G. Wilson, director, states that friends of members are always welcome to attend.

Thursday Club

Phoenix Thursday club will meet at the home of Mrs. Elva Furry, Thursday, October 11 at 1:30 p.m. Mrs. Ada Steadman is to be assisting hostess.

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District Session Of Garden Clubs To Be in Talent

Talent — Plans for the meeting October 30 of Siskiyou district, Oregon Federation of Garden clubs, in Talent were discussed at the last meeting of the Talent Garden club. The Talent club will be hostess to the group.

The group met October 3 for a workshop in the Talent City hall on making funeral arrangements. A sack luncheon was served with Mrs. Robert Wild and Mrs. E. G. Taylor hostesses for the group.

The next meeting of the group will feature a talk on pest control. It will be at the home of Mrs. Charles Long.

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