

STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars

To develop message for Wednesday, read words corresponding to numbers of your Zodiac birth sign.

ARIES	1	2	3	4	5	6	7	8	9	10	11	12
APR 21	1	2	3	4	5	6	7	8	9	10	11	12
MAY 21	1	2	3	4	5	6	7	8	9	10	11	12
JUNE 21	1	2	3	4	5	6	7	8	9	10	11	12
JULY 21	1	2	3	4	5	6	7	8	9	10	11	12
AUG 21	1	2	3	4	5	6	7	8	9	10	11	12
SEP 21	1	2	3	4	5	6	7	8	9	10	11	12
OCT 21	1	2	3	4	5	6	7	8	9	10	11	12
NOV 21	1	2	3	4	5	6	7	8	9	10	11	12
DEC 21	1	2	3	4	5	6	7	8	9	10	11	12

The Medical Roundup

by *Walter Alvarez*
 Emeritus Consultant in Medicine, Mayo Clinic
 Emeritus Professor of Medicine, Mayo Foundation

SPASTIC COLON

Hundreds of people still ask me what to do about a spastic colon, or so-called spastic colitis. My answer is that I don't know much to do about it, and I won't try to do much. As my old Chief used to say, every self-respecting nervous woman has a spastic colon; there would be something wrong with her if she didn't have it.

It is highly important that the woman know she hasn't a colitis. Colitis means an inflammation of the colon, and she has no such inflammation. All she has is an irritable colon, which responds too violently to nervousness, self-consciousness, anxiety, and emotion. Perhaps she is perfectly comfortable until she has to have guests in to dinner, or she has to go to dinner with friends, or she has to go to the bank to sign some papers, or she has to start on a journey. Then there comes gas, and with the gas there comes some mucus and a little water and cramps in her bowel. Perhaps if she could only keep passing the gas and the water, no harm would come and she would stay comfortable, but she cannot be going to the toilet every 15 minutes. Hence, soon she is in pain and difficulty. Sometimes she goes to the doctor and says she has diarrhea, but she really hasn't diarrhea. When she goes to the toilet, all she passes is water and mucus and gas.

I remember two women who had severe mucous colics. One developed her symptoms when her husband in Korea wrote that he was going to divorce her and marry a Japanese girl. The other

woman said her husband had just asked for a divorce and was demanding custody of their children.

When I was a young man in medicine I was taught to give these people a diet, but for the last 40 years I have quit giving them diets because I don't believe diet has anything to do with the situation. I have found that, in most cases, it is purely a nervous effect, and hence it is silly to try to cure it with diet. I know that most physicians give enormous amounts of belladonna to these people. It is supposed to relax the bowel, but in my experience, it rarely does. I am not sure that the bowel needs to be relaxed. Often what the woman wants most is to stop getting gas.

In the experience of my patients, the only drug that does any good is codeine, but this is to be prescribed by a physician. It can be taken to quiet the bowel at those times when the patient is under nervous strain. If taken in this way, it will never make a habit. In all my 50 years of practice I have not seen more than 3 or 4 persons who had what might be called a codeine habit, and they got off the drug right away without difficulty.

(Released by The Register and Tribune Syndicate, 1956)

New York State's Butter Industry Has Anniversary

Syracuse, N. Y. — (U.P.)—New, Orange county, in 1856. The York state's butter-making industry is celebrating its 100th anniversary this year.

The first butter factory was opened at Campbell Hall. Since then the state's butter industry has grown steadily

until the present annual production is around 36,000,000 pounds. The latest butter-making machinery is capable of turning out some 2,000 pounds of butter in an hour.

Dead line for Sunday Classified is at noon Saturday

Recommended by Thousands of **DOCTORS**

Assures accurate dosage. Pure orange flavor. America's mother-and-child favorite. Try it!

St. Joseph Aspirin FOR CHILDREN

World's Largest Selling Aspirin For Children

Strange As It Seems

by Elsie Hix

ERATOSTHENES—noted Greek mathematician, who lived about 250 B.C., was almost perfect in his calculation of the earth's circumference. His figure was about 25,000 miles around—the earth's circumference at the equator is 24,902.4 miles!

THE GOAL OF EVERY PITCHER—A NO-HIT WORLD SERIES GAME HAS NEVER BEEN ACHIEVED.

BASEL-MULHOUSE-SWITZERLAND'S THIRD LARGEST AIRPORT, IS IN FRANCE. A CLOSED ROADS ROAD CONNECTS THE AIRPORT WITH THE COUNTRY.

CROSSWORD PUZZLE

Answer to Yesterday's Puzzle

ACROSS

- Lower part of room
- Deleted
- Room
- Not of scale
- Challenge
- Ethiopian title
- Prison
- Electrified particle
- Twin
- Frozen water
- Principle of right conduct
- Chinese
- Mountain
- River in Nebraska

DOWN

- Country of Europe
- Chinese mile
- Single instance
- Wood sorrel

1—Nerve network
 2—Wine cup
 3—Nickname
 4—Spanish article
 5—Rustling
 6—Temporary shelter
 7—Number
 8—Native metal
 9—Moccasin
 10—Dorm
 11—Music
 12—As written
 13—Tribal
 14—Publishes
 15—Latin unit of currency
 16—Before
 17—Make lace
 18—Placed in line
 19—Household
 20—Opera solo
 21—Walk
 22—Turkish regiment
 23—Scottish for "own"
 24—Period of time
 25—Trade union (abbr.)
 26—Note of scale

RADIO PROGRAMS - TUESDAY

KYJC 1230 kc	KM&D 1440 kc	KWIN 1490 kc
4:00—Club 1230	Fred Waring Songfest	KWIN's Top Ten
4:15—Club 1230	Fred Waring Songfest	Hemingway News
4:30—Club 1230	Cafe Lounge	Here's the Answer
4:45—Club 1230	Cafe Lounge	Sam Hayes
5:00—Edward R. Murrow	Music With Sam	Bob & Ray
5:15—Tom Harmon	Music With Sam	Bob & Ray
5:30—Tom Harmon	Regional Roundup	Let's Talk Sports
5:45—Frank Goss	Elmer Peterson	Fulton Lewis Jr.
6:00—Edward P. Morgan	Sports Reports	Local News
6:15—Lowell Thomas	Russia Today	KWIN Karavan-Sports
6:30—Amos & Andy	B&W News—Dine at 1440	KWIN Karavan-Sports
6:45—Amos & Andy	Dine at 1440	KWIN Karavan-Sports
7:00—Master of Melody	Election; Huntley	KWIN Karavan
7:15—Master of Melody	Political; Music	KWIN Karavan
7:30—Bing Crosby	In His Footsteps	KWIN Karavan
7:45—Music Room	In His Footsteps	KWIN Karavan
8:00—Max Ruby	Morgan Beatty	Salute to Safety
8:15—Robert G. Lewis	One Man's Family	Salute to Safety
8:30—Suspense	Diagrams	Salute to Safety
8:45—Suspense	Diagrams	Salute to Safety
9:00—Music Back	Biography in Sound	News
9:15—Music Back	Biography in Sound	News
9:30—Campbell 36	Biography in Sound	News
9:45—U.N. Report	Biography in Sound	News
10:00—World News Beat	Rightfield Reporter	Treasury Agent
10:15—Off the Record	Nightwatchman	Big City
10:30—Off the Record	Nightwatchman	Big City
10:45—Off the Record, News	Nightwatch & News	Big City
11:00—Sign Off	Sign Off	Music By Moonlight

RADIO PROGRAMS - WEDNESDAY

6:00—News of America	Bob Roberts Corral	Wakeup Ranch
6:15—Yawn Patrol	Bob Roberts Corral	Musical Clock
6:30—Yawn Patrol	Bob Roberts Corral	Musical Clock
6:45—Yawn Patrol	Bob Roberts Corral	Musical Clock
7:00—Breakfast Tunes	Farm News, Sports	Hemingway News
7:15—Martin Armstrong	Rogue Valley Reporter	Breakfast Tunes
7:30—Tom MacLeod, Sports	News Commentaries	Musical Clock
7:45—Harry Babbitt	Weather & 7:50 News	Musical Clock—Best Buy
8:00—Frank Goss	World News Roundup	Cliff Ingle News
8:15—Coffee Concert	Kashas, Snap & Sell	Local News Sports
8:30—News & Bulletins	Frank's Choice Music	Bible Institute
8:45—Howard Miller Show	Frank's Choice Music	Bible Institute
9:00—Music & Westfields	Friendship Circle	World Series
9:15—Breakfast Club	Friendship Circle	World Series
9:30—Breakfast Club	Fashion Flashes	World Series
9:45—Breakfast Club	NBC Bandstand	World Series
10:00—Nora Drake	NBC Bandstand	World Series
10:15—Music Back	NBC Bandstand	World Series
10:30—Name Your Neighbor	NBC Bandstand	World Series
10:45—Trading Post	NBC Bandstand	World Series
11:00—Record Rack	NBC Bandstand	World Series
11:15—Strand Mrs. Burton	NBC Bandstand	World Series
11:30—Strike It Rich	Bandstands	Queen For A Day
11:45—Pat Buttram Show	Bandstands	Queen For A Day
12:00—Paul Harvey	Launched News	Noontime News
12:15—Trib. News & Weather	Weather, Livestock	Western Roundup Time
12:30—Houseparty	Local News, Sports	Western Roundup Time
12:45—Houseparty	Top Tune, Kasha Box	Western Roundup Time
1:00—Arthur Godfrey	Five Star Matinee	Western Roundup Time
1:15—Arthur Godfrey	Five Star Matinee	Western Roundup Time
1:30—Arthur Godfrey	Hilltop House	Western Roundup Time
1:45—Arthur Godfrey	Peggy Young	Western Roundup Time
2:00—Arthur Godfrey	Woman in My House	Western Roundup
2:15—Arthur Godfrey	Mary M. McBride	Western Roundup
2:30—Ruth Ashton, Wealth	Salute Party	Salute to Safety
2:45—Backstage Wife	Salute Party	Salute to Safety
3:00—Helen Trent	Westside Party	News—West Rdp
3:15—Our Gal Sunday	Westside Party	Western Roundup
3:30—Club 1230	Westside Party	Western Roundup Time
3:45—Club 1230	Westside Party	Telo-Test
4:00—Club 1230	Fred Waring Songfest	KWIN's Top Ten
4:15—Club 1230	Fred Waring Songfest	Hemingway News
4:30—Music Melody Time	Cafe Lounge	Here's the Answer
4:45—Club 1230	Cafe Lounge	Sam Hayes
5:00—Edward R. Murrow	Music With Sam	Bob & Ray
5:15—Tom Harmon	Music With Sam	Bob & Ray
5:30—Tom Harmon	Regional Roundup	Let's Talk Sports
5:45—Frank Goss	Elmer Peterson	Fulton Lewis Jr.
6:00—Edward P. Morgan	KMED Sports Daily	Local News
6:15—Lowell Thomas	Man On The Go	KWIN Karavan-Sports
6:30—Amos & Andy	Sound Flight	KWIN Karavan-Sports
6:45—Amos & Andy	Sound Flight	KWIN Karavan-Sports
7:00—Safety Pays	Election; Peterson	KWIN Karavan
7:15—Safety Pays	One Man's Family	KWIN Karavan
7:30—Bing Crosby	Recollections at 30	KWIN Karavan
7:45—Music Room	Recollections at 30	KWIN Karavan
8:00—News & Rob. Lewis	X minus 1	KWIN Karavan
8:15—Robert G. Lewis	X minus 1	KWIN Karavan
8:30—TBA	Truth or consequences	Jack's Private Line
8:45—TBA	Truth or consequences	Jack's Private Line
9:00—Music Back	Truth or consequences	Jack's Private Line
9:15—Music Back	Truth or consequences	Jack's Private Line
9:30—Wash. & The World	Rightfield Reporter	Gang Busters
9:45—Wash. & The World	Nightwatchman	Crime Files of Diamond
10:00—News	Nightwatch & News	Crime Files of Diamond
10:15—Off the Record	Sign Off	Music By Moonlight
10:30—Off the Record	Sign Off	Music By Moonlight
10:45—Off the Record, News	Sign Off	Music By Moonlight
11:00—Sign Off	Sign Off	Music By Moonlight

*ABC **CBS ***NBC **MBS

KBOY—130 KC
 (All programs at same time daily unless otherwise indicated)
 A.M.—5:45 Sign on. Music throughout day except for following programs
 10:10-10:15 KBOY Bargain, 11-12 Tuesday only First Baptist service.
 P.M.—12:15 KBOY ranch, 12:15-12:30 (Sunday only) KBOY ranch.
 6:30 Sign off.

TV PROGRAMS - KBES (Channel 5)

TUESDAY	7:00—20th Century Fox Hour
4:45—Search For Tomorrow	8:00—American Legion
5:00—Uncle Remus	8:30—Frank Leahy's Football Forecast
5:30—Treasure Travels	8:45—Talent Time
6:00—TV Question Box	9:00—Millionaire
6:30—Your TV Weatherman	9:30—Science Fiction
6:50—News	10:00—Footnote & Faney
6:50—Treasure Travels	10:30—News & Sign Off
7:00—People & Principles	
7:00—Treasure Travels	
7:15—Value Swing Time	
7:30—Do You Trust Your Wife?	
8:00—Phil Silvers	
8:30—Stars of the Grand Ole Opry	
9:00—Search for Adventure	
9:30—Peter Pottery's Juke Box Jury	
10:00—\$64,000 Question	
10:30—Balls of Ivy	

Hemorrhoids

(Piles)—Fistula Colitis Pruritus (itching) Proctitis. Treated without surgical operation or hospitalization or loss of time from work. If you have health problem of this nature it will pay you to investigate.

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Franco Celebrates 20th Anniversary

Madrid — (U.P.)—Generalissimo Francisco Franco celebrated today the 20th anniversary of his nomination as Spanish chief of state. There were indications he soon would announce basic changes in the Spanish government.

Within the next few days he is expected to announce how the monarchy will fit into the new picture. But observers here gave little credence to reports he will hand over his title of chief of state and chief of the armed forces to a king.

Franco was proclaimed Spanish chief of state on Oct. 1, 1939, in Burgos, then capital of the Nationalist zone, two months after the outbreak of the Spanish Civil War. He has remained undisputed leader of the country ever since.

Franco, now 63, recently ordered experts of the ruling Falange party to study constitutional changes which would guarantee the continuance of his "national movement" and provide for his succession.

Jose Luis Arrese, minister of the Falange, announced Saturday the first two laws have been drafted providing for a strong executive appointed for a definite time and establishing the Falange as the sole political party through which the will of the people will be expressed.

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"OREGON MUST KEEP ITS LEAD IN EDUCATION"

Governor ELMO SMITH

Governor Smith is acutely aware of Oregon's educational needs. He will give leadership in maintaining high educational standards, supplying new classrooms and development of more teachers. Hear the facts.

hear **Governor ELMO SMITH**

KMED
 Tuesday, 7:15 p.m.

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 A Governor the people of Oregon like and trust

P.O. Advt.—Keep Elmo Smith Governor Comm. R. A. (Dick) Rawlinson Chrm.
 153 So. Liberty, Salem, Oregon

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STEVE CANYON

ALL STATE CATTLE SHOW

Today's Events:
 Hammus-Alabammas contest

Mr. Beautiful of 1946 to be crowned - Piano recital by Loveloy, accompanied by his brother Morris (A special treat for the ladies).

BUZ SAWYER

BARNEY GOOGLE and SNUFFY SMITH

BLONDIE

MUTT and JEFF