

STAR GAZER

By CLAY R. FOLAN

Your Daily Activity Guide According to the Stars

To develop message for Wednesday, read words corresponding to numbers of your Zodiac birth sign.

Sign	Word	Sign	Word
Aries	1. 3-14-21	Libra	1. 3-14-21
Taurus	2. 2-19-26	Scorpio	2. 2-19-26
Gemini	3. 1-18-25	Sagittarius	3. 1-18-25
Cancer	4. 1-18-25	Capricorn	4. 1-18-25
Leo	5. 1-18-25	Aquarius	5. 1-18-25
Virgo	6. 1-18-25	Pisces	6. 1-18-25
Scales	7. 1-18-25	Aries	7. 1-18-25
Sagittarius	8. 1-18-25	Taurus	8. 1-18-25
Capricorn	9. 1-18-25	Gemini	9. 1-18-25
Aquarius	10. 1-18-25	Cancer	10. 1-18-25
Pisces	11. 1-18-25	Leo	11. 1-18-25
Aries	12. 1-18-25	Virgo	12. 1-18-25
Taurus	13. 1-18-25	Scales	13. 1-18-25
Gemini	14. 1-18-25	Sagittarius	14. 1-18-25
Cancer	15. 1-18-25	Capricorn	15. 1-18-25
Leo	16. 1-18-25	Aquarius	16. 1-18-25
Virgo	17. 1-18-25	Pisces	17. 1-18-25
Scales	18. 1-18-25	Aries	18. 1-18-25
Sagittarius	19. 1-18-25	Taurus	19. 1-18-25
Capricorn	20. 1-18-25	Gemini	20. 1-18-25
Aquarius	21. 1-18-25	Cancer	21. 1-18-25
Pisces	22. 1-18-25	Leo	22. 1-18-25
Aries	23. 1-18-25	Virgo	23. 1-18-25
Taurus	24. 1-18-25	Scales	24. 1-18-25
Gemini	25. 1-18-25	Sagittarius	25. 1-18-25
Cancer	26. 1-18-25	Capricorn	26. 1-18-25
Leo	27. 1-18-25	Aquarius	27. 1-18-25
Virgo	28. 1-18-25	Pisces	28. 1-18-25
Scales	29. 1-18-25	Aries	29. 1-18-25
Sagittarius	30. 1-18-25	Taurus	30. 1-18-25
Capricorn	31. 1-18-25	Gemini	31. 1-18-25
Aquarius	32. 1-18-25	Cancer	32. 1-18-25
Pisces	33. 1-18-25	Leo	33. 1-18-25
Aries	34. 1-18-25	Virgo	34. 1-18-25
Taurus	35. 1-18-25	Scales	35. 1-18-25
Gemini	36. 1-18-25	Sagittarius	36. 1-18-25
Cancer	37. 1-18-25	Capricorn	37. 1-18-25
Leo	38. 1-18-25	Aquarius	38. 1-18-25
Virgo	39. 1-18-25	Pisces	39. 1-18-25
Scales	40. 1-18-25	Aries	40. 1-18-25
Sagittarius	41. 1-18-25	Taurus	41. 1-18-25
Capricorn	42. 1-18-25	Gemini	42. 1-18-25
Aquarius	43. 1-18-25	Cancer	43. 1-18-25
Pisces	44. 1-18-25	Leo	44. 1-18-25
Aries	45. 1-18-25	Virgo	45. 1-18-25
Taurus	46. 1-18-25	Scales	46. 1-18-25
Gemini	47. 1-18-25	Sagittarius	47. 1-18-25
Cancer	48. 1-18-25	Capricorn	48. 1-18-25
Leo	49. 1-18-25	Aquarius	49. 1-18-25
Virgo	50. 1-18-25	Pisces	50. 1-18-25
Scales	51. 1-18-25	Aries	51. 1-18-25
Sagittarius	52. 1-18-25	Taurus	52. 1-18-25
Capricorn	53. 1-18-25	Gemini	53. 1-18-25
Aquarius	54. 1-18-25	Cancer	54. 1-18-25
Pisces	55. 1-18-25	Leo	55. 1-18-25
Aries	56. 1-18-25	Virgo	56. 1-18-25
Taurus	57. 1-18-25	Scales	57. 1-18-25
Gemini	58. 1-18-25	Sagittarius	58. 1-18-25
Cancer	59. 1-18-25	Capricorn	59. 1-18-25
Leo	60. 1-18-25	Aquarius	60. 1-18-25
Virgo	61. 1-18-25	Pisces	61. 1-18-25
Scales	62. 1-18-25	Aries	62. 1-18-25
Sagittarius	63. 1-18-25	Taurus	63. 1-18-25
Capricorn	64. 1-18-25	Gemini	64. 1-18-25
Aquarius	65. 1-18-25	Cancer	65. 1-18-25
Pisces	66. 1-18-25	Leo	66. 1-18-25
Aries	67. 1-18-25	Virgo	67. 1-18-25
Taurus	68. 1-18-25	Scales	68. 1-18-25
Gemini	69. 1-18-25	Sagittarius	69. 1-18-25
Cancer	70. 1-18-25	Capricorn	70. 1-18-25
Leo	71. 1-18-25	Aquarius	71. 1-18-25
Virgo	72. 1-18-25	Pisces	72. 1-18-25
Scales	73. 1-18-25	Aries	73. 1-18-25
Sagittarius	74. 1-18-25	Taurus	74. 1-18-25
Capricorn	75. 1-18-25	Gemini	75. 1-18-25
Aquarius	76. 1-18-25	Cancer	76. 1-18-25
Pisces	77. 1-18-25	Leo	77. 1-18-25
Aries	78. 1-18-25	Virgo	78. 1-18-25
Taurus	79. 1-18-25	Scales	79. 1-18-25
Gemini	80. 1-18-25	Sagittarius	80. 1-18-25
Cancer	81. 1-18-25	Capricorn	81. 1-18-25
Leo	82. 1-18-25	Aquarius	82. 1-18-25
Virgo	83. 1-18-25	Pisces	83. 1-18-25
Scales	84. 1-18-25	Aries	84. 1-18-25
Sagittarius	85. 1-18-25	Taurus	85. 1-18-25
Capricorn	86. 1-18-25	Gemini	86. 1-18-25
Aquarius	87. 1-18-25	Cancer	87. 1-18-25
Pisces	88. 1-18-25	Leo	88. 1-18-25
Aries	89. 1-18-25	Virgo	89. 1-18-25
Taurus	90. 1-18-25	Scales	90. 1-18-25
Gemini	91. 1-18-25	Sagittarius	91. 1-18-25
Cancer	92. 1-18-25	Capricorn	92. 1-18-25
Leo	93. 1-18-25	Aquarius	93. 1-18-25
Virgo	94. 1-18-25	Pisces	94. 1-18-25
Scales	95. 1-18-25	Aries	95. 1-18-25
Sagittarius	96. 1-18-25	Taurus	96. 1-18-25
Capricorn	97. 1-18-25	Gemini	97. 1-18-25
Aquarius	98. 1-18-25	Cancer	98. 1-18-25
Pisces	99. 1-18-25	Leo	99. 1-18-25
Aries	100. 1-18-25	Virgo	100. 1-18-25

The Medical Roundup

by *Walter Alvarez*

Emeritus Consultant in Medicine,
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Emeritus Professor of Medicine,
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Retirement at 65

I was just reading a fine article on retirement by Winston C. Fournier (Wall Street Journal, June 1) and was glad to learn that at least many companies are coming to see that it is unwise, unfair, and often stupid to retire every employee when he reaches the age of 65. There are many men who should be retired at 50, while there are some who are still able and energetic and useful at 65 or 70. I approve of the idea of taking a man out of an executive position at the age of perhaps 60. This can be good for the man, and it will allow subordinates in his department to move on up. But many a man at 65 can be very valuable as a consultant and adviser, or he can devote his spare energies to the development of some pet project under the company set-up.

The main reason for clinging to the practice of compelling retirement at the age of 65 is the reluctance of top executives to work out a plan for retiring the inefficient man while at the same time retaining the highly useful man. The complaint of a president or general manager is that if he lets one man go and keeps another he will be accused of favoritism, and will have a nasty row on his hands.

A prophecy that soon there will be companies organized to appraise the value of men over 40 or 50. Perhaps a small group of experts will come into a company's offices every six months to examine the older men and to assess their fitness, their productivity, their energy and drive, and their ability to get along happily with their associates and their subordinates. Naturally, the experts will have to be guided largely by the reports they will get from each man's superiors. They will know if he is still doing his work well, or if he has been failing badly.

Executive Crabbed

To illustrate, I remember an executive of 60 who could easily pass a strict medical examination, and who still was a keen master of his business, but who, after several tiny strokes, had become so crabbed that no man cared to work under him, and his assistants were all resigning. The president of the man's company heaved a great sigh of relief the day the fellow reached the age of 65 and could be pensioned off. Actually, the directors of that company should long before have worked out some scheme for the quiet retirement of a man like that who had become a thorn in their flesh.

One of the commonest causes for a failure in efficiency and productivity of an aging man is a little unrecognized stroke. Such an injury to the brain is usually not recognizable by any test known to physicians, but the man's chief knows that the fellow has changed in character and ability. He has lost his drive, his good judgment and his ability to run his department well and to get along with labor. He has become too irritable, irascible, emotional, and rigid in his thinking.

What is said today is that in most companies there is no way in which such a man can be retired and gotten out of the way. When he is sent for a medical examination, he comes back with an excellent report. It is excellent because we doctors tend so often to look only at laboratory reports and not at the man as a whole. We fail, also, to talk to the man's wife who so commonly could tell us that he has been acting insanely at home, perhaps since a day very dizzy, or his legs went out from under him so that

Problem Not Insoluble

My feeling is that this problem of retiring men and women when their working days are over—and not before—is not insoluble; in many cases it could be quickly and easily solved. Why should it be solved? For several reasons—one, that it is very bad for a man's mental health to be needlessly cut off from the work he loves; two, the country and the man's company greatly need expert workers; three, it costs perhaps \$100,000 to find and train a good executive, and four, those of us who are working must work extra hard to support the hundreds of thousands of men who are now being idled. We who work think that the government is supporting them. Many of us even rejoice that we have gotten their jobs and are no longer facing competition from them. Actually, since most of them during their life-time could not or did not save much, we who are still at work are now, through taxes, contributing to their support.

Nitroglycerine Tablets

Many persons who have had a heart attack and still get spells or anginal pain when they get angry or walk too fast can get quick relief from taking a nitroglycerine tablet. A few persons

get relief with this drug from other types of pain which seem to be due to spasm in some involuntary muscle within the abdomen. Nitroglycerine relieves spasms in the muscle, and it causes a drop in blood pressure. People ask me if there is any objection to the long-continued use of the drug, but so far as I

know there isn't much danger, unless, perhaps a tablet were to be taken many times each day. Dr. Alvarez hopes his readers will understand that it would be impossible for him to answer requests for information or to attempt to diagnose by mail. (Released by The Register and Tribune Syndicate, 1956)

Strange As It Seems

by Elsie Hix



THE DESIGN FOR THE INDIAN HEAD ONE CENT COIN WAS INSPIRED BY AN AMERICAN GIRL.

DURING A VISIT TO THE PHILADELPHIA MINT BY A DELEGATION OF INDIAN CHIEFS, AN ARTIST'S SKETCH WAS SUBMITTED TO THE GOVERNMENT BY HER FATHER, THE MINT'S ENGRAVER... IT WAS ACCEPTED AND USED WITH SLIGHT MODIFICATIONS.

HEARING GLEICH BELLS LATE ONE WINTER NIGHT, EDGAR ALLEN POE STOPPED AT THE NEAREST HOUSE AND ASKED FOR PENCIL AND PAPER, THEN SAT DOWN AND WROTE HIS FAMOUS POEM, "THE BELLS!"

—Baltimore Md.—

RADIO PROGRAMS—TUESDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

KJVC 1220 kc	KMED 1440 kc	KWIN 1480 kc
4:00—Club 1220	4:00—Club 1220	4:00—Club 1220
4:15—Music, Sports Caravan	4:15—Music, Sports Caravan	4:15—Music, Sports Caravan
4:30—Club 1220	4:30—Club 1220	4:30—Club 1220
4:45—Frank Goes	4:45—Frank Goes	4:45—Frank Goes
5:00—Edward R. Morgan	5:00—Edward R. Morgan	5:00—Edward R. Morgan
5:15—Tom Harmon	5:15—Tom Harmon	5:15—Tom Harmon
5:30—Amos & Andy	5:30—Amos & Andy	5:30—Amos & Andy
5:45—Amos & Andy	5:45—Amos & Andy	5:45—Amos & Andy
6:00—Edward R. Morgan	6:00—Edward R. Morgan	6:00—Edward R. Morgan
6:15—Lowell Thomas	6:15—Lowell Thomas	6:15—Lowell Thomas
6:30—Bing Crosby	6:30—Bing Crosby	6:30—Bing Crosby
6:45—Johnny Dill	6:45—Johnny Dill	6:45—Johnny Dill
7:00—Max Baer & Lewia	7:00—Max Baer & Lewia	7:00—Max Baer & Lewia
7:15—Robert G. Lewis	7:15—Robert G. Lewis	7:15—Robert G. Lewis
7:30—Mystery Time	7:30—Mystery Time	7:30—Mystery Time
7:45—Mystery Time	7:45—Mystery Time	7:45—Mystery Time
8:00—Best Bands in Land	8:00—Best Bands in Land	8:00—Best Bands in Land
8:15—Best Bands in Land	8:15—Best Bands in Land	8:15—Best Bands in Land
8:30—Milton Cross	8:30—Milton Cross	8:30—Milton Cross
8:45—Milton Cross	8:45—Milton Cross	8:45—Milton Cross
9:00—Milton Cross	9:00—Milton Cross	9:00—Milton Cross
9:15—Milton Cross	9:15—Milton Cross	9:15—Milton Cross
9:30—Milton Cross	9:30—Milton Cross	9:30—Milton Cross
9:45—Milton Cross	9:45—Milton Cross	9:45—Milton Cross
10:00—Milton Cross	10:00—Milton Cross	10:00—Milton Cross
10:15—Off the Record	10:15—Off the Record	10:15—Off the Record
10:30—Off the Record	10:30—Off the Record	10:30—Off the Record
10:45—Off the Record	10:45—Off the Record	10:45—Off the Record
11:00—Sign Off	11:00—Sign Off	11:00—Sign Off

RADIO PROGRAMS—WEDNESDAY

6:00—World News Roundup**	Bob Roberts Corral	Wakeout Ranch
6:15—Lowell Thomas*	Bob Roberts Corral	Wakeout Ranch
6:30—Frank Goes**	Bob Roberts Corral	Musical Clock
6:45—Harry Babbitt**	First News	Musical Clock
7:00—Coffee Concert	Farm News, Sports	Honoring News*
7:15—Martin Agronov	News Commentary	Valley News*
7:30—Tom MacLeod—Sports	Weather & 7:30 News	Musical Clock
7:45—Howard Miller Show*	World News Roundup*	Musical Clock—Best Bu
8:00—Frank & Frelle	Swap & Sell	Cliff Ingle News*
8:15—Breakfast Club*	Frank's Choice Music	Bible Institute*
8:30—Breakfast Club*	Frank's Choice Music	Bible Institute*
8:45—Breakfast Club*	Friendship Circle	News—Sports Date
9:00—Music Box	Fashion Flashes	Coffee Date
9:15—Music & Westfield	NBC Bandstand*	Video of Deliverance
9:30—Helen Trent**	NBC Bandstand*	Video of Deliverance
9:45—News & Bulletin	NBC Bandstand*	Tele-Test*
10:00—Name Your Neighbor	NBC Bandstand*	The Home Show
10:15—Aunt Mary	NBC Bandstand*	Home Show—A Day*
10:30—Nona Drake**	NBC Bandstand*	News—Music
10:45—Pat Buttrum Show**	NBC Bandstand*	Queen for a Day*
11:00—Trading Post	Cannon at Controls	Queen For a Day*
11:15—Aunt Jenny**	Cannon at Controls	Queen For a Day*
11:30—Houseparty**	Lamontine News	Queen For a Day*
11:45—Houseparty**	Weather, Livestock	Western Roundup Tur
12:00—Paul Harvey	Weather, Livestock	Western Roundup Tur
12:15—Record Book	Weather, Livestock	Western Roundup Tur
12:30—Reggie Valley Reporter	Weather, Livestock	Western Roundup Tur
12:45—Weather: Last Pets	Weather, Livestock	Western Roundup Tur
1:00—Musical Mixerstar	Five Star Matinee*	Western Roundup Tur
1:15—Weathering Streets*	Five Star Matinee*	Western Roundup Tur
1:30—Booth Ashton-Weather	Pepper Unity**	Western Roundup Tur
1:45—Strictly for the Ladies	Pepper Unity**	Western Roundup Tur
2:00—True Story*	Woman in My House*	Western Roundup Tur
2:15—My True Story*	Mary M. McBride*	Western Roundup Tur
2:30—Arthur Godfrey**	Westside Party	Salute to Safety
2:45—Arthur Godfrey**	Westside Party	Salute to Safety
3:00—Arthur Godfrey**	Westside Party	News—West Hdun
3:15—Arthur Godfrey**	Westside Party	Western Roundup Tur
3:30—Arthur Godfrey**	Westside Party	Western Roundup Tur
3:45—Arthur Godfrey**	Westside Party	Tele-Test*
4:00—Club 1220	West Faring Sonfest*	IKWIN's Top Ten
4:15—Music, Sports Caravan*	West Faring Sonfest*	Honoring News*
4:30—Club 1220	KMED Presents	Here's the Answer*
4:45—Frank Goes**	Music With Sam	Sam Hayes*
5:00—Edward P. Morgan*	Music With Sam	Bob & Ray*
5:15—Tom Harmon**	Local & Oregon News	Bob & Ray*
5:30—Amos-Andy: News*	Man On The Go	Let's Talk Sports
5:45—Amos-Andy: News*	KMED Sports Daily	Let's Talk Sports
6:00—Edward R. Morrow*	Dine at 1440	Local News
6:15—Lowell Thomas*	Dine at 1440	KWIN Karavan*
6:30—Bing Crosby**	Dine at 1440	KWIN Karavan*
6:45—Johnny Dollar**	Best of Beauty News*	KWIN Karavan*
7:00—Sally Pats	One Man's Family*	KWIN Karavan*
7:15—Sally Pats	Recollections at Thirty*	KWIN Karavan*
7:30—Susanne**	Recollections at Thirty*	KWIN Karavan*
7:45—Susanne**	Best of Groucho	Salute to Safety
8:00—Best Bands*	Best of Groucho	Salute to Safety
8:15—Best Bands*	Truth or Consequences*	KWIN Karavan
8:30—Milton Cross*	Truth or Consequences*	News—Sports Date
8:45—Milton Cross*	Sound Flight 56*	News*
9:00—Milton Cross*	Sound Flight 56*	KWIN Karavan
9:15—Milton Cross*	Three Score & Five*	Jack's Private Line
9:30—Music Back	Three Score & Five*	Jack's Private Line
9:45—Music Back	Hilchfield Reporter*	Gang Busters*
10:00—World News Beat	Nightwatchman	Gang Busters*
10:15—Off the Record	Nightwatchman	Crime Files of Flamon
10:30—Off the Record	Nightwatchman	Crime Files of Flamon
10:45—Off the Record & News	Sign Off	Music By Moonlight
11:00—Sign Off		