

Showers Given For Miss Ettel; Rites Saturday

Miss Darrelyn Ettel was honored at a recent shower given by her sister, Mrs. Dean Gleaves, and Mrs. W. C. Degerness. Miss Ettel's wedding to Curtis Holzgang is set for Saturday, September 8, at Sacred Heart Catholic church.

The party was held at the Gleaves' home on Griffin Creek road, and the bride-to-be was presented gifts for her new home.

Guests were Mrs. Frank Gleaves, Mrs. Carl Bennett, Mrs. Ray Darby, Mrs. Gayle Williams, Mrs. Vernon Tenney, Mrs. Herman Pfahl, Mrs. John Niles, Mrs. Terrence King, Mrs. George Holzgang, Mrs. John Pond, Miss Jackie Pond, Miss Diane Gleaves, the guest of honor and her mother, Mrs. Ralph Ettel.

Miss Ettel is a daughter of Mr. and Mrs. Ralph Ettel, Route 1, Box 369DI, Medford, and Mr. Holzgang is a son of Mr. and Mrs. George Holzgang, 626 Park avenue.

Mrs. John Niles was hostess for a shower last Friday evening which honored Miss Ettel. The party was given at the home of Mrs. Niles' mother, Mrs. C. L. Jones, 711 Sherman street.

The bride-elect was presented a shower of miscellaneous gifts.

Guests were Miss Ettel, her mother, her fiancé's mother and Mrs. Herman Pfahl, Mrs. Terrence King, Mrs. Dean Gleaves, Mrs. Conrad Holzgang, the former Miss Joy Goode of Cambridge, England, whose wedding to Mr. Holzgang was a recent event, Mrs. Charles Lindstrom, Miss Sally Harris, Mrs. Loren Soderlund and Mrs. Jones.

Family Here

Mr. and Mrs. Wayne Harris and three children of Roseburg left for their home Monday after spending the Labor day week end in Medford with Mr. and Mrs. C. Rease Braley, Valley View drive. Mrs. Harris is a daughter of Mrs. Braley.

Prince, Princess To Sail for U. S.

Paris—Princess Grace of Monaco said today "I have no plans for making any films" but she would not say whether her movie career was finished forever.

Grace and Prince Rainier arrived in Paris from Monaco this morning en route to the United States for a two months visit. They sailed September 7 on the liner United States for New York.

Paris and London press reports said Miss Kelly had finished movies for good.

The Prince and Princess, who expect an heir in February, are making their first trip to the United States since they were married last April 18. They returned November 19 for Monaco's National day.

They were cheered on the Monaco platform by a thousand Monégasques shouting "Vive le Prince et la Princess."

Princess Grace, her blonde hair swept back, wore sun glasses and a plain white linen slip-length maternity jacket buttoned in front and belted in the back, a straight hanging royal blue skirt and a red and white silk scarf.

She clung to Rainier's arm as they stepped from the train in Paris. He wore a blue blazer and grey flannel slacks.

They smiled for photographers as they walked along the station platform but had almost nothing to say to reporters. Grace told the United Press that she had no plans for making films but when pressed whether her acting career was over forever merely frowned prettily.

Student Leaves For California

Philip Getchell has left Medford for Pasadena, Calif., where he will enroll at Fuller Theological school. The young man, graduate of Medford High school, received a bachelor of arts degree in philosophy last June from Stanford university.

He is a son of Mr. and Mrs. Bayard Getchell, 28 Ashland avenue.

Jiffy-Knit



7195 by Alice Brooks

JIFFY-KNIT Clutch-cape is the most flattering for a woman's figure! In a pretty lace pattern—perfect for all occasions.

Knitting Pattern 7195: Jiffy Clutch-cape Woman's Sibes 36-38: 40-42; 44-46 included. Use knitting worsted; large needles.

Sen. TWENTY-FIVE CENTS in coins for this pattern—add 5 cents for each pattern for 1st class mailing. Send to Medford Mail Tribune, Household Arts Dept., P. O. Box 158, Old Chelsea Station, New York 11, N.Y. Print plainly NAME, ADDRESS, and PATTERN NUMBER.

Two FREE patterns—printed in our ALICE BROOKS Needlecraft book—stunning designs for your home—just for you, our readers! Dozens of other designs to order; all easy, fascinating hand-work! Send 25 cents for your copy of this wonderful book right away!

Society

Reducing Diet Must Be Safe, Director Says

The need for safe and practical reducing plans to safeguard the public is emphasized in a statement by Dr. Charles Glen Kink, executive director of The Nutrition Foundation.

"Almost every week we hear of a new reducing diet. Sometimes the diets are sensible, attractive, and well balanced. Generally they are not. A single food is sometimes suggested as a key to weight control. But people quickly tire of eating a diet that is monotonous or severely restricted. Nor do such poorly balanced diets help a person to adjust his eating habits in a permanent or satisfying manner. Guidance to good food habits is a basic feature of all sound reducing plans.

"In such a basic plan, there should be no emphasis on any one nutrient or food. Only calories are restricted. And any regime promising calories unlimited is an obvious fraud.

"Some form of animal protein—meat, eggs, milk, cheese, fish, or poultry—plus a cereal food and fruit or vegetable should be served with each meal. This eliminates the one drink or capsule meal.

"Fruits and vegetables should be well represented as a major source of minerals, vitamins, energy, and bulk, as well as variety and flavor.

"Though fats and oils are high in calorie content and should be kept in bounds, a moderate amount is beneficial. Fat is an essential nutrient and adds to our enjoyment of food. It has been observed that subjects on diets severely restricted in fat were not as successful in losing weight as those who ate one egg each day, meat twice daily, dairy products, with butter or margarine for bread or vegetables, and some salad oil for fruit, vegetable, and other salads.

"Check these points with any reducing plan you are considering. Keep in mind that you can enjoy good eating while reducing. Even when calories are restricted, a well balanced reducing diet will supply foods that have flavor, color, variety, and all the requirements for health and enjoyment of the consumer. If one wants to reduce faster, simply eat less at one or more meals and exercise more. Watch your scales and let your physician be your guide!"

Gardeners Plan Tour in Ashland

Ashland — Ashland Garden club announces a change of meeting days, with the organization to meet the first Friday of each month in the future.

September 7 a tour of several gardens is planned. The first garden to be visited is that of Mrs. W. D. Jackson, 606 Iowa street, and those taking the tour are to meet at the Jackson home at 10 a. m.

Other gardens to be visited, time permitting, will be those belonging to Mrs. D. M. Spence, Mrs. Marjorie Baker, Mrs. Drew Lamb, Mrs. L. P. Wilmett, Mrs. Fred Whitted and Mrs. Cora True. It is planned for members to arrive at the True home about 12:30 o'clock and there they will eat a sack luncheon, with coffee to be served by the hostess.

At 1:30 p. m. the group will re-convene at the Women's Civic

CALENDAR

Calendar notices and news for the society section of The Mail Tribune must be submitted in writing and deadline for the Sunday edition is 1 p. m. Friday. Deadline for the weekly calendar is 8 a. m. of the day of publication and for week day news is 5 p. m. the day before publication.

Wednesday:

7:30 p. m. — Medford Bethel 14, Job's Daughter, Masonic temple.

8 p. m. — Amethyst Rebekah lodge, Gold Hill, IOOF Hall.

Thursday:

10 a. m. — Wenonah club, Redman hall on Apple st.

10:30 a. m. — Daughters of Nile, sewing, home of Mrs. E. Ron Rice 215 Saginaw dr.

12:30 p. m. — Medford Garden club, county courthouse.

2 p. m. — Gold Star Mothers, county courthouse auditorium.

clubhouse, with dessert and a beverage to be served. Hostesses will be Mrs. Jackson, chairman, Mrs. Sadie Stratton, Mrs. Lucille Dozier and Mrs. Mae Russell.

Glen Brown will be speaker for the program to follow. Mr. Brown, a professional landscape engineer, will talk on land scaping.

Mrs. R. I. Asher is president of the club.

Use Mail Tribune Want Ads The Community's Biggest Marketplace

Back-to-School Cottons Make Fashion News

Two outstanding fashion inspirations for girls are favored by designers of children's cotton clothes this year. These are one, the ideas borrowed from the boys' classic Ivy League ideas, and two, the old-fashioned look of feminine, frilly peasant styles and prints, reports the National Cotton council.

Blazer striped corduroys interpret slim Ivy League jackets buttoned with brass or pearl buttons. Corduroy caps, slim slacks and button-down collar shirts and blouses have a flavor of this boyish fashioning.

Wrinkle-resistant cottons printed in provincial foliage, Tyrolean hearts and flowers, and in neat calico patterns interpret the old fashioned look of many styles.

There's old world charm in the leg-o-mutton sleeves featured by classic shirtwaisters for all age groups. There's a real Early American flavor to the long-sleeved frocks interpreted in calico printed cottons. Jumpers are charming in new floral printed cottons.

For at home and sleep wear, quilted separates in peasant print cottons are shown in circle skirts, tapered slacks and shorts. Corduroy slacks combine with pull-over tops in corduroy or cotton knit.

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Winners Named By Bridge Club

Camp White — Camp White Veterans Bridge club held the weekly session Friday. The Howard Boyds scored 103 points to take first place among north-south players, and Jack Love and Gen. J. P. Vachon were east-west first place winners with a score of 87 points.

Other north-south winners were Mrs. Al Gilhousen and Mrs. Berg Marten, second, 94 points; Mrs. Fred Rehling and Arthur Scarseth, third, 91 points; Mrs. Frank Baker and Thomas Randall, fourth, 87½ points.

Other east-west winners were Mrs. Harold Jaffrey and Bill Hickey, second 83 points; Mrs. Josephine Clark and Mrs. William Isaacs tied with Mrs. Clifford Howard and Mrs. Fred Purdin for fourth place, each pair scoring 73 points.

Wenonah Club — The Wenonah club will meet Thursday, September 6, at 10 a. m. for a potluck dinner and business meeting at Redman hall on Apple street. Quilt tying will be done in the afternoon.

Dead line Sunday Classified is at noon Saturday; 10 a. m. Monday for Monday; other days 5:30 previous day.

Tolman Pictures At Astoria Club

Gold Hill—Vola Tolman, Gold Hill artist, returned recently from Astoria where she made arrangements for a one-man art show at the Astoria Golf and Country club. The show opened last Saturday.

Fourteen pictures, all of which have previously appeared in juried shows, are on display at the club. Three are pastels, and the rest are oils; one is a mural type painting.

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9183 10-20 by Marian Martin

Loveliest princess lines fashion the jumper-dress—little fitted jacket continues this same flattering silhouette! It's a wonderful fashion to wear through fall and winter; perfect for both dressy, casual fabrics. Sew it as an ensemble, or jumper and blouse!

Pattern 9183: Misses' Sizes 10, 12, 14, 16, 18, 20. Size 16 dress 3½ yards, 39-inch; jacket 1½ yards. This easy-to-use pattern gives perfect fit. Complete, illustrated Sew Chart shows you every step. Send thirty-five cents in coins for this pattern—add 5 cents for each pattern for 1st-class mailing. Send to Marian Martin, care of Medford Mail Tribune, Pattern Dept., 232 West 18th St., New York 11, N.Y. Print plainly NAME, ADDRESS, with SIZE and STYLE NUMBER.

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