

### STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars To develop message for Friday, read words corresponding to numbers of your Zodiac birth sign.

ARIES	1	11	21	31	41	51
TAURUS	2	12	22	32	42	52
GEMINI	3	13	23	33	43	53
CANCER	4	14	24	34	44	54
LEO	5	15	25	35	45	55
VIRGO	6	16	26	36	46	56
LIBRA	7	17	27	37	47	57
SCORPIO	8	18	28	38	48	58
SAGITTARIUS	9	19	29	39	49	59
CAPRICORN	10	20	30	40	50	60
AQUARIUS	11	21	31	41	51	61
PISCES	12	22	32	42	52	62

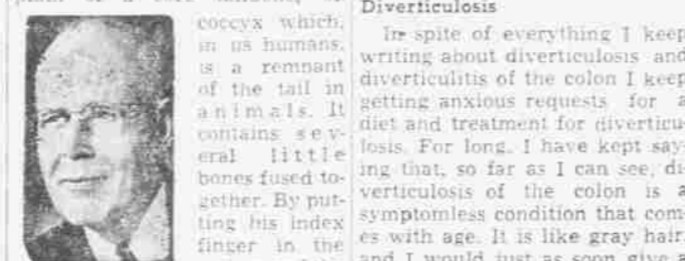
Good Adverse Neutral

## The Medical Roundup

by *Walter Alvarez*  
 Emeritus Consultant in Medicine, Mayo Clinic  
 Emeritus Professor of Medicine, Mayo Foundation

### A Painful Tailbone, or Coccyx

Quite a few highly nervous and over-sensitive women complain of a sore tailbone, or coccyx which, in humans, is a remnant of the tail in animals. It contains several little bones fused together. By putting his index finger in the rectum and the thumb on the back of the tailbone between the buttocks, a physician can easily examine the joints between the little tail and the sacrum (the bone which is found between the two hip bones). He can move the little tail up and down, and he can see if there is any roughness or sign of inflammation about it. He can also have x-ray studies made of the little bone and its joint with the sacrum.



Hundreds of times I've studied the coccyx in cases in which the woman was complaining of constant pain, and never have I found anything wrong with the bone or the joint. Usually, moving the coccyx up and down did not produce the pain complained of.

I think it highly significant that these distresses and pains around the coccyx are found almost always in women and only rarely in men. Women complain more often of nervous troubles, while men complain more often of serious demonstrable disease. The women who complain of a sore coccyx are almost always a bunch of nerves, and they often have relatives who are also highly nervous or a bit psychotic.

I wish I could tell what to do to make their coccyx more comfortable, but the best advice I can give them is not to waste their money, and certainly not to have an operation. Years ago, when I was a young man, surgeons used to remove the coccyx to try to make these women happy, but I never saw the operation do any good. The surgeons must have had the same bad experience as I did because almost all of them quit doing this work.

Many women of a nervous type complain bitterly of constant pain around the rectum. But, again, an expert can examine the rectum very thoroughly and he can even open the patient's abdomen and look in, and he will practically never see any cause for the distress. An important point is that these pains around the coccyx and in the region of the rectum are not made worse by constipation, by moving the bowels, by diarrhea or by anything. The distress is practically constant, and this is typical of all pains that are arising up in a disturbed brain. Pains that arise in the brain are often referred out into some perfectly normal part of the body somewhere. The situation is much like that in the amputated leg of an old soldier, who keeps saying that his toes feel terribly uncomfortable. This is what is called phantom pain.

Similarly, when a person bangs his "funny bone" at the elbow—really the ulnar nerve—he will feel a burning pain, not at the point of contact, but down in the little finger and half of the ring finger.

In spite of everything I keep writing about diverticulosis and diverticulitis of the colon I keep getting anxious requests for a diet and treatment for diverticulosis. For long, I have kept saying that, so far as I can see, diverticulosis of the colon is a symptomless condition that comes with age. It is like gray hair, and I would just as soon give a diet for gray hair as for diverticulosis. One great trouble is that hundreds of laymen and, I fear, some of us physicians, get mixed-up as to diverticulosis and diverticulitis. Dozens of persons who write, saying that they are in a bad way with diverticulitis have not a symptom of this serious, acute, painful, feverish and dangerous disease. All they tell me is that a lot of diverticula, or tiny out-pouchings, were discovered accidentally on an x-ray film. Diverticulitis means a inflammation of some of the diverticula. Diverticulosis is just having a few pouches.

Months ago, when I went for a routine yearly x-ray study, they found three diverticula on my colon—pouches which were not there last year when I was examined.

Am I excited about them? No. Am I going to do anything about them? No. Do they constitute any danger to my life, or health, or happiness? I very much doubt it. I once went for some five years at the Mayo Clinic without seeing a single case of diverticulitis, which showed me how rare the condition is. Every year I see a number of people who were told they had diverticulitis, but actually someone got mixed-up with his words, and all the person had was some harmless diverticulosis. Some of my physician friends may ask, "How do you know they are harmless?" And my answer is that I have known hundreds of healthy persons whose colon was full of them.

Dr. Alvarez hopes his readers will understand that it would be impossible for him to answer requests for information or to attempt to diagnose by mail. (Released by The Register and Tribune Syndicate, 1956)

Salem—U.P.—Dr. Irvin Hill of Fairview hospital for mentally retarded children here has been appointed to head a committee to study the problem of mentally ill children in Oregon.

Banana oil is not made from bananas at all, but is actually one of the by-products of the petroleum industry.

## Garden Notes

By C. B. CORDY  
 County Extension Agent for Horticulture

Early sweet corn is now ripening and while this warm weather is good to develop high quality in corn, it is also favorable for the development of the corn ear worm. As soon as the silks on the young ears appear, the worm eggs are deposited on them by a moth which hatches in about three days.

In order to get control an insecticide must be applied to the silks some time after they emerge but within three days. One application of insecticide will protect the ear during its growing period, but as all ears do not produce silks at the same time, it is necessary to make two applications to the patch. The first application should be made about three days after the first silks appear and the second application three days later.

of these moths, they will also lay eggs in the corn tassels. The young worms then feed for several days on the tassels until it is half grown. It then migrates to the ear and burrows directly through the husk to the ear. In order to control these worms it is necessary also to apply the spray or dust to the tassels. If a succession of corn plantings have been made, then each

### HYPNOTISM

Has been successfully used in muscular rheumatism, constipation, menstrual disturbances, migraine headache, insomnia, stuttering, etc. For information regarding Hypnotism see

**W. L. WHELDEN**  
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### BUCKHORN MINERAL SPRINGS

Enjoy health, rest, comfort and hospitality amidst pleasant surroundings. Completely furnished sleeping and housekeeping cabins, with all modern facilities.

**HOT MINERAL AND MUD BATHS**  
 For Rheumatism, Arthritis, Neuritis, Sciatica, Nervousness.

**CARBON DIOXIDE VAPOR BATHS**  
 Are excellent for Eczema, Sinus, Skin Eruptions, High and Low Blood Pressure.

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For Reservations and Information—Address: Buckhorn Mineral Springs, Rt. 1, Ashland, Oregon or Phone Long Distance. Dr. Herman Weiler, Director, Chiropractic Physician

planting should be dusted twice as the silks appear.

California produces more turkeys than any other of the states, although every state is a turkey grower.

## Work, Sleep, Play In Comfort

Nagging backache, headache, muscular aches and pains may come with over-exertion, emotional tension and daily stress and strain. And folks who eat and drink too richly sometimes suffer mild bladder irritation... with that restless, uncomfortable feeling.

If you are miserable and worn out because of these discomforts, Doan's Pills often help by their pain relieving action, by their soothing effect to ease bladder irritation, and by their mild diuretic action through the kidneys—leading to increase the output of the 15 million of kidney tubes.

So if nagging backache makes you feel dragged-out, miserable, with restless, sleepless nights, don't wait. Try Doan's Pills, get the same happy relief millions have enjoyed for over 40 years. Ask for new, large, economy size and save money. Get Doan's Pills today!

## RADIO PROGRAMS—THURSDAY

Time	Station	Program
6:00	WJCL	Music
6:30	WJCL	Music
7:00	WJCL	Music
7:30	WJCL	Music
8:00	WJCL	Music
8:30	WJCL	Music
9:00	WJCL	Music
9:30	WJCL	Music
10:00	WJCL	Music
10:30	WJCL	Music
11:00	WJCL	Music

## RADIO PROGRAMS—FRIDAY

Time	Station	Program
6:00	WJCL	Music
6:30	WJCL	Music
7:00	WJCL	Music
7:30	WJCL	Music
8:00	WJCL	Music
8:30	WJCL	Music
9:00	WJCL	Music
9:30	WJCL	Music
10:00	WJCL	Music
10:30	WJCL	Music
11:00	WJCL	Music

## RADIO PROGRAMS—SATURDAY

Time	Station	Program
6:00	WJCL	Music
6:30	WJCL	Music
7:00	WJCL	Music
7:30	WJCL	Music
8:00	WJCL	Music
8:30	WJCL	Music
9:00	WJCL	Music
9:30	WJCL	Music
10:00	WJCL	Music
10:30	WJCL	Music
11:00	WJCL	Music

## RADIO PROGRAMS—SUNDAY

Time	Station	Program
6:00	WJCL	Music
6:30	WJCL	Music
7:00	WJCL	Music
7:30	WJCL	Music
8:00	WJCL	Music
8:30	WJCL	Music
9:00	WJCL	Music
9:30	WJCL	Music
10:00	WJCL	Music
10:30	WJCL	Music
11:00	WJCL	Music

## RADIO PROGRAMS—MONDAY

Time	Station	Program
6:00	WJCL	Music
6:30	WJCL	Music
7:00	WJCL	Music
7:30	WJCL	Music
8:00	WJCL	Music
8:30	WJCL	Music
9:00	WJCL	Music
9:30	WJCL	Music
10:00	WJCL	Music
10:30	WJCL	Music
11:00	WJCL	Music

## MEL ALLEN'S SPORTS REPORT

Interviews! Complete sports wrap-up! On-the-spot broadcasts! Now, every Monday through Friday!

4:20 PM  
 KYJC  
 1230 ON THE DIAL  
 ABC Radio Network

## Strange As It Seems

THE BLUE WHALE IS THE LARGEST ANIMAL THAT EVER LIVED! IT'S TONGUE ALONE WEIGHS 250,000 POUNDS, ITS TAIL OVER 2,000 POUNDS! ITS BODY WEIGHS AS MUCH AS 33 ELEPHANTS!

ONE OF THE MOST RECOGNIZED BOOKS OF PARLIAMENTARY LAW WAS WRITTEN BY HONOR HENRY M. ROBERT—AN ENGINEER!

THE SNO-TRAIN DESIGNED TO REST ON TOP OF SNOW WITH A 100,000 POUND LOAD HAS DRIVING POWER IN 16 WHEELS WITH A SEPARATE ELECTRIC MOTOR IN THE CENTER OF EACH—IT CAN OPERATE AT 65° BELOW ZERO

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a TV "Top Ten" favorite  
 presents  
 "A SET OF VALUES"  
 starring  
 EDWARD G. ROBINSON

### BUZ SAWYER

JUST LISTEN TO THIS, CHRISTY! EARLY THIS MORNING THE BANK AT JACKSONVILLE, NEBRASKA, WAS ROBBED OF \$40,000.

WHY, THAT'S THE TOWN WE SPENT LAST NIGHT AT THE COBBS.

"SPORTY GUNMAN AND RED-HEADED WOMAN MADE GETAWAY IN BLUE CUSTOM CONVERTIBLE."

MERCIFUL HEAVENS! THE COBBS!

THEIR CAR'S A BLUE CONVERTIBLE... AND ALL THAT MONEY FLYING OUT OF BEES BAG... AND HER HAVING HER RED HAIR BLEACHED... OH, BUZ, HOW HORRIBLE!

### BARNEY GOODLE and SNUFFY SMITH

DURN PAW'S HIDE! HE PROMISED FAITHFUL TO FEED AUNT SUKEY BEFORE HE TRAPPED OFF.

MAY I, MRS. SMITH? I'VE NEVER FED A MULE BEFORE—NEVER!!

GRACIOUS ME!! IF MRS. OVERMEYER'S BALLET SCHOOL COULD ONLY SEE ME NOW!!

YES, MAW!! I'LL FEED TH' LOP-EARED VARMINT!!

### BLONDIE

BLONDIE WHERE ARE THE PRINTS THAT WERE ON THE CHAIR IN THE BEDROOM?

I SENT THEM TO THE CLEANERS.

THERE WAS A FIVE DOLLAR BILL IN THE POCKET.

IT'S OKAY BECAUSE I GAVE THE PRINTS TO THE MAN.

WELL, WHY DIDNT YOU GIVE ME THE FIVE DOLLARS?

SILLY BOY! ASKING A WIFE A QUESTION LIKE THAT.

### MUFF and JEFF

STEP LIVELY! BOY, AM I LUCKY! I PICKED A LONG SHOT WINNER—A HUNDRED TO ONE! HERE'S MY TICKET!

FOUR EIGHTY-FIVE, FOUR NINETY, FOUR NINETY-FIVE, FIVE HUNDRED! AH—THANK YOU!

WELL, WHAT'S WRONG? AFRAID I CHEATED YOU?

OH NO!

I ONLY WANT TO MAKE SURE YOU DIDNT GIMME BACK THE ONE I GAVE YOU!

## CROSSWORD PUZZLE

Answer to Yesterday's Puzzle

1—Male cat	36—Total	41—Tetanus	46—Lairs
2—Spineless	37—Tribe	42—Tetanus	47—Lairs
3—Spineless	38—Youngster	43—Tetanus	48—Lairs
4—Wine cup	39—Lairs	44—Tetanus	49—Lairs
5—Region	40—Lairs	45—Tetanus	50—Lairs
6—Athletic group	41—Tetanus	46—Lairs	51—Lairs
7—Overstrain	42—Tetanus	47—Lairs	52—Lairs
8—Obtained	43—Tetanus	48—Lairs	53—Lairs
9—Wife of a male	44—Tetanus	49—Lairs	54—Lairs
10—City in Russia	45—Tetanus	50—Lairs	55—Lairs
11—Male	46—Lairs	51—Lairs	56—Lairs
12—Patriotic	47—Lairs	52—Lairs	57—Lairs
13—Pronoun	48—Lairs	53—Lairs	58—Lairs
14—Unit	49—Lairs	54—Lairs	59—Lairs
15—Man's name	50—Lairs	55—Lairs	60—Lairs
16—Sword	51—Lairs	56—Lairs	61—Lairs
17—Infry	52—Lairs	57—Lairs	62—Lairs
18—Spirited fish	53—Lairs	58—Lairs	63—Lairs
19—Irritated	54—Lairs	59—Lairs	64—Lairs
20—Pronoun	55—Lairs	60—Lairs	65—Lairs
21—Unit	56—Lairs	61—Lairs	66—Lairs
22—Man's name	57—Lairs	62—Lairs	67—Lairs
23—Sword	58—Lairs	63—Lairs	68—Lairs
24—Infry	59—Lairs	64—Lairs	69—Lairs
25—Spirited fish	60—Lairs	65—Lairs	70—Lairs
26—Irritated	61—Lairs	66—Lairs	71—Lairs
27—Pronoun	62—Lairs	67—Lairs	72—Lairs
28—Unit	63—Lairs	68—Lairs	73—Lairs
29—Man's name	64—Lairs	69—Lairs	74—Lairs
30—Sword	65—Lairs	70—Lairs	75—Lairs
31—Infry	66—Lairs	71—Lairs	76—Lairs
32—Spirited fish	67—Lairs	72—Lairs	77—Lairs
33—Irritated	68—Lairs	73—Lairs	78—Lairs
34—Pronoun	69—Lairs	74—Lairs	79—Lairs
35—Unit	70—Lairs	75—Lairs	80—Lairs
36—Man's name	71—Lairs	76—Lairs	81—Lairs

### IL ABNER

MAN HOVERBOARD! SAFE ME!!

WHAT DID YOU SAY, HOPEFUL?

AH DIDNT SAY NOTHING! THEM SCREAMS IS COMIN' FROM YOUR BRIDES LAUNDRY!!

HIS BRITE!!

SHE MY BRITE!! THAT'S HER TSKRIT!! — WE MARRIED ONE HOUR BIFFORR SHE GET BIG CHANCE TO COME TO HAMMERICA!!

SO I STOW AWAY IN HER FLUR COAT — BOT NOW, I WANT GO HOME, EVEN IF IT'S ONLY — SHUPPERY — SLOBOVIA!!

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### MR. LARRY

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 PHONE 2-4830

John Adams lived to be the oldest former president of the United States. His age was 90 when he died.

North Dakota usually ranks second only to Kansas in its annual wheat crop.