

STAR GAZER
Your Daily Activity Guide
According to the Stars
To develop message for Friday,
send words corresponding to numbers
of your Zodiac birth sign.

Communications
Link Classrooms

Chicago—U.P.—Lane Techni-
High school boasts new stream-
lined electronic communications
as efficient as a battleship.
Lane sprawls in a giant, 16-
acre "H" on Chicago's northwest
side. It has nearly 200 rooms, a
faculty of 250 and an enrollment
of 3,500.

The Medical Roundup
by
Walter Alvarez

Emeritus Consultant in Medicine,
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Better Care In
Mental Hospitals



Walter Alvarez

An intelligent man who was
recently discharged from a men-
tal hospital was just telling me
how he and his fellow pa-
tients had
wished that
they had had
more attend-
ants who were
understand-
ing and friend-
ly and helpful.
He said that
occasionally
the hospital would find an
attendant who was everything
that he (or she) should be, and
then the patients were happy
with the help that was given
them. My informant said that
this good attendant, who talked
to them in kindly vein, made
them "feel like real people
again."

My friend was so right. In every
book that I have read, writ-
ten by an ex-patient who had
been in a mental hospital, there
has been complaint about the
lack of sensible and kindly at-
tendants who had some little gift
for handling nervous and fright-
ened and mentally disturbed pa-
tients.
Unfortunately, the only type
of person who is likely to make
an ideal attendant is one who
was born with great gifts of
kindness, understanding, sym-
pathy, good sense and, especially,
infinite patience. These gifts are
rare, and a person who has them
can usually command a much
better salary than can be offered
by a mental hospital, with its
usually very restricted budget.
Many Obstreperous
It must be remembered that
many persons confined to a men-
tal hospital are obstreperous, un-
cooperative, difficult, and some-
times suspicious, insulting and
even dangerous. Many ex-pa-
tients have written that one rea-
son why they resisted doing
things was that they were afraid.
An attendant had said peremp-
torily and harshly, "Go in there,"
or "Come with me." If he had
only stopped for a moment to
say, "I am giving you a nicer
room," or "The doctor is coming
to see you," or "I want you to
take a bath," there would have
been no trouble. You sane peo-
ple who are reading this would
probably refuse to go into a
small bare room if ordered to do
so by an unpleasant stranger who,
you suspected, would then
lock you in.

I was just reading an article
by an able and kindly psychia-
trist who for years has been su-
perintendent of a mental hospital.
It was complaining that the
young resident psychiatrists sent
him by his university often have
no practical training in the hand-
ling of mentally disturbed peo-
ple, and no natural gift for the
job. One evening one of these
new assistants who had been as-
ked to interview a new patient
came back to say that all that
had happened was that he had
gotten into a fist fight with the
patient.

The superintendent asked, "Did
you first explain to the man who
you were and why you wanted
him to answer questions?" "No,"
said the young doctor, "I guess
I didn't." "All right," said the
chief, "Come with me and I will
show you how easy it often is
to handle a hostile patient."

(Continued Friday)

Knife Poor Tool For Pruning Shrubs

Lexington, Ky. —(U.P.)—The
gardener who uses a butcher
knife to prune his shrubs is
probably doing just that—butch-
ering them.

So says Prof. N. R. Elliott of
the University of Kentucky ex-
tension service, who adds that
any kind of knife is a poor tool
for pruning shrubs. Instead, he
recommends a pair of sharp
pruning shears, to make clean,
smooth cuts. This should be
done immediately after the
shrubs have finished blooming.

Early-flowering shrubs such
as forsythia, spirea, jasmine and
japonica, should be pruned as
they complete their blooms. This
will keep them looking good for
12 to 20 years, while otherwise
they may have to be dug up and
replaced in half that time.

Here are Elliott's instructions
for proper pruning of shrubs:
With a pair of good pruning
snips, remove about one-fourth

to one-third of the old black or
dark brown canes by cutting
them two inches from the
ground. This will reduce the size
of the shrub, producing more
leaves on the lower stems and
better blooms, while at the same
time preserving the shape of
the shrub.

After pruning, dig the soil un-
der the spread of the branches
to a depth of two inches, then
scatter three or four handfuls of
high grade fertilizer on the area.

Quick, Minnie—
the TUMS!

Top-speed relief for
sour stomach, gas,
acid indigestion

Only 10c
a 40¢
FOR THE TUMMY

NOBODY CAME

Martinsburg, W. Va. —(U.P.)—
Armed Forces Day 1956 was
celebrated in an unusual way at
the headquarters of the Berke-
ley County Selective Service
board here. The board arranged
for an open house, but because
of the nature of its operations,
not a single visitor showed up.

HYPNOTISM

Has been successfully used in
muscular rheumatism, constipa-
tion, menstrual disturbances,
migraine headache, insomnia,
stuttering, etc. For information
regarding Hypnotism see

W. L. WHELDEN
336 S. Riverside, Medford, Ore.

Use Tribune Want Ads

RADIO PROGRAMS—THURSDAY

Table of radio programs for Thursday, listing stations and program titles.

RADIO PROGRAMS—FRIDAY

Table of radio programs for Friday, listing stations and program titles.

Large Family Has
Desirable Qualities

Philadelphia—U.P.—The large
family has many desirable
qualities, and there is evidence
that families are becoming bigger,
in spite of modern housing
conditions, scientists at the University
of Pennsylvania report.

Sociologist James H. S. Bossard
of the university's William
T. Carter Foundation said mem-
bers of large families are better
matrimonial risks, are better ad-
justed to community life and
can better adjust to changes in
status, role, responsibilities and
circumstances.

He said that today's children
grow up in small families, but
later go to large schools, work
in large factories and join a
large Navy or Army. A large
family is excellent training for
living in this "large" world, he
added.

An important factor of the
old-time family is conformity.
Bossard said. Cooperation is
more important than individual-
ism, and there is a united family
front against the one who gets
out of line. He said that families
that do things together stay to-
gether. They can be poor fam-
ilies or rich ones, with crises or
"flaten with success." Their
common possession is a deep
common spiritual value—that fam-
ily happiness is desirable and
worthy to be achieved.

A SOLUTION

Martinsburg, W. Va. —(U.P.)—
The Berkeley County Board of
Education has taken action it
hopes will put an end to the mis-
spelling of the county on new
school buses it purchases each
year. Faced with a re-painting
job annually because bus manu-
facturers become confused and
drop the final "a" in Berkeley,
the board voted recently to have
the names painted here after
the buses are delivered.

Stanford Center Formed
To Up Student Interest

Stanford, Calif. —(U.P.)—The
Northern California Citizenship
Clearing House, the 22nd such
center in the country, has been
established here at Stanford Uni-
versity to stimulate student in-
terest in political affairs.

The centers were set up as
non-partisan groups, with equal
weight being given to both ma-
jor parties. They are affiliated
with the Law Center of New
York University and are partly
financed by the Falk Founda-
tion, a non-profit organization
interested in citizenship and so-
cial sciences.

Strange As It Seems
by Elsie
Hix



ALBERT GROUND—
Fingerprint expert
SAVED AN ANCIENT MAN
AND CHASED THE DEATH
OF HIS MURDERERS
BY IDENTIFYING BLOODS
2,000,000 OTHERS
A SINGLE PRINT THAT HE
REMEMBERED HAVING
SEEN 14 MONTHS BEFORE
—1928—

CROSSWORD PUZZLE

Crossword puzzle grid with clues for Across and Down.



Advertisement for Nesbitt's California Orange Grocer.

Advertisement for Beverley's TV & Radio.

Advertisement for Wal's TV & Radio Service.

Advertisement for Tonight! Ford Theatre.

Comic strip panels with dialogue.