



Feeding the Family

By ZOLA VINCENT
Food Editor

Fresh Peach Dessert

Here we put fresh California peaches in a crisp caramel ring using frosted flaked-corn cereal. Easily made, very attractive dessert to serve six home folks or party-comers.

6 cups sugar frosted flaked corn cereal
1/2 cup brown sugar, firmly packed
1/3 cup melted butter
5 or 6 fresh peaches, sweetened

Crush flakes of corn. Mix with brown sugar and toss together with melted butter. Pack firmly into nine-inch ring mold. Allow to stand 2 hours to harden. Invert over serving plate. Loosen gently so caramel corn crisp remains together. Fill with sliced fresh peaches that have been sugared to prevent discoloration. Top each serving with ice cream or whipped cream if you like.

Apricot Honey Pudding

Both practical and pretty is this pudding with gold of freshly stewed fresh apricots and honey combined with spiced bread cubes for a hearty dessert to be served warm or cold, plain or with table cream or whipped cream.

1 quart toasted 1/2 inch bread cubes
1/4 teaspoon salt
1/4 teaspoon mace
1/2 teaspoon cinnamon
1/2 cup melted butter
1 1/2 cups drained apricots
3/4 cup honey
1/2 cup apricot juice
1 tablespoon lemon juice

Place toasted bread cubes in 1 1/2 quart baking dish. Combine salt, mace and cinnamon and sprinkle over toasted bread cubes. Pour melted butter over toasted bread cubes and spices. Remove half the buttered, spiced bread cubes from baking dish. Alternate two layers each of spiced bread cubes and apricots.

Summer Fur Less Warm

As for winter-summer change: the black bear's summer fur has only 52 per cent of the warmth of its winter's fur; while a muskrat's remained most constant, with a change of only 12 per cent.

When 100-pound porkers are kept at a temperature of 70 degrees Fahrenheit they gain the most weight on the least amount of food.

Cloud droplets can be so small that it takes 10,000,000 of them to make a single raindrop. The leaf surface of a 12-year-old apple tree is about 1/10th of an acre.

Good Idea to Thaw Frozen Chicken

Home cooks often ask whether chicken can go from freezer to frying pan or broiling rack, oven or stewing pot without thawing—and cook successfully.

Experts after considerable research, find that it's best to thaw frying, broiling, roasting chicken. Cut-up chicken for stewing however may go hard-frozen into the water. Take the chicken out of the freezer and put it in the refrigerator a day ahead to be sure it's safely thawed for cooking. Poultry should thaw in its original package. The skin of an uncovered bird becomes tough and dry when exposed to the air during thawing.

Ice Cream Every Day

Plentiful ice cream, America's favorite dessert at reasonable cost, is now consumed at the rate of nearly 600,000,000 pounds a year; cones in more than 200 different flavors using about 250,000,000 pounds of fruits and nuts. Packed with good nutrition, ice cream is an every day treat that adds infinite variety and appetite appeal to any meal.

A small serving is just right to put finishing touch on a heavy meal. Topped with nuts, coconut, fruit or sweet sauces, it builds a slim meal into something special. Topping suggestions include chocolate syrup, caramel syrup, honey... frozen, fresh or canned fruit... nuts, coconut, shaved semi-sweet or sweet chocolate, preserves.

Poultry, Pork, Vegetables Candidates for Shopping Lists

Poultry continues to top lists of plentiful with prices so reasonable that broiled and fried

chicken, barbecued chicken, stewed chicken with dumplings are likely to be family fare at least once a week. Turkeys too are very good buys. For several days of good eating, the 12 to 16 pound birds are unsurpassed. Roast in pan without a cover and add no water. Many are getting acquainted with three to six pound turkeys for frying, broiling. If you've home freezer space, now is a good time to put in a dozen broiler-fryers, maybe two turkeys. Put in a supply of bargain priced canned cranberry "jell" or whole cranberries.

Best pork buys are likely to be cuts from the loin, spareribs and bacon.

Freshly ground beef and cuts for stewing continue at bargain price levels.

When buying lamb for shish kebab or shashlik, many feel that best value is to be found in buying a leg of lamb, having it boned and cut in 1 1/2 inch squares by market man.

Vegetable bins are stacked high with good quality lettuce and practically everything you can think of for the making of salads. Try shredded raw beets, adding them at the last minute so color will not "run." Consider snowy white cauliflowerets, diced; and sliced celery. Use sliced, unpeeled cucumbers, grated or shredded carrots, shredded cabbage; green onions, tops and all, green peppers in slivers or thin rings. Tomatoes in wedges are best added after salad has been tossed. Thin slices of zucchini add pleasing texture and piquant flavor to green salads. Radishes and green onions are favored salad stand-bys.

For cooked vegetable variety, choose from beets, cabbage, carrots, cauliflower, celery, corn-on-the-cob, eggplant, mushrooms, onions, green peas, peppers, potatoes, spinach, squash.

Fruit displays offer berries in increasing variety: apricots, plums, nectarines, peaches increasing in supply right along. Seedless grapes and Cardinals have appeared at low cost.

Cantaloupes and watermelons are plentiful, reasonable in cost for breakfast as well as later-in-the-day enjoyment.

Eggs are an investment in good nutrition. Keep them in the breakfast menu every day.

Ice cream is plentiful and offers extraordinary nutrition at reasonable cost.

Other good buys are all dairy products, peanut butter, rice.

THAT'LL STOP 'EM

Chicago — (U.P.) — Albert B. Moss, 35, who charged his wife's parents with breaking up his marriage because he "was not wealthy enough" has now moved to improve his financial condition. He has sued the parents, Dr. and Mrs. Albert L. Lash, for \$750,000 on a charge they stole the affections of their daughter, Judith, 28, now estranged from Moss.

Squirrel, Trapped In Chimney, Freed

Longmeadow, Mass. — (U.P.) — A squirrel raised havoc in the home of John DeMeyer after having been trapped in the chimney for three days. The squirrel popped into the DeMeyer living room after it was decided to remove the damper. Covered with soot, the rodent dashed madly about, scattering objects and soot everywhere. At one point it tried to leap through a window. Then it leaped into the rear of the family television set. The DeMeyers removed the set to the front porch and finally succeeded in prodding the animal out.

Once loose, the squirrel avidly dashed for water to quench three days of thirst.

Dead line for Sunday Classifieds at noon Saturday

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LEGAL NOTICES

NOTICE
IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR THE COUNTY OF JACKSON PROBATE DEPARTMENT

In the Matter of the Estate of J. FRANK CARSON, Deceased

Notice is hereby given that the Final Account of Mattie G. Carson as Executrix of the above-named estate has been filed herein and that 9:30 o'clock a.m. on July 30, 1956, at the Courthouse in Medford, Oregon has been appointed for hearing objections to such Final Account and settlement thereof.

Dated and first published June 29, 1956.

Mattie G. Carson, Executrix
Van Dyke & Dellenbeck
Attorneys for Executrix

Back Stairs: Ike's Grandson Sees Horse

By DONALD J. GONZALES
United Press Correspondent
Gettysburg, Pa. — (U.P.) — Back stairs at the Eisenhower farm.

Eight-year-old David Eisenhower finally got to see his new riding horse, Sporty Miss, when he visited his granddad at the farm. The roan horse and one for the President, dubbed the Double-Do-Do, arrived at the farm about June 1. David didn't get up to the farm until last week, however, because of the President's illness.

His eyes bugged when he saw the horse, hand-tooled leather western saddle and bridle, trimmed with silver. But the boy didn't go too far on any wild west doings. This trip, he just visited the barn each day and let Sporty Miss nibble sugar out of his hand. David apparently decided against riding until his legs get a little longer.

The so-called Eisenhower draperies are starting to make an appearance in Gettysburg, but not on a grand scale yet. The drapery material outlines highlights of the President's and Mrs. Eisenhower's lives. Pictured are the first family's homes over the years at Abilene, Kan., Denver, White House and Gettysburg. Other pictures show West Point and Columbia University. Here and there are elephants, favorite flowers of the Eisenhowers, and shields with five stars for the President's day as supreme commander in Europe.

Of course, the Eisenhowers have some of the drapes at the farm. But the drapes are in only two other places in Gettysburg so far, in a private home and at a new eating house, the Lamp Post.

For the most part, Gettysburg people take the Eisenhower family pretty much as a matter of course. After all this town of 7,200 people have more than 800,000 visitors a year. More are coming to the famed battlefield area now that the President's farm offers an extra attraction. Some visitors however, have to scramble for accommodations when the President is here for a long time. For example, White House staff members, newsmen and photographers have 50 rooms in the 100-room Gettysburg Hotel. Maj. Gen. Howard M. C. Snyder, the President's physician, four U.S. Army Signal Corps personnel, an unknown number of Secret Service men and two White House chauffeurs have taken over quite a bit of motel space.

Twelve Western Union supervisory personnel and operators also have rooms in the hotel and motels. Nevertheless the battlefields had 11,216 visitors last week end, according to the National Park Service.

The local grass airport probably has the best crash protection of any airport of its size in the world when the President is here. It also has one of the smallest U.S. Air Force detachments—six men. Although the airport normally has only a handful of private planes, a 42,500-pound red USAF fire truck is parked beside the tiny hangar. The truck carries 1,000 gallons of water and all kinds of crash equipment. A yellow USAF truck with another 1,000 gallons of water also is standing by in case of trouble when any of the President's aides wing their way to see him at the farm about five miles away.

Is That So?

Did you know that... a red-head is red because she's loaded with something no one else has? It's trichosiderin—a pink pigment found only in bright red hair. It, supposedly, has nothing to do with temperament.

Raindrops fall from about 500 to 1,000 feet a minute.

In crawling through a "T" shaped maze, the lowly angle-

By EUGENE BURNS Ranger-Naturalist

In studying the insulation quality of the fur of nine Canadian animals—black bear, deer mouse, muskrat, hare, polar bear, red fox, red squirrel, wolf, and wolverine—it was found that the wolf's fur is best for its thickness. Least, the polar bear's.

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As though you didn't know it?

A mosquito is plumb full of sense—or senses, that is. Besides the customary organs of sight and smell, it has organs to detect radiant heat to let it know how near it is to warm-blooded prey; and it has moisture detecting and carbon dioxide detecting organs. The better to bite you, my dear! Speeds over 700 miles an hour are termed supersonic.

Caribou Skin Warm

Planning to go to the north-land this winter? Worried about what to wear—what'll be warmest for its weight? Then wear what the Eskimos wear, suggests Dr. William S. Laughlin, of the University of Wisconsin. In comparing the most scientific clothes with the Eskimo's, the anthropologist found that the Eskimo's caribou skin outer garments, when the hair is left on the hide are both lighter and warmer than anything the U. S. Army has been able to come up with.

The secret perhaps is in the caribou hair—it's hollow. This hollow hair traps air—and air is a good insulator.

As for the cumbersome bulky-looking boots (mukluks) and mittens, they are not as heavy as they look—in fact, the Eskimo's outer clothing weighs far less than the outer clothing designed by American military scientists.

Free: By special arrangement with the editors of the Encyclopedia Americana, my panel of judges will award each week to the reader who sends me the best true-life nature adventure, the best nature observation, or the best question on nature and wildlife, a complete 30-volume set of this world-famous reference work in a handsome Sealcraft binding. Each week new submissions will be considered. Sorry, I simply can't answer your many friendly letters. Please address your letter to: Is That So? care Medford Mail Tribune, Box 575, Sausalito, Calif.

ADVICE PAID OFF

Los Angeles—(U.P.)—Will (The Jockey) Herzog, 72, was arrested Thursday on a complaint he was operating as a tipster at a spot where racing fans wait for buses to Hollywood park race track. The vice squad officer who made the arrest obtained evidence by purchasing from Herzog information on three horses, for \$2.50. But two of the nags came in first with \$15.30 and \$7 payoffs, and Herzog claimed he is not a tipster but an investment counselor.



7-11-56
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