

STAR GAZER

By CLAY R. POLLAN
Your Daily Activity Guide
According to the Stars.

To develop message for Friday, read words corresponding to numbers of your Zodiac birth sign.

DATE	TAURUS	GEMINI	CANCER	LEO	VIRGO
APR. 22	1 Today's	2 Don't	3 The	4 Pick	5 Some
MAY 21	6 Some	7 Up	8 The	9 Site	10 Distant
JUNE 20	11 Adventure	12 Opportunity	13 Yourself	14 Q	15 Take
JULY 19	16 And	17 Get	18 People	19 You	20 Go
AUG 18	21 Good	22 Caught	23 Aggressive	24 May	25 Personal
SEPT 17	26 Out	27 Seal	28 Personal	29 Out	30 Seal
OCT 16	31 Good	32 Advise	33 Neutral		

The Medical Roundup

by *Walter Alvarez*
Emeritus Consultant in Medicine,
Mayo Clinic
Emeritus Professor of Medicine,
Mayo Foundation

Some Always Tired, Others Full of Energy

There are many persons in this world who are always tired and always having to push themselves. Many wake more tired in the morning than when they went to bed. By four in the afternoon they are so weary they wish they could go to bed. They go to a doctor or a clinic for a thorough examination and nothing really wrong is found. The other day I saw a thin, gray-haired woman of 65 who was a patient of mine 44 years ago. Her main complaint then was that she felt tired out, and today she still feels tired out. Through the years many physicians have made all sorts of diagnoses; they have given her many medicines, and they have taken out all of her spare abdominal organs, and still she has no energy.

In 1912, when I first saw her, I told her she had been born frail just like her thin sickly mother and her thin sickly grandmother. I admitted that I knew of no medicine or operation that would change a grey-haired woman into a young girl. All I could tell her was to get by with the little she had. This she did, and as a result, she has always been able to earn her living. If I were to say now that this constitutional frailness and tendency to fatigue was inherited and was my patient's share of

Oregon Projects Bill On President's Desk

Washington — (U.P.) — A compromise military construction bill went to the White House Tuesday for the president's signature after a Senate committee approved the measure. Included in the bill were appropriations for work at the Portland airbase, the Klamath Falls airport and the Umatilla Ordnance depot.

Total amount of the bill reached \$2,138,886,000 for military construction in this country and abroad. Oregon projects authorized were: Klamath Falls airport—Operational and training, maintenance, housing and community facilities, utilities and ground improvement and land acquisition, \$1,180,000. Umatilla Ordnance depot—Storage facilities, \$258,000. A total of \$13,508,000 was allotted for work in the greater Portland area, scheduled for use on items identical with the one appropriated for the Klamath Falls airport.

America's famed "Concord coach," built by New England Yankees in Concord, N.H., left its tracks on stage lines not only across the West, but as far away as Australia and South Africa in the mid-1800's.

We Think So Too!

110 N.E. "A" St.
Grants Pass, Ore.
July 1, 1956

KYJC Radio Station
Medford, Oregon
Dear Sirs:
Following your 8:30 a.m., five minute newscast this Sunday morning, on "Spinorama," you played a recording or transcription of Spanish music — it was very lovely. Would you be kind enough to let me know what it was and the name of the orchestra? It played for 15 minutes.

KYJC HAS THE LOVELIEST MUSICAL PROGRAMS OF ANY STATION IN SOUTHERN OREGON.

Enclosed please find a self-addressed stamped envelope. Thank you.

Mrs. Esther C. McClure

Music - News - Sports

PLUS
CBS and ABC
KYJC

inally fixed amount of "adaptation energy" which we inherited from our parents. "It is like a bank account each day make up, but into which we can never make new deposits." As Dr. Selye says, those of us who were born with an unusually large bank account each day make large withdrawals of energy, but we had better not do any stupid squandering of it.

A Rapid Heart Action

Many nervous persons are much disturbed because their heart tends at times to beat 120 times or more a minute. Sometimes it will beat at this rate for weeks. In such cases the patient is highly nervous and perhaps has many good reasons for being nervous. Often I find that he (or she) has some eccentric, alcoholic, epileptic, or highly neurotic relatives from whom he has inherited a set of over-irritable nerves. In these cases an electro cardiogram usually shows that the heart is perfectly normal; it is the nerves that are

speeding up the heart-beat. Some persons with a fast pulse keep wondering if their heart will wear out because it is going at such a rate. Actually, it does not wear out or run down. Patients do not die of the trouble. Sometimes a simple life and sedatives will help.

There is a type of rapid heart action in which suddenly the heart starts beating so fast its rate cannot be counted. Later, after minutes or hours, it will suddenly calm down. This is called paroxysmal tachycardia. It is a frightening and distressing disease but it rarely causes serious trouble. It is not always amenable to treatment, but a drug named quinidine may help.

Strange As It Seems

by Elsie Hix

A TINY MOTOR, NO LARGER THAN A MAN'S THUMB, WEIGHS ONLY 1/2 OUNCE BUT HAS A MAXIMUM SPEED OF 19,850 RPM. DESIGNED FOR USES IN AVIATION, IT CAN WITHSTAND HIGH-ALTITUDE FLYING IN TEMPERATURES DOWN TO -67°!

HART PEAGE DANKS PURCHASED A SHORT POEM FOR \$3 AND SET IT TO MUSIC TO EXPRESS UNDYING LOVE FOR HIS WIFE... THE SONG BECAME ONE OF THE BIGGEST SELLERS OF ALL TIME... YEARS LATER, ESTRANGED FROM HIS WIFE, DANKS DIED ALONE IN A CHEAP ROOMING HOUSE. A COPY OF HIS SONG "SILVER THREADS ALONG THE GOLD" IS IN HIS HAND!

BEVERLY'S TV & RADIO

Phone 2-9001
634 Crater Lake Ave.
Service Calls \$3.50
Open Sunday through Friday
My own shop 8 years near Portland—Repairing All Makes

TONIGHT! FORD theatre

a TV "Top Ten" favorite presents

A SMATTERING OF BLISS
starring BETTY GARRETT and LARRY PARKS

WALT'S TV & RADIO SERVICE

Oldest Shop in So. Oregon
409 E. Main Phone 2-2269
Day and Night Service, (Medford and Vicinity) \$3.50
Night Calls and Sundays
No calls Fri. Eve. or all day Sat.

NANNETTE--

OH, MR. SMITH!! YOU'RE JUST TOO WONDERFUL FOR WORDS

YEP-- ALL I GOT TO DO NOW IS BUY TH' ICE CREAM, JAWBUSTERS, FUN HATS, BARBER-POLE CANDY AN'--

I WAS GOING DOWN TO THE POST OFFICE TO PICK UP MY WEEKLY ALLOWANCE CHECK, TODAY, BUT THAT CAN WAIT UNTIL TOMORROW

WAAL--SO CAN TH' PARTY

BLONDIE

WAIT DAGWOOD-- I WANT YOU TO MAIL THIS LETTER FOR ME

I'LL PUT THE LETTER IN YOUR HATEBAND SO YOU WON'T FORGET

BLONDIE MUST THINK I'M AWFULLY ABSENT-MINDED

NOW WHO WOULD PUT THEIR HAT IN THE MAILBOX?

MUFF and JEFF

MUTT, THAT LIGHT BURNING ACROSS THE WAY KEEPS ME AWAKE AND COULD CAUSE AN ACCIDENT!

HOW CAN A LIGHT CAUSE AN ACCIDENT?

I'M NEAR-SIGHTED AND I ALMOST FELL OUT OF THE WINDOW!

Dr. Alvarez hopes his readers will understand that it would be impossible for him to answer requests for information or to attempt to diagnose by mail. (Released by The Register and Tribune Syndicate, 1956)

Happy Is The Day When Backache Goes Away

Nagging backache, headache, or muscular aches and pains may come on with over-exertion, emotional upset, or ordinary stress and strain. And folks who eat and drink unwisely sometimes suffer mild bladder irritation with that restless, uncomfortable feeling. If you are miserable and worn out because of these discomforts, Don's Pills often help by their pain relieving action, by their soothing effect to ease bladder irritation, and by their mild diuretic action through the kidneys—tending to increase the output of the 15 miles of kidney tubes. So if nagging backache makes you feel dragged-out, miserable, with red, sore, sleepless nights, don't wait! Try Don's Pills, get the same happy relief millions have enjoyed for over 60 years. Ask for Don's large, economy size and save money. Get Don's Pills today!

WIM Millions Always Carry TUMS!

TUMS relieve gas, heartburn, acid indigestion in record time. No water, no mixing—take any-where.

SELL ONLY 10¢

TUMS FOR THE TUMMY

CROSSWORD PUZZLE

Answer to Yesterday's Puzzle

ACROSS

- Provide food
- Race of lettuce
- Former Russian ruler
- High mountain
- Cosmetics case
- Wooden vessel
- Golf mound
- African antelope
- Inquire
- Female sheep
- College official
- Improperly
- Twisted
- Rocky hill

DOWN

- Lease
- West in
- Solled
- Legal
- Baker's product
- Structure
- King of birds
- Man's name
- Word of sorrow
- Recent gift
- Peace
- Meadow
- Great Lake
- Woody plant
- Pinbbs
- Stakes

1-Greek society (colloq.)
2-Comfort
3-Galleo
4-Liver in Wales
5-Striking wire rope
6-Afternoon
7-Profligate
8-Introductory
9-Introductory
10-Danger
11-Cries like cat
12-Fluffy
13-Chemical compound
14-Fish's nest
15-Man's nickname
16-Males
17-Familiar
18-Land measure
19-Suffix forming adjectives
20-Ereps
21-Capable of being held
22-Eggs
23-Expire
24-Smurt forth
25-Windlike
26-Enclined valley
27-Ventilates
28-Cut
29-Matures
30-Submerge
31-Ocean

RADIO PROGRAMS--THURSDAY

KVJC 1230 kc	KMED 1440 kc	KWIN 1400 kc
4:30-Club 1230	Fred Waring Songfest*	Fulton Lewis Jr.*
4:45-Music-Spits, Caravan*	Waring Songfest*	Hemingway News*
4:50-Frank Goss*	KMED Presents	Here's the Answer*
5:00-Edward P. Morgan*	Music With Sam	Sam Hayes News*
5:15-Tom Harmon**	Music With Sam	Bob and Ray*
5:30-Amos & Andy**	Regional Round Up	Bob & Ray*
5:45-Amos & Andy**	Man On The Go*	Bill Brundige Sports*
6:00-Edward R. Murrow**	KMED Sports Daily	Gabriel Heater*
6:15-Lowell Thomas**	Dine at 1440	Local News*
6:30-Bing Crosby**	Dine at 1440	Virgil Pinkley*
6:45-Johnny Doolittle**	Dine at 1440	Sam Hayes News*
7:00-Max Roby**	Morgan Beatty*	Official Detective*
7:15-Eddy Arnold Show**	One Man's Family*	Official Detective*
7:30-21st Precinct**	Crime Fighters*	Crime Fighters*
7:45-21st Precinct**	People Are Funny*	Record Session
8:00-Portland vs L.A.	The Goon Show*	Record Session
8:15-Portland vs L.A.	The Goo Show*	Air Force Concert*
8:30-Portland vs L.A.	Jane Pickens*	Air Force Concert*
8:45-Portland vs L.A.	Can Pickens Win*	News*
9:00-Portland vs L.A.	Can Freedom Win*	Fulton Lewis Jr.*
9:15-Portland vs L.A.	Bob and Ray*	Jack's Private Line
9:30-Portland vs L.A.	Wayne King Orch.	Jack's Private Line
9:45-Portland vs L.A.	Wayne King Orch.	Jack's Private Line
10:00-World News Beat	Richfield Reporter*	KWIN Karavan
10:15-Off the Record	Nightwatchman	KWIN Karavan
10:30-Off the Record	Nightwatchman	KWIN Karavan
10:45-Off the Record	Nightwatchman	KWIN Karavan
11:00-Sign Off	Sign Off	Music Till 1:00

RADIO PROGRAMS--FRIDAY

6:00-World News Roundup*	Bob Robert's Corral	Wakeup Ranch
6:15-Yawn Patrol	Bob Robert's Corral	Wakeup Ranch
6:30-Frank Goss*	Bob Robert's Corral	Wakeup Ranch
6:45-Harry Babbit**	First News	Wakeup Ranch
7:00-Coffee Concert	Farm News, Rogue Spts.	Hemingway News*
7:15-Martin Agronsky*	Rogue Valley Beeper	Breakfast Gang*
7:30-Tom Macklin** Sports	News Commentary	Regional News
7:45-Howard Miller Show**	Weather & 7:30 News	Best Buys
8:00-Frisk & Frolic	World News Roundup*	Chief Inle News*
8:15-Breakfast Club*	Keynote Swap & Sell	Green
8:30-Breakfast Club*	Vern's Choice Music	Bible Institute*
8:45-Breakfast Club*	Vern's Choice Music	Bible Institute*
9:00-Coke Time	Friendship Circle	News* Coffee Date
9:15-Big Y & Washfield	Friendship Circle	Coffee Date
9:30-Helen Trent**	Weekday*	Voice of Deliverance
9:45-News & Bulletins	Weekday*	City Editor
10:00-Nancy Your Neighbor	Weekday*	Newspaper of the Air*
10:15-Big Y Opening	Weekday*	Telo-Test*
10:30-Pat Butcher Show**	Weekday*	Home Show
11:00-Trading Post	Doctor's Wife*	News Music
11:15-Aunt Jenny**	Symptoms of Our Times	Queen For A Day*
11:30-Houseparty**	Merchants Jackpot	Queen For A Day*
11:45-Houseparty**	Merchants Jackpot	Queen For A Day*
12:00-Paul Harvey*	Lunchtime News	Noontime News
12:15-Big Y Opening	Weather, Livestock Rpt.	Western Roundup Time
12:30-Rogue Val. Reporters	Local News, Sports	Western Roundup Time
12:45-Weather, Lost Pets	Top Tune, Kashaob	Western Roundup Time
1:00-Big Y Opening	Woman in My House*	Western Roundup Time
1:15-Wispering Streets*	Children in Trouble*	Western Roundup Time
1:30-Ruth Ashton Weather*	Weekday*	Carnation Milk Time
1:45-Big Y Opening	Weekday*	Western Roundup Time
2:00-My True Story*	Weekday*	Western Roundup Time
2:15-My True Story*	Weekday*	Western Roundup Time
2:30-Arthur Godfrey**	Westside Party	Storytime*
2:45-Arthur Godfrey**	Westside Party	Storytime*
3:00-Arthur Godfrey**	Westside Party	Meet Shakespeare
3:15-Arthur Godfrey**	Westside Party	Meet Shakespeare
3:30-Arthur Godfrey**	Westside Party	Behind The Story*
3:45-Arthur Godfrey**	Westside Party	Telo-Test*
4:00-Club 1230	Waring Songfest* <th>Fulton Lewis Jr.*</th>	Fulton Lewis Jr.*
4:15-Music-Spits, Caravan* <th>Waring Songfest* <th>Hemingway* </th></th>	Waring Songfest* <th>Hemingway* </th>	Hemingway*
4:30-Big Y Opening <th>Music With Sam <th>Here's the Answer* </th></th>	Music With Sam <th>Here's the Answer* </th>	Here's the Answer*
4:45-Frank Goss* <th>Music With Sam <th>Sam Hayes News* </th></th>	Music With Sam <th>Sam Hayes News* </th>	Sam Hayes News*
5:00-Edward P. Morgan* <th>Music With Sam <th>Bob and Ray* </th></th>	Music With Sam <th>Bob and Ray* </th>	Bob and Ray*
5:15-Tom Harmon** <th>Regional Round Up <th>Bob and Ray* </th></th>	Regional Round Up <th>Bob and Ray* </th>	Bob and Ray*
5:30-Amos & Andy** <th>Man On The Go* <th>Bill Brundige Sports* </th></th>	Man On The Go* <th>Bill Brundige Sports* </th>	Bill Brundige Sports*
5:45-Amos & Andy** <th>Man On The Go* <th>Bill Brundige Sports* </th></th>	Man On The Go* <th>Bill Brundige Sports* </th>	Bill Brundige Sports*
6:00-Edward R. Murrow** <th>Cavalcade of Sports* <th>Gabriel Heater* </th></th>	Cavalcade of Sports* <th>Gabriel Heater* </th>	Gabriel Heater*
6:15-Lowell Thomas** <th>Sports Daily <th>Local News* </th></th>	Sports Daily <th>Local News* </th>	Local News*
6:30-Bing Crosby** <th>Music In March Time <th>Virgil Pinkley* </th></th>	Music In March Time <th>Virgil Pinkley* </th>	Virgil Pinkley*
6:45-Johnny Doolittle** <th>Morgan Beatty* <th>Sam Hayes News* </th></th>	Morgan Beatty* <th>Sam Hayes News* </th>	Sam Hayes News*
7:00-Max Roby** <th>One Man's Family* <th>Counterspy* </th></th>	One Man's Family* <th>Counterspy* </th>	Counterspy*
7:15-Eddy Arnold Show** <th>Nat'l Radio Fan Club* <th>City Editor* </th></th>	Nat'l Radio Fan Club* <th>City Editor* </th>	City Editor*
7:30-Columbia Workshop** <th>Nat'l Radio Fan Club* <th>City Editor* </th></th>	Nat'l Radio Fan Club* <th>City Editor* </th>	City Editor*
7:45-Portland vs San Diego <th>Nat'l Radio Fan Club* <th>Record Session </th></th>	Nat'l Radio Fan Club* <th>Record Session </th>	Record Session
8:00-Portland vs San Diego <th>Nat'l Radio Fan Club* <th>Double Date* </th></th>	Nat'l Radio Fan Club* <th>Double Date* </th>	Double Date*
8:15-Portland vs San Diego <th>Nat'l Radio Fan Club* <th>Double Date* </th></th>	Nat'l Radio Fan Club* <th>Double Date* </th>	Double Date*
8:30-Portland vs San Diego <th>Nat'l Radio Fan Club* <th>Double Date* </th></th>	Nat'l Radio Fan Club* <th>Double Date* </th>	Double Date*
8:45-Portland vs San Diego <th>Nat'l Radio Fan Club* <th>Double Date* </th></th>	Nat'l Radio Fan Club* <th>Double Date* </th>	Double Date*
9:00-Portland vs San Diego <th>Ground Observer Pgm.</th> <th>News* </th>	Ground Observer Pgm.	News*
9:15-Portland vs San Diego <th>Ground Observer Pgm.</th> <th>Fulton Lewis Jr.* </th>	Ground Observer Pgm.	Fulton Lewis Jr.*
9:30-Portland vs San Diego <th>Proudly We Hail <th>Jack's Private Line </th></th>	Proudly We Hail <th>Jack's Private Line </th>	Jack's Private Line
9:45-Portland vs San Diego <th>Proudly We Hail <th>Jack's Private Line </th></th>	Proudly We Hail <th>Jack's Private Line </th>	Jack's Private Line
10:00-World News Beat <th>Richfield Reporter* <th>KWIN Karavan </th></th>	Richfield Reporter* <th>KWIN Karavan </th>	KWIN Karavan
10:15-Off the Record <th>Nightwatchman <th>KWIN Karavan </th></th>	Nightwatchman <th>KWIN Karavan </th>	KWIN Karavan
10:30-Off the Record <th>Nightwatchman <th>KWIN Karavan </th></th>	Nightwatchman <th>KWIN Karavan </th>	KWIN Karavan
10:45-Music and News <th>Nightwatchman <th>KWIN Karavan </th></th>	Nightwatchman <th>KWIN Karavan </th>	KWIN Karavan
11:00-Sign Off <th>Sign Off <th>Music Till 1:00 </th></th>	Sign Off <th>Music Till 1:00 </th>	Music Till 1:00

(All CBS programs at same time daily unless otherwise indicated)
A.M.—5:45 Sign on Music throughout day except for following programs:
10:15-10:15 KBOY Bargains; 11:15-11:15 Sunday only; First Baptist service.
P.M.—12:15-12:15 KBOY ranch; 12:15-12:30 (Sunday only) KBOY ranch;
7:45 Sign Off.

TV PROGRAMS--KBES (Channel 5)

THURSDAY	6:00-Cavalcade of Sports
4:00-Treasure Travels	6:45-Dr. Hudson's Secret Journal
5:00-Bin Tin Tin	7:15-Health's Medical History
5:30-Orca! Panorama	7:20-Hollywood Album
6:30-Turning Point	8:00-Man Called X
7:00-The Best of Groucho	8:30-Highway Patrol
7:30-Music Time	9:00-Undercurrent
7:45-Talent Time	9:30-Mayor Of The Town
8:00-Celebrity Playhouse	10:30-Premier Theatre
8:30-Ford Theater	11:30-News & Sign-Off
9:00-On The Trail	
9:30-Treasure Travels	
10:00-1 Led 3 Lives	
10:30-Susie	
11:00-News & Sign Off	
FRIDAY	6:00-Cavalcade of Sports
10:50-Devotions	6:45-Dr. Hudson's Secret Journal
11:00-NBC Matinee	7:15-Health's Medical History
12:00-Garden Farm & Home	7:20-Hollywood Album
12:15-Secret Storm	8:00-Man Called X
12:30-Edge of Night	8:30-Highway Patrol
1:00-Comedy Time	9:00-Undercurrent
1:30-Ernie Kovacs Show	9:30-Mayor Of The Town
2:00-Val Range Camera	10:30-Premier Theatre
2:30-The Way	11:30-News & Sign-Off
3:00-Feminine Fancies	
3:30-Uncle Bud	
4:00-Treasure Travels	
4:30-Wild Bill Hickok	
5:00-Industry On Parade	
5:45-News	
5:55-Weather	

Douglas Fir Lumber Production Falls Off

Portland—(U.P.)—Lumber production and orders in the Douglas fir industry fell off during the first half of this year to a point lower than any since 1954 the West Coast Lumbermen's association said today.

During the first six months of 1956, production totaled 4,638,126,000 board feet, 97 per cent of the 1951-55 average.

Orders stood at 4,666,157,000 board feet, about 500,000,000 below the previous two comparable years.

Crews Clear Damage Left by Train Wreck

Tomah, Wis. — (U.P.) — Work crews today cleared the path left by a Milwaukee Road freight train which derailed at an estimated speed of 60 miles an hour here Tuesday afternoon.

Sixty-one cars of the 128-car freight jammed the track at a main street crossing. One car jammed into the freight house and knocked it off its foundation.

No one was injured. The railroad estimated damage at \$400,000.