

Too Much Sun on Skin Makes One Look Old, Dermatologist Asserts

Honolulu, T. H.—(U.P.)—The thought of a travel poster tan may lure you to this island paradise, but one of the nation's leading skin specialists says Hawaii's special brand of sunshine can make you look older than your years.

Dr. John H. Lamb of Okla-

homa City was one of 300 skin doctors who attended the eighth annual meeting of the Pacific Dermatological Association here. "Sun ages the skin," the tall, graying dermatologist said in an interview. "Too much of it over long periods of time destroys the elastic fibers, or connective tissues, in the skin and they become degenerated."

"These fibers are like rubber bands. They hold the skin tight. So if you overdo it, even with a tan, the rays get down into the connective tissues."

Avoid Noon-day Sun
He warned that the sun "causes wrinkled skin and makes a 40-year-old woman look like she's 80."

Dr. Lamb explained that sun rays in Hawaii are about the same as anywhere else in the United States. But he added that the big difference is that their reflection from the ocean greatly increases their intensity and burning power.

"Moderate sun and bathing is healthful," Dr. Lamb said. "It is a wonderful feeling on your body. It has a tonic effect, and it helps form Vitamin C."

However, the doctor cautioned sunbathers to "stay out of the intensity of the sun."

"Go out in the early morning or late afternoon," he added. "The noon-day sun hurts you because the rays come straight down."

The Oklahoma doctor shook his head as he looked out of his Waikiki hotel room window at noon and saw the beach lined with sunbathers.

Dr. Lamb said if you must go out in the midday sun, smear your body with some type of sunburn cream "that will knock out the sunburn rays." For ethical reasons he couldn't suggest any special brand names, but he said to look on the label of the bottle or jar for these protective chemicals: paramino benzonic acid or menthol anthranolite.

Looking older than your years and suffering a painful burn aren't the only dangers of overdoing sun bathing. Skin cancer is another big threat. Dr. Lamb theorized that island sun is probably responsible for giving Hawaii one of the highest skin cancer rates in the United States.

Dr. Lamb said there are as many skin cancers in Hawaii as in Dallas, Tex., which is the heart of the cancer belt. The skin specialist added:

"There is no doubt in our minds that heat—infra-red rays—has a lot to do with causing cancer."

Michigan's highway department ferry system at the straits between the state's two peninsulas transports more than 2,000,000 passengers and more than 900,000 cars, trucks and buses annually.

Democrats To Get Fresh Farm Odor

Chicago (U.P.)—Democrats will nominate their presidential candidate this year, as in 1952, just over the corral fence from the world's largest livestock yards.

But the sprawling square miles of livestock pens will contribute only a "good, fresh farm odor" to the atmosphere, stockyards people said, and if there's a smell within huge International Amphitheater it will come from burning political issues.

"There's nothing here but a good, fresh farm odor within the yards," William Wood Prince, president of Chicago Stock Yards, said.

Any lingering fragrance of the cattle, hog and sheep pens is removed by air conditioning in the amphitheatre, officials pointed out. The air is sweetened by a special wintergreen chemical which is fed into the ventilating system.

One worker in the vicinity said, however, that an unpleasant odor hangs over the area "if there's a rainy day, a heavy mist and a southwest wind" blowing from rendering plants west and southwest of the livestock yards.

"Then we just have to pray that the wind changes direction," he said.

To keep livestock odors to a minimum, the stockyards company keeps about 50 men busy constantly with more than \$250,000 worth of power sweepers,

Speakers' Directory Planned at Library To Aid Organizations

To assist local organizations and groups with program planning, the Medford Public Library has begun compilation of a speakers' directory as part of its service, according to Librarian Helen Webster.

The project, a continuing one, will make an extensive listing of local speakers available to program chairmen and other representatives in the area.

"We hope the speakers' file will make it possible for organizations to plan interesting and worthwhile programs more easily," she said.

Data Included
The file will include such data as the speaker's subject, whether or not a fee is charged, and whether audio-visual or other equipment is used to supplement the talk. Included in the file will be representatives from business and professional groups, social groups, agriculture, industry, merchandising, schools, churches, federal, state, county

motorized scoops, loaders, dump-trucks and tractor-drawn trailers.

and city agencies, as well as community service and other groups.

The librarian emphasized that the library assumes no responsibility for topics selected or for bookings of the speakers. Actual scheduling and all arrangements will be made by the specific group presenting the program.

Those who wish to be included in the speakers' directory, or who have suggestions regarding speakers who might be interested, should telephone the Medford Public Library at 2-2000.

Mrs. Joyce Fuller, assistant librarian, is in charge of the compilation.

ATTENDANCE RECORDS
Marengo, Ia. — (U.P.) — Adult school classes were started here 18 years ago for 10 weeks each fall starting in mid-September, and Mrs. Oscar Mysel has not missed a class. But she is pushed hard for the perfect attendance record. Ferne Halverson has had a perfect attendance for 17 years, Bernice Gilmore for 15, Oscar Mysel and George V. Fiser for 14, Merwyn Betz and Mrs. H. A. Willenbrock for 11 and Mrs. G. G. Bellamy for 10.

JAIL RAMP-AGE
Beckley, W. Va.—(U.P.)—Ramps, a form of wild onion with an especially penetrating odor, created a rampage in the Raleigh County Jail here. A visitor left some with an inmate, who devoured them with great gusto, despite moans from other prisoners. Said an official of the jail, "I guess there's no better place to eat ramps than in jail."

Detroit's Willow Run Airport, only major airport in the country operated without tax support, is owned by the University of Michigan.

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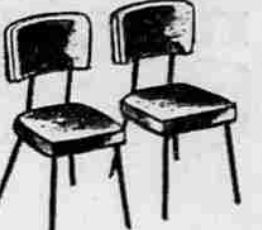
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