

**Housewives Urged
'To Know Your Meat'**
Champaign, Ill. — (U.P.) — "Know your meat" is as useful a slogan to the housewife as "know thyself" is to the philosopher, the University of Illinois says.

Pork isn't graded, but beef is. Geraldine Acker, food specialist at the University, offers this quick rundown grades: prime, choice, good, commercial and utility, with prime the top grade.

Prime beef, she said, is well marbled with fat which makes it tender and juicy. Each descending grade has less fat, and normally is less tender.

But many homemakers object to too much fat in the prime, and prefer choice and good grades, she said.

Don't, Miss Acker warned, confuse inspection stamps with grade stamps.

**State Organizer
To Visit Juniors**

Mrs. Clara Gertson, Portland, state organizer of the Junior Degree of Honor, will visit Medford Saturday, June 9. She will attend a meeting of the Medford club to be held in Lincoln gymnasium from 10 a. m. to 12 noon and conduct the annual inspection.

Members may take guests, according to the director, Mrs. H. G. Wilson, and refreshments will be served.

Smart Separates!



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12-20

by Marian Martin

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RECEIVING NATIONAL RECOGNITION as "teacher of the year," Miss Rose Glass (left), 75, Des Moines, gets rose corsage from her San Marino, Cal., hostess, Miss Alice Reiterman, before ceremony. (International Soundphoto)

**Heart Experts Observe
Milestone in Treatment**

New York — (U.P.) — A dedicated group of heart experts at Valhalla is preparing for a birthday celebration to mark a milestone in the team approach to combating heart disease.

The Cardio-Respiratory Center at Grasslands, the Westchester County Hospital, will be one year old in July, and certain "birthday presents" for heart sufferers are assured.

Already, the center has served scores of patients who couldn't be treated at Grasslands before it was established. At the same time, doctors working in or cooperating with the center have made substantial progress in research. Most important of all, the center has shown that doctors, county officials and residents of the community can team up for the good of all in the fight against this killer disease.

Until last year, Grasslands had a limited cardiac clinic. Because it lacked laboratory equipment and sufficient personnel, the clinic had to send elsewhere complicated heart cases, especially those that might require surgery.

Expansion Studied
Dr. Herman Tarnower of Scarsdale, N.Y., head of the clinic, pondered how to expand it to provide all essential services for heart treatment. As one of the founders of the Westchester Heart Association, Dr. Tarnower turned to that group for help. He proposed that the group finance the expensive and complicated equipment needed for a heart laboratory.

The association spent \$30,000 for equipment, mainly a specially designed diagnostic machine. In addition, it provided funds to pay the salary of a full-time director for the center. That job went to a zealous young Yale alumnus, Dr. Henry Williams.

Then Dr. Edwin Harmon, director of Grasslands, obtained official permission to provide space and facilities for the center.

Still needed were the invaluable assistance of volunteer workers and the participation of private physicians in the area. Mrs. Yetta Sluis of Larchmont, N.Y., a veteran of 10 years as a volunteer worker at Grasslands, helped Dr. Tarnower organize an effective corps of volunteers to handle the office work and other chores that could be intolerably costly.

Doctors from as far as 50 miles

away were quick to join the team. They make their basic contribution through the weekly heart conferences that typify the teamwork approach at Grasslands.

Conference Room Jammed
On a recent Friday afternoon about 80 doctors, nurses, technicians and volunteer workers jammed the conference room for a session conducted by Tarnower, with the assistance of Dr. Williams and Dr. Maxwell Chamberlain, a surgeon.

Before the group were several interesting cases. One was a seven-year-old girl who had suffered from heart trouble since she was six months old. Another was a housewife in her 20's whose doctor needed the testing facilities at the center to determine whether she had a suspected serious heart disorder (she didn't). Still another, was a middle-aged working man who had undergone heart surgery once and might have to again (he will).

The assembly studied X-rays and cardiographs of each patient, after which Dr. Tarnower, as moderator, recited the medical facts. Dr. Williams, familiar with each case, added his observations and Dr. Chamberlain provided the surgeon's point of view. Then each patient was brought in to answer questions from the audience.

Patient Discussed
After each mass interview the patient was excused, and the group opened a free-wheeling discussion of each case. Various points of view were advanced, questions asked, opinions debated. When the group had completed its discussion, the patient's case had been given a thorough study.

Through more than two hours, the audience sat attentively in a crowded room, eager and interested as ambitious new students. When it was over, doctors broke up into small groups for further discussion of the cases examined, seemingly reluctant to break off their study of the fascinating and deadly problems facing heart experts.

That intense dedication has spread. For one example, a famous surgeon in the Midwest volunteered to come east without charge to perform a new kind of heart surgery. His demonstration and teaching will enable surgeons at Grasslands to perform the operation themselves now.

Experiences have shown it will take teamwork to conquer heart disease. The record at Grasslands indicates this one group is a fine example of how to achieve that teamwork.

**30 Measles Cases
Reported Last Week**

Medford and Talent each reported 11 cases of measles during the week ending June 2. Dr. A. Erin Merkel, public health physician, has reported.

Phoenix reported six cases of measles for the week and Jacksonville and Prospect reported one each.

Other communicable diseases for the week were scarlet fever, Eagle Point; 6; mumps, Medford 1; Talent 1; infectious hepatitis, Medford 1; strep throat, Ashland 1, Medford 1; pink eye, Shady Cove 1; impetigo, Ashland 1; infectious mononucleosis, Medford 1; trench mouth, Trail 3; pneumonia, Ashland 1, Phoenix 1; chicken pox, Medford 5, Rogue River 1.

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**Sailors on USS Tarawa Scamper
For Better Look at Kim Novak**

New York — (U.P.) — A green-eyed blonde leaped over in a low-cut black silk dress on the sun deck of the liner United States today and the sailors of the USS Tarawa swarmed up the rigging for a better look.

The blonde, Miss Kim Novak of the movies, thought it was fun. So did the 2500 men who whistled a greeting as they clambered up the superstructure of the incoming aircraft carrier, docking almost simultaneously at an adjoining pier. So did the photographers, who asked Miss Novak to lean over in the first place.

The actress lists her measurements as 37-23-37 1/2, in descending order.

Miss Novak told newsmen she wasn't engaged to Italian Count Mario Vandini or anyone else. But "I think he's diving," she said, and "it's fun hearing" rumors of her engagement because "it sounds

as though I were a woman of the world."

Miss Novak said she positively is not engaged, however.

"I intend going around many places and seeing many people before I settle down. I've never been engaged yet, but when I do—wow!"

**Spectacular Cleaner
Made in Louisiana**

New Orleans — A new spectacle cleaner "promises to banish streaking and smudging forever," according to its maker. The cleaner, called "Lens-Wick" uses a new chemical compound which is said to make glass surfaces free from moisture and thus lower the number of dust particles on the glass surface. The material comes in a container that looks like a pocket inhalant tube, and is supposed to be colorless, odorless and stainless.

**Chest X-Ray Clinic
Open Wednesday**

The chest x-ray clinic at the Sacred Heart hospital will be open Wednesday, June 6, from 7 p. m. to 9 p. m., according to the Jackson County Public Health association, operators of the clinic.

Evening hours are maintained for the convenience of working people and those unable to have x-rays Thursday afternoon.

Dr. E. A. Merkel, county health officer, pointed out that the films will be read for tuberculosis, lung cancer and many other chest diseases. The clinic assists in locating an estimated 100 unknown tuberculosis cases, Merkel said.

The clinic is open Thursdays from 2 to 5 p. m. in addition to one evening a month. A small charge is made to cover costs.

CABINET REORGANIZED
Santiago, Chile — (U.P.) — President Carlos Ibanez Monday completed the reorganization of his cabinet. He named industrialist Jorge Aravena as minister of agriculture, and Dr. Alberto Araya Lampe as health minister.

'MILK PIPELINE'
Innsbruck, Austria — (U.P.) — Austria's first "milk pipeline," has begun operations. The 1.8-mile-long underground pipeline runs from high-up pastures down to the valley and carries about 1,000 quarts a day.

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