

Feeding the Family

By ZOLA VINCENT
Food Editor

Frozen Pineapple Crunch, Party Dessert
This refrigerator dessert, frozen pineapple crunch, is perfect for parties; fine for the family, too. You'll like the pleasant blend of flavors of caramel-crumble topping and juicy pineapple using the crushed and drained canned pineapple. This is best when made the day before which will make it a favorite for smart planners-ahead.

2 egg yolks
1/3 cup sugar
2 tablespoons lemon juice
1 cup drained crushed pineapple (14 ounce can)
2 egg whites, stiffly beaten
1/2 cup heavy cream, whipped

Beat egg yolks in top part of double boiler until thick and lemon colored. Beat in sugar and lemon juice and cook over hot water, stirring frequently, until thickened (about 10 minutes). Fold in drained crushed pineapple, stiffly beaten egg whites and whipped cream. Turn into one-quart refrigerator tray; cover with crumpled paper (recipe below). Freeze overnight. Served with additional whipped cream if you like. Eight servings.

Crunch Topping. Mix together in a skillet, two tablespoons butter or margarine, one-fourth cup brown sugar, two cups cornflakes, one-half cup chopped nuts; heat, stirring, until butter and sugar caramelized slightly. Top pineapple mixture; proceed as above.

Wilted Cabbage
Wilted lettuce has long been a western favorite. Ever try wilted cabbage? It is very good. Shred one medium size head of cabbage. Fry six slices bacon until crisp; drain and crumble. Combine green onions, two tablespoons of bacon drippings, two eggs, slightly beaten, one cup light cream or half and half and one-fourth cup lemon juice in saucepan. Heat, stirring constantly until mixture thickens. Season with one teaspoon each of sugar, salt and pepper. Pour over cabbage and toss well. Sprinkle with bacon and serve immediately. Six servings.

Fresh Dates. Those cellophane-wrapped fresh California dates will keep almost indefinitely if refrigerated. Take advantage of the special sales and keep some handy for nibbling and for adding to puddings, cookies and salads.

Breakfast Crumb Cake
The increasingly popular mid-morning or late-evening "coffee" when good neighbors get together. Eight servings, so there may be enough left over for the children's lunch or to reheat next morning.

2 cups sifted flour
1 teaspoon salt
1/4 teaspoon soda
2 1/2 teaspoons baking powder
1/3 cup sugar
1/3 cup butter
1 egg
2/3 cup buttermilk

Mix and sift together first five ingredients. Cut in butter with two knives or rub in with finger tips. Add egg to buttermilk. Beat slightly. Add to dry ingredients and mix in quickly. Spread in nine-inch square buttered cake pan. Cover with Crumb Topping. Bake in hot oven, 400 degrees, 20 to 25 minutes.

Crumb Topping. Mix one-half cup brown sugar, two tablespoons flour, 1/4 teaspoon cinnamon. Cut in two tablespoons butter with knives or rub with fingertips. If you like adding a few raisins or chopped nuts, go right ahead.

The Salad Bowl
Plentiful vegetables in great variety and color tones add interest to western salad bowls in ways like these:
Beets. Shredded raw beets add color to any green salad. Sprinkle over, after tossing the salad and just before serving to keep color from spreading.
Broccoli. Broccoli florets, cut fine, add good flavor and unusual crunchiness to salad.
Cabbage. Both green and red cabbage, shredded, are attractive, flavorful in green salads.
Carrots. Shred, chop or grind carrots to add sunshine to any salad. Celery and green pepper are flavor accents for carrots.
Cauliflower. Add a few snowy white bits of raw cauliflower to a tossed salad for contrast.
Celery. Green or white celery goes with everything. Use lots of it including some of the finely cut leaves.

Chicken on Every Table:
Markets Feature Broilers, Fryers
There's a big push on broilers and fryers. A bonanza of good eating at low cost because poultry production is almost 50 per cent higher than a year ago. The family can really have their fill of fried chicken without any damage to the budget. While you're about it, why not fry a double half of chicken; put aside half of it for enjoying cold a day or two later. Cold fried chicken with bread and butter sandwiches goes a long way toward making a fine meal whether served at home or carried to school or to work.
Fresh or frozen, whether pur-

chased whole or in spare parts, these plentiful birds can be broiled, fried, baked, barbecued. Hen 'fruit' now commonly known as eggs, continue plentiful with prices showing a slight trend upward. Reasonably priced bacon along with a couple of eggs will send Father to work and growing children to school far better fortified to fight the daily battles.

Meat prices continue low for economy cuts; reasonable for steaks, chops and roasts. Beef bargains are found in freshly ground beef for the making of hamburgers, meat loaves, Swedish meat balls, spaghetti with meat and other good things. Cuts for pot roasting are many and low in cost; practically make a meal when potatoes, carrots and onions are added during the last 30 minutes of long slow cooking. Short ribs are a bargain; very good cooked 1 1/2 to two hours in a barbecue sauce, either on very low heat or in a moderate oven. Lamb is plentiful. Consider lamb shoulder, lamb shanks, lamb patties or lamb curry.

Fish variety is good with special emphasis on new season sea bass, rockfish, halibut, trout and shrimp. If fresh shad is available in your market, have fishman bone it for you and prepare for fish treat of the season. Plenty of lemons on hand, of course.

Vegetable and fruit supplies are about the same. More asparagus coming in. More new potatoes in both red and white skins. Asparagus and new potatoes are perfect for serving with those plentiful fryers and broilers. Snowy white cauliflower looks good. Cabbage, carrots, yellow onions of medium size, lettuce, small artichokes and cucumbers make menu planning easy. Fruit buys are apples, bananas, dates, grapefruit, oranges and pineapples.

Small Platform Could Be Airport of Future

New York—(U.P.)—A steel platform a few hundred yards square that can be located near the heart of a city could well become the airport of the future. Steelways, official publication of American Iron and Steel Institute, said that most of the scientific developments which point toward this change are centered in the military services, but the day of their civilian application is approaching.

The publication said that the aircraft industry, its engineers and designers, can foresee the day when the long trip to the airport will become passe as giant airliners may be landing and taking off only a few minutes from one's home or office. Such planes as the Navy's "Pogo Stick," which lands and takes off vertically, have been successfully test-flown, and the true convertiplane, which changes from a helicopter to a conventional aircraft at will, is now at hand. Jet engines are being designed which provide a reverse jet blast on landing, just as propellers on today's transports reverse themselves to provide braking action. Steelways said these revolutionary changes also will benefit residents of small cities and towns which cannot afford the millions of dollars required to build the huge runway and terminal facilities needed by today's airliners.

Youngster Finds Grandparents Galore

Galveston, Tex.—(U.P.)—Cheryl Jean Carnes doesn't lack for the doting attention of grandparents. She has 11.
Cheryl Jean, three-months-old daughter of Mr. and Mrs. Jerry Carnes, was the center of attraction here recently at a five-generations gathering.
Present were grandmother Mrs. Anita Bynum, Galveston; great-grandmother Mrs. Bola Lonsford, Overton, Tex., and great-great-grandmother, Mrs. Margaret Duncan, 80.
Other grandparents include Mrs. Carnes' father, J. A. Bynum and his parents, Mr. and Mrs. J. E. Bynum, all of Dallas; Carnes' parents, Mr. and Mrs. F. W. Carnes of Galveston and F. W. Carnes' parents, Mr. and Mrs. Charles Carnes of Bradford, Ark. Mrs. F. W. Carnes' mother, Mrs. Vennie Powell, lives at Hope, Ark.

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Two Great Lakes Freighters Collide

Angonac, Mich.—(U.P.)—Two giant Great Lakes freighters collided head-on in the St. Clair river Thursday, sinking one and disabling the other.

Coast Guard officials could give no explanation for the crash which sunk the heavily-laden 504-foot carrier A. M. Byers to its main deck in 17 minutes. The 406-foot cement boat E. M. Ford was knocked out of commission and tied up at nearby Russell Island.

The crash happened in river flats off Harsen's Island about 30 miles northeast of Detroit. The sunken freighter blocked traffic on the river that links Lake Huron on the north with Lake St. Clair. The river is the boundary between St. Clair County, Mich., and the Canadian province of Ontario.

A lookout on the 6,000 ton up-bound Ford was the only casualty. Mike Wentz was hospitalized in nearby Mt. Clements, Mich., with head, back and chest injuries. The 30-man crew of the Byers was transferred safely in lifeboats to the Ford.

Kefauver Points To Stronger Campaign

Los Angeles—(U.P.)—Sen. Estes Kefauver arrived today in the final phase of his current California tour.

The senator stepped off a plane in the pre-dawn hours from a quick trip to San Diego in his campaign for California's 68 votes in the June primary.

Kefauver, showing no signs of fatigue from his cross-country tour said his California campaign was "rolling stronger every day." He brushed aside reporters' questions on his recent setback in the New Jersey primary.

He reiterated his determination that, so far as he was concerned, President Eisenhower's health would not be made a political issue. Asked about the designation of "part-time President" being used in some political circles about Mr. Eisenhower, he replied:

"I am taking the word of Mr. Eisenhower's doctors that the President is in good health. As far as I am concerned his health will not be an issue."

Disc Jockey Winds Up 90 Hours for Record

Provo, Utah—(U.P.)—A young Provo radioman finished 90 hours of continuous broadcasting early today, "mighty beat" but claiming a new endurance record for disc jockeys.

Ron Baillie, 24, staff announcer of station KOVO, began his stint at 8:50 a.m. Monday in the front window of a Provo store that, not by coincidence, was featuring a "marathon sales" appliance campaign.

Baillie didn't leave the air, except between records, until 2:56 a.m. His immediate plans were to "sleep for a week." The old record, that Baillie exceeded by five hours, was held by Steve Sorenson of KSPN in Spokane.

Local Preparation For Disasters Urged

Chicago—(U.P.)—"If every hospital in the nation prepares adequately for local disasters, the problem of preparing for disaster, of national scope is reduced considerably."

Dr. Harold Lueth, chairman of the American Hospital Association's committee on disaster planning, said this in a newly published handbook "Principles of Disaster Planning for Hospitals."

"In disasters of any magnitude, people instinctively turn to hospitals for help. The disaster's impact on the community's medical resources is immediate and demanding, whether or not they are prepared to care for mass casualties," Dr. Lueth wrote.

"A hospital cannot do its best job of saving lives unless the community has established a practical disaster plan for other agencies, such as police, civil defense, fire departments . . . A hospital's disaster plan is not complete until it has been integrated with an over-all community disaster plan."

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SECRET HEARING—Allen W. Dulles (right) director of Central Intelligence Agency was called before special Armed Forces subcommittee on air power to tell if his agents report Russia has surpassed the U. S. in air power. He is shown conferring with Senator Stuart Svmington (D., Mo.), chairman of the subcommittee, prior to the secret hearing.

Friday, April 20, 1956

MEDFORD (OREGON) MAIL TRIBUNE—NINE

Freight Derailed East of Pendleton

Pendleton—(U.P.)—Eight cars of a west bound 133-car Union Pacific freight train were derailed 24 miles east of here at Bonifer shortly after midnight, blocking the railroad's main line.

No one was hurt and Union Pacific officials said they hoped to have the line cleared sometime this morning. The west bound City of Portland was being held at La Grande and the east bound Portland Rose was being held at Pendleton.

The derailment tore up the main line and knocked out UP's telephone communications. Six empty cars and two loaded coal cars were derailed.

Derricks from Hinkle, west of here, and from La Grande were sent to the scene.

Members of the train crew included S. B. Bruce, conductor; B. C. Snyder, engineer, Clinton Springer, fireman, all from La Grande, and three brakemen.

Prisoner Gets Transfer Faster Than Expected

Detroit—(U.P.)—Richard N. Henry, 22, was dispatched to Jackson prison faster than he expected.

He was being held in the Wayne county jail awaiting transfer to the prison when guards noticed soap chips on the floor. Investigation turned up a partially completed soap model pistol under his mattress.

Police decided it would be wise to transfer Henry immediately. He had been sentenced to seven to 14 years in prison for robbing a cab driver.

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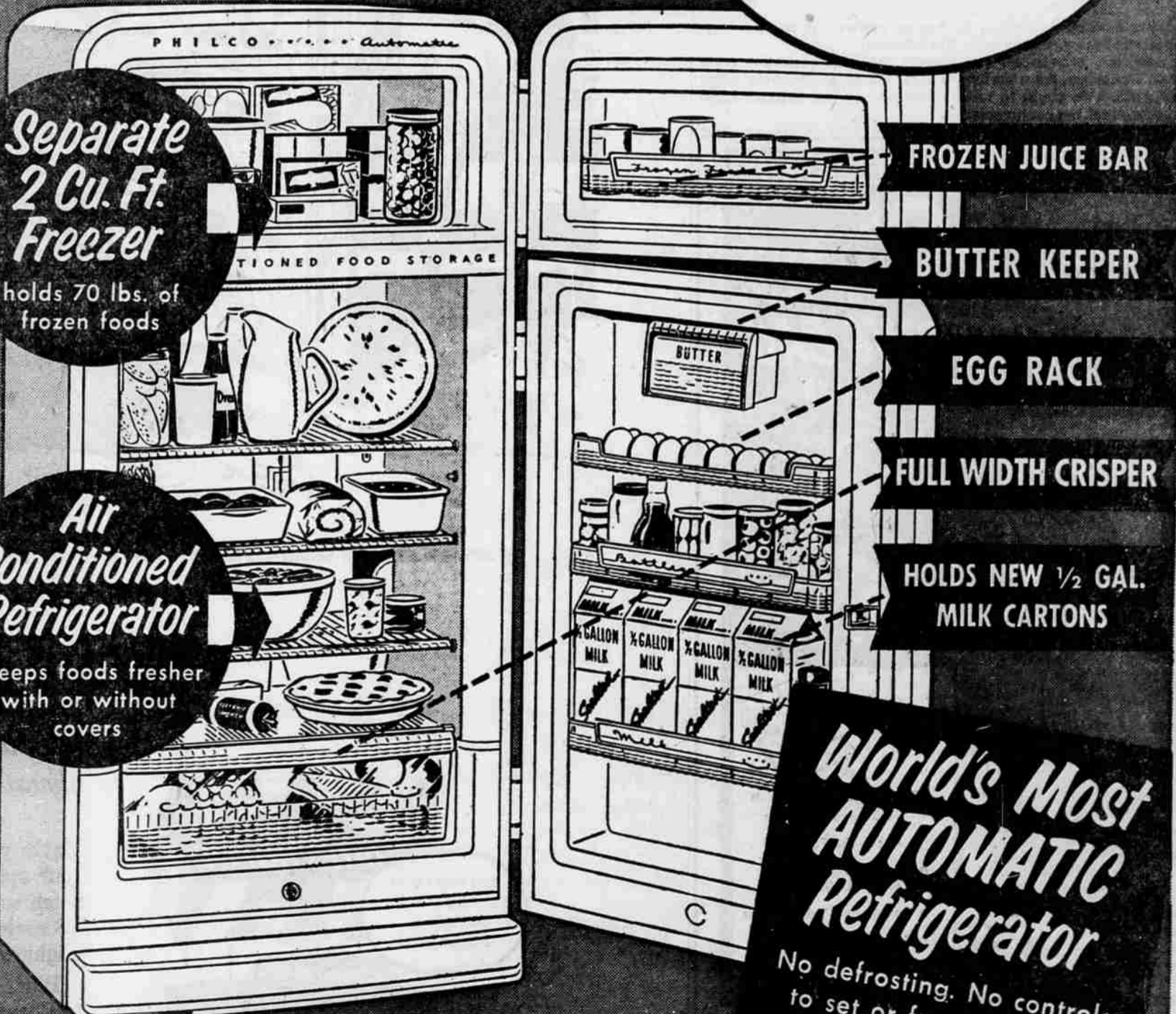
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