

As We Live

By ELIZABETH HURLOCK, PH.D.

Divorce and Remarriage May Not Solve Anything

Divorce often brings with it more problems than it solves.

(Q) "For two years, I have been working side by side with this man. We are both married with families. Neither of us is happily married. It seems that both our mates think only of money. When I go to a doctor, for example, my husband argues that I should have spent the money for something for the house or put it in the bank. The children resent him because he is always picking on them and me. The only time my children and I are happy is when we are at home alone. This man gives his wife every cent he earns but she is still never satisfied and calls him a poor provider. If he takes a drink, she and his children call him a 'bum.' We are so much in love that we are planning on divorcing so we can be married. Please give me your advice about this."

—W.B.

(A) My advice to you is to go easy about divorce and remarriage. From what you say, there seems to be so many obstacles in your path you are likely to jump from the frying pan into the fire, as the old saying goes.

In the first place, have you any assurance that either your husband or this man's wife would consent to a divorce? Your husband may feel he wants you to take care of his children and help contribute to their support, even if he does not love you.

The wife of the man you love may very readily refuse to give up her source of support. She would know only too well that if he married someone else she could not count on his pay check as she now does and that what he earned would have to be spread very thin to support two families.

Why not try to improve conditions in your own home so it will be a happier place for your whole family? With love for this other man, your husband unquestionably knows or senses that you do not love him. As a result, he treats you and the children badly.

If you tried to be a better wife and to make your home a happier place, I am sure you would find conditions would improve. Running away from the marriage you now have into another might not solve all your problems as you now think it will.

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Police Get First Big Break in Murder Case

Chicago — (U.P.) — Police asked the people of Chicago today to help them follow up the first major break in their manhunt for the sadistic killers of three young schoolboys.

The clue consisted of microscopic fragments of an unusual kind of steel which were found underneath the fingernails of one of the murdered boys.

Lt. Patrick Deeley, chief of detectives, said they indicated that the boys were probably murdered in a metal-working shop last Oct. 16 or that their bodies had been hidden in such a shop before they were discovered Oct. 18.

He credited some of Chicago's top scientific brains and two world famed laboratories with snailing down the evidence. He asked the Chicago public to help take it from there.

Anybody knowing where the rare steel — AISI austenitic stainless steel Nos. 309 or 310 — is being used should telephone police, Deeley said, and "then we may be on our way to catching the murderers."

Within four hours after Deeley's plea Wednesday police had received more than 100 telephone calls offering information. The response was telling proof of Chicagoans' determination to catch the killers of Robert Peterson, 13, John Schuessler, 13, and his brother, Anton, 11.

Charged With Crime Withdraws from Race

Raleigh, N. C. — (U.P.) — Pig breeder Olla Ray Boyd, perennial office seeker, withdrew from the governor's race Wednesday because he has been accused of a "crime."

Boyd, who said he did not feel it proper to run for such a high office while accused, was charged with running a red light.



IRISH SEASON—Irish foods provide excellent nutrition value, and during the Irish season, there are several dishes which may be served on spring menus. Among them are variations using Irish potatoes and Dublin stew.

Feeding the Family

By ZOLA VINCENT
Food Editor

Potatoes Provide Good Nutrition, Good Eating

Faith and its about to come we paid a little more respect to that powerhouse of good eating—the white (Irish) potato that is supposed to appear on our menus at least once a day every day in the year. Potatoes are packed with protein, phosphorus and iron. They are an important source of vitamin C because of the large quantity of potatoes consumed. Nutritionists think so highly of potatoes that the national chart of good nutrition suggests potatoes every day, along with green and yellow vegetables.

Our part of the world is proud of its potatoes: Idaho "bakers" even get their name on automobile license plates. Their exceptional keeping qualities keep them available amply the year around.

Right now we're treated to new potatoes which justify their early-season expensiveness by being dressed up with a well seasoned white sauce to make their good flavor go further. New potatoes and peas appear on Spring menus along with fresh asparagus sauced lightly with lemon butter. And how about making this meal a rare experience by offering the family fresh rhubarb fixed with brown sugar (2 cups per pound) and water only to cover the bottom of the pan. Don't overcook. Ten minutes or less!

To get back to our good friend, the potato. Remember it's the amount of butter or sour cream you pile on it, not the potato that provides calories. Actually, there are only 105 calories in a cupful of potatoes.

Cream of Potato Soup
A favorite of long standing... Also a wonderful way to use up left over mashed potatoes. OR if you haven't any handy, start as we do here with fresh ones. The secret of good potato soup is creamy richness and a liberal hand with the seasonings.

3 medium potatoes
1 medium onion
OR 2 leeks, diced
1 cup chicken stock
1 tablespoon butter
1/2 teaspoon white pepper
1 1/2 cups thin cream or top milk
2 tablespoons chopped chives
1/4 teaspoon paprika

Pare potatoes, dice and cook with onion (if you use leeks include part of the green tops) in stock for 20 minutes. Put through a fine sieve. Add remaining ingredients except chives and paprika. Reheat and serve garnished with chives and paprika. If starting with mashed potatoes figure on about 2 cups. Saute onion in butter, stir stock into potatoes gradually, then combine as above. Variation: For additional body, plus flavor and texture interest add any cooked leftover vegetable.

Baked New Potatoes
Tender sweet-tasting "new potatoes" are arriving on the markets. The skin is so flavorful and thin that only a thorough scrubbing or scraping is necessary before cooking. Plan on three or four per serving, dependent on size.

Scrape potatoes, then parboil for 10 minutes. Drain and place in shallow baking dish. Brush with melted butter and bake in moderate oven (350 degrees) until tender. Usually about 20 minutes. Baste with melted butter while baking. Garnish with parsley and perhaps a bit of paprika or chopped pimiento.

Asparagus and Cheese
If you are planning an oven dinner here is an ideal way of preparing some of that "welcome to spring" fresh asparagus at the same time.

Take one bunch fresh asparagus and cut in pieces. Place in boiling salted water for 10 minutes, then arrange in baking dish. Sprinkle with 1/2 cup grated cheese, 1 teaspoon salt and 1/2 teaspoon pepper. Dot with 1 tablespoon butter and bake in moderate (350 degree) oven until tender.

Dublin Stew
Make this ideal Dublin Stew the easy way with leftover lamb

and quick easy-to-use packaged pre-cooked rice. Simplicity itself.

1 1/3 cups (5 ounce package) packaged pre-cooked rice
1/2 teaspoon salt
1 1/2 cups boiling water
1 can condensed vegetable soup
1/2 cup milk
1 cup diced leftover roast lamb
Dash of pepper

Add rice and salt to boiling water in saucepan. Mix just to moisten all rice. Cover and remove from heat. Let stand 13 minutes.

Meanwhile, combine soup and milk in saucepan. Heat, stirring occasionally. Add diced lamb and pepper. Mix and heat thoroughly. Arrange rice in serving dish and top with the lamb and vegetables. Makes 4 or 5 servings.

Party Ideas

White cake frostings of any kind take on a proper seasonal party tint with the addition of a mere drop of green coloring. Better measure this; no pouring from the bottle.

Lemonade and other beverages might just as well take on a green tint.

How about green ice cubes easily made by "tinting" water in ice cube pans. That most popular currently of all "dunks", a pint of sour cream with a package of onion soup mix (best if let stand a few hours) will take well to a green tint... OR serve that already-green delightful Mexican Quacamole.

Toss a handful of finely chopped parsley into the mashed potatoes... OR green pepper.

Pistachio ice cream or lime sherbet... OR a mint sauce on vanilla ice cream would be an appropriately colorful end to a St. Patrick's day dinner.

A lime gelatin souffle salad with avocado and grapefruit as the additional "solid" ingredients is tops anytime.

Glory be! How about starting the day off right with half a grapefruit topped with a cube

SAVAGE CREEK-ROGUE RIVER Hobby Organization Meets

By CHRISTINA MARSHALL

Savage Creek-Rogue River — The Savage Creek Women's club, a hobby group, met at the home of Mrs. Hilda Racine of Footh Creek recently for an afternoon of sewing. Those present were Catherine Burkhardt, Libby Hinch, Lois Blackman, Wynne Hinch and the hostess, Hilda Racine. A spaghetti dinner was served by Mrs. Racine, followed by refreshments.

Mrs. Marian Mitchell of Savage Creek road, who had been ill for some time, died February 24 at Oregon City hospital. The funeral was held at Oregon City February 28.

She is survived by her husband, Clarence Mitchell, and a daughter, Marilyn, both of Savage Creek road.

Mrs. Bertha Vaughn of Savage Creek spent some time recently in the Josephine general hospital at Grants Pass. She is now home and feeling much better.

Mrs. L. T. (Nell) Robinson of Rogue River died March 7 at a Medford hospital where she had been for some time, following a major operation. She is survived by a husband, L. T. Robinson, and a teen age daughter.

Mrs. Ray Holmes of Rogue River is very ill in Josephine general hospital in Grants Pass.

Raising the pups will be Patty Gillette, Nancy Lusk and Cindy Wright, all of Ashland. Already raising pups for the Guide Dog school are Marilyn Cordy, Patsy Charley, Nyla Murray, Jim Martin, Bill Charley and Miss Grace Smith, all of Medford.

While here, Pfaffenberger will visit each of the homes where a guide dog is being raised and will hold a special meeting March 20 at 7:30 p.m. in Bingham hall at the county fairgrounds to explain procedures in raising pups for the Guide Dog school. The public is invited to this meeting, Klein said.

Anyone interested in the guide dog training program may obtain information by writing to the Guide Dog school in San Rafael or attending the March 20 meeting.

of sugar dipped gently into a bit of green vegetable coloring... OR with a green maraschino cherry. They can be bought that color, you know...

Corned Beef, Cabbage

Actually we've never heard of an Irishman from County Cork or Donegal who ever heard of corned beef and cabbage, but a man named Jiggs and his wife, Maggie, reputedly of Irish descent, kept an entire generation aware of its exceptional qualities.

Corned beef is brisket of beef that has been cured in a well-seasoned brine. Good quality corned beef brisket will have about 1/4 as much fat as lean. For finest flavor long slow moist cooking is the recommended procedure.

Cabbage is one of the best vegetable buys right now. Look for heads that are reasonably solid and have a fresh green color. 1 1/2 pounds will serve four. Unlike the accompanying corned beef, cabbie cabbage only until tender and still sort of crisp.

1 4-pound piece of corned beef
1 head cabbage
Place corned beef in a kettle and cover with water. Simmer slowly about four hours or until tender. Do not boil. Cut cabbage into 8 wedges. About 15 minutes before serving time add cabbage to corned beef and cook uncovered 10 to 15 minutes or until just tender.

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The committee, appointed by Sen. Lyndon Johnson, Senate majority leader, consists of eight senators who will serve terms of three years each on the committee. Purpose of the group is to aid in election of Democratic candidates to the senate.

RESUME FLIGHTS
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Dates Announced for County Conferences

Salem — (U.P.) — Gov. Elmo Smith has announced dates for nine more county follow-up White House conferences on education.

Conferences are being held in each of Oregon's 36 counties as a result of President Eisenhower's conference last fall. A governor's committee headed by J. F. Leonard of Portland is in charge of the series of follow-up meets.

The new schedule with local chairmen:
16. Cordon grade school, March 16, Mrs. Jack M. Harris; Lebanon high school, March 17, Mrs. R. O. Garrison; Tillamook high school, March 20, Karl Zweifel; Salem at South Salem high, March 21, Frank P. Doerflinger; Newport at courthouse, March 22, G. K. Litchfield; La Grande at Eastern Oregon College, March 22, Mrs. Arlo Z. Noyes; Moro, March 22, Mrs. Charles A. Tom; Ione, March 23, Bradley Fancher; and Dalles at Chamber of Commerce, March 24, Mrs. C. A. Fratzke.

4-H Club News

ANTELOPE FORESTRY CLUB
The Antelope Forestry 4-H meeting was held March 7 at Nyla Murray's, Crater Lake hwy. Southwest Medford Forestry club was our guest. There were 100 per cent attendance from both clubs. The next meeting is April 14, which will be a field trip at Applegate.

Reporter, Nyla Murray.

Central Point Cooking Club
Chowder Chicks Cooking club, Central Point, held a meeting in the home of Mrs. I. T. Skyrman on March 12.

We talked about eggs and soup, and our leader made chowder which we ate. We played games and the meeting was adjourned.

Bobbie Jane Darra, Reporter.

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The First Dependable WHITE Deodorant Soap!

PROTEX—protects all day long
Now, colored, chemical-smelling deodorant soaps are passé. Now, there's a brand-new soap—white and fragrant—permeated—that protects you from body odor—all day long.

PROTEX—contains Miracle MS-9
—one of the most effective antiseptic ingredients known to science. PROTEX acts on contact. Used daily and exclusively, it greatly reduces the skin bacteria that cause body odor.

PROTEX—a true beauty soap, too
PROTEX is oval shaped—pure, mild, gentle to most sensitive skins. Superb for daily beauty baths and for complexion care. Get PROTEX today—regular and bath size. With PROTEX, you feel so clean. And get dependable protection from body odor the whole day through.

PROTEX
The Dependable WHITE Deodorant Soap
Really Protects
WITH MIRACLE MS-9

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16-oz. at 8-oz. Price 35¢ Bottle

KLEENEX 200 SHEET SIZE
Stock up at this Low Price..... 5 pkgs. 69¢

POPCORN 3-Minit, It All Pops 2 lb. Bag 39¢

STALEY'S Corn Starch Pound Packages 2 for 27¢

SILK-TISSUE Quality Bathroom Tissue 10 for 69¢

DR. ROSS DOG FOOD Toasted VITA-BITS 2-lb. Packages 2 for 43¢

MARSHMALLOWS "Pixie" Fluffier-Fresher 10-oz. Packages 2 for 39¢

ZEE Paper Towels Whiter, Softer, More Absorbent 150 Towels Per Roll 2 for 39¢

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BACON Cascade, Slab.....lb. 39c

BEEF ROAST U.S.D.A. "Good".....lb. 39c

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