

Shop now for foods to brighten your Lenten meals...

SAFEWAY'S

# Lenten-Foods Sale!

To help you turn out some of the *very best* meals of the year, we've put the spotlight on a *big* variety of foods for Lent. Vitamin-rich seafoods are in the center of the stage... and frozen seafoods at Safeway are *always* flavor-fresh, *always* delicious. Come in today! Check the extra-low prices during our Lenten Foods Sale... and get set for hearty, happy meals.

### New Booklet on Seafood Cookery!

The most complete book on frozen seafoods ever! Dozens of recipes and menus. Loads of information for enjoyment of seafoods. The book is yours, *free*, when you mail in a label from any Captain's Choice seafood package.



**BISQUICK**  
Here's A Truly Sensational Value!

Bisquick's soft wheat flour makes waffles and pancakes light and firm textured.

40-oz. Pkg. **35¢**

3 40-oz. Pkgs. **\$1.00**

**FLEET-MIX**  
The Finest Quality Biscuit Mix

For light fluffy biscuits every time. You'll make an instant hit with the whole family when you use Fleet Mix.

40-oz. Pkg. **29¢**

### Meal-brighteners you'll want to stock up on:

- PEACHES** Lady Elbert Freestones. Real home canned flavor. Regularly 39c each. Now Only **3 No. 2½ Cans \$1.00**
- APRICOTS** Black Knight or Sundown brands. Regularly 25c each. Save 25c when you buy 5 cans. **5 No. 2½ Cans \$1.00**
- CHERRIES** Fancy quality, Honeybird brand tart. Pitted for the finest homemade pies. **4 No. 2 Cans \$1.00**
- GRAPE JUICE** Westfair brand. Finest quality. Delicious and refreshing any time. **24-oz. Bottles 29¢**
- COOKIES** Coconut Chocolate Drops by Jane Ardern. Kitchen-fresh now at Safeway **1-lb. Pkg. 49¢**

You're Sure To Enjoy These Tasty Lenten Favorites!

- TUNA FISH** Torpedo brand, light meat, grated. A wonderful Lenten value. **5 No. ½ Cans \$1.00**
- SPAGHETTI** Famous Franco-America. Packed in extra rich tomato sauce. **2 5½-oz. Cans 25¢**
- Hot Cross Buns** Polly Ann—Regular price 35¢—Now Only... **Pkg. 29¢**

Bel-air, Premium Quality Frozen **Strawberries**

Strawberry shortcake? Try it topped with 36% rich Lucerne Whipping Cream. Ummmm.

**4 10-oz. Pkgs. \$1.00**

Here's A Grand Buy on Famous **Zee Tissue**

Save with this handy family size pack. Made in the Northwest.

**4 Roll Pack 29¢**

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| <b>Spaghetti</b> or Macaroni Sunrise Brand 2-lb. Pkg. <b>37c</b>              | <b>Star Kist Tuna</b> Finest Chunk Style No. ½ Can <b>31c</b> |
| <b>Kraft Dinner</b> Easy to Prepare Macaroni Dinner Pkg. <b>17c</b>           | <b>Minced Clams</b> Pioneer Razor No. ½ Can <b>43c</b>        |
| <b>Porter Fril-lets</b> Fresh Egg Noodles 1-lb. Pkg. <b>33c</b>               | <b>Eastern Clams</b> Sea Trader Minced 7½-oz. Can <b>25c</b>  |
| <b>Shrimp</b> Low-Z-ana Brand Broken Shrimp 5-oz. Can <b>33c</b>              | <b>Crab Meat</b> Pacific Pearl Brand 6½-oz. Can <b>59c</b>    |
| <b>Oysters</b> Windlass Brand—for Wonderful Steam 4 2/3-oz. Can <b>41c</b>    | <b>Cheese Spread</b> Chee-Zip Brand 16-oz. Jar <b>54c</b>     |
| <b>Cove Oysters</b> Blue Plate Brand Finest Quality 8-oz. Can <b>43c</b>      | <b>Cottage Cheese</b> Blossom Time Fresh Daily Pt. <b>29c</b> |
| <b>Sardines</b> Tempest Maine Packed in Oil or Mustard No. ¼ Can <b>2/25c</b> | <b>Cheddar Cheese</b> Chatham Mild Lb. <b>65c</b>             |
| <b>Pink Salmon</b> Prince Leo Brand Fine Quality Tall Can <b>59c</b>          | <b>Tillamook Cheese</b> Mild Cheddar 2-lb. Loop <b>\$1.49</b> |

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| <b>Margarine</b> Sunnybank 1-lb. carton <b>25c</b>                | <b>Pineapple Juice</b> Lalani brand 46-oz. can <b>27c</b>           |
| <b>Blue Bonnet</b> Margarine 1-lb. carton <b>27c</b>              | <b>Pineapple Juice</b> Dole brand 46-oz. can <b>29c</b>             |
| <b>Lucerne Milk</b> 3.8% Bonus quality quart carton <b>23c</b>    | <b>Asparagus</b> Gardenside, all green No. 300 can <b>19c</b>       |
| <b>Whipping Cream</b> Lucerne pint <b>57c</b>                     | <b>Ministrone Soup</b> Riviera No. 2 can <b>27c</b>                 |
| <b>Fresh Butter</b> Shady Lane 1-lb. <b>69c</b>                   | <b>Minute Potatoes</b> Quick mashed Potatoes 3¼-oz. pkg. <b>23c</b> |
| <b>Fresh Eggs, AA</b> per dozen <b>59c</b>                        | <b>French Dressing</b> Limani 1890 6-oz. bottle <b>29c</b>          |
| <b>Royal Satin</b> Shortening 3-lb. can <b>83c</b>                | <b>Mayonnaise</b> Nu Made quart jar <b>67c</b>                      |
| <b>Cane Sugar</b> Candi Cane 10-lb. sack <b>96c</b>               | <b>Best Foods Mayonnaise</b> quart jar <b>69c</b>                   |
| <b>Harvest Blossom</b> Flour 10-lb. sack <b>69c</b>               | <b>Sandwich Spread</b> Lunch Box pint jar <b>39c</b>                |
| <b>Pie Crust Mix</b> Pillsbury 9-oz. pkg. <b>19c</b>              | <b>Peanut Butter</b> Beverly 18-oz. jar <b>63c</b>                  |
| <b>Frosting Mix</b> B. Crocker—Angel Fluff 7½-oz. pkg. <b>31c</b> | <b>Table Syrup</b> Pack Train half gal. <b>83c</b>                  |
| <b>Hershey Dainties</b> Semi-Sweet 6-oz. pkg. <b>2 for 45c</b>    | <b>Canterbury Tea</b> Orange Pekoe 48 bags <b>62c</b>               |
| <b>Prunes</b> 46-60 large 2-lb. cello Bag <b>69c</b>              | <b>Fresh Bread</b> Mrs. Wright's large loaf <b>26c</b>              |
| <b>MJB White Rice</b> Long grain 28-oz. pkg. <b>39c</b>           | <b>Raisin Nut Bread</b> Skylark 1-lb. pkg. <b>30c</b>               |
| <b>Corn Flakes</b> Kellogg cereal 12-oz. pkg. <b>22c</b>          | <b>Hi Ho Crackers</b> or Tea Timers 1-lb. pkg. <b>35c</b>           |
| <b>Aluminum Foil</b> Household brand 25-ft. roll <b>25c</b>       | <b>Sweet Red Wine</b> Paradise fifth <b>59c</b>                     |
| <b>Cigarettes</b> Popular brands ctn. reg. size <b>\$1.75</b>     | <b>Paradise Wine</b> Vin Rose fifth <b>59c</b>                      |
| <b>Brocade</b> Toilet Soap pkg. of 10 bars <b>49c</b>             | <b>Gontcord Wine</b> Manischewitz fifth <b>\$1.29</b>               |
| <b>Boraxo</b> For cleaner hands 8-oz. pkg. <b>17c</b>             | <b>Eastern Beer</b> 16-oz. cans 6-can pack <b>\$1.53</b>            |
| <b>Boraxo</b> Contains no grit 1-lb. pkg. <b>29c</b>              | <b>Western Beer</b> 12-oz. cans 6-can pack <b>\$1.15</b>            |
| <b>Parade</b> Detergent 40-oz. pkg. <b>69c</b>                    | <b>Lemonade</b> Scotch Treat, frozen 6-oz. can <b>2/29c</b>         |
| <b>White Magic</b> Fine bleach gallon <b>49c</b>                  | <b>Kernel Corn</b> Bel-air, frozen 10-oz. pkg. <b>19c</b>           |
| <b>Dog Food</b> Playfair can <b>3/27c</b>                         | <b>French Fries</b> Bel-air, frozen 8-oz. pkg. <b>17c</b>           |

Safeway's "Candy Feature of the Week" **Chocolate Cherries**

It's Washington's Birthday month, and these luscious chocolate cherries will be just the tasty treat for February parties. Here's a real Safeway value!

**1-lb. Box 59¢**

Gold-Weather Taste-Treat Combination **Baker's Instant Cocoa**

There's nothing quite so delicious as cocoa for young and old alike... especially with marshmallows.

**1-lb. Pkg. 45¢**

**Fluff-i-est Marshmallows**

These fresh, fluffy marshmallows go hand in hand with the delicious cup of hot cocoa. The combination is so easy to prepare—so good!

**1-lb. Pkg. 25¢**

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| <b>White King Detergent</b> 40-oz. Pkg. <b>69¢</b> | <b>Surf Detergent</b> Giant Size <b>79¢</b> | <b>Royal Satin Shortening</b> 3-lb. Can <b>83¢</b> | <b>Spry Shortening</b> 3-lb. Can <b>89¢</b> | <b>Steinfeld's Sweet Pickles</b> Half Gal. Jar. <b>99¢</b> | <b>Lumberjack Syrup</b> 5-Pound Can <b>85¢</b> |
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**Comparison proves again and again...**

Prices in this ad effective through Sunday, February 19, at Safeway in Medford... We reserve the right to limit quantities.