

Mind-Science Can Find Cause of Tiredness in Physically Healthy

By DELOS SMITH
United Press Science Editor
New York—(U.P.)—Up-to-date mind-science can determine what is wrong with physically healthy men and women who always feel tired although they sleep well and rest regularly.

For example, and quoting up-to-date mind science: "Fatigue protects the individual's concept of himself since it is a socially acceptable disorder. Hence, the patient may retain his self-esteem with a symptom which at least implies an origin in hard work or over-work."

This mind-science comes from the University of Texas School of Medicine which has a continuing program for keeping small town general practitioners, far removed from medical centers, well informed on the newest in science.

Lack of Interest
Another kind of chronic fatigue in the physically healthy comes from lack of interest and lack of ambition. "When personal interest in an activity is high there is a greater performance potential and fatigue occurs less regularly," said the school. "Hence when motivation or incentive is increased, fatigue is impeded."

"Emotional fatigue" is found in normal, healthy people, the school said. "Much of their weariness is caused by situational problems associated with daily living. The origin of this fatigue is mental or emotional. Therefore, physical rest is not the logical or correct treatment. In many patients fatigue develops from anxiety, fear, sorrow, depression, or monotony."

Change of Scene
When simple boredom is the cause, "a change of scene or a new interest, may end it and may be the only treatment needed." The school suggested that

some such recreation as bowling "after a day of semi-physical exertion" could be potent medicine.

But in fatigue from some "situational conflicts" people may be exhausted by the mental effort required to keep impulses repressed, such as those of hostility and aggression. These could include people who dislike bosses but feel it wise to appear

to like them, and people who would like to throw up their jobs but feel they shouldn't.

"Successful insight permits a more realistic appraisal of conflicting internal needs and desires and increases the chances of finding successful solutions," the school said. "As emotional conflicts decrease, chronic fatigue in most cases will also diminish."

Quotes From the News

By UNITED PRESS
Washington—Joseph L. Rauh Jr., president of Americans for Democratic Action, on presidential candidates in 1956:
"It would be a great luxury for the American people to have a choice between Chief Justice Earl Warren on the Republican ticket and such a man as Stevenson, Harriman or Kefauver on the Democratic ticket. The American people couldn't lose either way."

London—Pravda, the Soviet Communist party newspaper, on the subject of Russian music:
"Soviet music and musical criticism have resolutely taken up the position of Socialist realism, gained in the struggle against formalism, naturalism, aestheticism, cosmopolitanism and against the neglect of classical heritage and manifestations of anti-popular bourgeois ideology."

Washington—President Eisenhower in a special Christmas message:
"This Christmas is brighter in promise for the future than any we have known in recent years."

Washington—Rep. Ed Edmondson (D.-Okla.) on the tents quarantining American servicemen in Korea:
"The tents in use by our troops in Korea are undoubtedly better tents than those used in the Civil War and World Wars I and II although I suspect some were in use in previous wars, but there is an urgent need for improved housing in that theater."

Alden, Minn.—The Rev. Forest Strand on the attendance at church of turncoat Richard Tenneson who had once renounced his family, country and religion to go to Red China:
"Richard was very well accepted by the church members."

Sanford, Fla.—Golf star Tommy Bolt, claiming that fans helped Sam Snead beat him in the Miami Open tournament by kicking his ball out of the rough and have done the same thing before:
"Sammy's a fine golfer. He doesn't have to have help to win tournaments. Snead has made his. It is not right he should get unwarranted help from spectator sources."

Miami, Fla.—Sammy Snead, denying Bolt's charges:
"If he could see the ball stop or see somebody kick it with two or three thousand people milling around, he must have radar eyes. If somebody did kick it, he didn't do a very good job. It was still in the trees and out of sight of the green."

Kaiser Will Merge Industrial Empire

New York—(U.P.)—Henry J. Kaiser plans to consolidate all of his vast industrial empire into one new corporation.
The plan, announced Sunday by Kaiser, chairman, and his son, Edgar F. Kaiser, president of both Kaiser Motors and the Henry J. Kaiser Co., would merge all of the Kaiser holdings into an organization to be called the Kaiser Industries Corp.

Under the proposed plan, the Henry J. Kaiser Co. would become a wholly owned subsidiary of Kaiser Motors Corp., through an exchange of stocks. The announcement said the merger would repay all outstanding debts of Kaiser Motors, including \$13,300,000 due the government for a loan that helped launch the corporation.

The Kaisers said details of the plan would be fully explained in a proxy statement to be made available prior to a special meeting of Kaiser Motors stockholders scheduled for March.

Alford Fine Weds Redding Bookkeeper

Reno—(U.P.)—Alford D. Fine, the "other man" in the Enoch Arden case of airman Daniel Schmidt, honeymooned today with a pretty brunette bookkeeper he has known since childhood.
Fine was married at the Federated Congregational Presbyterian church here Saturday night to Ellen Irene Asher, 18, Redding, Calif. The bride and groom refused to discuss their romance.

Several hours before the ceremony took place, Fine, a 21-year-old catfisherman from Millville, Calif., and his bride obtained a marriage license at the county clerk's office. Both said they never had been married before.

Last August, Schmidt returned from China, where he had been held by the Communists since the Korean War, to find his wife, Una, married to Fine.

At the time, Una said she married Fine in the belief Schmidt was dead.
Area of Italy is approximately 119,800 square miles.

Gloria Swanson Sees Stronger Bond In Couples of Childless Marriages

By GLORIA SWANSON
Written for the United Press
Rome—Are childless marriages more successful than those with children?
I have asked the question of myself many times. In my family, one member married very young and had children immediately. The other married in his late 20s and is so far childless. Both marriages have had many years to prove their success. Of course they could be the ex-

ceptions to the rule, but... I have noticed among my friends that in the marriages where the man and woman are without children, a bond and a companionship have been built up. It seems stronger than with the couples that have little ones.

Waiting Is Wise
It would seem to me that even waiting five years, only two or three if you are impatient before having children is very wise. At least it gives a period in which

to become completely acquainted with one's mate. The honeymoon, in this way, can be a prolonged one and all problems of adjusting one's way of life and personality conflicts could be solved before taking on a new and serious responsibility.

In the case of a member of my family, the couple have both worked very hard to get their own home which they couldn't have done so quickly had they had children. Nor would they have been able to solidify their marriage had they not had an unbroken companionship. If a week end could be found, they could hide away in the woods, far from telephones and home worries. Had they had a child, would this be possible? No!

Papa Takes Second Place
Much drama is based on the eternal triangle—what is a child but a third person? A very adorable one to be sure. But let's face up to it: "Papa" now has to take second place.

So the drama now starts. His wife no longer can do this and that. Babysitters are only possible for a matter of a few hours. Where is that promised fishing trip, skiing jaunt, that week end of staying in bed late. In other words where is his playmate, his sweetheart?

Naturally irritations arise and nobody is to blame because most young couples can't really know each other in that bugaboo called "the first year."

Should two people be really incompatible wouldn't it be better for them to find out before the "little angel" arrives, not after? I ask you. I don't know. After all, I'm just a grand-mother!



BONANZA KINGS are recalled as Mrs. Ian McGlashan, heir to multi-million dollar fortune, inspects will of late Mrs. Alice Hobart Lester in Los Angeles. Walter Hobart amassed wealth in Nevada's fabulous Comstock Lode. More than \$615,000 in federal, state taxes will be paid by Mrs. McGlashan and her sister. Holding will is Ian McGlashan. (International)

Morse Takes Jab At Administration

Washington—(U.P.)—Sen. Wayne Morse (D.-Ore.), said Sunday that the Eisenhower administration "is honeycombed... with political immorality," and that Democrats must call this to the attention of the American people.

Morse said that "the political immorality of the Eisenhower administration in the field of conflict of interests has made an honest administration out of the Harding administration."

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ADA Would Welcome Warren as Candidate

Washington—(U.P.)—Americans for Democratic Action would welcome, and might even back, Chief Justice Earl Warren if he becomes a candidate for president next year on the Republican ticket.

ADA President Joseph L. Rauh Jr. said yesterday that "it would be a great luxury for the American people to have a choice between Chief Justice Warren on the Republican ticket and such a man as Adlai Stevenson, New York Gov. Averell Harriman or Sen. Estes Kefauver on the Democratic ticket."

"The American people could not lose either way," he said. Rauh said he would have "no hesitancy in predicting" ADA would "support the Republican ticket" if Warren were to run against a conservative Democrat such as Ohio Gov. Frank Lausche.

But if the lineup were Warren versus Stevenson, he said, it would be difficult to predict what the ADA would do. It might back one of the men, neither or both, he said.

Former North Korea Official Sentenced

Tokyo—(U.P.)—Pak Hun Yung, former foreign minister of North Korea, was sentenced to death Thursday as an American spy, Radio Peiping said today.

The Communist report said Pak was convicted by a "special court of the Supreme Court" in Pyongyang, the North Korean capital, after admitting he was an "agent of U. S. imperialism" and plotting to overthrow the Red government and set himself up as prime minister.

Pak lost his post Aug. 2, 1953, when Nam Il, chief Communist negotiator at the Korean armistice talks, was named foreign minister.

The broadcast said Pak entered North Korea and became a high Red official on the orders of Gen. John Hodge, former American military governor of Korea.

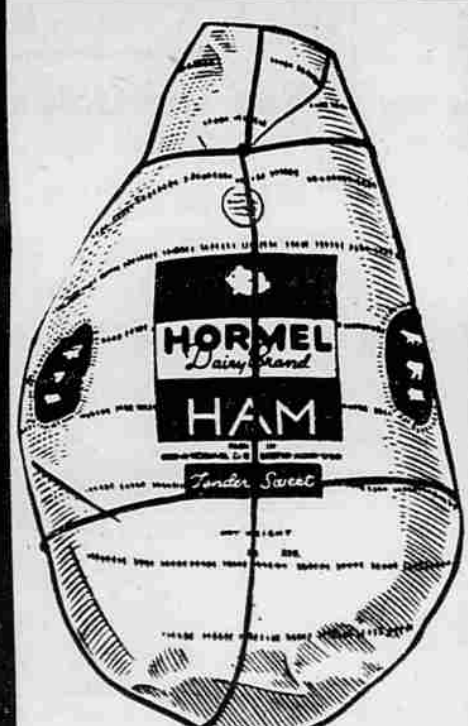
Warren To Attend Daughter's Wedding

Los Angeles—(U.P.)—Chief Justice Earl Warren planned to attend today the wedding of his daughter, Dorothy, 24, to Dr. Carmine D. Clemente in the Wayfarers chapel at Palos Verdes.

Mr. Warren and his wife arrived here yesterday to attend the ceremony and then will travel to San Francisco for the Christmas holidays.

Following the ceremony Dr. Clemente, an anatomy professor at UCLA, and his bride will honeymoon in Mexico. Miss Warren is the second daughter of the chief justice to be married within two months.

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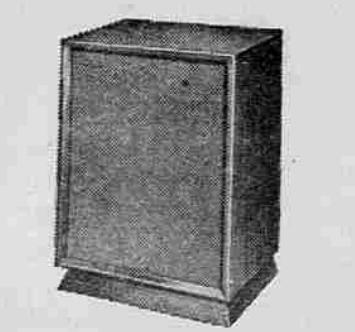
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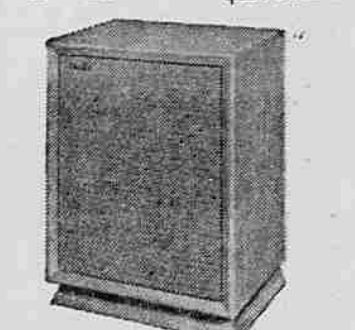
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