

Mental Health Association Seeks Gifts for Patients

The Mental Health Association of Oregon has planned the annual project to provide gifts for patients in the mental hospitals and for children at Fairview home.

More than 6700 Oregon citizens are shut in this Yuletide season—and all other seasons—at the three institutions the State of Oregon operates for the mentally ill and the retarded.

An association spokesman points out that the state provides food and clothing and much helpful treatment, but that for most of these people, there can be no happier and stimulating treatment than to know that they are remembered and wished well by their fellow man.

To make sure that these individuals know they are remembered as people—not as statistics in a legislative budget—the Oregon Mental Health Association asks that more fortunate Oregonians give personally wrapped gifts to brighten their Christmas.

It is suggested to clubs whose members exchange gifts that this year they take a gift for a mental patient instead. Suggested types of gifts are packages of ready mix cakes, etc., toilet and cosmetic articles, clothing, tobacco, cards, games, toys, yarns, and books.

Gifts may be taken to the Boys and Girls Air office in the Leverette building. Those wrap-

ping gifts are asked to be sure to fasten a note securely stating what the package contains and whether it is for a man, woman, or child. This saves unwrapping and re-wrapping gifts. Unwrapped gifts will be accepted and gift-wrapping materials are welcome.

Anyone wishing more complete information is asked to call Mrs. John Ramos, Medford, 2-5148.

Author Presents Book to Library; Of Interest Now

A copy of "Behind the Burden," a book of verse and prose vignettes by Mildred Allen Jeffery, has been presented by the author to the Medford Public Library. Mrs. Jeffery, 521 Mayette street, is not a stranger to Rogue valley readers since many of her selections have previously been published in periodicals, including "The King's Business," "The Gospel Messenger," and "The Upper Room."

The new publication by Pageant Press, however, brings them together for the first time, along with new material. "It is a rare book," says one reviewer, "encompassing as it does the poems of inspiration and faith written by a mature woman possessing to an unusual degree an overwhelming love of mankind, but showing, too, the housewife who finds in her faith a solution for everyday problems."

Several of the verses will be read with special interest at this season of the year, since they pertain to Christmas and Advent. One is a sonnet to Mary.

Mrs. Jeffery comes from pioneer stock—her graet-grandmother was, in fact, the model for the statue of the "Pioneer Mother" which stands on the campus of the University of Oregon in Eugene. She has been writing verse since her school days.

Demonstration Announced for Garden Club

Jacksonville—A demonstration will be given on how to make Christmas decorations at a meeting of the Jacksonville Garden club Thursday, December 15 at the home of Mrs. Harold Reed. The meeting will open at 10 a.m., and those who attend should take materials for the morning workshop as well as sandwiches for luncheon.

A Christmas gift exchange also will be held. Mrs. A. C. Lewis will give the demonstration. She is president of the Phoenix Garden club.

Election Planned By Gorsline Circle

Gorsline Missionary circle of First Baptist church will elect officers at a meeting Monday, December 12, at 7:45 p.m. The session will be held at the home of Mrs. Gary Shuler, 17 Corning court.

Plans for a White Cross Christmas project also will be announced.

Mrs. Keith Hoekersmith is in charge of the program and will present Christmas letters from various homes and foreign missionaries.

Mrs. J. Robert Cochran will have charge of devotions.



R. D. Werner will be featured soloist for a concert to be given today at 3 o'clock by the Philharmonic Society of Southern Oregon at Medford Senior High school. Mr. Werner, violinist, will play a Beethoven number with the orchestra, and a group of numbers with Bruno Pelligrini as accompanist. John Drysdale will conduct the Beethoven selection and Mr. Werner will direct the orchestra for the remaining numbers of the concert. Tickets will be on sale at the box office.

Mrs. Chester Peterson To Give Demonstration For Sorority Chapter

Mrs. Chester Peterson will give a demonstration on gift wrapping for Alpha Lambda chapter, Epsilon Sigma Alpha sorority, Monday, December 12. The meeting will be at 8 p.m. in the Y. M. C. A. building.

Mrs. Peterson will also display some attractively wrapped packages and discuss different types of wraps and ties.

Each member is asked to take a package wrapped in their favorite style to display.

Baby Quilt



by Alice Brooks

See how fast baby goes to sleep with all these animal friends for company. Embroider this quilt that's a circus, farm, zoo—all in one. So easy, thrifty to do!

Pattern, 7209: Animal quilt! Embroidery motifs, applique transfers, diagrams. 32 x 44 inches.

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Nevita Chapter Plans Election; Club Postponed

Central Point—Election of officers and the annual Christmas party will be held by Nevita chapter, Order of Eastern Star, at a meeting set for Tuesday, December 13, at 8 p.m. in the Masonic temple, Central Point.

Past Matron's club of Nevita chapter announces that the meeting scheduled for December 14 has been postponed until December 21. The event will be a 1 o'clock luncheon and Christmas party at the home of Mrs. Everett Faber.

Jacksonville PTA Announces Session

Jacksonville—The first business meeting of the school year for Jacksonville Parent-Teacher association members is set for Wednesday, December 14 at 8 p.m.

Two exchange students from Southern Oregon college, Miss Judy Rapphorst, Holland, and Michele Olivier, France, will speak on "Christmas in Other Lands." A program of Christmas music is planned and mothers of third grade students will have charge of refreshments.

District President To Visit Auxiliary

Mrs. Laura Bryant, Grants Pass, district 13 president of the American Legion auxiliary, will be a guest at the auxiliary meeting here Tuesday, December 13, at 8 p.m.

Members are reminded to take canned food for the Christmas baskets, a toy for the Roseburg child welfare center, and a cake mix for the Oregon State hospital.

Expert on Textiles Gives Hints on Care Of Women's Hosiery

East Lansing, Mich. —(U.P.)—Get more mileage from your hosiery by giving it proper care.

Keep stockings in a smooth container, with each pair separate, advises Cecilia Roach of Michigan State University's textiles department. Lined hosiery boxes prevent snagging. Rinse new stockings before wearing, and wash them after each day's wear. This helps hosiery to keep its shape and prevents damage from perspiration.

Worn shoe linings, rough edges on shoes or shoe buckles play havoc with hose. If you find a snag before it becomes a run, pull the thread inside where it's less likely to catch. Sometimes you can keep a small hole from growing by mending it with yarn raveled from a worn stocking. Keep a few such ravelings rolled on a spool in your mending basket.

Dinner for Staff Planned by Store

An annual dinner party for staff members of Burelson's store will be held Monday, December 12 at 8:30 p.m., at Mon Desir dining inn, Central Point. The dinner will be preceded by cocktail hour and entertainment will be provided after dinner by employees.

Women to Meet

Women of Rotary will meet Wednesday, December 14 at 12:30 p.m., at Rogue Valley Country club. Mrs. John Bunker, telephone 2-7535, is taking the reservations which should be placed by Monday evening.

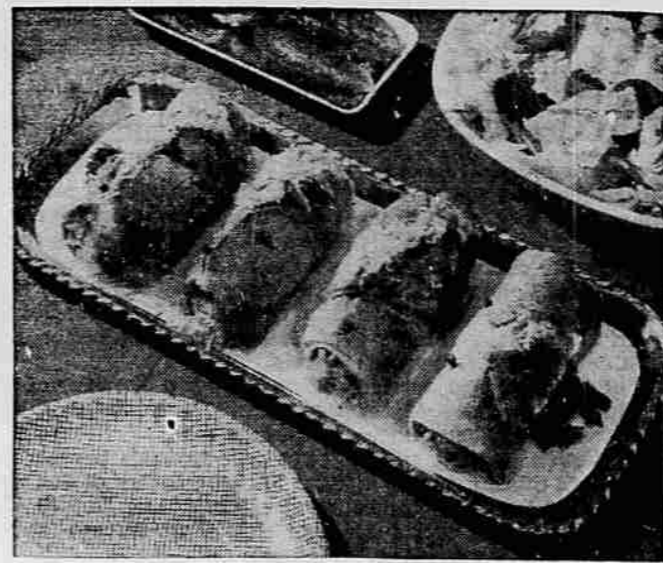
Hostesses will be Mrs. C. C. Leonard and Mrs. A. Orin Schenck.

Visitor Arrives

Central Point Mrs.—Mrs. Luella Johnson, Fairbanks, Alaska, arrived Thursday to visit for a week with Mr. and Mrs. Frank Haselton, Route 2, Box 83, Central Point, and her daughter, Miss Janet Johnson, who makes her home with the Haseltons. Mrs. Johnson is a former resident and moved to Fairbanks about two years ago.

Chapter AA, PEO will meet Wednesday, December 14 at 12:30 p.m., at the home of Mrs. V. J. Robinson, 1917 East Main street.

Assisting the hostesses will be Mrs. C. Elwood Hedberg and Mrs. Phyllis Edwards.



HAM KRAUT ROLY-POLIES GOOD CHOICE FOR FALL DINNERS

Pamper your pocketbook with budget-saving kraut, pork 'n' apple dinners during the Kraut, Pork 'n' Apple Dinner Season, October 15-November 30. Pamper yourself, too, by using plastic-coated paper plates and save yourself the bother of dish washing.

These tempting Ham Kraut Roly-Polies practically roll themselves. They're really a cinch to prepare and wonderful to eat. Candied dill sticks are a fine accompaniment and add a colorful note to the meal. Why not plan to serve this Kraut, Pork 'n' Apple Dinner soon?

Ham Kraut Roly-Polies (Makes 4 to 6 servings)

- 1/4 cup butter or margarine
- 2 tablespoons finely chopped onion
- 1/2 cup finely chopped celery
- 1/2 teaspoon cinnamon
- 1/2 teaspoon ground cloves
- 1/2 teaspoon salt
- 1/4 cup apple juice
- 1 No. 2 can sauerkraut, drained
- 1/2 cup fine dry bread crumbs
- 1 pound boiled ham, sliced 1/4-inch thick
- Whole cloves

Melt butter or margarine; add onion, celery, cinnamon, cloves and salt. Saute 5 minutes; add apple juice and kraut and cook until mixture reaches boiling point. Add bread crumbs; mix well. Arrange on ham slices and roll jelly-roll fashion. Fasten with cloves. Bake in shallow baking pan in hot oven (450°) 15 to 20 minutes, or until heated through.

Children Can Prepare Simple Refreshments

New York —(U.P.)— Let the children make their own refreshments next time a party's on schedule.

With a little parental guidance they'll have no trouble with this simple recipe for chocolate bananas.

The ingredients: 1 package (6-oz.) semi-sweet chocolate pieces; 1/4 cup milk; 6 bananas cut in half; and 2 to 3 cups of puffed wheat.

Melt the chocolate in the top of a double boiler. Add the milk and blend until smooth. Push a wooden skewer into each piece of banana, and dip into the chocolate syrup until the surface is completely coated. Roll the bananas in puffed wheat and put on waxed paper. Store in the freezer or refrigerator until the chocolate is hardened, or for about an hour.

Eskimo Children To Receive Gifts

Oklahoma City —(U.P.)— Most youngsters look for their Christmas gifts to come from the North Pole, but 120 Camp Fire Girls are reversing the matter.

The girls, following an idea of Mrs. Calvin Jones, are sending Christmas packages to Eskimo children in a school at Teller Mission, Alaska.

Mrs. Jones learned of the children's needs through her sister, Mrs. Karl Basheller, who is in charge of education at Teller Mission. When Mrs. Jones left here to teach in France, the girls decided to complete the project.

The Eskimo children include 13 boys and 12 girls. They range in age from six to 14 years. Each girl will get a doll and the boys toy cars.

Indians Develop New Wonder Food

Washington —(U.P.)— Maybe it tastes like hay, but 2 1/2 pounds of a new "wonder food" will supply an adult's food needs for a week.

The new food, developed by scientists in India after four years of study, is a mixture of peanuts, sesame and soybean cake, the International Federation of Agricultural Producers reported here.

Its fortified with calcium, iron and vitamins A, D and B-complex. And the Indian Institute of Science, which developed the new food, says it's cheaper than rice. It figures the peanut-sesame-soybean mixture should be useful as a supplement to the typical rice diets of the Asiatic countries.

The institute is now trying to find out whether Indians like the taste of the new food. One ton of the mixture is being produced for "field trials" in scattered sections of India.

Announce Speaker For Women's Day Of Local Church

Miss Goldie Ruth Wells, former missionary in Africa, will be guest speaker for the annual Womens Day Observance in the First Christian church today.

The special missionary offering will go to the living link support fund.

Home Economics Club Plans Christmas Party

Roxy Ann Home Economics club will meet Wednesday, December 14 at 8 p.m., for a Christmas party. The husbands of members are invited for the event which will be held in the Grange hall. An exchange of small gifts will be conducted.

Frozen Bread Keeps Sandwiches Fresher

Madison, Wis. —(U.P.)— One way to beat the problem of wilted lettuce in lunch-box sandwiches is to use frozen bread.

Food specialists at the University of Wisconsin said frozen bread will keep sandwich fillings and spreads cool for several hours. The bread is ready for use three to four hours after it is taken from the freezer.

Bread stays fresh longer and is easier to spread when frozen. The slices separate easily and are good for toasting immediately.

QUICK DISH

New York —(U.P.)— For a quick main dish, indoors or out, combine your favorite barbecue sauce with canned hamburger patties.

If you plan to cook hamburgers outside, prepare the sauce early, for the hamburger patties need only five minutes of heating in the sauce, and they're ready to serve. If you want, you can use chili sauce instead of barbecue. Serve the patties on buttered, toasted buns.

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