

Grandma a Model At 75, To Work To Glamorous 80

By JOANNE GOVERN
United Press Correspondent
Milwaukee, Wis.—(U.P.)—Many fashion models figure their years in the profession are numbered. But a Milwaukee grandmother proves that modeling can be a career at 75 and beyond.

Mrs. Fred Welke, who believes she is the oldest fashion model in the nation, recently celebrated her 75th birthday with the comment she wanted to go on working until she is 80.

The wife of a retired marine engineer, Ella Welke does double duty every day, displaying top fashions at a Milwaukee department store and doing her own cooking, cleaning, washing and ironing.

Never Grow Old
"There are no idle moments," she said. "But I don't want them anyway."

She said she kept young and active because:

"I've never stopped wondering—the minute you do, you are old. I never expect to be old, because I still am thrilled by the wonderful things that go on about me."

Mrs. Welke, a tall woman with a good figure, shows fashions "for the no longer young woman or the younger woman who has a full figure."

She began modeling nine years ago, after the marriage of her only child, a daughter. The daughter, Mrs. Frank Rosa, lives in Santa Monica, Calif., and has one child, Jean.

"I wanted something to do," said Mrs. Welke. "I love people and I'm not lazy."

No Beauty Parlor
In addition to store assignments, Mrs. Welke does commercials for television and frequently speaks to women's club groups.

"I don't fuss with my face," said the 75-year-old model. "I've never been to a beauty parlor in my life."

She says her beauty care is simple—soap and water for her face, a little rouge, powder, and lipstick, and sometimes a touch of mascara. She cuts, washes and sets her own hair.

"I have no illusions about my work," she said. "I am just another woman, and like all women, I like clothes. But they must be the correct clothes for the occasion."

"I don't attempt sophistication because it has no place in older women's lives."

Her advice to other older women:

"Don't wear clothes too young for you. You don't fool anyone."

Mother of Five By Day; Comedy Artist at Night
By GENE DETRO
United Press Correspondent
San Francisco—(U.P.)—Phyllis Diller, 38, is one gal who could give even Robert Louis Stevenson's Dr. Jekyll lessons on how to live a double life.

By day, the willowy blonde is the stay-at-home spouse of an Alameda, Calif., insurance salesman and the hard-working mother of five children. But at night, it's an entirely different story.

Each evening about nine, Phyllis trades her apron for a slinky gown and the rubber face of a night club comedienne to become the feature attraction at an intimate basement bistro here known as The Purple Onion.

Since Age of Three
"Sometimes I realize what I'm doing—cooking all day and clowning all night—is impossible," she says. "But all the world's energy is yours, and it'll work for you if you only meet it half-way."

Mrs. Diller sings, mimics and composes much of her own material.

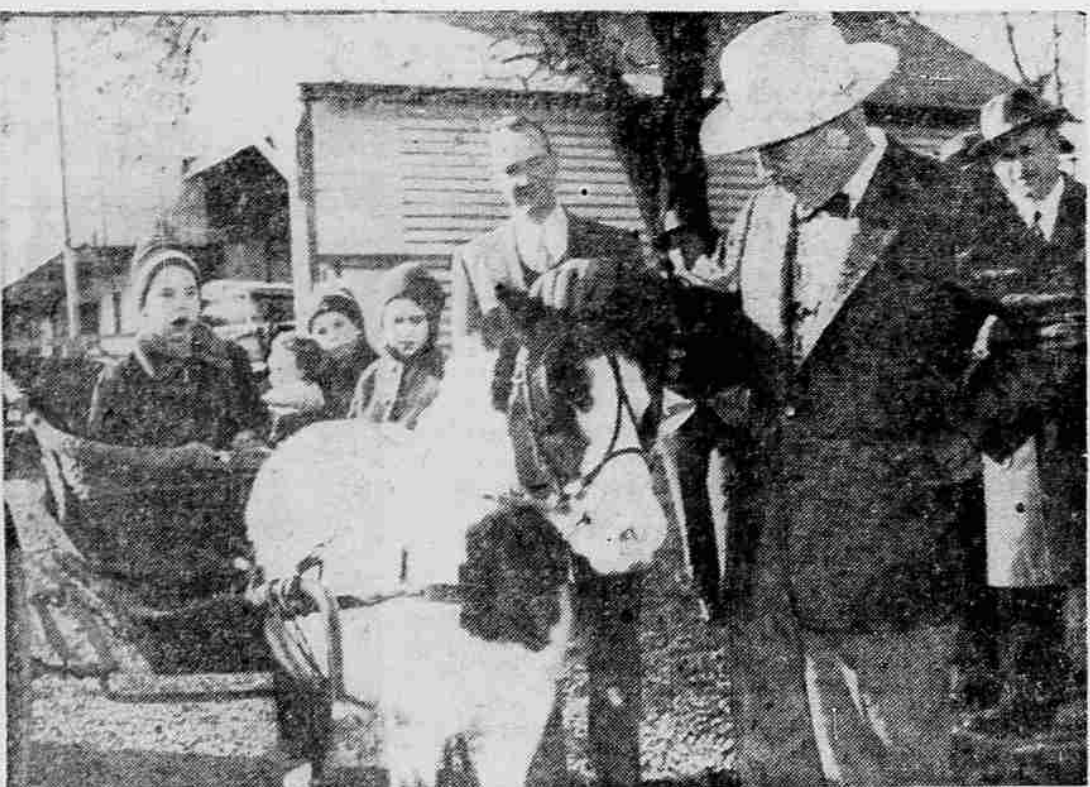
"I've felt the need to be



HE MAY NOT MAKE THE REAL ONE—Christmas came early for the Tage Stoor family in Chicago because little Guy Alan Stoor, incurably ill, may not live for the real Christmas. A recent operation revealed that the 3-year-old has a stomach malignancy. Guy sits on his mother's lap as brother, Bryan, sister, Ginger, and grandmother, Mrs. Linnea Stoor, gather around.

For superb flavor and tenderness, the Gas Appliance Manufacturers Association suggests you try your chops, steaks or roasts sprinkled generously with exotic herbs or California french salad dressing mix—the kind that comes in envelopes. Let stand at room temperature for 15 to 30 minutes, turning once. After you shake off any of the excess mix, use the drippings from the seasoned meat as a base for sauce or gravy.

Use Tribune Want Ads For Action,



DOWN ON GRANDPA'S FARM—President Eisenhower strokes the head of the pony as his grandchildren, David, Susan and Barbara Ann, prepare to start a pony-cart ride around his Gettysburg farm. Looking on is the children's father, Major John Eisenhower.

Unworried Dutchmen Live Longer Than Anyone Else

By ROBERT MUSEL
By Special Permission of the United Press Association
Americans worry more about how to live than any people on earth. The Dutch don't worry about it—but live longer than any other people on earth.

The man at the health department in Amsterdam agreed the Dutch were long-lived, but said he had never stopped to figure out why.

"Do they take vitamins?" he was asked.

"Only if the doctor tells them to."

"Do they live on vegetarian diets?"

"Not really, but they like vegetables, especially potatoes."

"They eat starch! Haven't they heard of high protein diets?"

"Why don't you ask The Hague (the seat of government)?" he suggested. "I've never given living long any thought."

The Hague said it didn't have any statistics at hand, but it did know the Dutch have the lowest death rate in the world.

"That's one reason our population increases so rapidly," it said. "It's not that so many children are born. Nobody dies."

Can it be the climate? "Don't be silly."

Holland's climate is worse than Britain's, which means when it isn't raining it's cold and chilly, and even in the summer there's apt to be a biting wind.

"You don't get much sunbathing, do you?"

"Is that necessary?" asked The Hague. "But look, I haven't giv-

en this subject much thought. Try the Dietary Institute in Amsterdam. Maybe they know."

The Institute specializes in study of food, so it was asked to suggest some of the dishes which might account for Dutch longevity.

"But first," it was asked, "do the Dutch drink lots of sour milk, load up with vitamin B, eat yeast, gulp down blackstrap molasses, sprinkle wheat germ on their food? Do they make sure they are underweight? Do they know the terrible things that happen to overweight people?"

"The Dutch are mostly overweight," said the expert. "I don't recall their eating the things you mention. The Dutch like potatoes and fat meats as well as vegetables and fruits. Ever eat erwtensopp? It's dried peas with fat pork and celery and sausages. Or zuurkool, which is sauerkraut with mashed potatoes, sausages with lard? Or boerenkool — lot's of cabbage with fat sausages and smoked meats?"

"Of course they are light drinkers?"

"No, I think we are pretty heavy drinkers."

"Do they know 40 is the dangerous age and they must give up sports and hard work and late nights and spend a lot of time taking care of themselves?"

"No—nobody's told us yet."

The diet information was checked with Jan, the waiter at the Port of Cleves restaurant. He said the best thing to do was to try a typical Dutch lunch. So after the hors d'oeuvres—I passed up the gin and beer—he brought out a huge amount of fried potatoes, under which I discovered a steak. With this mammoth portion went a card to testify that I was eating the 4,410,449th beefsteak served at the restaurant since 1870.

The inquiry resumed after a short nap.

"It's not what we do, it's what we haven't got that makes us live long," said a Dutch journalist. "I mean the cars and refrigerators and fur coats we don't have and don't worry about, and the neighbors we don't try to keep up with."

IT'S ABOUT TIME!
Minneapolis—(U.P.)—Now cake mixes are scaled to the needs of the small family. One company is out with a mix which makes a small cake—enough for four to six servings. The mix comes packaged with frosting mix and a disposable aluminum foil baking pan. At present, the small cake is available in three flavors—yellow, chocolate and white. (Pillsbury Mills).



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funny and musical—to make people laugh—since I was three," she said. "Just last year I realized that it would soon be too late in life to build such a career, unless I went ahead and did the thing I've always wanted to do."

"Now instead of telling my grandchildren what a great comedienne I could have been," she continued, "I can let my scrapbook speak for itself."

Mrs. Diller's husband really set the whole frenetic scheme in motion. He urged her to go right ahead and "be funny."

Cooperative Spouse
"My husband's a real doll," Phyllis said smilingly. "He cooperates in every way possible to make our family life a happy full one."

And the children, ranging in

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