

They'll Do It Every Time

By Jimmy Hatlo



Scientists Continuing Search For Solution To Common Cold

Washington—(U.P.)—The cold season is with us again. It's time to winterize.

Scientists are working on some vaccines but these won't be around for quite a while. An expert said today that plain old-fashioned horse sense is still about the only weapon man has against his age-old enemy.

The common cold is by all odds the most notorious member of the respiratory infection family. But it has some equally undesirable relatives like grippe, influenza, bronchitis and virus pneumonia.

Together, these diseases cause Americans more mass misery than any other illness. The average person gets six attacks a year. Children are particularly hard hit. And the cost in lost wages and production is more than two billion dollars annually.

In spite of these discouraging facts, Dr. Norman B. McCullough said there are many simple things people can do to avoid colds—and to hold down the damage if they do get them.

His prescription: Get plenty of rest, avoid chills, wear sensible clothing, and don't dope yourself with a lot of unnecessary drugs.

McCullough knows what he's talking about. He is clinical director of the National Microbiological Institute and an authority on upper respiratory infections.

He took issue in an interview

with many of the so-called cold remedies now in general use. He said science hasn't come up with a cure yet and there's no use pretending it has.

McCullough asserted that anti-histamine drugs which have been in vogue in recent years don't do any good at all. They help in some kinds of allergy, he said, but have no effect on an honest-to-goodness case of cold or grippe.

The same applies to chest rubs, bicarbonate of soda and similar home cures, McCullough said. They aren't any help and, in some cases, could be harmful.

McCullough likewise warned against the indiscriminate use of antibiotics. He conceded penicillin, for example, helps in some kinds of pneumonia and sinusitis when they are caused by bacteria.

But he said antibiotics don't do any good in ordinary cases of cold, grippe and similar infections which are mostly caused by viruses.

A Warning
McCullough said nose drops help clear clogged nasal passages. But he warned they

shouldn't be used for more than three days. After three days, he said, they inflame the mucous membranes and do more damage than good.

In short, McCullough said the best way to beat the respiratory infections this winter is to prevent them. And to do this, he recommended a few simple rules:

1. Avoid undue fatigue. Over-exertion reduces resistance, allowing latent viruses to flare into activity and cause trouble.

2. Avoid chills. It is particularly important to avoid drafts while sleeping. Chills also reduce resistance.

3. Avoid close contact with others who have colds.

4. Avoid overheating. Wear lightweight underclothes, moderate weight suit or dress and overcoats so the amount of clothing can be adjusted to keep the body's temperature more or less even. Don't overheat rooms.

5. Avoid excess dryness in your home. Humidity often is allowed to drop far too low in artificially heated houses of today. Humidity should be somewhere between 40 and 60.

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Farm Bureau Picks Harrisburg Man

Salem — (U.P.)—Gerald Detering, Harrisburg, Ore., last night was elected new president of the Oregon Farm Bureau Federation. He succeeds Ben Robinson of Imbler in the top post.

Delegates also named Eber Howard, Milton, to be third vice-president. First and second vice-presidents are carryovers from last year and the posts will not be vacant until next year's convention.

At the closing session of its 24th annual convention here yesterday, the federation went on record in favor of enactment of a retail sales tax on the state level, provided the revenue is used for educational purposes and as a property tax offset.

The sales tax resolution stipulated that agriculture should be defined as manufacturing under the terms of the proposed law to prevent pyramiding taxation. The convention urged federation membership to actively support the property reappraisal program now underway in most Oregon counties.

Dead line for Sunday Classified is noon Saturday; 10 a.m. Monday for Monday; other days 5:30 previous day

Back Stairs: Ike Noticeably Thinner

By MERRIMAN SMITH

Gettysburg, Pa. — (U.P.) — Backstairs at the Gettysburg White House:

General reaction among the folks in Gettysburg upon the President's arrival seems to be that while he was looking particularly well for a man who had just come through a heart attack, he was noticeably thinner.

Mrs. Eisenhower radiated happiness. She didn't seem to stop smiling from the time she and the President left the White House Monday until they arrived at the farm.

The President's arrival brought an estimated 100 reporters, photographers, radio and television personnel plus the necessary accompanying technicians to Gettysburg. On the first day there were four reporters here representing London newspapers.

The huge press room set up in a gymnasium in the Gettysburg hotel annex is about five times the size of the press room back at the White House. It also has something which the

crowded press room back in Washington lacks—live television cameras perched in front of press secretary Jim Hagerty's desk in case he cuts loose with a momentous announcement.

Hagerty and the reporters turned out to be one of the biggest entertainment attractions since the circus last played Gettysburg. At one of Hagerty's first news conferences, a determined pack of Cub Scouts almost got through the main entrance of the auditorium and into the conference, itself.

Thwarted momentarily, the Scouts were prepared. They deputed to the other side of the building, up a fire escape and watched the proceeding through open windows where telephone men were busily installing new cables.

Just to be on the safe side, the White House tested a helicopter landing not far from the President's farmhouse before Mr. Eisenhower arrived. The helicopter got in and out in good shape, and this form of transportation could be used if necessary. But Hagerty doesn't think the need will arise.

The White House is trying

to keep life inside the Eisenhower house, itself, as simple as possible. Just as Maj. Gen. Howard McC. Snyder, the President's physician, forecast before leaving Denver, there are no resi-

dent extra nurses, medical attendants or additional servants. Dolores Mooney, the wife of the President's valet, John, does the cooking. And Mrs. Eisenhower, as she always does, is served by her maid, Mrs. Rose Wood.

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Prineville Freight Terminal Burns

Prineville — (U.P.) — Fire that swept the Owens Freight Terminal in Prineville yesterday did an estimated \$75,000 to \$100,000 damage before the flames were controlled.

Firemen said several acetylene tanks stored in the building exploded, although no one was injured. Some truck tires were saved when firemen pulled them through windows with the aid of pike poles.

Marion Owen, owner of the building, said his loss included a truck valued at \$25,000.

Court Records

DISTRICT COURT
Lloyd Lee Askins, no clearance
lights, \$20.

George Henry Eggers, improper signaling device, \$15. (bail forfeiture).

George Henry Paul, overload, \$30.

Denn Richard Chamberlain, overlength load, \$15. (bail forfeiture).

Richard Leo Mulhollen, no tail light, \$10. (bail forfeiture).

Lewis Paul Kurz, overload, \$109.

Jack David Johnson, passing a motor vehicle without sufficient clearance, \$750.

Bernard Claude Harris, failure to dim headlights, \$10.

Harry James Palmer, overload, \$117; overlength load, \$15; failure to stop at stop sign, \$10.

CIRCUIT COURT
Pearl Elizabeth Frank vs. Wendell John Frank, divorce complaint.

Ray J. Castle vs. Beulah Castle, divorce complaint.

MARRIAGE LICENSE APPLICATIONS
Alex Graf, 72, Ashland, and Lulu Mabel Miller, 39, of 487 C St., Ashland.

Duane Adair Andrews, 24, Chewelah, Wash., and LaVerne Arlene Schroeder, 19, route 2, box 180-A, Central Point.

