

STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide
According to the Stars.
To develop message for Tuesday,
read words corresponding to numbers
of your Zodiac birth sign.

ARIES	Taurus	GEMINI	CANCER	LEO	VIRGO	LIBRA	SCORPIO	SAGITTARIUS	CAPRICORN	AQUARIUS	PISCES
1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31

(All programs at same time daily, unless otherwise indicated.)
A.M.—5:45 Sign on. Must be on by 6:00 a.m. except for following programs:
10:10-10:15 KBOY Bargains; 11:12 (Sunday only) First Baptist service.
P.M.—12:12-12:15 KBOY ranch; 12:15-12:30 (Sunday only) KBOY ranch;
6:30 Sign off.

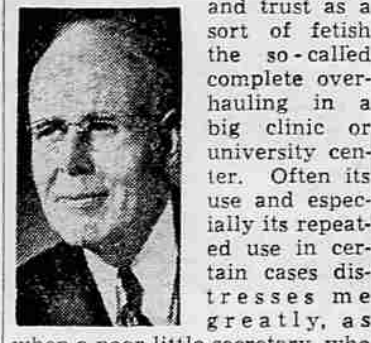
The Medical Roundup

by *Walter Alvarez*

Emeritus Consultant in Medicine,
Mayo Clinic
Emeritus Professor of Medicine,
Mayo Foundation

THE UNWISE WORSHIP OF A THOROUGH EXAMINATION

Today, many of us physicians and many of you laymen and women have come to worship



and trust as a sort of fetish the so-called complete overhauling in a big clinic or university center. Often its use and especially its repeated use in certain cases distresses me greatly, as

when a poor little secretary, who is going slowly insane, has one "thorough examination" after another, made by men who failed to look at her or talk to her and see quickly what was really wrong.

Today, we doctors tend so to concentrate our attention on laboratory reports and x-ray films that often we do not take much of a history (such as would quickly have given us the correct diagnosis, and often we do not look at the patient long enough to see signs of a stroke, or of mental disease, or hysteria. Often, we do not reason much about what we have found; we just accept the findings such as gallstones or a gastric ulcer which have been handed us. On receiving these reports, we think we have the diagnosis, but often we haven't.

I used to keep telling my graduate students of an unhappy, stout woman of 45, who wept when, after a thorough examination (which she fully expected and demanded of me, but which I did not want because she had already been thoroughly "overhauled" several times in her home city). She wept when I told her I did not know how to cure her; I did not know what to prescribe. As she wept, she accused me, as such persons often do, of not having examined her thoroughly enough. She said, "Once a quack gave me a more complete and spectacular examination than you gave me. He had rooms full of electrical gadgets, which he used on me." Wouldn't Follow Diet?

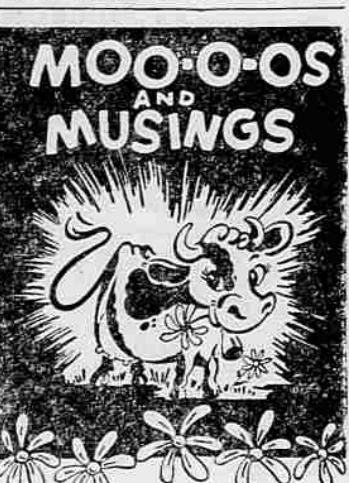
As usual, the woman's complaint was that "You have not found anything wrong with me," but, actually, this was not my trouble. In the first place, the woman was too stout, but she would not follow a diet. She had some increase in her blood pressure, but her aches and pains and miseries all over her body could not be blamed on that. She had a somewhat high basal metabolic rate, but since at home two operations on her thyroid gland had not changed her, my thyroid experts did not believe any of her troubles had been due to her little goiter.

She had a soft stone floating around in a normally-functioning gallbladder, but since she had never had a colic, my friends the surgeons and I had no desire to operate. We were sure that the removal of her gallbladder would not do her any good. She had two little stones in one kidney, but since they were firmly stuck in the kidney substance and were not producing symptoms, I had no desire to remove them surgically.

Pouches on Colon
She had a hundred diverticula or little pouches on her colon, but these, like her gray hairs, were almost normal for her age and did not require treatment. As usual, they were not producing any symptoms. She had what the urologists called a chronic urethritis of mild degree to account perhaps for some of her frequency of urination, but since sad experience had taught me that the more this is treated the worse a nervous

woman can get, I did not want to start anything. The woman had some big varicose veins on one leg, but since they were not producing symptoms, no one wanted to operate on them.

Well, then, what was wrong with the women? I took her husband and her sister into another room and learned that all her life, just like her worry-wart and



A hundred thousand women volunteers are needed to help get out the vote to repeal the 19th amendment.

This unfair legislation must go, ladies, and your help is desperately needed.



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Life is Worth Living
Bishop Fulton J. Sheen discusses the problems of everyday living and offers practical solutions in inspiring, informal talks.
Tuesday at 9:30 P.M. on KJYC, 1230 on the dial. Sponsored by Admiral Corp.
ABC Radio Network

hypochondriac of a mother, she had been a chronic complainer; a constant "go-to-doctors and hospitals," and often weepy and depressed, like her mother's insane sister.

Finally, the husband had become so fed-up with this woman who never had shown him any affection, that, after providing well for her support, he got himself a merry and friendly and attractive companion. When the wife found out about this arrangement, naturally, she was twice as miserable as she was before.

But, as I told her, I did not know of any medicine or operation that would cure unhappiness over a messed-up life.

Learn Self-Control
Sometimes I startle a youngish woman into wanting to stop and reform and build a new life by saying, "By your undisciplined behavior you have made an awful mess of these first 30 years. According to The Good Book you have 40 more years to

live. Do you want to make as bad a mess of those years, too?" And the girl says: "Oh, no, no, don't say that; I can't bear to think of another 40 years of this sort of life."

"All right then," say I, "Why not summon all the powers you have within you; start learning self-control; quit fussing and stewing and blowing your top; give husband and children much affection and always peace, and see how rich and happy and rewarding and healthy your life can be."

Dr. Alvarez regrets he hasn't time in which to read or answer requests for information.
(Released by The Register and Tribune Syndicate, 1955)

MORE DATES
for girls who quicken healing of externally caused pimples by relieving itchy irritation with Resinol Ointment. Its medication in lanolin really works!
Sample free. Write: Resinol, 11, Baltimore 1, Md.
RESINOL CONTAINS LANOLIN

Strange As It Seems

by Elsie Hix



4-H Club News

Upper Rogue Livestock Club
A meeting was held at the home of Ed Houston to organize our club and to elect officers for the following year on Oct. 31. The next meeting will be held Dec. 26 at 7:30 p.m. at the home of Robert Peile.

Our officers are President Linda Jackel, Vice-President Robert Peile, Secretary Jeanett Robertson and Reporter Velma Peile.

There are 11 members in our

club. Our projects consist of dairy, sheep and goats.

Our banquet, which is held for the members who competed the year before will be held Dec. 8 at the VFW Hall in Shady Cove 7:30.

Velma Peile, Reporter

Beware Coughs Following Flu

After the flu is over and gone, the cough that follows may develop into chronic bronchitis if neglected. Creomulsion relieves promptly because it goes into the bronchial system to help loosen and expel germ laden phlegm, and aid nature to soothe and heal raw, tender, inflamed bronchial membranes. Get a large bottle of Creomulsion at your drug store. For children get milder, faster Creomulsion for Children in the pink and blue package. Adv. Creomulsion

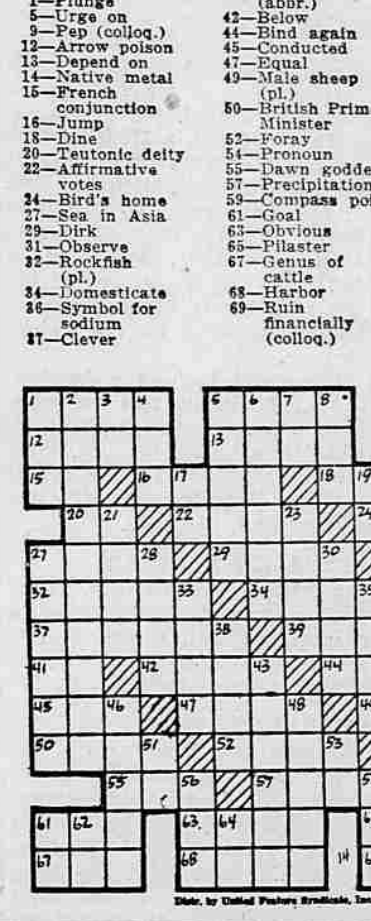
relieves Coughs, Chest Colds, Acute Bronchitis

Don't Neglect Slipping FALSE TEETH

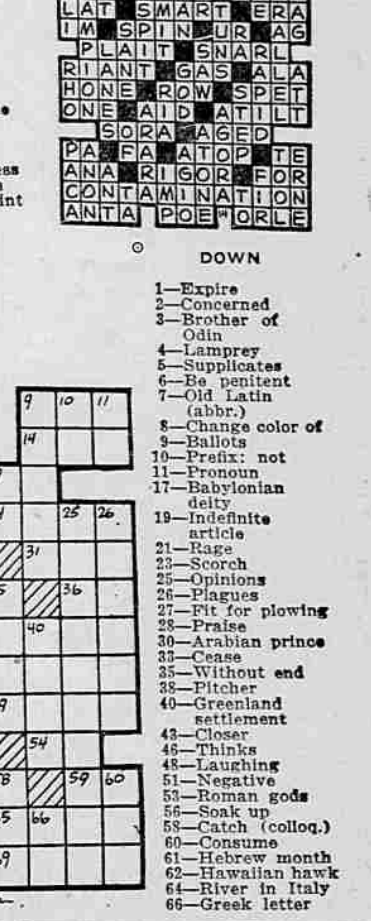
Do false teeth drop, slip or wobble when you talk, eat, laugh or sneeze? Don't be annoyed and embarrassed by such handicaps. FASTEETH, an alkaline (non-acid) powder to spritz in on your plates, keeps false teeth more firmly set. Gives confident feeling of security and added comfort. No gummy, gooey, nasty taste or feeling. Get FASTEETH today at any drug counter.

CROSSWORD PUZZLE

Answer to Saturday's Puzzle



ACROSS
1—Plunge
2—Urges on
3—Pop (colloq.)
4—Arrow poison
5—Depend on
6—Native metal
7—French conjunction
8—Jinx
9—Teutonic deity
10—Affirmative
11—Bird's home
12—Sea in Asia
13—Dirk
14—Observe
15—Rockfish (pl.)
16—Domesticated
17—Symbol for sodium
18—Clever



DOWN
1—Expire
2—Concerned
3—Brother of Odin
4—Lamprey
5—Supplicates
6—Be penitent
7—Old Latin (abbr.)
8—Change color of
9—Balloons
10—Facts; not
11—Pronoun
12—Romanian deity
13—Indefinite article
14—Rape
15—Scorch
16—Quintons
17—Plagues
18—Fits for plowing
19—Praise
20—Arabian prince
21—ease
22—Without end
23—Pitcher
24—Greenland settlement
25—Closer
26—Chinks
27—Laughing
28—Negative
29—Quintons
30—Scotch up
31—Catches (colloq.)
32—Consume
33—Hebrew month
34—Australian hawk
35—River in Italy
36—Greek letter

RADIO PROGRAMS—MONDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

KJYC — 1230 kc	KMED — 1440 kc	KWIN — 1400 kc
4:00—The Childrens Hour 4:15—Club 1230 4:30—Club 1230 4:45—Club 1230 & Weather	Weekday Weekday Weekday Weekday	Fulton Lewis Hemingway News Here's the Answer Sam Hayes
5:00—Edward R. Murrow 5:15—Bill Stern 5:30—Dinner Music 5:45—Frank Goss	Regional News Hotel for Pets Lone Ranger Lone Ranger	Bob & Ray Bob Greene News Bill Brundage Sports
6:00—John W. Vandercook 6:15—Lowell Thomas 6:30—Arnos & Andy 6:45—Arnos & Andy	KMED Sports Daily Washington Report Man on the Go Man on the Go	Local News Virgil Pinkley Sam Hayes
7:00—Godfrey Talent Scouts 7:15—Godfrey Talent Scouts 7:30—News & Carson 7:45—Jack Carson	Chet Huntley Fibber & Molly Medford Guard Time Medford Guard Time	True Detective True Detective John Steele John Steele
8:00—Chas. Collingwood 8:15—Tennessee Ernie 8:30—Voice of Firestone 8:45—Voice of Firestone	Morgan Beatty One Man's Family People Are Funny People Are Funny	Record Session Record Session Record Session Record Session
9:00—CBS News 9:15—Fred Robbins 9:30—Field Marshal Montgomery 9:45—Field Marshal Montgomery	Telephone Hour Telephone Hour American Adventure American Adventure	News Fulton Lewis Jr. Jack's Private Line Jack's Private Line
10:00—CBS News 10:15—Music to Remember 10:30—Music to Remember 10:45—Music to Remember	Richfield Reporter Music to Dream By Night Serenade Night Serenade	KWIN Karavan KWIN Karavan KWIN Karavan KWIN Karavan
11:00—Music to Remember 11:15—Music to Remember 11:30—Music to Remember 11:45—Music & News	News & Nightwatchman Nightwatchman Nightwatchman Nightwatchman	KWIN Karavan KWIN Karavan KWIN Karavan KWIN Karavan
12:00—Sign Off	Sign Off	Music till Morn (all night)

RADIO PROGRAMS—TUESDAY

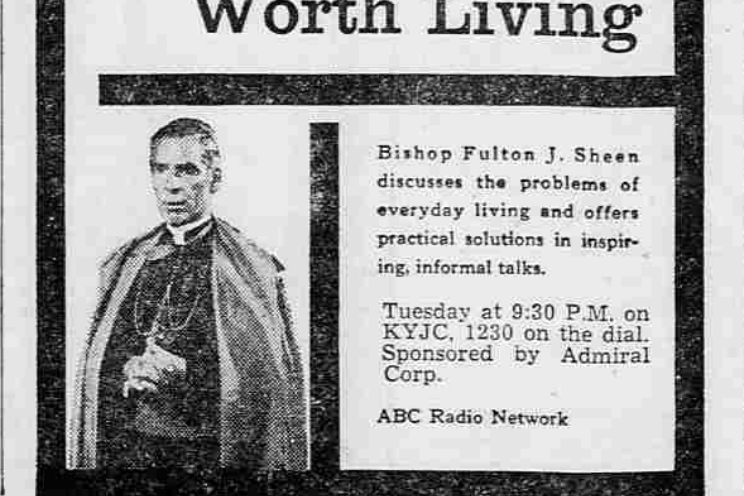
KJYC — 1230 kc	KMED — 1440 kc	KWIN — 1400 kc
6:00—CBS News Roundup 6:15—Yawn Patrol 6:30—Home Appliance Joe 6:45—Home Appliance Joe	KMED Koral KMED Koral KMED Presents First News	Wakeup Ranch Wakeup Ranch Top of the Morning Top of the Morning
7:00—Home Appliance Joe 7:15—Martin Armstrong 7:30—Tom MacLeod—Sports 7:45—Harry Babbitt	Larry Roundup Weather & Local Beat News Commentary Weather & 7:50 News	Hemingway News Breakfast Gang Regional News Best Buy
8:00—Frank Goss 8:15—Breakfast Club 8:30—Breakfast Club 8:45—Breakfast Club	Wild News Roundup Kash Box Swag & Sell Songs M. Visit Fibber & Molly	Chit Ingle News Bob Greene News Haven of Rest Haven of Rest
9:00—Coke Time 9:15—Coke Glee Club 9:30—Helen Trent 9:45—News & Bulletins	Friendship Circle Serenade in Blue Mid-Morning News McBride's Dr. Peale	Town Topics Capital Commentary Voice of Deliverance Voice of Deliverance
10:00—Whispering Streets 10:15—Relay Quiz 10:30—Howard Miller Show 10:45—Trading Post	Weekday Weekday Weekday Weekday	Story Time Story Time Story Time Story Time
11:00—Monte's Music Box 11:15—Monte's Music Box 11:30—Nora Drake 11:45—Aunt Mimi	Weekday Weekday Weekday Weekday	Queen for a Day Queen for a Day Queen for a Day Queen for a Day
12:00—Paul Harvey 12:15—Jeepers & Music 12:30—Rogue Valley Reporters 12:45—Weather & Lost Pets	Lunchtime News & Wx Lunchtime Markets Lunchtime Features Mystery & Kashbox	Noontime News Western Roundup Time Western Roundup Time Western Roundup Time
1:00—Arthur Godfrey 1:15—Arthur Godfrey 1:30—Arthur Godfrey 1:45—Arthur Godfrey	Right to Happiness Siesta Dances Wilder Brown Pepper Young	Western Roundup Time Western Roundup Time Western Roundup Time Town & Country Time
2:00—Arthur Godfrey 2:15—Arthur Godfrey 2:30—Ruth Ashton 2:45—Musical Mixmaster	Woman in House Claude Rains Westside Party Westside Party	Luncheon with Lopez Luncheon with Lopez America's Front Door America's Front Door
3:00—Houseparty 3:15—Houseparty 3:30—Concerttime 3:45—Concerttime	Westside Party Westside Party Westside Party Westside Party	Musical Melody Melody Manor Behind the Story Tello-Test
4:00—The Childrens Hour 4:15—Club 1230 4:30—Guest Star 4:45—Club 1230 & Weather	Weekday Weekday Home Tips 3-Star Xtra	Fulton Lewis Jr. Hemingway News Here's the Answer Sam Hayes
5:00—Edward R. Murrow 5:15—Bill Stern 5:30—Dinner Music 5:45—Frank Goss	Regional News Hotel for Pets Lone Ranger Lone Ranger	Bob & Ray Bob & Ray Bob Greene News Bill Brundage Sports
6:00—John W. Vandercook 6:15—Lowell Thomas 6:30—Arnos & Andy 6:45—Arnos & Andy	KMED Sports Daily Sports Daily C. of Bulletin Man on the Go	Local News Virgil Pinkley Sam Hayes
7:00—\$64,000 Question 7:15—\$64,000 Question 7:30—Safety Pays 7:45—Safety Pays	Chet Huntley Fibber & Molly Dragnet Dragnet	Treasury Agent Treasury Agent Broadway Cop Broadway Cop
8:00—Chas. Collingwood 8:15—Tenn. Ernie 8:30—Fred Robbins 8:45—Bing Crosby	Morgan Beatty One Man's Family People Are Funny People Are Funny	Record Session Record Session Record Session Record Session
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TV PROGRAMS—KBES (Channel 5)

Monday	1:30—World of Mr. Sweeney
12:00—High Noon	2:00—Pinky Lee
1:00—Music Hall	2:30—Howdy Doody
1:15—Secret Storm	3:00—Feminine Fancies
	3:30—Matinee
	4:45—TBA
	5:00—Uncle Bill Show
	5:30—TV Question Box
	5:45—Garden, Home and Farm
	6:00—Adventure Literature
	6:30—Ashland Program
	6:45—Shopping for Fashions & Gifts
	7:00—Studio 54
	8:00—Conrad Nagel Theater
	8:30—Badge 714
	9:00—I Love Lucy
	9:30—December Bride
	10:00—Drive-In Theater
	10:30—Weather
	10:35—Best Theater
	11:35—News
	11:40—Sign Off

MEN PAST 40
Troubled with GETTING UP NIGHTS
Pains in BACK, HIPS, LEGS
Tiredness, LOSS OF VIGOR
If you are a victim of these symptoms then your troubles may be traced to Glandular Inflammation. Glandular Inflammation is a constitutional disease and medicines that give temporary relief will not remove the causes of your troubles. Neglect of Glandular Inflammation often leads to premature senility, and incurable malignancy. The past year men from 1,000 communities have been successfully treated here at the Excelsior Institute. They have found soothing relief and a new zest in life. The Excelsior Institute, devoted to the treatment of diseases peculiar to older men by NON-SURGICAL Methods, has a NEW FREE BOOK that tells how these troubles may be corrected by proven Non-Surgical treatments. This book may prove of utmost importance to your life. No obligation. Address Excelsior Institute, Dept. 7111, Excelsior Springs, Missouri. Use Mail Tribune Want Ads Dead line for Sunday Classified is at noon Saturday.



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