

## STAR GAZER

By CLAY R. POLLAN  
Your Daily Activity Guide  
According to the Stars  
To develop message for Wednesday,  
read words corresponding to numbers  
of your Zodiac birth sign.

| DATE  | 1           | 2           | 3           | 4           | 5           | 6           | 7           | 8           | 9           | 10          | 11          | 12          | 13          | 14          | 15          | 16          | 17          | 18          | 19          | 20          | 21          | 22          | 23          | 24          | 25          | 26          | 27          | 28          | 29          | 30          | 31          |
|-------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| ARIES | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 | 16-30-34-50 |

## Personal Health Service

By WILLIAM BRADY, M.D.

Readers should address inquiries to:  
Dr. William Brady  
263 El Camino, Beverly Hills, Calif.

### So You Can't Chin Yourself?

Michigan leader, telling how her parents lived to the age of 87 and 89 without any teeth or dentures, mentioned that her father could chin himself more times than any of his teen age grandsons could.

Oh, come now, isn't that going a little too far? These grandsons, I take it, were or are Americans. Surely, Ma'am, you can't expect young Americans to chin themselves, run a mile, turn hand springs and flips and all that there stuff?

The sort of thing just isn't done by the namby-pamby youth of today.

In tests of physical strength of boys from 6 to 16 years of age less than a tenth of the European boys failed to pass, while half of the American boys failed.

"We've found so few boys can chin now that we've discontinued the test," said the director of physical education and athletics at one American university. The professor of physical

education at another said "They still have leg muscles, but muscles in the shoulder girdle and in the arms have almost disappeared."

Isn't it about time to squelch for good and all, and for the good of all, instead of the few, our high school? Even if football "training" is beneficial for boys who escape injuries, the benefit is restricted to the few at the expense of the many. That is to say, not the times and dollars the student dime is virtually forced to cough up for football equipment, but the cutting of

classes and the neglect of proper high school activities in order to pamper and glorify the prima donnas of football.

It is painfully obvious, from the fact that so many boys can't chin themselves nowadays, that physical education in America is a costly farce.

No wonder the experts are worried about what is going to happen to America in the coming Olympic games.

This shameful fact is something for every American to ponder: Nearly four and a third million of men from 18 to 25 years, old were given pre-induction physical examinations in the seven years from 1948 to 1955. More than half of them, 2,248,000, were rejected on physical and mental grounds.

No, I'm afraid I can't chin myself now. I mean I'm afraid to try. Afraid the attempt might aggravate the pain in the neck I've had since I last did my morning rolls three or four weeks ago. Whatever slight injury I sustained seems to be

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## RADIO PROGRAMS—TUESDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

KYJC — 1230 KC KMED — 1440 KC KWIN — 1400 KC

|                          |                     |                             |
|--------------------------|---------------------|-----------------------------|
| 4:00—Childrens Hour      | Turn Back Clock     | Fulton Lewis Jr.            |
| 4:15—Club 1230           | Turn Back Clock     | Hemingway News              |
| 4:30—Guest Star          | KMED Presents       | Here's the Answer           |
| 4:45—Club 1230 & Weather | 3 Star Xtra         | Sam Hayes                   |
| 5:00—Edward R. Murrow    | Regional News       | Bob & Ray                   |
| 5:15—Bill Stern          | Hotel For Pets      | Bob & Ray                   |
| 5:30—Dinner Music        | Lone Ranger         | Bob Greene News             |
| 5:45—Frank Goss          | Lone Ranger         | Bill Brundage Sports        |
| 6:00—John W. Vandercreek | Sports Reports      | Gabriel Heater              |
| 6:15—Lowell Thomas       | Chamber of Commerce | Local News                  |
| 6:30—Amos & Andy         | Man On The Go       | Virgil Pinder               |
| 6:45—Amos & Andy         | Music & News        | Sam Hayes                   |
| 7:00—Suspense            | Chet Huntley        | Treasury Agent              |
| 7:15—Suspense            | Chet Huntley        | Treasury Agent              |
| 7:30—Safety Pays         | Chet Huntley        | Treasury Agent              |
| 7:45—Safety Pays         | Chet Huntley        | Treasury Agent              |
| 8:00—Chas. Collingwood   | Morgan Beatty       | Record Session              |
| 8:15—Tennessee Ernie     | One Man's Family    | Record Session              |
| 8:30—Fred Robbins Show   | People Are Funny    | Record Session              |
| 8:45—Fred Robbins Show   | People Are Funny    | Record Session              |
| 9:00—CBS News            | Radio Theatre       | Record Session              |
| 9:15—Fred Robbins Show   | Radio Theatre       | Record Session              |
| 9:30—Bishop Fulton Sheen | Radio Theatre       | Record Session              |
| 9:45—Bishop Fulton Sheen | Radio Theatre       | Record Session              |
| 10:00—Sports Roundup     | Richfield Reporter  | KWIN Karavan                |
| 10:15—Music to Remember  | Music to Remember   | KWIN Karavan                |
| 10:30—Music to Remember  | Music to Remember   | KWIN Karavan                |
| 10:45—Music to Remember  | Music to Remember   | KWIN Karavan                |
| 11:00—Music to Remember  | Music to Remember   | KWIN Karavan                |
| 11:15—Music to Remember  | Music to Remember   | KWIN Karavan                |
| 11:30—Music to Remember  | Music to Remember   | KWIN Karavan                |
| 11:45—Music to Remember  | Music to Remember   | KWIN Karavan                |
| 12:00—Sign Off           | Sign Off            | Music Till Morn. (All Nite) |

## RADIO PROGRAMS—WEDNESDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

KYJC — 1230 KC KMED — 1440 KC KWIN — 1400 KC

|                              |                      |                             |
|------------------------------|----------------------|-----------------------------|
| 6:00—News of America         | KMED Korral          | Wakeup Ranch                |
| 6:15—Jawn Patrol             | KMED Korral          | Wakeup Ranch                |
| 6:30—Home Appliance Joe      | KMED Korral          | Wakeup Ranch                |
| 6:45—Home Appliance Joe      | KMED Korral          | Wakeup Ranch                |
| 7:00—Coffee Concert          | Weather & Local Beat | Breakfast Gang              |
| 7:15—Martin Agronsky         | Weather & Local Beat | Breakfast Gang              |
| 7:30—Tom MacLeod-Sports      | Weather & Local Beat | Breakfast Gang              |
| 7:45—Harry Babcock           | Weather & Local Beat | Breakfast Gang              |
| 8:00—Frank Goss              | World News Roundup   | Cliff Ingle News            |
| 8:15—Breakfast Club          | Kashbox, Swap & Sell | Green News                  |
| 8:30—Breakfast Club          | Kashbox, Swap & Sell | Green News                  |
| 8:45—Breakfast Club          | Kashbox, Swap & Sell | Green News                  |
| 9:00—Ted Malone              | Friendship Circle    | Capitol Commentary          |
| 9:15—Cote Club               | Friendship Circle    | Capitol Commentary          |
| 9:30—Helen Trent             | Manhattan Melodies   | Capitol Commentary          |
| 9:45—Helen Trent             | Manhattan Melodies   | Capitol Commentary          |
| 10:00—Whispering Streets     | Second Chance        | Newspaper Of The Air        |
| 10:15—Relay Quiz             | See Chance & News    | See Chance & News           |
| 10:30—Howard Miller Show     | Strike It Rich       | Strike It Rich              |
| 10:45—Howard Miller Show     | Strike It Rich       | Strike It Rich              |
| 11:00—Music Box              | Phrase That Pays     | Phrase That Pays            |
| 11:15—Music Box              | Phrase That Pays     | Phrase That Pays            |
| 11:30—Nora Drake             | McBride, Dr. Payne   | McBride, Dr. Payne          |
| 11:45—Nora Drake             | McBride, Dr. Payne   | McBride, Dr. Payne          |
| 12:00—Paul Harvey            | Lunchtime News & WX  | Lunchtime News & WX         |
| 12:15—Record Rack            | Lunchtime News & WX  | Lunchtime News & WX         |
| 12:30—Royce Valley Reporters | Lunchtime News & WX  | Lunchtime News & WX         |
| 12:45—Weather & Jeopardy     | Mystery & Kashbox    | Mystery & Kashbox           |
| 1:00—Arthur Godfrey          | Right To Happiness   | Right To Happiness          |
| 1:15—Arthur Godfrey          | Right To Happiness   | Right To Happiness          |
| 1:30—Arthur Godfrey          | Right To Happiness   | Right To Happiness          |
| 1:45—Arthur Godfrey          | Right To Happiness   | Right To Happiness          |
| 2:00—Arthur Godfrey          | Woman In My House    | Woman In My House           |
| 2:15—Arthur Godfrey          | Woman In My House    | Woman In My House           |
| 2:30—Arthur Godfrey          | Woman In My House    | Woman In My House           |
| 2:45—Arthur Godfrey          | Woman In My House    | Woman In My House           |
| 3:00—Houseparty              | Westside Party       | Westside Party              |
| 3:15—Houseparty              | Westside Party       | Westside Party              |
| 3:30—Concerttime             | Westside Party       | Westside Party              |
| 3:45—Concerttime             | Westside Party       | Westside Party              |
| 4:00—The Childrens Hour      | Turn Back Clock      | Fulton Lewis Jr.            |
| 4:15—Club 1230               | Turn Back Clock      | Hemingway News              |
| 4:30—Marine Melody Time      | KMED Presents        | Here's the Answer           |
| 4:45—Club 1230 & Weather     | 3 Star Xtra          | Sam Hayes                   |
| 5:00—Edward R. Murrow        | Regional News        | Bob & Ray                   |
| 5:15—Bill Stern              | Hotel For Pets       | Bob & Ray                   |
| 5:30—Dinner Music            | Lone Ranger          | Bob Greene News             |
| 5:45—Frank Goss              | Lone Ranger          | Bill Brundage Sports        |
| 6:00—John W. Vandercreek     | Sports Reports       | Gabriel Heater              |
| 6:15—Lowell Thomas           | Chamber of Commerce  | Local News                  |
| 6:30—Amos & Andy             | Man On The Go        | Virgil Pinder               |
| 6:45—Amos & Andy             | Music & News         | Sam Hayes                   |
| 7:00—Musical Interlude       | Chet Huntley         | Treasury Agent              |
| 7:15—Past Blue Ribbon        | Chet Huntley         | Treasury Agent              |
| 7:30—Past Blue Ribbon        | Chet Huntley         | Treasury Agent              |
| 7:45—Past Blue Ribbon        | Chet Huntley         | Treasury Agent              |
| 8:00—Chas. Collingwood       | Morgan Beatty        | Record Session              |
| 8:15—Tennessee Ernie         | One Man's Family     | Record Session              |
| 8:30—Fred Robbins Show       | People Are Funny     | Record Session              |
| 8:45—Fred Robbins Show       | People Are Funny     | Record Session              |
| 9:00—CBS News                | Radio Theatre        | Record Session              |
| 9:15—F.B.I. In Peace & War   | Groucho Marx         | Fulton Lewis Jr.            |
| 9:30—F.B.I. In Peace & War   | Groucho Marx         | Fulton Lewis Jr.            |
| 9:45—F.B.I. In Peace & War   | Groucho Marx         | Fulton Lewis Jr.            |
| 10:00—Sports Roundup         | Richfield Reporter   | KWIN Karavan                |
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| 12:00—Sign Off               | Sign Off             | Music Till Morn. (All Nite) |

(All programs at same time daily unless otherwise indicated)

A.M.—5:45—KBOY Bargains; 11-12 (Sunday only) First Baptist service;

P.M.—12-12:15 KBOY ranch; 12:15—12:30 (Sunday only) KBOY ranch;

6:30 Sign off.

## TV PROGRAMS—KBES (Channel 5)

|                           |                           |                           |
|---------------------------|---------------------------|---------------------------|
| TUESDAY                   | 3:30—Matinee              | 12:00—High Noon           |
| 4:45—Love of Life         | 1:00—Music Hall           | 1:00—Music Hall           |
| 5:00—Uncle Bill Show      | 1:15—Secret Storm         | 1:15—Secret Storm         |
| 5:30—Armchair Theater     | 1:30—World of Mr. Sweeney | 1:30—World of Mr. Sweeney |
| 6:30—Boston Blackie       | 1:45—Howdy Doody          | 1:45—Howdy Doody          |
| 7:30—My Favorite Husband  | 2:00—Pinky Lee            | 2:00—Pinky Lee            |
| 8:30—Phil Silvers Show    | 2:30—Feminine Fancies     | 2:30—Feminine Fancies     |
| 9:30—Let's Kick It Around | 3:00—Love of Life         | 3:00—Love of Life         |
| 10:30—Famous Playhouse    | 4:00—Uncle Bill Show      | 4:00—Uncle Bill Show      |
| 11:00—News                | 4:30—Our Heritage         | 4:30—Our Heritage         |
| 11:30—Sign Off            | 5:00—Dance Time           | 5:00—Dance Time           |

12:00—High Noon

1:00—Music Hall

1:15—Secret Storm

1:30—World of Mr. Sweeney

1:45—Howdy Doody

2:00—Pinky Lee

2:30—Feminine Fancies

3:00—Love of Life

4:00—Uncle Bill Show

4:30—Our Heritage

5:00—Dance Time

5:30—Homeside Cassidy

6:00—20th Century Fox Show

6:30—Dinner Music

7:00—Follow That Man

7:30—Science Fiction

8:00—Weather

8:30—The Big Fight

9:00—News

11:00—Sign Off

11:30—Sign Off

12:00—Sign Off

12:30—Sign Off

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