



Beta Epsilon, new silver anniversary chapter of Beta Sigma Phi sorority, was instituted in Medford last Wednesday evening in ceremonies at the home of Mrs. C. Reese Bralley on Valley View drive. A reception following the ceremony with Mrs. Larry Allen, president of the city council of Beta Sigma Phi, pouring. Officers of the chapter are (left to right) Mrs. Warren Wolf, vice-president of the new chapter, Mrs. Paul Morris, president and Mrs. Roy Stein, advisor. (Brainerd photo)

## Beta Sigma Phi Institutes Silver Anniversary Chapter

Pledges of a new silver anniversary chapter, Beta Upsilon of Beta Sigma Phi, were initiated in a formal candlelight ceremony held at the home of Mrs. C. Reese Bralley, 245 Valley View drive on Wednesday evening.

Mrs. Larry Allen, Beta Sigma Phi city council president conducted the ceremony. She was assisted by Mrs. Curt Butterfield, organizing chairman of the silver anniversary chapter, and Mrs. Roy Stein, advisor for the new chapter.

Pledges initiated were Mrs. Walter Smith, Mrs. R. L. Palmer, Mrs. Paul Morris, Mrs. Robert Schroeder, Mrs. Carl Christenson, Mrs. Warren Wolf, Mrs. Gerald von Ting, Mrs. Howard Blew, Mrs. Wayne Wright, Mrs. John Selby, Mrs. Arthur Brooks, Mrs. Wayne Harris, Mrs. Robert Hamilton, Mrs. M. H. Parsons, Mrs. Jack Cannon, and Mrs. De-Von Wray.

Following the initiation ceremony, the new officers of the chapter were installed by Mrs. Allen. Officers are Mrs. Morris, president; Mrs. Wolf, vice-president; Mrs. Cannon, treasurer; Mrs. Hamilton, extension officer; Mrs. Schroeder, recording secretary, and Mrs. Palmer, corresponding secretary. Committee chairmen for the group were also appointed.

A formal reception to welcome the new pledges concluded the evening. Mrs. Mamie Sleeter and Mrs. Kurt Denton poured. Mrs. Sleeter, Mrs. Denton and the hostess, Mrs. Bralley, are honorary members of Beta Sigma Phi. Silver decorative effects were used at the reception to accent the silver anniversary theme.

Beta Upsilon is the first silver anniversary chapter organized in Oregon. The chapter will meet bi-monthly and a representative from one of the three Medford chapters will attend each meeting for a period of six months. Pledge training will be given along with the regular cultural work. At the end of the six month period, the ritual of the jewels ceremony will make the pledges active members of Beta Sigma Phi.

Because it is a newly formed chapter, the officers and advisors have been chosen by the sorority city council but after the six month period, the members themselves will elect their own officers.

With the organization of Beta Upsilon, there are now three active Beta Sigma Phi chapters in Medford.

## Ohio Housewife Says Decorating Is Ideal Work

By ROBERT JAIN  
United Press Correspondent

Cleveland — (U.P.) — Mrs. Ivy Stone has the ideal job. She works whenever she feels like it, lays off when she wants to and always finds work waiting for her when she wants to go back to it.

The suburban Shaker Heights housewife decorates walls to suit the house and the personality of the owner.

"It's an awful lot of fun," Mrs. Stone, the mother of two small children, said. "I wouldn't even charge, if it weren't for the fact I'd be flooded with requests."

A graduate of Cleveland Art school, she taught there for 11 years. But marriage and children made it increasingly hard for her to keep to a class schedule.

"That's why this is nice," she said. "If I don't like the looks of a job I just put my price up so high I don't get it."

Decorating does not cover all of Mrs. Stone's artistic output. She exhibits regularly in Cleveland's May Show, a spring exhibit of the region's outstanding artists, and has had her works in many other shows.

She said the most interesting job she ever handled was doing over a basement recreation room for two teen-age sons of a neighboring family.

First she had a painter cover the walls and ceiling of the dark room with bright green and yellow sections. Then she went to work with a Mexican motif—donkeys and children playing in the sun.

"A little bit of that kind of painting goes a long way in a house," she said. "Put too much on and the whole thing is ruined."

Mrs. Stone has no need for advertising; the work comes fast enough for her taste. Her principal interest is with her children, Marvin Buddy, 8, and

## Protein Consumption Increasing in America Says College Economist

Ithaca, N.Y. — (U.P.) — Americans are eating more and more proteins, Prof. Frank A. Pearson, Cornell agricultural economist, reports.

Increased consumption of protein foods is "the most striking change in the dietary habits of Americans north of the Rio Grande, including Canada," Pearson says.

In the 1920's and '30's, proteins made up little more than one-third of the total pounds of food consumed, Pearson says. By the 1950's, this increased to about 40 per cent.

He says that in 1950-53, the per capita consumption of total proteins was 620 pounds.

This change in eating habits means change in the housewife's buying habits. It has been at the expense of fruits, cereals, bakery products, potatoes and other vegetables, Pearson notes.

Leading the protein expansion is the poultry industry. Pearson says white meat and egg usage have increased about 60 and 35 per cent respectively since before World War Two. Fresh whole milk consumption ranked third, and was followed closely by red meats—both increasing about 10 per cent.

Pearson says this dietary shift has developed not only into "vigorous competition" between proteins and carbohydrates but also what "might be called a civil war" among the protein food groups themselves.

Poultry, he says, has been outstanding in the protein race for the last 15 years, while red meats have lost position.

Smaller cans on grocery shelves besides the familiar No. 2 can are size 303, manufactured to eliminate the problems of "leftovers."

Nancy Ellen, 5. "They're my full-time job," she said, and her voice indicated that was the way she wanted to keep it.

## McLeod Couple Entertains At Anniversary Open House

McLeod—Mr. and Mrs. B. Chandler, McLeod, entertained October 23 at open house honoring Mrs. Chandler's parents, Mr. and Mrs. G. O. Johnson of Santa Ana, Calif., on the occasion of their 50th wedding anniversary.

Mr. and Mrs. Johnson were married October 5, 1905 in Oklahoma.

During the open house the couple received many gifts and telegrams.

Mrs. Kenneth Vaughn and Mrs. Robert Larson, granddaughters, served and Mrs. Chandler had charge of the guest book. On the visit here Mr. and Mrs. Johnson saw their grandson, Vernon Johnson, and their great granddaughter, Pamela Jean Vaughn, for the first time.

A number of out-of-town guests attended the open house. Among them were Mrs. Ira Stepps and Mr. and Mrs. H. C. Johnston, Santa Ana; Mr. and Mrs. O. H. Johnston and son, Vernon, Portland; Mr. and Mrs. Crit Carroll, Mr. and Mrs. Leslie Gibson, Mr. and Mrs. Walt Kombs, Mr. and Mrs. John Barry, Mr. and Mrs. Kenneth Vaughn and daughter, Pamela, all of Medford; Mr. and Mrs. Leon Givens and family, Klamath Falls, and Tim Sullivan, Yreka, Calif.

From Prospect were Mrs. Joe Dobbins, Mr. and Mrs. Earl Millard, Mr. and Mrs. Roy Vaughn, Mrs. Robert Lund and daughter, Greta, Mr. and Mrs. C. A. Larson, Mr. and Mrs. M. Vognild,

Mr. and Mrs. Dorlan Woods and son, Tim, Mr. and Mrs. Vie Chapman, Mrs. Jack DeRosier, Mr. and Mrs. Ray Gillespie and son, Don, Mr. and Mrs. Harry Harding and Mr. and Mrs. Robert Larson.

California is the leading turkey producing state with Minnesota second. Between them they produced 28.6 per cent of this year's estimated national turkey crop.



This young sports fan is especially proud of his new jacket because it is applied with a football star in action. The water-repellent, washable cotton jacket by Chips and Twigs has a heavy quilted cotton flannel lining for warmth.

## Cheese-Cooking Tips Given by Instructor

East Lansing, Mich. — (U.P.) — Cheese is a popular food because it adds flavor and nutritive value to so many different dishes.

But remember three simple rules when cooking cheese, says Margaret MacDougall, a food and nutrition instructor at Michigan State College.

First, keep the heat low or moderate. Cheese needs only enough heat to melt and blend with other ingredients. High heat, or too long cooking, makes cheese tough and stringy. Too much heat also may cause mixtures of cheese, egg and milk to curdle.

Second, add cheese to other ingredients in very small bits, rather than in one large piece. Small pieces mean shorter cooking time and easier blending

## Sweet-Sour Vegetable Treat

New York — (U.P.) — A sweet-sour bacon dressing is a tasty addition to such fresh vegetables as green lima, spinach, broccoli or carrots. Cook the vegetables until tender. Then cut 1/4 pound bacon in small squares and brown lightly in the skillet. Add 1 tablespoon of finely chopped onion and cook over low heat until the onion is tender. Add 1/3 cup vinegar, 1/3 cup water, 1 tablespoon brown sugar, and salt and pepper as desired. Simmer the mixture five minutes and serve hot on the vegetables.

with other foods.

Third, blend the cheese in a smooth sauce before adding to other ingredients, when possible. This prevents curdling. And you can use the sauce on cooked vegetables, in scalloped eggs, or combined with beaten eggs for Welsh rabbit.

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The hood's the news in fall fashions, according to Seventeen magazine, which forecasts hooded jackets, dresses, sweaters, blouses and coats for back-to-school wardrobe. Typical of the hooded look is this smart sheath in black and white checked cotton knit. Cotton knits are practical as well as fashionable, the National Cotton Council says, because the knits shed wrinkles.

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Rosalind Russell

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