

Feeding the Family

By ZOLA VINCENT
Food Editor

Supper Snacks Follow Theater Party

Mrs. Inc., makers of candy, sent conferring foods editors to see the Chicago show of their choice and your foods editor chose to see "Tea House of the August Moon," a continuing delight.

Immediately following the show, the Ac'cent International people pulled aside a bamboo curtain to permit a look at Oriental eating of the nicest kind. Actually, the word should be "nibbling" because of the variety of delicious snacks inspired by Hawaii, Polynesia, Japan and China, where the use of monosodium glutamate has been going on for centuries. This flavor enhancer, best known here as "Accent," was present in this simple but elegant chicken liver recipe.

Chicken Livers au Fines Herbes

Wash one pound chicken livers; drain. Combine one-half teaspoon Accent, one-half teaspoon salt, one-eighth teaspoon pepper, one-half teaspoon oregano, one tablespoon minced onion, one tablespoon finely chopped parsley and two tablespoons olive oil or salad oil. Add livers; marinate one-half hour. Drain livers; roll in flour. Sauté in shortening, oil or butter five minutes or until brown. Turn occasionally. Place each liver on a cocktail pick (or arrange on hot platter), sprinkle with Accent and additional parsley.

Here is a fine place to express appreciation to these good folks for also having a typewriter available in our room throughout the conference in addition to the well set-up press room which is a mighty busy place when 140 foods editors want to tell their readers what's going on. Thanks, Ac'cent.

Women Like Wine

The average wine consumer is Mrs. America not Mr. America, Frank A. Whiteley, public relations director of the Wine Institute, San Francisco, told foods editors. Other findings documented included the fact that the average wine consumer is more likely to be mature than just out of the teens, to be well educated, to be from the higher economic levels. Among the 41,000,000 adult Americans who enjoy some wine, there is a popular feeling that wine is healthful, inexpensive, tastes good, "is gay and festive" as well as easy to serve. California's own Rose

(pronounced rosay) wine was starred at spectacular vintage buffet party where wine and grapes shared honors with two thousand California pink roses flown in for the occasion.

Flavored Piecrust Appears

Spry, crust, appropriately, is the name of a new concept in pie crust making, introduced, as you rightly suspect, by Lever Brothers Company, producers of the shortening, Spry. Their home economists declare that flavored spry crust is the key to a whole series of brand new pies and pastries, each with appealing characteristics of its own. You can make as many different flavored pie-crusts as there are flavors; chocolate, honey, fruit, coffee to mention a few. These new pastries are further enhanced with "roll-ins" of various ingredients such as chopped nuts, chocolate, grated coconut, chocolate sprinkles and poppy seeds giving interesting new appearance, delightful crunch and unexpected flavor to the piecrust.

Rare, Medium or Well-Done

Steaks to individual order satisfied the "eating" food editors while Vilhjalmur Stefansson, famed Arctic explorer, told of experiences in the far north as featured guest at dinner sponsored by American Meat Institute in the Grand Ballroom of the Drake Hotel, Chicago. Dr. Stefansson, author of 22 books and with fixed notions on food views and food prejudices, delighted his audience with graphic proof that meat, both lean and fat, provides physical fitness. The speaker observed that in eight years among the eskimos, he encountered not one single corpulent eskimo in a land where meat is their principal or sole item of diet.

Golden Baked Carrots

One of our most inexpensive vegetables yet full of vitamins and flavor, carrots should be used frequently. These baked carrots, we are sure, will win your heartiest approval.

1 bunch carrots
3 tablespoons butter or margarine
1 teaspoon sugar
1/2 teaspoon salt
2 tablespoons chopped onion
Slice carrots in thin strips and place in buttered casserole. Sprinkle sugar, salt and onions over carrots. Add remaining butter. Cover tightly and bake in

moderate oven (350 degrees) 30 minutes or until tender. Serves four, unless you like carrots as well as we do.

West Coast Fruits, Vegetables In Conference Spotlight

Camera's eye view of new developments in the produce industry was given foods editors by United Fresh Fruit and Vegetable Association. Film, largely produced on West coast, showed efforts of growers, shippers and government in producing better, fresher, more abundant and less expensive fruits and vegetables. We saw the orange crate disappearing, blueberries as large as marbles, a new variety of grapes called Perlette, new variety of corn, thornless blackberries and what scientists feel may be the "perfect peach."

Field packing of lettuce and celery dramatized the fact that these perishable products are actually en route to the consumer 30 minutes after harvesting. Potato harvesting showed unique new machine that moves along a potato field, digging potatoes out of the ground and replacing the earth at a rate of several miles an hour. Field-loaded trucks are directed by radio to packing stations in a traffic system which eliminates waiting in the hot sun. New washing and grading methods are also improving potatoes. An amazing thing is that all these modern methods and equipment actually lower the price to the consumer because of their efficiency.

Best Fruit Buys. A look at the fruit displays brings to mind fresh fruit salads. Available at fair prices are apples, a kind for practically any taste, oranges, bananas, grapes, cranberries and "winter melons," Casabas, Cran-shaws and Honeydews. Check with your fruit and vegetable man as to the ripeness of winter melons, because they frequently take quite a bit more ripening at room temperature to insure the juicy luscious flavor you expect.

Best Vegetable Buys include carrots, celery, cabbage, onions, Brussels sprouts, cauliflower, sweet potatoes and white potatoes. The fresh corn supply is decreasing.

Frozen fish and shellfish can be used in any recipe calling for fresh fish. This means a wide variety is available all year-round. Although not a budget food, it is of interest to note that this is lobster season. Good buys to be had in frozen halibut and northern salmon. Filets of sole, cod and perch make fine eating.

The common meadow mouse consumes its own weight in food every 24 hours.

A Nichol's Worth of . . . Comment On This and That

By HARMAN W. NICHOLS
United Press Feature Writer

Washington — (U.P.) — President Eisenhower, more's the pity, isn't wearing any kind of hat these days except occasionally a golf cap to shade his eyes when he's taking the sun on the hospital terrace in Denver.



Harman Nichols, topside, and the boost he gave to the Homburg rates him second spot on a new list of the "best-hatted men in the world."

The best-hatted selections have been made annually for the past decade or so by Harry Rolnick of Garland, Tex., who has a mercenary interest in these matters because he is a maker and peddler of male headgear.

The Duke is Best. Leading the list for 1955 is the Duke of Edinburgh, royalty's leader in men's fashions.

According to friend Harry, the Duke is not as strongly a pro-Homburg man as Mr. Eisenhower. But neither is he anti-Homburg. He wears them when the occasion demands. He also wears numbers with the snap on the brim and on formal occasions, naturally, goes for the silk toppers that look like sawed-off stove pipes.

Harry says the Duke's choice of headgear "reflects his royal position combined with a debonaire quality which makes him the best-hatted man anywhere."

Mr. Eisenhower is in second place because "his keen style sense reflects an appreciation of the right headgear, for the right occasion. He wears his hats with dignity and authority."

Mr. Harry Truman, who led the poll a couple or three times while he was in the White House dropped to sixth place. But he still "has a keen sense of showmanship, which is reflected in his head covering."

Millionaire sportsman Alfred Gwynn Vanderbilt III is in third place, a "natty dresser" who has a fabulous hat wardrobe.

enth. Golfer Ben Hogan comes next because of his "sportsman's sense of color and design."

Frank Sinatra, the male thrush, comes up ninth because he has a "perfect hat sense," and Adlai Stevenson, who once got his picture taken with a hole in his shoe, places tenth for sartorial excellence at the head level.

Among the honorable mentions are Bing Crosby, Red Skelton, Noel Coward, Joe Louis, William A. Wellman, Marlon Brando, John Ringling North, trumpeter Harry James, Michael Wilding and Gene Kelly.

I reckon it is understandable that no wretch from the working press ever seems to get into this category. Any newspaper man who owns more than one hat is looked upon with a sneer in his own society. And that one is apt to be mightily battered.

UN Security Council Vote Still Knotted

United Nations, N.Y. — (U.P.) — The Philippines and Yugoslavia battled through three more deadlocked ballots in the race for the UN Security Council yesterday before Britain forced an adjournment of the voting for 10 days.

The General Assembly has gone through 12 ballots without filling the third vacancy which will occur in the Security Council Jan. 1. Cuba and Australia were elected on the first ballot Oct. 14. Today's was the third session devoted to break the deadlock for the third seat.

The United States, pointing out that a "trend" toward the Philippines was developing in the voting, opposed Britain's motion and suggested that the Assembly hold at least three more ballots today.

The Assembly vote for adjournment was 21 to 18 with 15 abstentions.

FITTING

Portland, Me. — (U.P.) — Ernest Klemm, chief forecaster in the U. S. Weather Bureau here, won a prize at the Westcoast Grange Fair—an umbrella.

QUICK SHIFT

Anna, Ill. — (U.P.) — Thomas Lawson had a brief career as a police officer here. The first day he was on duty, he was offered a job he had applied for at a service station and so resigned from the force after half a day of service.

Idaho Falls — (U.P.) — Some 325 Phillips Petroleum workers at the National Reactor Testing station returned to their jobs yesterday in response to a federal mediation and conciliation service request.

Los Angeles Police Arrested for Theft

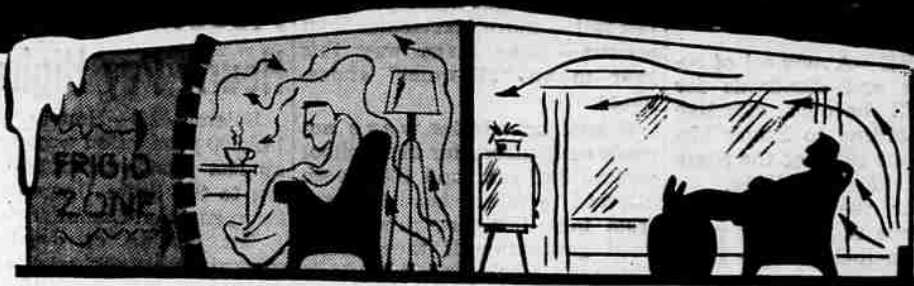
Los Angeles — (U.P.) — Police Chief William H. Parker has ordered a sweeping investigation of his department, "from top to bottom," following the arrest of five policemen on charges they burglarized stores while on duty.

Parker said other officers may be implicated in a burglary ring which operated in the West Los Angeles area.

Arrest of the four uniformed policemen and a vice squad officer, all of the West Los Angeles Division, rocked the department.

Salem — (U.P.) — The State Department of Agriculture will hold a hearing here Nov. 3 to discuss official commercial grade standards for strawberry plants now known as U.S.-Oregon 2172.

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