



**Sourdough Redivivus . . .**

Around five years ago I was able to make a major move in a long delayed plan to revive the popularity of sourdough hotcakes, biscuits and risin' bread.

The ladies of St. Andrew's church in Seattle made the move possible by allotting me two pages in a cookbook of Puget Sound and Oregon Country receipts, to describe the safe and proper management of sourdough.

But I was able to arouse only an academic interest, as far as risin' bread was concerned. A parcel of young housewives informed me that modern yeast was so sure and certain they didn't want to risk the stirring of husbandly anger by monkeying with sourdough biscuits. Even the few remaining logging camp cooks turned thumbs down on the return of the oldtime sourdough barrel. One and all were yeast addicts.

But now the Homes Demonstration Agents association is holding its 1955 annual convention in these parts, starting Oct. 9. More than 500 of these charming and able ladies will come to Seattle from the county offices of the USDA Extension Service and the Land Grant Colleges nationwide, to meet, discuss and resolve, and to see and hear of the worthwhile features of the nation's northwest corner.

**The St. Andrews Recipe . . .**

The book of recipes devised by the church ladies five years ago is certainly a fine educational feature for the home demonstration experts to know about. To make it known is my own particular mission in the affair. I'll tell the girls about sourdough hotcakes first.

You can start a sourdough batch for a dozen hotcakes with one cup of flour, a cup of very warm water, one-half teaspoon of salt, one teaspoon of sugar. Sift dry ingredients, mix with water, adding more if needed, but keeping batter stiff and strong. Use a large crock, for fermentation will double the volume of the batch. Cover the crock loosely. Then let the batter swell and bubble for a full 48 hours in the warmest corner of the domicile — in 90 degrees of heat, if possible.

In the eventide of the second day scoop up a cup of the risen sourdough, mix it with a cup of flour, and let this mixture stand overnight. Next morning, whistling "The Frozen Logger" in cheery notes, add a cup of warmish water, beat in an egg, sift in yet another cup of flour — to which SODA, salt and sugar, have been added. For this batch it takes a teaspoon of soda — no more, no less — about a quarter teaspoon of salt, and a fat pinch of salt.

Now beat'er up with a hefty iron spoon or the shank of a peavey. It's tasty to work in a tablespoon of melted bacon fat. The batter is fit to pour when it is thick as heavy cream. Use a smoking-hot griddle. Then mix more flour and water in the sourdough crock for tomorrow's hotcakes.

**You Can Use Yeast . . .**

For sourdough bread and rolls quadruple the recipe all the way through — four cups of water, etc. A yeast cake dissolved in warm water will make the sourdough ready to use in 12 hours instead of 48. Save a fourth of the batch to prime the next batch. Stir into your starter one tablespoon of melted fat and cup of flour mixed with a teaspoon of baking soda. Add plain flour until the mix will not absorb any more, then work the dough until it is silky to the touch.

Make small loaves, set them in a greased pan, keep in that warmest corner for dough to rise. When the loaves are swelled to about double the original size — it may take between one and two hours, bake. With a right hot oven the bread should be baked in from 40 to 60 minutes. Use the sliver system to test it. Rolls should have dough about three-fourths of an inch thick, with 20 minutes to rise, 20 minutes to bake in a pretty

**Weary Rescuers Dig For Trapped Miner**

Ely, Minn. — (U.P.) — Rescue crews worked around the clock for the fifth day today in their drive to reach a miner trapped 1,300 feet underground by an iron ore mine cave-in.

The weary task was pushed forward, even though it was believed positive that the miner, Joe Glinsek, 43, was dead by this time.

Glinsek and two other miners were trapped Thursday at the Pioneer Mine.

After 21 hours, the rescue teams punched through tons of mud, ore and rock to reach Albert F. Marolt, 41, and Toyoy Hill, 55.

Marolt and Hill said they had lost contact with Glinsek shortly after the cave-in and they believed he had been crushed to death.

hot oven. How do you like that, home demonstration agents?

**On The Side**

By E. V. DURLING  
(Distributed by King Features Syndicate, Inc.)

Was your charming wife a June bride? Or did you marry her in January and go to Florida on your honeymoon? Anyway, the following is what the bridal calendar has to say about brides. "A January bride will be a prudent housewife and sweet of temper. A February bride will be an affectionate wife and a loving mother. A March bride will be a frivolous chatterbox given to quarreling. An April bride is inconstant, not overwise and only fairly good looking. A June bride is impetuous and openhanded. The bride of July is handsome but quick of temper. An August bride is sweet tempered and active. A September bride is discreet and beloved by all. An October bride is fair of face, affectionate but jealous. A November bride is openhanded, kindhearted but inclined to be lawless. A December bride is graceful in person, fond of novelty, fascinating, but a spendthrift.

**Sidelights**

Do you consider yourself well informed? If so tell us quick as a quarter of a flash, what is the difference between a hurricane, a tornado and a cyclone? . . . That brilliant comedy team of McIntyre and Heath were stage partners for 60 years. That is this country's long lasting stage partnership record. . . . A title that has always had an appeal for me is "Michael and His Lost Angel." That was one of Henry Arthur Jones' best plays.

**Horses and Women**

It was Byron who said: "Like Napoleon, I have always had a great contempt for women and formed this opinion of them not hastily but from my own fatal experience. My writings, indeed, tend to exalt the sex; and my imagination has always delighted in giving them a beau ideal likeness. But I only draw them as a painting or statuary would do; as they should be."

**Guide to Guys**

An Aries (March 22-April 20) man is easy to get. But hard to hold because he is easy to get. Ask a Virgo (August 24-September 23) man for his advice. He favors the paternal attitude toward sweet young things. Many "sugar daddy" types born under Aries. The Scorpio (October 24-November 22) male is definitely a wolf type. Handle accordingly. Tell him he "frightens" you.

**Asking**

Queries from clients. Q. Am I right in saying that if the British Princess Margaret wishes to marry Captain Townsend she will have to propose to him? That it is a violation of court etiquette for a man to propose marriage to a member of the British royal family? A. The rule of court etiquette you have in mind refers only to the Queen of England. As in the case of Queen Victoria, who had to propose marriage to Prince Albert. Q. How old was Gene Tunney when he retired from the ring? A. Gene was only 28 years old when he retired, and a millionaire from money earned in his ring career.

**Poker**

Women are poor poker players. So I note it said. That might be true. But there have been exceptions. "Poker Alice" Tubbs was the best poker player in Deadwood, S.D., in that picturesque town's palmist days. I have also been informed that in Tombstone, Ariz., in the old days there was a woman called "Two Ace Dora" who was very sharp when at the poker table.

**Asides**

A New York City fire chief has just been retired, on a pension of \$8,000 a year. A man would have to have about \$250,000 to get an income like that from a safe investment. . . . Add restaurants that have been doing business for over half a century. Rosoff's on Times Square, Manhattan. Established in 1899.

**Reasons?**

"What Brooklyn Dodger player was your boyhood idol?" asked a Brooklynite. Although I lived in Brooklyn as a lad I had no idol on the Dodger team. My boyhood idol among baseball players was Hans Wagner of the Pittsburgh Pirates. If this be treason, make the most of it.

**Low Prices**

As for low sale prices of used cars, L. M. Norton, Seattle, Wash., dealer recently sold six cars, all in good running order, for 97 cents each. Two of these cars, selling for less than a dollar, were 1946 models. All six are now being regularly used by the buyers.

George Du Maurier wrote his first novel when he was 58 years old. That was "Peter Ibbetson." He wrote his second novel when 60 years old. That was "Trilby." At 62 he died. . . . Why can't those video enthusiasts who tune in the midnight show so loudly use earphones at that hour? In hotels earphones for television and radio should be compulsory after 11 p.m.



For the Finest in tasty Biscuits or Shortcakes, try

**FLEET MIX**

You Can Always Depend on It for Better Results, Every Time.

40-oz. Pkg. **35¢**

**MARSHMALLOWS** Fluff-I-Est are Always Fresh-Firm. They're Cello Wrapped. 1-lb. Pkg. **29¢**

**SCAMPER** Remarkable New Liquid Detergent that Saves Your Hands—as it Washes Your Dishes—It's So Economical. 12-oz. Can **36¢**

**SHORTENING** Royal Satin Is the Finest Pure, All Vegetable Shortening. Priced Low. 3-lb. Can **79¢**

**MAYONNAISE** No Made Brand. So Rich, Creamy and Fresh. Pt. **43¢** Qt. **65¢**

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Yes, folks . . . it's true . . . Safeway offers you a lineup of savings every day. In addition to every day low prices on every item at Safeway, we now bring you special reduced prices on many, many items every day of the week at your friendly Safeway store.

|   |             |              |  |              |                     |
|---|-------------|--------------|--|--------------|---------------------|
| <b>Tuna Fish</b> Torpedo Light Meat Grated                    | No. 1/2 Can | <b>2/45¢</b> | <b>Cottage Cheese</b> Blossom Time Packed fresh          | Pint Tub     | <b>29¢</b>          |
| <b>Honey</b> Empress Clover Honey is Tops                     | 5-lb. Can   | <b>1 15</b>  | <b>Lucerne Reg. or Homogenized—Bonus Quality</b>         |              |                     |
| <b>Cocoa</b> Hershey Brand Famous For Quality — Low Price     | 1-lb. Can   | <b>69¢</b>   | <b>3.8% Milk</b> Qt. Ctn.                                | <b>2/43¢</b> | 1/2 Gal. <b>43¢</b> |
| <b>Crackers</b> Tea Timers are Round and Crisp                | 1-lb. Pkg.  | <b>35¢</b>   | <b>Skim Milk</b> Lucerne Non-fattening Wholesome Grade A | 1/2 Gal.     | <b>31¢</b>          |
| <b>Fresh Bread</b> Mrs. Wrights white or whole wheat. Save 2c | Lg. Loaf    | <b>26¢</b>   | <b>Margarine</b> Sunnybank Brand Spreads Smoothly        | 1-lb. Pkg.   | <b>27¢</b>          |
| <b>Cheese Spread</b> Breeze Brand                             | 2-lb. Pkg.  | <b>87¢</b>   | <b>Orange Juice</b> Bel-Air Brand                        | 6-oz. Can    | <b>19¢</b>          |
|   |             |              | <b>Ice Cream</b> Snow Star Flavorful                     | Qt. Ctn.     | <b>45¢</b>          |
|   |             |              |  | 1/2 Gal.     | <b>89¢</b>          |

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**Calf Round Steak** Close Trim **LB. 79¢ lb.**

**45¢**

**GROUND BEEF**  
100% Pure—whole carcass  
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"U.S.D.A. CHOICE"  
Plate Cuts  
**LB. 19¢**

Delicious Whole or Full Half Shank  
**Hams** Average Weight 12 to 14 lbs. **LB. 55¢**

Sugar Cured for Extra Flavor — The Finest Quality  
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Enjoy a Wonderful Picnic — They're So Economical  
**Morrell Picnics** 3 lbs. each ea. **\$1.98**

Sugar Cured — With a Freshly Smoked Flavor  
**Slab Bacon** End Cut **45¢** Center Cut **49¢**

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**Pork Liver** Sliced just right **LB. 29¢**

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**Golden, Ripe BANANAS**

Everyone Loves Bananas, Especially When They're From Your Friendly Safeway Store.

**2/35¢** lb.

All Bananas at Safeway are plumb-full of deliciousness at their peak of flavor. Eat 'em sliced or out of hand. Enjoy the natural banana sweetness and flavor.

**APPLES** Fancy Jonathans LB. **2/29¢** 24-lb. Box **\$1.98**

**TOKAY GRAPES** Meaty-Thin Skinned **2/25¢** lb.

**CARROTS** So fresh and crisp Cello Wrapped Bag **2/25¢** lb.

**Celery** Crisp and Firm Trimmed **lb. 12¢** Smooth—Hand Graded

**Onions** Mild Yellow **4 lbs. 25¢** U.S. No. 2 Grade

**Cabbage** Crisp Green **lb. 8¢** **50 lbs. 98¢**

**Oranges** Sunkist Cello wrap **5 lbs. 59¢**

**Turnips** Crisp Tangy **lb. 10¢**

Prices in this advertisement are in effect through Wednesday, October 5. We reserve the right to limit quantities. No sales to dealers or to their representatives.

|   |   |  |   |  |   |
|---|---|--|---|--|---|
| <b>Dressing</b> Milani 1890 French Dressing 6-oz. Btl. <b>29¢</b> | <b>Chicken</b> Swanson's Boned 5-oz. Can <b>39¢</b> | <b>Dog Food</b> Red Heart Healthy Can <b>15¢</b> | <b>Toothpaste</b> Colgate, Large Size Tube <b>27¢</b> | <b>Pepsodent</b> Tooth Paste Economy Tube <b>63¢</b> | <b>Margarine</b> Parkay, Spreads Evenly 1-lb. Pkg. <b>29¢</b> |
|---|---|--|---|--|---|

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