

Family of Drugs Now Available To Prevent Closing in Arteries

By DELOS SMITH
United Press Science Editor

New York — (U.P.) — There's a whole family of drugs which will prevent clotting of blood in your arteries and veins.

Since seizures like President Eisenhower's begin with a blood clot and the most dangerous possible complication is the formation of another clot, these drugs command the esteem of thrombosis sufferers.

They're wonderful, all right, but they have a second edge and that edge is no less sharp than the first one.

What satisfaction is it for a doctor to save a patient from coronary thrombosis only to lose him to hemorrhage? When you deprive the blood of its ability to coagulate, you're robbing the body of one of its prime life-preserving mechanisms.

For that reason there is unanimous agreement in medical science that the anti-coagulant drugs must be used only in dire emergency and then with the greatest possible caution. Indeed, there is one school of experts though which does not consider a coronary thrombosis like the President's, dire enough to justify their use.

Against Use
Dr. Paul D. White, the eminent heart specialist called to the President's bedside, has often expressed an ultra-conservative view. He's against their use except in the most advanced cases.

The body itself is keenly interested in keeping the blood stream flowing. A substance is formed in the liver by the action of vitamin K, spinach, cabbage, cauliflower, and tomatoes are all rich in this vitamin called prothrombin.

When prothrombin encounters thromboplastin, which is to be found in body tissues and the blood cells, it becomes the enzyme, thrombin, which causes shed blood to coagulate. It does this by combining the fibrinogen, a globulin protein of the blood

plasma, to form fibrin which is a fibrous protein. It forms a kind of network. Blood capsules are caught in it—and so they clot.

The anti-coagulant drugs interfere with this chain at one point or another. Some of these interferences can be "reversed" quickly by administration of another drug—by the giving of vitamin K, for example, to neutralize the action of the drugs which interfere with the formation of prothrombin in the liver.

Reviewed Ailment
Dr. Alphonse McMahon, a well known medical educator and specialist of St. Louis, recently reviewed the treatment of President Eisenhower's kind of heart attack in the technical journal, "Post-graduate Medicine." He found that many doctors opposed the routine use of the anti-coagulants, while "equally prominent clinicians favored their routine use.

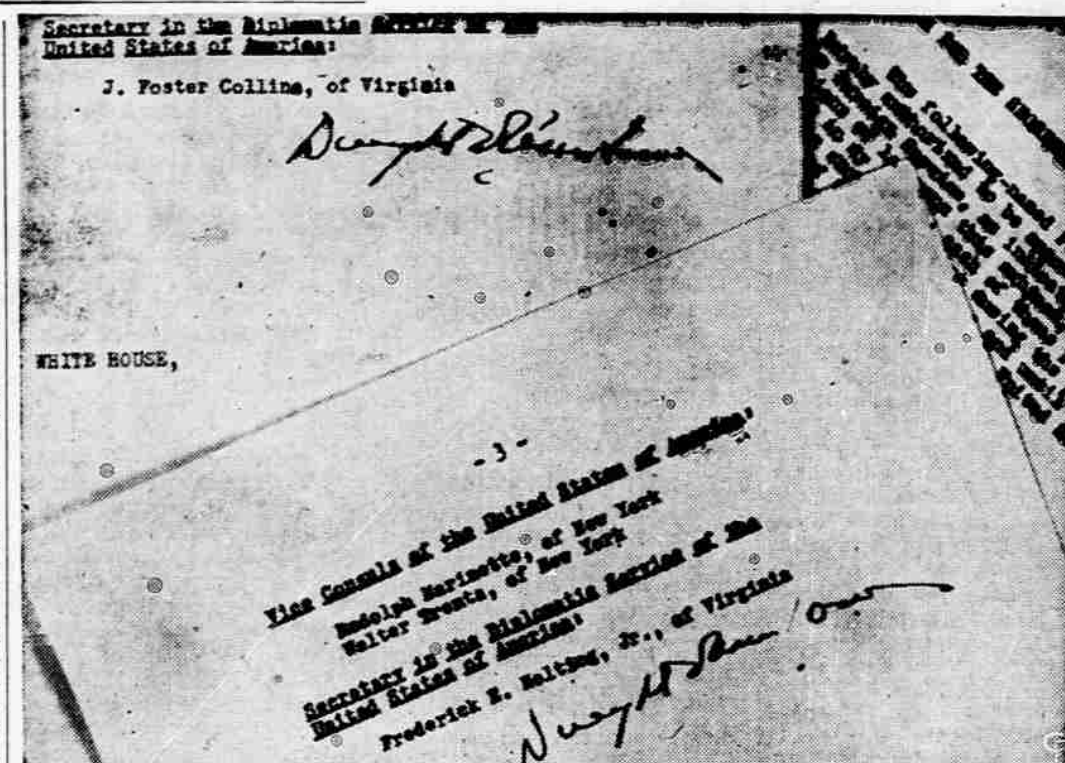
But in "poor risk" cases their use "is generally accepted by all." In one large group of cases of all degrees, they reduced mortality from 24 to 15 per cent, and the complication of a second clot 25 per cent to 11 per cent. In no case, however, should they be used if the patient showed "insufficiency" either of liver or kidney function or if the patient also had any other disease involving the chance of hemorrhage, Dr. McMahon said.

WOULD END OWN JOB

Morris Plains, N. J. — (U.P.) — Warren G. Bath, a Democrat campaigning for Morris County coroner, said if he is elected he will seek to have the post abolished. The county presently has three coroners, all Republicans and all unpaid.

BIG HUG, NO WALLET

Minneapolis — (U.P.) — Martin Hagberg complained to police that a woman acquaintance gave him an affectionate hug as they walked along the street. The next thing he knew his wallet containing \$350 was gone.



TAKING FIRST SMALL but momentous step in long march back toward active command of government, President Eisenhower signs two federal documents from his hospital bed in Denver. This was first business transacted by Ike since heart attack. (International)

Where Is Sharp-Tongued Lewis? He's Still Boss of Coal Miners

By MAUREEN GOTHLIN
United Press Correspondent

Washington — (U.P.) — What has happened to the flaming tongue and temper with which John L. Lewis once split the house of labor, defied the government and shut down the nation's coal mines?

The career of the nation's stormiest labor leader has been relatively peaceful for the last several years.

There hasn't been a major coal strike since 1949. The United Mine Workers union hasn't had any altercation with the government since 1952.

The Shakespeare — quoting mine chief is not the firebrand he was during the turbulent years that saw him break away from the AFL, form the CIO and then break away from it, re-affiliate with the AFL and "dis-

affiliate," and then reestablish the UMW as an independent union.

At 75, Lewis might logically be expected to slow down a little. He was admitted to a hospital here earlier this month for what was described as a "rest and checkup."

Still The Boss

But age and health aren't the real explanation of Lewis' "quiet period" of recent years. He still is undisputed boss of the UMW and there have been no indications that he was thinking of retiring.

Lewis heads what is probably the richest union in the country, with reportedly more than \$40,000,000 in its treasury and more than \$100,000,000 in UMW soft coal pension and welfare fund reserves.

Lewis' miners, with a hefty

new \$2 a day pay increase raising the basic wage to \$20.25 a day, are also among the highest paid industrial workers in the nation.

All this is true despite the coal industry depression that started after World War II and has cut mine employment to 50 per cent since then.

Harry Moses, head of the Bituminous Coal Operators association, which represents the major segment of the soft coal industry, claims that the last five years of peaceful coal labor relations — "unparalleled in modern history" — were the fruits of a change in bargaining tactics in 1950.

Change In Methods

The big change was simply this: Northern coal producers, including the big steel companies that own their own mines, turn-

As We Live

By ELIZABETH HURLOCK, PH.D.

A Firm Hand Is Needed With The "Helpless"

Some people find it easier and more pleasant to have others do things for them than to do it themselves. They put on a pose of being helpless and they usually find it works. This is the problem facing a man who wrote:

(Q) "My wife is one of those helpless women who must always have someone do things for her and help her in whatever she does. When we were first married, she used to wait until I came home in the evening to help with dinner. During week ends she expected me to help her with the cleaning, washing and ironing. Now we have a baby and she wants me to help give the baby his bath before I leave for work. When I come home, she expects me to help prepare his bottles, feed him and then help get supper. I don't mind helping some but I feel that I am doing her work and mine. It is getting to be too much for me and I am tired out before I begin my work at the office. I never get any rest over the week ends because I am doing housework all the time. How would you suggest that I remedy this situation?—B.A."

(A) First of all, explain to your wife that you cannot do a double

job and hope to advance in your work. Emphasize also that you are jeopardizing your health by overwork and this unquestionably will affect the quality of work you do in the office.

Then help her to map out a plan of home duties so she will be more efficient. Outline the work to be done in the morning and afternoon each day. By now, she surely has learned to cook, clean, wash and iron, and could do these things if she

wanted. Outline the duties you will be able to assume in the house and in the care of the baby. Offer to help with the heavy cleaning but let her do the rest. You can help with the dishes and with some of the cooking, especially if the baby needs attention at meal time.

She can do these things, or learn to do them, if she discovers that you are unwilling to do them for her. Explain that she is not being fair to you to expect so much help, and then refuse to do things she could do if she were willing. A firm hand is the only cure for assumed helplessness.

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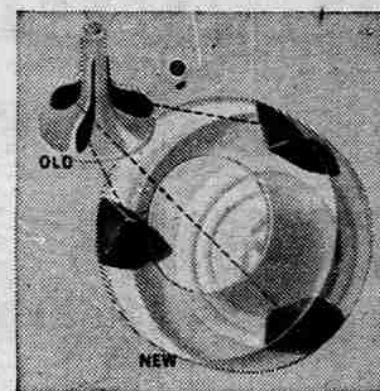
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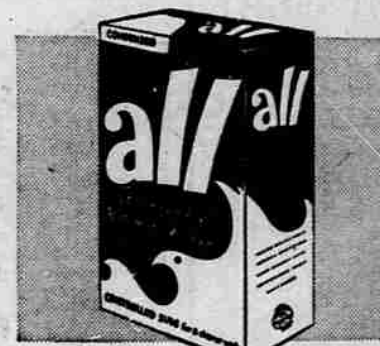
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