

STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars. To develop message for Tuesday, read words corresponding to numbers of your Zodiac birth sign.

ARIES MAR 22 APR 20 14-17-21-25 45-47-75	TAURUS APR 21 MAY 21 9-27-32-42 54-63-73	GEMINI MAY 22 JUNE 22 11-18-28-38 68-72-81-88	CANCER JUNE 23 JULY 23 2-7-26-31 33-48-47	LEO JULY 24 AUG 23 1-15-30-56 62-70-83-86	VIRGO AUG 24 SEPT 22 3-12-20-29 49-52-62-67
1 Don't 2 You 3 Push 4 Financial 5 See 6 Progress 7 Need 8 Take 9 Activity 10 Your 11 Someone 12 Creative 13 Cue 14 Happy 15 Be 16 Indicated 17 Events 18 Will 19 Try 20 Efforts 21 And 22 To 23 Meet 24 Try 25 Friends 26 Sure 27 Will 28 Be 29 And 30 Too	31 Extra 32 Sidelack 33 Relief 34 From 35 Good 36 You 37 The 38 Touchy 39 May 40 Release 41 Out 42 Nervousness 43 Some 44 And 45 Tidings 46 Other 47 Step 48 From 49 Display 50 People 51 Opposite 52 Your 53 Sex 54 Pay 55 Up 56 Sure 57 Fellow 58 Halfway 59 Is 60 Strongly	61 If 62 Of 63 Some 64 Attracted 65 Are 66-76-80-89 67 Pressure 68 Tonight 69 Your 70 Facts 71 To 72 Don't 73 Visits 74 Possible 75 Indicated 76 And 77 New 78 Ideas 79 You 80 Lighten 81 Write 82 Wines 83 And 84 Social 85 Activities 86 Figures 87 Wisely 88 Arguments 89 Tension 90 Today	SCORPIO OCT 23 NOV 22 26-29-40-43 66-76-80-89 SAGITTARIUS NOV 23 DEC 22 5-25-44-47 55-69-84-85 CAPRICORN DEC 23 JAN 20 4-16-24 41-77-78 AQUARIUS JAN 21 FEB 19 51-53-59-60 64-71-79-90 PISCES FEB 20 MAR 21 19-22-23-50 58-61-74		

Good Adverse Neutral

How to spare the pocketbook
....and spoil the man!

GROUND BEEF from SAFEWAY!

For getting extra mileage out of your budget and at the same time pampering your husband's appetite, nothing beats good ground beef. That's for sure when you serve tasty, economical ground beef from Safeway. It's selected beef—tender, juicy chunks of flavorful meat—ground fresh daily and sold fresh. And it keeps its volume well in cooking because of low fat content. Try Safeway ground beef in your favorite recipes.



MOCK RAVIOLI CASSEROLE

(A Fix-Ahead Dish)

1/4 clove garlic
1 chopped onion
1 1/2 tbsps. salad oil
1 2-oz. can mushrooms

1/4 cup water
1/4 tsp. marjoram
1/4 tsp. rosemary
1/4 tsp. salt

1/4 cup salad oil
1/4 cup minced parsley
1/4 clove garlic, minced

2 eggs, well beaten
1 package frozen chopped spinach

1/4 tsp. pepper
1 lb. ground beef
1 can tomato sauce
1 can tomato paste

Combine above sauce ingredients in a skillet and cook slowly for 1 hour. While this is cooking, mix the following in a bowl:

Cook 6-oz. of butterfly or bow knot macaroni according to directions on package. Place cooked macaroni, sauce and green mixture in alternate layers in a 2-quart casserole. Bake in 350° F. oven for 1 hour. Serves 5 to 6. NOTE: May be prepared ahead of time—stored in refrigerator and reheated.

lb. 39¢

A Nichol's Worth of... Comment On This and That

By HARMAN W. NICHOLS
United Press Feature Writer

Tater Top Mountain, Tenn.—This big old mole hill is famous for several things.



Harman Nichols

Nice mountain folks who serve up tasty sow belly, grits and eggs breakfast. Also sourwood honey, the blossoms of the sourwood trees. And also—corn whiskey, or the good old mountain dew, which we'll get around to in just a minute. We came down to this tri-city area on the maiden hedge-hopping flight from Washington by Piedmont Airlines. Idea was to look at the scenery, which was out of this world, with a backdrop of mountains like Tater Top, beautiful man-made Watuga lake which was created so that the Tennessee Valley Authority could get going. Butler, Tenn., had to be scuttled, by the way, and what was Butler is now under over 100 feet of water.

Granddaddy Recipe

The tri-cities are Bristol, Johnson City, and Kingsport, which have an airport right between all three towns. Well, ran into a fellow by the name of Nat T. Winston of Johnson City, who happens to hold a couple of distinctions. First off he is president of the Home Federal Savings and Loan Association. Second off, he says he has what is considered to be the granddaddy of recipes for pure corn whiskey.

"If the recipe is not the original," Winston told me, "it is the next of kin. We are not trying to corrupt the morals of right-thinking people, but maybe you would like to know how the stuff is made. It's also good as a medicine, and that is what we all down here recommend. 'Take Some Corn'.

Anyhow, if you are in need of mountain medicine and have the time, here is what Winston says to do.

Put whole grains of corn between wet burlap sacks, and put in the cellar, and let it sprout. How many grains of corn is a Tennessee secret. This becomes the malt. When it dries, mash it up roughly.

Take corn meal and put it in a barrel, dump in a "little" hot water so that it will make a crust on top.

"Got to do this right," Winston said, "and underneath it will steam."

Nimitz Recalls Tokyo Bombing

San Francisco — (U.P.)—Retired Fleet Adm. Chester W. Nimitz recalled yesterday how a B29 bombing raid forced Radio Tokyo off the air 10 years ago just as fanatic Japanese militarists were preparing to urge their countrymen to continue the war.

Nimitz reviewed the last days of World War II in an address commemorating the 10th anniversary of V-J day in a ceremony at Golden Gate National Cemetery in San Bruno. He was commander of Allied naval forces in the Pacific during the last war.

The ceremony was the last event of the Air Force Association convention. Some 200 persons attended.

Nimitz told how Emperor Hirohito, in an "unprecedented imperial intervention," overruled his army officers and decided to surrender after the B29 raid prevented them from rallying the nation over the radio.

The silver-haired commander praised the "sound teamwork of all our armed forces which worked so harmoniously together" for victory over Japan. He urged the nation to maintain its defenses and to remain strong "to meet our responsibilities... to the brave men whose memory we honor."

Let this concoction sit for a couple of days and then jab around until you break up the crust. Now is the time, if you still are with us, to add some of the malt—about one pint to a gallon of meal. Put two pounds of sugar to a gallon of meal. And add a cake or two of yeast.

Then you pour in three or four gallons of water to each gallon of meal, to make a mash, and let it sour. This takes about two weeks. After that you run into the business of distilling. Winston didn't say how you go about distilling, and how the mountain folks do it is their business and their secret.

The finished product comes out colorless. They say it packs quite a sock, and has been known to cure the sniffles.

As We Live

By ELIZABETH HURLOCK, PH.D.

SHY PERSON IS OFTEN CONSIDERED SNOBBISH

Shy people are often misunderstood. People think they are cold and unfriendly when actually their behavior springs from a feeling of insecurity.

(Q) "I am 19 years old, attractive, and anxious to have people like me and to be able to feel at ease with everyone. But I have a nagging problem that is making me very unhappy. I am considered a snob because I'm rather unfriendly toward people. I really don't mean to be. I'd like so much to be gay and friendly instead of seemingly cold and sophisticated, but I can't seem to change. I think that basically I am shy and afraid of making social blunders so I try to avoid letting people really get to know me. I'll appreciate any advice and help you can give me."

(A) First, let me say that people overlook the social blunders of a friendly person much more readily than they do those of one who is cold and gives the impression of being a snob. Keeping this in mind should help you overcome one of the barriers to letting people get to know the real you.

Most people who are considered snobs are basically shy and insecure. They are so afraid of doing and saying the wrong thing that they are constantly on the defensive. This reflects in their behavior and causes people to dislike them.

Your shyness doubtless comes from feeling insecure about social etiquette. You say you are attractive, which eliminates one of the most common causes for feelings of insecurity.

Why not get some books on etiquette from your library? Learn what and what not to do in all sorts of social situations. This should go a long way toward breaking down the defensive wall you have built around yourself in your fear of doing the wrong thing.

Then, too, you must learn not to be upset by social blunders. Laugh them off. If you treat them in a humorous way, people will think you are a good sport and will like you much better than they now do when you are so afraid of doing the wrong thing that you seem cold and stiff.

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HONORED GUEST ABSENT
Lodi, Wis. — (U.P.)—Local folks were so impressed with "Susie" the duck's regularity in nesting each year at the same spot on Spring Creek that they held a big festival in her honor Sunday. Some 8,000 persons showed up and took part in parades, softball games, art and puppet shows. But, there was one hitch. For the first time since 1947, Susie didn't show up.

Dead line Sunday Classified is at noon Saturday; 10 a.m. Monday for Monday; other days 5:30 previous day.

MARSHMALLOWS PREM Luncheon Meat PEANUT BUTTER APRICOTS

Friskies Dog Food 6/79c
Tomato Juice Sunny Dawn 46-oz. 23c
Green Beans Gardenside 303 can 2/25c
Rath Corned Beef 43c
Sandwich Spread Lunch Box Qt. Jar 59c

Snow Star Is a Smooth Summertime Treat.



Ice Cream
4 Delightful Flavors
Qt. 45c 1/2 Gal. 89c

Fluff-i-est With Sealed in Freshness 1-lb. 25¢ Pkg.

12-Oz. 3 for \$1.00

Beverly... Is Smooth, Rich and Creamy 18-Oz. Jar 59¢

Sundown Whole Unpeeled. Ideal on the breakfast table or on tasty summer salads. 5 No. 2 1/2 Cans \$1.00

Cane Sugar Candi Cane Pure Granulated 10-lb. Bag 95c

Fleet Mix For the Finest Biscuits or Shortcakes 40-oz. Pkg. 35c

Nob Hill Coffee 1-lb. Pkg. 84c 2-lb. Pkg. 1.67

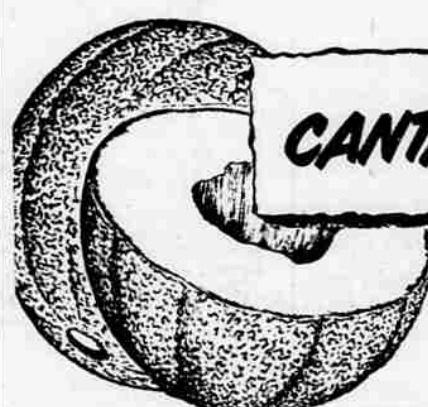
Airway Coffee 1-lb. Pkg. 82c 2-lb. Pkg. 1.63

Edwards Coffee 1-lb. Can 89c 2-lb. Can 1.77

Tea Bags Serve Canterbury Piping Hot or Ice Cold 48-bag. Pkg. 62c

Fig Bars Melrose Brand Vanilla Flavored 1-lb. Pkg. 29c

Margarine Coldbrook Sweet-Flavored 1-lb. Pkg. 2/39c



CANTALOUPEs for breakfast!

or Dinner... A Real Summertime Treat!

SAFEWAY'S the best place in town to buy PRODUCE

Bananas

Golden Ripe Beauties LB. 19¢

Now you can start your breakfast and end your dinner with the finest cantaloupes available... carefully selected for perfect flavor. Safeway guarantees you'll love 'em... or your money back.

lb. 7 1/2¢

Enjoy Crisp, Clean Garden Fresh

Sweet Corn 12/69c

Red Ripe Beauties—Firm and Fresh

Tomatoes lb. 25c

U. S. No. 1 Fancy White Shafter Potatoes 8 to 15 oz. 10 lbs. 69c Bag 45¢

U. S. No. 1 Fancy New Red Potatoes 10 lb. 33c

Delicious, Sugar-Sweet

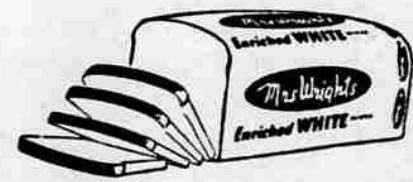
Grapes

Thompson Red Seedless 19c Malaga 19c

Blushing Red Ripe

Peaches

J. H. Males, Beauties, lb. 19c Red Havens lb. 25c



White or Whole Wheat... Save 2c on Each Loaf

Mrs. Wright's Bread

Large Loaf 26c Std. Loaf 18c

ANACIN For Fast Relief Box 30's 49c

ZEE TOWELS Strong, Absorbent. Ea. Roll 18c

Puss N' Boots Cat Food 15-oz. Can 2/27c

MALANI 6-Oz. Bottle 1890 French Dressing. 29c

Drink Delicious Regular or Homogenized

LUCERNE

3.8% Milk

Qt. 2/43c 1/2 Gal. 43c



CHIFFON Toilet Tissue Roll 2/25c

PUREX Liquid Bleach 1/2 Gal. 29c

HORMEL CHILI Chili Con Carni with Beans 29c

Heinz KETCHUP Famous for Quality. 14-oz. Btl. 21¢

Prices in this advertisement are in effect Monday through Wednesday, Aug. 17 at Safeway in Medford. We reserve the right to limit quantities. No sales to dealers or their representatives. Every item is unconditionally guaranteed or your money back.

