

STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars

To develop message for Friday, read words corresponding to numbers of your Zodiac birth sign.

ARIES	MAR 21-21	1 Aspects	31 Be	61 Or
TAURUS	APR 21-21	2 You	32 Money	62 Very
GEMINI	MAY 21-21	3 Sidetrack	33 For	63 That
CANCER	JUN 21-21	4 Don't	34 For	64 Regarding
LEO	JUL 21-21	5 There	35 Others	65 Plan
VIRGO	AUG 21-21	6 Obtain	36 Some	66 And
LIBRA	SEPT 21-21	7 Pleasure	37 Others	67 And
SCORPIO	OCT 21-21	8 Trends	38 If	68 Headstrong
SAGITTARIUS	NOV 21-21	9 Be	39 Fe	69 Feel
CAPRICORN	DEC 21-21	10 Are	40 Favor	70 Involves
AQUARIUS	JAN 21-21	11 Favorable	41 You	71 Deception
PISCES	FEB 21-21	12 In	42 Work	72 Work
		13 Don't	43 Denies	73 About
		14 Top	44 Burden	74 Personal
		15 Get	45 You	75 With
		16 Frustrating	46 Can	76 Work
		17 Fears	47 Be	77 Program
		18 Out	48 With	78 Troubled
		19 Favor	49 Realistic	79 Their
		20 Be	50 Kick	80 Money
		21 Let	51 In	81 Your
		22 In	52 You	82 Your
		23 Don't	53 Be	83 Money
		24 Can't	54 Someone	84 Money
		25 Could	55 If	85 Money
		26 From	56 To	86 Pocketbook
		27 Need	57 Elms	87 Plans
		28 Be	58 Anything	88 Plans
		29 Associates	59 Anything	89 Troubles
		30 Of	60 Proof	90 Matters

Good Adverse Neutral

Personal Health Service

By WILLIAM BRADY, M.D.

Readers should address inquiries to:
Dr. William Brady
263 El Camino, Beverly Hills, Calif.

MAN WANTS BUT LITTLE OXYGEN

Inhalation of pure oxygen (from a tank) reduces the pulse rate, abolishes the shallow, hurried breathing and prevents the muscle stiffness which is likely to follow hard boxing bouts of men not in good training. Oxygen is of little or no help to athletes in good training.

I haven't seen everything yet, but from what I have seen and read, I'd say rushing an oxygen tank to the bedside and administering the gas by inhalator or by keeping the patient in a tent is a beautiful gesture. I hasten to add that good medical authorities still advocate the administration of oxygen by inhalation (gas mask, tube in nostril, head tent, bed tent or oxygen chamber) in acute coronary thrombosis, angina pectoris, severe bronchial asthma, the night dyspnea (inability to get enough air) of some disorders of circulation, edema (accumulation of fluid) of the lungs and as a relief for air hunger in chronic bronchitis (winter cough) with emphysema (ballooning of the air-cells of the lungs from loss of normal elasticity).

Advisedly an oxygen tank at the bedside makes a scene as impressive as the chromo peddled by the A.M.A.—Spoonful Every Hour—a farcical gesture, in view of the part that organization has played in breaking down the Code of Medical ethics.

If I were the patient or the patient's physician I'd say: "Well, all right, let's try it. If it

gives any relief, fine. If it does not, we can send the tank and inhalator back to the store."

So I believe the administration of oxygen by inhalation has a narrowly limited therapeutic or remedial value. Even in the resuscitation of victims of asphyxia a mixture of carbon dioxide and oxygen or air (5 to 7½ parts CO2 with 92½ to 95 parts O or air) is more effective than pure oxygen.

Now readers who have con- nected Little Lesson 21, How to Breathe (ask for it by number or title and include 25c, with a stamped, self-addressed envelope) understand, I hope, why one cannot actually increase the absorption of oxygen by "deep breathing." For the benefit of wisecracks, tightwads and knuckleheads, let me explain that physiologists have proved that any and every spurt of deeper or faster or forced breathing is inevitably compensated by a following period of shallower or slower or quiet breathing, even by a period of no breathing, so that the normal level of oxygen and carbon dioxide in blood and tissues is restored in a few moments. This is physiology and not just a notion of mine.

Here, by way of a reply to a good many letters from gullible geeks of all grades of ordinary intelligence, I beg to state that

among the beneficial effects I ascribe to daily practice of the **Belly Breathing** exercise there is no mention of increased absorption of oxygen. The exercise does good rather by improving the circulation. A piece to follow will explain how Belly Breathing promotes better circulation.

QUESTIONS & ANSWERS
Teachers Want Little Lessons
I have no means of determining the status of a correspondent, so I carefully explained many times that bona fide school teachers asking for Little Lessons in the Ways of Health qualify ONLY if they give a return address in care of the school in which they taught. I rarely heard from a teacher again, once I had presented him or her with a complimentary set of Little Lessons. Probably the teachers continue teaching their own pre-conceived principles regardless of my silly notions, so I shall continue my effort to reaching the young ones through direct approaches from now on. (Of Doc B.)

Breathe Better
Wonder if physicians and psychologists, especially those interested in elderly people, are aware of the power of deep breathing to enable a person to overcome fears, insomnia, worry and pessimistic, joyless outlook. (M. H.)

Answer—Few of them give it a thought. Every one who is interested may learn something to his or her advantage from the pamphlet BELLY BREATHING—mailed on written request (not a clipping) if you inclose stamped envelope bearing your address.

Soft Water
What are the advantages and disadvantages of drinking only softened water softened by zeolite process? (H. J. L.)

Answer—I know of none.

Varicose Veins
Do you recommend removal of varicose veins or injection treatment? (Mrs. W. W. F.)

Answer—Injection treatment. Send stamped, self-addressed envelope and ask for pamphlet VARICOSE VEINS. Copyright, John F. Dille Co.

RADIO PROGRAMS—THURSDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

KVJC—1230 kc	KMED—1440 kc	KWIN—1400 kc
4:00—Chas. Collingwood**	Patty Rose	Fulton Lewis*
4:15—Club 1230	Patty Rose	F. Hemingway News*
4:30—Club 1230	KMED Presents	Here's the Answer*
4:45—Frank Goss**	Elmer Peterson*	Sam Hayes News*
5:00—Ferris Reel**	Regional News	Set Preston of Yukon*
5:15—Bill Stern*	3 Star Extra*	Set Preston of Yukon*
5:30—Amos & Andy**	Lonnie Ronger*	Bob Greene News*
5:45—Amos & Andy**	Ranger & News*	Bill Brundage Sports*
6:00—City Hospital**	KMED Sports Daily	Gabriel Heater*
6:15—City Hospital**	Report to the People	Virgil Pinkley*
6:30—Lowell Thomas	News & 2nd Chance*	Sam Hayes
6:45—Platter Previews	Second Chance*	Sam Hayes
7:00—Tennessee Ernie**	Morgan Beatty News*	Official Detective**
7:15—Tennessee Ernie**	One Man's Family*	Evening Serenade**
7:30—Strange	X-Minus One*	Evening Serenade**
7:45—Saga*	X-Minus One*	Evening Serenade**
8:00—Portland-Hollywood	American Adventure	Brady Kaye*
8:15—Portland-Hollywood	American Adventure	Brady Kaye*
8:30—Portland-Hollywood	Keys To The Capitol*	Wheel of Fortune**
8:45—Portland-Hollywood	Keys To The Capitol*	Wheel of Fortune**
9:00—Portland-Hollywood	Fiber & Molly*	News*
9:15—Portland-Hollywood	Heart of News*	Fulton Lewis Jr.*
9:30—Portland-Hollywood	The Loser*	Jack's Private Line*
9:45—Portland-Hollywood	The Loser*	Jack's Private Line*
10:00—Music to Remember	Richfield Reporter*	KWIN Karavan*
10:15—Music to Remember	Organaires*	KWIN Karavan*
10:30—Music to Remember	Night Serenade	KWIN Karavan*
10:45—Burgie Music Box*	Night Serenade	KWIN Karavan*
11:00—Burgie Music Box*	News, Nightwatchman	Sign Off
11:15—Sign Off	Nightwatchman	Sign Off
11:30—Sign Off	Nightwatchman	Sign Off
11:45—Sign Off	Nightwatchman, News	Sign Off
12:00—Sign Off	Sign Off	Sign Off

RADIO PROGRAMS—FRIDAY

8:00—World News Rndup**	KMED Korral	Wakeup Ranch
8:15—Yawn Patrol	KMED Korral	Wakeup Ranch
8:30—Yawn Patrol	KMED Presents	Wakeup Ranch
8:45—Yawn Patrol	KMED Presents	Wakeup Ranch
9:00—Frank Goss**	Johnnie Lee Willis*	Hemingway News*
9:15—Martin Aronson*	Weather & Local Beat	Breakfast Gang**
9:30—Tom MacLeod-Sports	News Commentaries	Breakfast Gang**
9:45—Harry Bobbit*	Weather & 1:30 News	Best Buys
10:00—Breakfast Club*	World News Roundup*	Cliff Ingle News*
10:15—Breakfast Club*	KMED Kashbox & Vist*	Green
10:30—Breakfast Club*	McBride & Dr. Peck*	Bible Institute**
10:45—Breakfast Club*	Quiz & Swap & Sell	Bible Institute**
11:00—Coke Time	Friendship Circle	Town Topics
11:15—Chet Huntley*	Friendship Circle	Capitol Commentary**
11:30—Relay Quiz	Strike It Rich*	Voice of Deliverance
11:45—Cote Glee, Whip, Sts.*	Strike It Rich*	Voice of Deliverance
12:00—Whispering Streets*	Phrase that Pays*	Newspaper of the Air*
12:15—Howard Miller Show**	Midnight News	Teletalk
12:30—Nora Drew**	Right To Happiness*	Ringo-Bingo
12:45—Trading Post	Stella Dallas	Ringo-Bingo
1:00—Helen Trent**	Ladies First	Story Time*
1:15—Spin & Win	Ladies First	Queen to a Day*
1:30—Arthur Godfrey**	Fiber & Molly*	Queen to a Day*
1:45—Mr. District Attorney	Pauline Fredrick*	Queen to a Day*
2:00—Mr. District Attorney	Luncheon News & Wx	Noontime News
2:15—Paul Harvey*	Luncheon Markets	Western Roundup Time
2:30—Rogus Val Reporters	Luncheon Features	Western Roundup Time
2:45—Sam Hayes*	Mys. & KMED Kashbox	Western Roundup Time
3:00—Weather, Spin & Win	Woman In My House*	Game of the Day*
3:15—Spin & Win	Lorenzo Jones	Game of the Day*
3:30—Arthur Godfrey**	Citizens View Schools*	Game of the Day*
3:45—Arthur Godfrey**	Citizens View Schools*	Game of the Day*
4:00—Arthur Godfrey**	Pepper Young*	Game of the Day*
4:15—Arthur Godfrey**	Widder Brown*	Game of the Day*
4:30—Strictly for Ladies	Turn Back Clock*	Game of the Day*
4:45—Arthur Godfrey**	Turn Back Clock*	Game of the Day*
5:00—Bulletin Board	News & What's Doing	Western Roundup Time
5:15—Concerttime	Patty Rose	Western Roundup Time
5:30—Concerttime	Patty Rose	Fello-Test*
5:45—Chas. Collingwood**	Patty Rose	Hemingway
6:00—Club 1230	Patty Rose	Here's the Answer*
6:15—Club 1230	KMED Presents	Sam Hayes*
6:30—Frank Goss**	Elmer Peterson*	Sam Hayes*
6:45—The Ferris Reel**	Regional News	Set Preston of Yukon*
7:00—Bill Stern*	3 Star Extra*	Set Preston of Yukon*
7:15—Amos & Andy**	Lonnie Ronger*	Bob Greene News*
7:30—Amos & Andy**	Ranger & News*	Bill Brundage Sports*
7:45—Amos & Andy**	Ranger & News*	Bill Brundage Sports*
8:00—Music Box	Sports Daily	All-star Football*
8:15—Godfrey Digest**	Here's the Vets	All-star Football*
8:30—Lowell Thomas**	News & 2nd Chance*	All-star Football*
8:45—Platter Previews	Second Chance*	All-star Football*
9:00—Portland-San Francisco	The Atom & Peace*	All-star Football*
9:15—Portland-San Francisco	The Atom & Peace*	All-star Football*
9:30—Portland-San Francisco	The Atom & Peace*	All-star Football*
9:45—Portland-San Francisco	The Atom & Peace*	All-star Football*
10:00—Portland-San Francisco	Joseph C. Harsch	News*
10:15—Portland-San Francisco	Perfect For Dancing	Fulton Lewis Jr.*
10:30—Portland-San Francisco	Perfect For Dancing	Jack's Private Line*
10:45—Portland-San Francisco	Perfect For Dancing	Jack's Private Line*
11:00—Music to Remember	Richfield Reporter*	Counter Spy*
11:15—Music to Remember	Organaires*	Counter Spy*
11:30—Music to Remember	Night Serenade	City Editor*
11:45—Burgie Music Box*	Night Serenade	City Editor*
12:00—Burgie Music Box*	News, Nightwatchman	Sign Off
12:15—Sign Off	Nightwatchman	Sign Off
12:30—Sign Off	Nightwatchman	Sign Off
12:45—Sign Off	Nightwatchman, News	Sign Off

(All programs at same time daily unless otherwise indicated)
A.M.—5:30 Sign on Music throughout day except for following programs:
10-10:15 KBOY Bargains; 11-12 (Sunday only) First Baptist service
P.M.—12:15:15 KBOY ranch; 12:15 - 12:30 (Sunday only) KBOY ranch;
7:45 Sign off.

TV Programs - KBES (Channel 5)

THURSDAY	FRIDAY
4:00—Devotions	4:00—Devotions
4:00—Feminine Fancies	4:00—Feminine Fancies
4:30—Robert Q. Lewis	4:30—Val Rogue Camera
4:45—Val Rogue Camera	4:45—Aunt Polly's Birthday Party
5:00—Uncle Bill Show	5:30—Wild Bill Hickok
5:30—Season in the Sun	6:00—Sports Reel
6:00—Circus Cal Panorama	6:30—Hollywood Album
6:30—The Best of Groucho	7:00—Pappy Coleman
7:00—Outdoor Show	7:15—Horace Heidt
7:15—Baseball Hall of Fame	7:30—Talent Time
8:00—Guy Lombardo	8:00—Life of Riley
8:30—Ford Theater	8:30—A-Star Playhouse
9:00—All Star Theater	9:00—Undertone
9:30—Waterfront	9:30—Lucky Sportstime
10:00—Favorite Story	10:00—Weather
10:30—Damon Runyon Theater	10:05—Best Theater
11:00—News	11:05—News
11:05—Sign Off	11:10—Sign Off

Predatory Animal Control Fund Set

Almost \$150,000 will be spent this fiscal year in Oregon's war against predatory animals, according to a recent report by the department of agriculture.

Three southern Oregon counties, Jackson, Josephine and Klamath, will make available \$15,485 for hunters employed under the state and federal program. Jackson county will spend \$4,820 on the project, Klamath county will spend \$7,470 and Josephine county will spend \$3,195.

A total of 32 of Oregon's 36 counties will receive the yearly allocation of predatory funds

As We Live

FRIENDS WARN AGAINST TAKING BOYFRIEND BACK

Public opinion can be a powerful force in a person's life. But should a person allow her whole future to be influenced by the opinions of others?

(Q) "I am 23 years old and had been going steady with a fellow two years older than I."

Dr. Herlock for over a year. My folks and all my friends expected us to be married and so did I, but my boyfriend suddenly dropped me for another girl. He went with her for about six months, and then she dropped him for another man who had more money and could do more for her than my friend could.

"Now my boyfriend has come back to me and wants to go steady again. I have always loved him and I would like to go with him, but my folks and my friends tell me I would be a fool to take him back as he would just drop me again for someone else. Should I listen to them and give up the man I love, or should I listen to my heart and let people talk?"

(A) If your family and friends all feel that you would be a fool to take this young man back, they must have some reason. They doubtless know him well enough to know that he is behaving true to form and that he does not have the stability that would make a good husband.

Because you are in love with him you are not able to see his faults as others can. As a result, you have tried to convince yourself that this was just an accident in his life and that it

Smelter Workers Vote on Agreement

San Francisco (U.P.)—Members of the AFL Mine, Mill and Smelter Workers Union were voting today on a 15-cent hourly package settlement expected to end their 40-day strike against American Smelting and Refining Company.

The proposal provided an hourly wage increase averaging 13½ cents. In addition, union members would receive their birthday as an additional paid holiday.

If the proposal is accepted, the men will return to work tomorrow at two local plants affected by the strike. They were the Federated Metals Division in San Francisco and a plant at Selby in Contra Costa county.

Court Records

DISTRICT COURT
Harold Ernest Williams, overwidth load, \$10.
Neil Edward Jackson, overload, \$50.
Harry Wilfred Franklin, void for license, \$7.50.
Ross Akers, no motor vehicle license, \$10.
William Hinkie, inadequate muffler, \$15.

DISTRICT COURT
Mary Jane Lambert vs. John Laughlin Lambert, divorce complaint.
Donna Goble vs. Rex Carson Goble, divorce complaint.
Patricia Jeanne Harris vs. Wendell E. Harris, divorce complaint.
L. W. Schlegel vs. Adena Schlegel, divorce complaint.
Arlene Warren Hukill vs. Shirley Mae Hukill, divorce complaint.
Betty Jean Chamberlain Schneider vs. David Wayne Schneider, divorce complaint.
Glady Mathias vs. Berdo B. Mathias, divorce complaint.
Iabel L. Beers vs. Donald E. Beers, divorce complaint.
Betty Lou Hardee vs. Harry C. Hardee, divorce complaint.

MARRIAGE LICENSE APPLICATIONS
Charles Raymond Brown, 21 of route 2, box 321, Gold Hill, and Janet Junia Collins, 19 of Hillcrest, 1455, Medford.

Dead line Sunday Classified is at noon Saturday, 10 a.m. Monday for Monday; other days 5:30 previous day.

"Dottie" Hall

Hair Stylist

Extends a warm welcome to old friends and announces she will take appointments for permanents and styling as late as 5:30 p.m.

WALT'S TV & Radio Service
Oldest Shop in So. Oregon
409 E. Main — Phone 2-2269
Day or Night Service (Medford and vicinity) \$3.50
Night Calls and Sundays
No Calls Fri eve or all day Sat.

CROSSWORD PUZZLE

Answer to Yesterday's Puzzle

ACROSS

- 1—Policeman (collog.)
- 2—Sleeveless cloak
- 3—Skill
- 11—Reverence
- 12—In bed
- 13—Part of swine
- 15—Fall back
- 17—Sick
- 18—Babylonian deity
- 20—Emmett
- 21—Reverge
- 22—Out of meat
- 23—Depend
- 24—Baker's product
- 26—Helios
- 27—Total
- 28—The sun
- 29—Coal
- 30—Old pronoun
- 31—Ingredient
- 32—A state (abbr.)
- 35—Body of water
- 36—Man's name

DOWN

- 1—Vehicle
- 2—Be in debt
- 3—Firecracker
- 4—Vehicle
- 5—Man's nickname
- 6—Hebrew letter
- 7—Roman magistrate
- 8—Everyone
- 9—Sun god
- 10—Walk on
- 14—Obstructs
- 16—Hostelry
- 18—French
- 21—Complaint
- 22—Pronoun
- 23—Manner
- 24—Fruit drink
- 25—American
- 26—River island
- 28—Crazy
- 29—Southern blackbird
- 31—Dine
- 32—Cauldron
- 33—high note
- 34—Meadow
- 35—Silence coin
- 36—Prohibit
- 37—Stimulant
- 38—Withered
- 39—Dress oneself for show (collog.)
- 40—Command
- 41—Equality
- 43—Hypothetical force
- 44—Lapse
- 46—N. Y. Giants manager
- 47—Pasture
- 48—Deceitful
- 49—Female sheep
- 51—Hawaiian hawk
- 52—Note of scale

Strange As It Seems

by Elsie Mix

GUESTS INVITED TO AN ARAB DINNER PARTY ARRIVE ABOUT SIX O'CLOCK— AND TALK UNTIL TEN— DINNER IS THEN SERVED AND FEASTING LASTS UNTIL MIDNIGHT!

THE ARABS BELIEVE THAT CONVERSATION IS MORE STIMULATING ON AN EMPTY STOMACH.

ENGLAND—ELIZABETH SCOTLAND—MARY STUART FRANCE—CATHERINE DE MEDICI NAVARRE—JEANNE D'ARC PORTUGAL—ISABELLA NETHERLANDS—MARGARET OF AUSTRIA

MORE THAN 800 VARIETIES OF CHRYSANTHEMUMS IN OVER 250 SHADES HAVE BEEN PRODUCED IN JAPAN!

BUZ SAWYER

WARNIN' TO ALL BACHELORS

PLEEZ DO NOT NAG MAH DOITER, MISS HOPEFUL MUDD TO MARRY YO'!! SHE DUN PROMISE ME SHE WOOD NOT MARY NO-BUDDY, TILL SHE IS 30!! SIGNED BY HAND BY HER PAPPY— Mississippi Mudd

BUZ SAWYER

THIS NOTICE HAS AN ELECTRIFYING EFFECT ON ALL ROMANTIC, BUT MARRIAGE-SHY DOGPATCH BACHELORS!!

AT LAST!! A GAL! YO' KIN TALK TO WIFOUT NO DANGER O' HER BRINGIN' UP TH' SUBJECT O' MARRIAGE!!

WHUT A SWITCH!! A GAL'S PAPPY NOT WANTIN' US T' MARRY HER!!

HOPE SHE'LL GO OUT WIF ME!! AH NEEDS A UNROMANTIC FRIEND T' TALK TO—BOUT MAH ROMANCE!!

BARNEY GOOGLE and SNUFFY SMITH

WAA!—TOURISTER TIME IN TH' HOLLER IS OFFICIAL HERE, SNUFFY!

WHAT DO THEY COME UP TO THIS NECK OF TH' WOODS FER, ENNYHOW, MAYOR?

THE HOTEL'S AFIRE! HELP! EVERYBODY OUT!

FIRE! LET'S GET OUT! TAKE IT EASY, SCHMIDT. YOU'D LOCK A BIT SILLY ON THE STREET IN THOSE PJAMAS.

INSTANTLY THE F.B.I. MEN FROM ACROSS THE HALL APPEAR.

FIREPROOF HOTEL, DR. SCHMIDT, NO NEED FOR ALARM.

LOOK, DOES THIS THING SEEM PHONY TO YOU?

HECK, YES! THIS FIRE COULD BE A RUSE BY SOMEBODY TO SHOVE US OUT AND GET SCHMIDT.

BARNEY GOOGLE and SNUFFY SMITH

TO GIT AWAY FROM THAT ETARNAL SCRAMBLE FER MONEY

AN' GAWK AT TH' PURTY VIEW

LUKE'S BARGIN BEE

ATTENTY TOURIST FRESH BUTTERMILK

REAL HOOM COOKIN'

CHENEEL SPREADS \$3.79

BLONDIE

POP CAN WE HAVE A DOLLAR TO GO TO THE MOVIES WITH?

SUCH GRAMMAR

NEVER END A SENTENCE WITH A PREPOSITION, AND 'CAN' IS THE INCORRECT USAGE OF THE VERB

OKAY—MAY I HAVE A DOLLAR FOR THE MOVIES?

I'M SORRY, I DON'T HAVE A DOLLAR

ALL THAT EDUCATION—AND HE HASN'T EVEN GOT A DOLLAR

BLONDIE

AND TELL THAT LOUD MOUTH WIFE OF YOURS TO MIND HER OWN BUSINESS!

SIR, THAT MEANS FIGHT WHERE I COME FROM!

O.K. LET'S SETTLE THIS RIGHT OUT HERE!

O.K.!! MY WIFE WILL BE RIGHT OUT!

MUTT and JEFF

AND TELL THAT LOUD MOUTH WIFE OF YOURS TO MIND HER OWN BUSINESS!

SIR, THAT MEANS FIGHT WHERE I COME FROM!

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O.K.!! MY WIFE WILL BE RIGHT OUT!

Modern Beauty Salon

131 S. Central—Phone 3-5379