STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars.

To develop message for Thursday, read words corresponding to numbers of your Zodiac birth sign.

1 People's	31 Eye	61 Places	
2 Good	32 Day	62 To	
3 Decisions	33 Will	63 Offer	
4 News	34 On	64 With	
5 Try	35 Be	65 Put	
6 Favor	36 Requires	66 To	
7 To	37 By	67 Your	
8 Things	38 Hopeful	68 Assistance	
9 Expect	39 Pride	69 Advantage	
10 Little	40 Distant	70 Of	
11 Look	41 People	71 Associates	
12 Money	42 Will	72 Progress	
13 Stick	43 Place	73 Hold	
14 Unforseen	44 In	74 You	
15 You	45 Your	75 Back	
16 Keep	46 Remaining	76 Difficult	
17 You	47 Undivided	77 Arrive	
18 Today	48 Important	78 Today	
19 Too	49 So	79 Aside	
20 Take	50 Attention	80 Usual	
21 An	51 May	81 The	
22 From	52 Out	82 Fears	
23 News	53 May	83 Money	
24 Events	54 Belongings	84 Limelight	
25 Much	55 Action	85 And	
26 Close	56 In	86 Your	
27 Gain	57 Make	87 Haunts	
28 This	58 Count	88 Concerns	
29 To	59 Money	89 Advice	
30 More	60 Dealings	90 Change	

ARIES MAR. 22 – APR. 20: 14-24-51-57-72-76-78
TAURUS APR. 21 – MAY 21: 2-4-22-40-43-53-77
GEMINI MAY 22 – JUNE 22: 28-32-36-47-50-66-83-88
CANCER JUNE 23 – JULY 23: 1-3-6-17-18-20-55
LEO JULY 24 – AUG. 23: 9-10-56-59-60-64-71
VIRGO AUG. 24 – SEPT. 22: 15-27-37-46-52-70-81-84
LIBRA SEPT. 23 – OCT. 23: 19-25-39-42-73-74-75
SCORPIO OCT. 24 – NOV. 22: 12-23-33-35-62-67-69
SAGITTARIUS NOV. 23 – DEC. 22: 16-21-31-34-54-58-86-90
CAPRICORN DEC. 23 – JAN. 20: 8-11-30-38-49-65-79-82
AQUARIUS JAN. 21 – FEB. 19: 41-44-48-61-63-68-85-89
PISCES FEB. 20 – MAR. 21: 5-7-13-26-29-45-80-87

Good — Adverse — Neutral

RADIO PROGRAMS—WEDNESDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

KYJC — 1230 kc	KMED—1440 kc	KWIN — 1400 kc
4:00—Chas. Collingwood**	Current & Choice	Fulton Lewis*
4:15—Club 1230	Current & Choice	Hemingway News*
4:30—Marine Melody Time	KMED Presents	Here's The Answer*
4:45—Frank Goss**	Elmer Peterson*	Sam Hayes*
5:00—The Ferris Reel**	Regional News	Sgt. Preston of Yukon*
5:15—Bill Stern*	3 Star Extra*	Sgt. Preston of Yukon*
5:30—Amos & Andy**	Lone Ranger*	Bob Greene News*
5:45—Amos & Andy**; News	Ranger & News*	Bill Brundige Sports*
6:00—F.B.I. In Peace, War**	KMED Sports Daily	Gabriel Heater*
6:15—F.B.I.; Doug Edwards	Governor's Report	Local News
6:30—Lowel Thomas**	News* Second Chance*	Virgil Pinkley*
6:45—Platter Reviews	Second Chance*	Sam Hayes*
7:00—The Winning Corner	Morgan Beatty News*	True Detective*
7:15—Charles vs Jackson*	One Man's Family*	True Detective*
7:30—Charles vs Jackson*	Conversation*	Record Session
7:45—Charles vs Jackson*	Conversation*	Record Session
8:00—Portland-Sacramento	Groucho Marx*	Sentenced*
8:15—Portland-Sacramento	Shakespeare Festival	Sentenced*
8:30—Portland-Sacramento	Truth or Consequences*	Family Theatre*
8:45—Portland-Sacramento	Truth or Consequences*	Family Theatre*
9:00—Portland-Sacramento	Fibber & Molly*	Network News*
9:15—Portland-Sacramento	Shakespeare Festival	Fulton Lewis Jr.*
9:30—Portland-Sacramento	College Quiz Bowl*	Jack's Private Line
9:45—Portland-Sacramento	College Quiz Bowl*	Jack's Private Line
10:00—Music to Remember	Richfield Reporter*	KWIN Karavan
10:15—Music to Remember	Organaires	KWIN Karavan
10:30—Music to Remember	Night Serenade	KWIN Karavan
10:45—Burgie Music Box*	Night Serenade	KWIN Karavan
11:00—Burgie Music Box*	News; Nightwatchman	Sign Off
11:15—Sign Off	Nightwatchman	
11:30—	Nightwatchman	
11:45—	Nightwatchman; News	
12:00—	Sign Off	

RADIO PROGRAMS—THURSDAY

6:00—World News Rndup.**	KMED Korral	Wakeup Ranch
6:15—Yawn Patrol	KMED Korral	Wakeup Ranch
6:30—Yawn Patrol	KMED Presents	Wakeup Ranch
6:45—Yawn Patrol	First News	Wakeup Ranch
7:00—Frank Goss**	Johnnie Lee Wills*	Hemingway News*
7:15—Martin Agronsky*	Weather; Local Beat	Breakfast Gang*
7:30—Tom-MacLeod—Sports	News Commentary	Breakfast Gang*
7:45—Harry Babbitt**	Weather & 7:30 News	best Buys
8:00—Breakfast Club*	World News Rndup*	Cliff Ingle*
8:15—Breakfast Club*	KMED Kashbox & Visit	Bob Green, News*
8:30—Breakfast Club*	McBride & Dr. Peale	Haven of Rest*
8:45—Breakfast Club*	Quiz & Swap & Sell	Haven of Rest*
9:00—Ted Malone*	Friendship Circle	Town Topics
9:15—Bob Garred*	Friendship Circle	Capitol Commentary
9:30—Relay Quiz	Strike It Rich*	Voice of Deliverance
9:45—Cote Glee; Whisp. Sts.*	Strike It Rich*	Voice of Deliverance
10:00—Whispering Streets*	Phrase That Pays*	Glenn Hardy News*
10:15—Howard Miller Show**	Mid-Morning News	Telo Test*
10:30—Nora Drake**	Right To Happiness*	Ringo-Bingo
10:45—Trading Post	Stella Dallas	Ringo-Bingo
11:00—Helen Trent**	Ladies First	Keeping Company*
11:15—Our Gal Sunday**	Ladies First	Keeping Company*
11:30—Record Rack	Fibber & Molly*	Queen for a Day*
11:45—Record Rack	Pauline Fredrick*	Queen for a Day*
12:00N—Paul Harvey*	Lunchtime News & WX	Noontime News
12:15—Rogue Val. Reporter	Lunchtime Markets	Western Roundup Time
12:30—Sam Hayes*	Lunchtime Features	Western Roundup Time
12:45—Weather; Spin & Win	Mystery; KMED Kash.	Western Roundup Time
1:00—Spin & Win	Woman In My House*	Game of the Day*
1:15—Spin & Win	Lorenzo Jones*	Game of the Day*
1:30—Arthur Godfrey**	Wonderful City*	Game of the Day*
1:45—Arthur Godfrey**	Wonderful City*	Game of the Day*
2:00—Arthur Godfrey**	Pepper Young*	Game of the Day*
2:15—Arthur Godfrey**	Widder Brown*	Game of the Day*
2:30—Arthur Godfrey**	Turn Back Clock*	Game of the Day*
2:45—Arthur Godfrey*	Turn Back Clock*	Game of the Day*
3:00—Bulletin Board	News & What's Doing	Western Roundup Time
3:15—Concertime	Claude Raines*	Western Roundup Time
3:30—Concertime	Current & Choice	Behind the Story*
3:45—Concertime	Current & Choice	Tello Test*
4:00—Chas. Collingwood**	Current & Choice	Fulton Lewis Jr.*
4:15—Club 1230	Current & Choice	Hemingway News*
4:30—Club 1230	KMED Presents	Here's The Answer*
4:45—Frank Goss**	Elmer Peterson*	Sam Hayes*
5:00—The Ferris Reel**	Regional News	Sgt. Preston of Yukon*
5:15—Bill Stern*	3 Star Extra*	Sgt. Preston of Yukon*
5:30—Amos & Andy**	Lone Ranger*	Bob Greene News*
5:45—Amos & Andy; News**	Ranger & News*	Bill Brundige Sports*
6:00—City Hospital**	KMED Sports Daily	Gabriel Heater*
6:15—City Hospital**	Report to the People	Local News
6:30—Lowell Thomas**	News* Second Chance*	Virgil Pinkley*
6:45—Platter Previews	Second Chance*	Sam Hayes*
7:00—Tennessee Ernie**	Morgan Beatty News*	Official Detective*
7:15—Tennessee Ernie**	One Man's Family*	Official Detective*
7:30—Strange*	Roy Rogers*	Evening Serenade*
7:45—Saga*	Roy Rogers*	Evening Serenade*
8:00—Portland-San Francisco	Dr. Six Gun*	Brady Kaye*
8:15—Portland San Francisco	Dr Six Gun*	Brady Kaye*
8:30—Portland-San Francisco	Keys To The Capitol*	Wheel of Fortune*
8:45—Portland-San Francisco	Keys To The Capitol*	Wheel of Fortune*
9:00—Portland-San Francisco	Fibber & Molly*	News*
9:15—Portland-San Francisco	Shakespeare Festival	Fulton Lewis Jr.*
9:30—Portland-San Francisco	The Loser*	Jack's Private Line
9:45—Portland-San Francisco	The Loser*	Jack's Private Line
10:00—Music to Remember	Richfield Reporter*	KWIN Karavan
10:15—Music to Remember	Organ Melodies	KWIN Karavan
10:30—Music to Remember	Night Serenade	KWIN Karavan
10:45—Burgie Music Box*	Night Serenade	KWIN Karavan
11:00—Burgie Music Box*	News; Nightwatchman	Sign Off
11:15—Sign Off	Nightwatchman	
	Nightwatchman	
	Nightwatchman; News	
	Sign Off	

*ABC **CBS *NBC *MBS

KBOY—730 KC

(All programs at same time daily, unless otherwise indicated)

A.M.—5:30 Sign on. Music throughout day except for following programs: 10-10:15 KBOY Bargains, 11-12 (Sunday only) First Baptist service.

P.M.—12-12:15 KBOY ranch; 12:15 - 12:30 (Sunday only) KBOY ranch; 9:45 Sign off.

TV Programs – KBES (Channel 5)

WEDNESDAY

3:50—Devotions
4:00—Feminine Fancies
4:30—Val Rogue Camera
5:00—Uncle Bill Show
5:30—Industry on Parade
5:45—Hollywood Album
6:00—U.S. Steel Hour
7:00—Hopalong Cassidy
7:30—Dancing Silver Spurs
8:00—Man Behind The Badge
8:30—Conrad Nagel Theater
9:00—To Live Tomorrow
9:15—General Sportstime
9:30—Science Fiction Theater
10:00—Weather
10:05—News
10:10—Sign Off

THURSDAY

3:50—Devotions
4:00—Feminine Fancies
4:30—Robert Q Lewis
4:45—Val Rogue Camera
5:00—Uncle Bill Show
5:30—Superliner U.S.
5:40—Fashion Review
6:00—Ore-Cal Panorama
7:00—The Best of Groucho
7:30—Outdoor Show
7:45—Baseball Hall of Fame
8:00—Guy Lombardo
8:30—Ford Theater
9:00—All Star Theater
9:30—Waterfront
10:00—Favorite Story
10:30—News
10:35—Sign Off

October Draft Call Set at 10,000 Men

Washington — (U.P.) — The Defense Department has issued a draft call for 10,000 men in October. All are for the Army.

The October call will bring to 1,948,430 the number of men drafted since the Korean war started. All were for the Army except 81,430 drafted for the Marines early in the war.

The October call is the same as that for each of the previous five months.

Dead line for Sunday Classified is noon Saturday.

Use Tribune Want Ads

In Medford It's Modern
DOROTHY HALL
Hair Stylist
Appointments — August 6
PERMANENTS and STYLE APPOINTMENTS
Evenings — 5 to 5:30 P.M.
Modern BEAUTY Salon
131 S. Central—Phone 3-5379

Personal Health Service

By WILLIAM BRADY, M.D.

Readers should address inquiries to:
Dr. William Brady
263 El Camino, Beverly Hills, Calif.

How Are You Breathing?

Among the benefits ascribed to belly breathing exercise, described in Little Lesson No. 21, **How to Breathe**, for which send 25c and stamped, self-addressed envelope, you'll find no mention of increased oxygenation or increased oxidation or purification of the blood or clearing the complexion.

The benefits one may derive from lying on the back with knees flexed and no tight clothing to impede breathing, and making six slow steady inflations through the open mouth, letting deflation occur without effort, first thing on waking each morning and last thing on retiring each night, are as follows:

1. Tends to bring down blood pressure.
2. Prevents, relieves or cures dysmenorrhea in young women.
3. Has a calming, soothing, relaxing influence.
4. Helps persons with cold feet to get warm and go to sleep.
5. Brings considerable relief to persons with chronic bronchitis (winter cough), asthma, emphysema or bronchiectasis.
5. Acts as a natural massage of the liver, gall-sac and other abdominal organs and thus prevents or relieves ailments associated with inactivity of these organs.
6. Most important of all, natural breathing improves circulation by putting the booster pump back to work—that is, the aspiratory action of the I could say thorax, for that is what the physiologists call it, but, after all, the thorax is just a lot of bones, which have no action. So let's call it the aspiratory action of the diaphragm.

Diaphragm is not a synonym of abdomen, stomach or belly. It is a muscle, the main muscle of breathing. It stretches across the trunk between the chest cavity (thorax) and the lower body cavity, the abdomen like a tarpaulin or an inverted soup plate. When it contracts the tarpaulin presses down upon liver, gallbladder, spleen, stomach, intestines, and air is drawn into the chest — inspiration, inhalation. When the diaphragm relaxes, being elastic, it returns to its high arch position again, and air leaves the chest—expiration, exhalation.

It is difficult to explain in a few paragraphs, but just remember that whether you have heart or artery trouble or not, the efficiency of your circulation depends on how you breathe.

QUESTIONS & ANSWERS
The Racketeers

The doctors say I have migraine—and will have the rest of my life; and nothing can be done for it . . Would there be any danger in trying the vitamin A treatment the lady told about in your column June 24? (Mrs. D. J. S.)

Answer—What! After the oracle has spoken? Send stamped, self-addressed envelope and ask in writing, signed, for pamphlet WHY HAVE HEADACHE? The vitamin A suggestion is Mellanby's not Brady's, but, nevertheless, I think it is worth trying—provided you follow Mellanby's advice and not your own or a modification of it. I qute Mellanby's advice in the headache pamphlet.

Here's Kindly Druggist

I have used your home made fool proof cough remedy for years, and found it better than medicines prescribed by my physician (I told him so, too) especially for loosing mucus accumulation from sinus drainage. I have had no difficulty obtaining citrate of soda from our neighborhood drugstore whenever I needed some . . . (Mrs. R. P. A.)

Answer—Numerous readers have reported similarly—it is good to know that some druggists still sell drugs. Instructions for whipping up a batch of the Home Made Fool Proof Cough Medicine in Little Lesson No. 5, CALL IT C R I, for which booklet send 25c and stamped, self-addressed envelope.

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Victory Closer In Allergy Research, States Director

Evanston, Ill. — (U.P.) — Research by a Northwestern University doctor has moved science a step closer to victory in its battle against allergies.

Dr. Ludwig Sternberger, associate director of the Allergy Research Laboratory and assistant professor in the university's medical department, says his recent findings may enable doctors to detect allergies accurately without subjecting patients to scores of skin tests.

Technically, Sternberger has been able for the first time to change an antibody in the blood from one that would not "precipitate" or "separate out" to one that would. An antibody is a substance formed by the body to counteract foreign substances in the blood.

For instance, Sternberger said, a foreign substance such as ragweed pollen would result in the development of an antibody. The foreign substance is known as an antigen. The antigen may cause either an immunity or an allergy.

"If the antigen causes immunity, we can test if you have the antibodies by seeing if your blood serum will cause a sediment or precipitate when mixed with the antigen," the doctor said.

When a substance precipitates or separates out from a solution it drifts to the bottom of a test tube and settles there.

"However," Sternberger said, "if the antigen causes an allergy the antibodies will not form a sediment when mixed with ragweed pollen and so cannot be tested in this way."

Now that he has been able to make antibodies separate out under such circumstances, Sternberger says doctors may be able to find a simple and more accurate method for testing for allergies.

Allergists are seeking a method whereby blood serum can be taken from a patient and tested in the laboratory. Such an advance would free the allergy sufferer from undergoing a series of skin tests as he presently must do.

124 Mineral Claims Filed in Lake County

Lakeview — (U.P.) — A total of 124 mineral claims had been filed with the Lake county clerk's office yesterday, according to Zane Grey, county clerk.

New finds were reported last week end in the Dog lake area where the Albertson brothers, Henry and Frank, were prospecting.

Favorable core drillings were brought up from 15 feet at the Lucky Lass mine, according to owners, Robert Adams Jr., and his partners.

Claim filing in the area uranium rush was expected to continue this week with more code drilling equipment arriving from Klamath Falls.

The Illinois State Water Survey has what it believes is the first known photograph of a tornado by radar. It was taken by survey meteorologists April 9, 1953. The tornado claimed two lives and took $3,000,000 worth of damages.

MOO-O-OS AND MUSINGS

If you aren't getting a clear test pattern from Klamath Falls on Channel 2, you'd better ask your service man to send you out a yagidigitator.

He knows about this so you needn't mention that we suggested it to you.

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Sniders

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No Calls Fri. Eve. or all day Sat.

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Kills Lice Ants Fleas Aphids Bedbugs
SUITABLE Even for KITTENS
THE PAT OF PROTECTION
Pat One-Spot into dry coat on a spot size of animal's foot-print once a week. This is the very last word in
FLEA INSURANCE

CROSSWORD PUZZLE

Answer to Yesterday's Puzzle

ACROSS

1—Arabian garment
4—Earth goddess
6—Place for worship
11—Picture-taking device
13—Game fish
15—Teutonic deity
16—Force
18—Region
19—Crimson
21—Entreaty
22—Jumbled type
23—Indispensable quality
26—Tennis stroke
29—Insect
31—Card game
33—Negative
34—Chinese mile
35—Short sleep
38—Music: as written
39—Concerning
40—Indefinite article
41—Developed
43—Path
45—Still
47—Tidier
50—Artificial language
52—River in Siberia
53—Criminal set (slang)
56—Girl's name
58—Dropsy
60—Note of scale
61—Receive
63—Approached
65—Athletic groups
66—Touchdown (abbr.)
67—Abstract being

DOWN

1—Genus of maples
2—Reveal
3—Part of "to be"
4—Grasps
5—King of birds
6—Assails
7—A state (abbr.)
8—Snare
9—Month
10—Fish eggs
12—Printer's measure
14—Symbol for sodium
17—Chickens
20—River in Wales
24—Warbled
25—Consume
27—River in Siberia
28—Part of skeleton
29—Censure
30—Boundary
32—Story
36—Part of circle
37—Pills
42—Unwanted plant
44—Limb
46—Instant
48—Concerning
49—Labeled
51—Genus of olives
54—Foreboding
55—Prepositions
56—A state (abbr.)
57—Perform
59—Cooled lava
62—Afternoon (abbr.)
64—Note of scale

What You Should Know About FACE PIMPLES

These disfiguring spots, affecting the surface layer of the skin, often result from a temporary, minor disturbance, or from incorrect cleansing.
You can relieve the itchy, burning soreness and help your skin with an ointment whose medication stays in active contact with pimply spots. For 60 years Resinol, containing lanolin, has filled this need. It soothes irritated oil ducts, where many surface pimples start, and so aids healing.
For "get acquainted" free sample of Resinol Ointment and Soap, write Resinol, Dept. 2, Baltimore 1, Md.
RESINOL OINTMENT AND SOAP AT ALL DRUGGISTS

Strange As It Seems

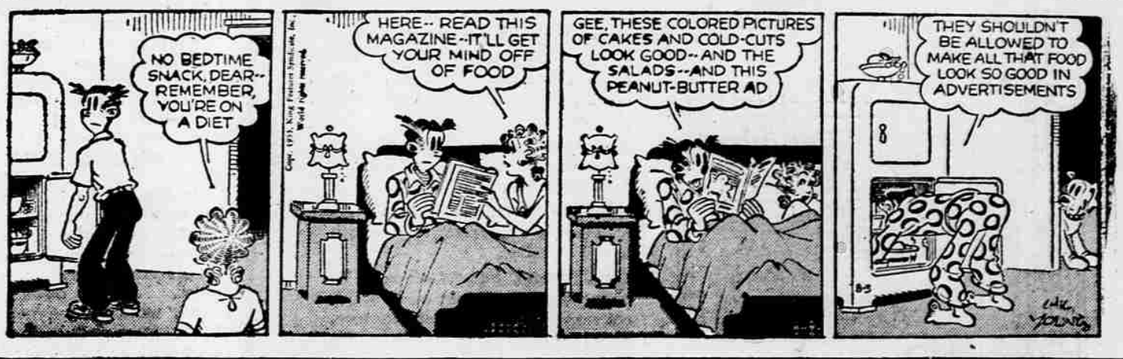
by Elsie Hix

L'L ABNER

BUZ SAWYER

BARNEY GOOGLE and SNUFFY SMITH

BLONDIE



MUTT and JEFF