

Potpourri

Potpourri finally met Mrs. H. U. Lumsden last week, and decided we were the loser for not having called on her many years ago, when we first came to Medford. When Mrs. Lumsden, who is 90 years old today, was answering our questions she said that before her marriage, she had been Bessie Berlin of Minnesota.

The memory wheels began to turn, and we asked Mrs. Lumsden if she had relatives in Centralia, Washington, and her answer was what we thought it would be—her niece in that city is Mrs. Vance Noel, whose mother had been a Berlin. Vance Noel, city editor of the Centralia Chronicle for more than 30 years, and who had to whip into shape some of the terrible copy we turned out as a brand new reporter for that paper in the dim past, had told us about Mrs. Lumsden when we first came to Medford. It was one of those things—a name we didn't write down and couldn't remember after returning to Medford.

As we said before, it was our loss, for Mrs. Lumsden is a delightful soul who wears her 90 years very lightly indeed.

"Are you a worthy anything?" inquired the friendly Eastern Star member who was registering guests at the anniversary party of Adarel chapter in Jacksonville last Saturday night. This sort of stumped the society editor for a bit, but we finally rallied and boldly said that we were the worthy representative of The Medford Mail Tribune. This must have been a good answer, for we were quickly shown to a chair in an advantageous spot.

Adarel chapter members had been planning the 75th anniversary party for a long time, and many either wore gowns which dated back to the turn of the century, or else had made special frocks for the event. Mrs. Charles Coggins, the worthy matron, wore a pretty pink nylon gown made on old fashioned lines and had her dark hair in a big roll of curls on the back of her head.

Mrs. Frank Root, who played the organ which was given to the chapter the year it was organized, also had made herself a dress fashioned like those of the period, with a bustle bow in the back. Mrs. Lulu Salsberry came over to greet us and explained that the interesting heavy jewelry she wore once belonged to Mrs. Issie McCully, worthy matron of the chapter in 1899.

Others wearing handsome old dresses were Mrs. W. R. Peabody, who read part of the history of the chapter, and Mrs. Albert Griffin, who was one of the dancers.

Miss Carlotta Wiseman, worthy grand matron from Grants Pass, said she was particularly interested in Jacksonville since her grandfather, a Baptist church "circuit rider," had been one of the early-day ministers who visited that little town on his rounds. Miss Wiseman's evening gown was of grey net, and Mrs. Lorena McNair, a past grand matron from Alpha chapter in Ashland, looked very smart in a short very full gown of grey.

Potpourri devoted a lot of time on history last week—Adarel's history, the history of Medford as remembered by Mrs. Lumsden—also an early-day member of that OES chapter, and the history of the Shakespearean festival in Ashland. Wednesday night we spent an interesting three hours with Mrs. Almus Pruitt, who has a scrap book of clippings, program and other mementoes of the festival in the thirties. Mrs. Pruitt was one of the festival's first leading ladies—having earned fine reviews for her portrayals of Ophelia and other Shakespearean roles. She also took charge of the first souvenir programs, worked on publicity, made up-state tours (along with Mrs. Vinson Vaughn, then Doreen Leverette), and a thousand and one other chores.

Remember when Ford cars were called "tin lizzies" and some motorists were a little disparaging about Fords in general? Potpourri went for a ride Friday night in a shiny black Ford "Thunderbird" and came home filled with wonder at what evolution in the automobile world had produced.

The car belongs to John Day, who plans to use it partly as an advertising stunt in connection with his real estate promotion. The men tell me that the Thunderbird has a 300 horsepower motor, and the one in the Day car has been whopped up by means of a supercharger, or blower, and the addition of a racing magneto which supplies ignition instead of the usual distributor system. This all means practically nothing to Potpourri, but we do know that the sound of the motor is something wonderful and probably causes the hot rodders to break out in goose bumps.

The car was doubly interesting because it was the first we've seen equipped with safety belts. John said he'd read articles, including one in a recent Saturday Evening Post, which had convinced him that safety belts are as much a necessity in modern, powerful autos as they are in airplanes, so he had two installed. According to the Post and Changing Times, the Kiplinger magazine, automobile accident fatalities might be reduced more than 50 per cent by the use of safety belts.

Mr. Day didn't drive at all fast, but even so when he jammed the throttle to show what a quick pickup the car has, we were surprised to see what pressure was exerted on the belt. And the pickup speed, we might add, is something fantastic.

The Kiplinger story said Nash tried to sell the safety belt idea to car owners some time ago, without any success, but now Medford dealers are advertising the belts, and they will probably be standard equipment before long.—O.S.

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Make Hospitals Pleasant Places, Director Urges

Ann Arbor, Mich. — (U.P.) — Every hospital should have a "pleasant personality" to aid the patient in his recovery according to Dr. Albert C. Kerlikowski, director of the University of Michigan hospital.

"Sick persons demand a pleasant social experience, not an emotionally troubled one," Kerlikowski told a recent meeting of hospital administrators.

"The yardstick of success for a hospital and its acceptance in a community comes from the image and spirit which stamps the institution for patients."

To help speed a patient's recovery, Kerlikowski listed four main points: selective menus, liberal visiting hours, early ambulation and closer family contacts during the hospital period.

"Let the patient sleep beyond the crack of dawn before you stick a thermometer in his mouth," he added.

"A pleasant social experience helps patients recover faster. A hospital should have a good personality to make this experience possible."

Miss Pat Snook Selected as 4-H Club Member for Month

Miss Pat Snook, 18, daughter of Mr. and Mrs. P. B. Snook, route 2, box 874, Central Point, has been selected outstanding 4-H club member for July.



MISS PAT SNOOK 4-H Club Member of July

She was selected by the executive committee of the Jackson county 4-H leaders association, based on record of school activities and personality.

Miss Snook, who has been a 4-H club member for 10 years, is a junior leader for a club this year. She has been active in four cooking projects, seven clothing and one health projects during her 10 years of club work.

President of Club Miss Snook was president of her 4-H clothing club in 1953, and served as president of the Central Point community 4-H group. She also has served terms as secretary and treasurer of clubs, and two years ago was chosen with Irma Childress of Central Point to present a prize winning clothing demonstration at Oregon State Fair.

She was graduated from Crafter High school this summer, after three years of school activi-

ties. During her sophomore, junior and senior years she was yegg queen and was president of the sophomore class, and secretary of the junior class.

She was treasurer of the Girls league in her senior year, and president of the Girls Athletic association. She was chosen queen of festivities at the Winter Formal this year, and was elected as county tax deputy for Student Government day.

Among Miss Snook's hobbies are sports, sewing and art. She took four years of commercial art in high school, and plans additional art studies at college, where she plans to major in physical education. She was a member of the valley girls softball team, Q.T.s, two years ago.

Her mother was a 4-H leader for seven years, and her sister, Esther, has completed seven years participation in clothing and cooking clubs. Miss Snook is employed as clerk at Gilman's Dairy this summer.

The foil packages of spaghetti sauce mix are ideal to take along on camping trips. All you need to add is a can of tomato sauce and some water. Take along a can of pitted ripe olives and some parmesan cheese to make the sauce extra hearty. Supper can be ready in half an hour.

One way to help children to find their clothes themselves is to glue pictures of the items on the outside of each drawer.

Celestial Scorpion

By J. HUGH PRUETT
Astronomer, Extension Division Oregon Higher Education System

Transformations from the terrestrial to the celestial can sometimes change a loathsome creature to one of beauty. A scorpion on earth is a thing to be feared and avoided, but when composed of shining, many-colored stars set low in the southern summer sky, it is a delight for all to behold!

Tonight, about an hour after sunset, for observers at 45 degrees north latitude, Scorpion, the celestial Scorpion, will appear nearly due south with his tail dragging the southern horizon. For those observing much farther north, the bend in the tail will be hidden, but for the more southern residents the tail will clear the sky line completely.

Look Low in Sky At the time and in the direction mentioned above, look fairly low in the sky and you will sight a decidedly reddish star that twinkles energetically. This star, representing the throbbing heart of the Scorpion, is Antares, (pronounced in three syllables with the accent on the second.)

For those around latitude 45 degrees the entire Scorpion can be traced if the southern horizon is level and free of obstructions. Let us describe it for an observer at this location. The celestial Scorpion actually resembles in shape its earthly namesake, the crab-like animal with a sting in the end of its tail.

Three Distinct Stars A little below and to the left of Antares, the brightest star in the group, there is a rather bright star; another slightly above and to the right. Still higher and to the right there appear three distinct stars in a vertical line. The upper of these is the Scorpion's head. Directly below and very close, a small double star appears.

The remaining two bright stars in this line form the right arm. Under this line, dim stars make the claw. On the left of the head star a few dim ones form the left arm and claw.

Again start with the star below Antares and trace the tail. At a considerable distance down and to the left we find an up-

Edens Now Home After Trip North Mr. and Mrs. O. A. Eden, 211 Genessee street, returned Friday from a three-week trip to Canada and also to Glacier National park.

In Canada they visited Banff, Lake Louise, and Jasper and Yoho parks. They were particularly impressed by the Yoho park and valley and remained there the last week of their vacation instead of continuing on to the Yellowstone National park as planned.

During the absence of the Edens their daughter-in-law and grandchildren, Mrs. Douglas Scott Eden, James Douglas and Elizabeth Anne, and the children's maternal grandmother, Dr. Mabel Hardenbrook of Oregon City, stayed at the Eden home. The group will return to Oregon City the first of this week.

MOTHER'S PET—Mothers prefer cotton for its easy care, says National Cotton Council, noting this shirt and shorts set by Chips and Twigs in cotton pique.

Long, Slow Cooking Needed for Fresh Pork Prepared on Grill

New York—(U.P.)—Fresh pork cuts take well to preparation on an outdoor grate or grill, but the secret is in the long, slow cooking.

Pork is at its best when thoroughly cooked, and for most cuts two hours is needed to get the meat to the well-done stage.

In quantity this summer, and as a result economical, are such cuts as spareribs, pork tenderloin and pork chops.

If pork tenderloin is your choice, purchase fresh or frozen whole pork tenderloins weighing about 1 1/2 pound per serving and better count on seconds for everyone. Cut each tenderloin in half lengthwise and then crosswise to make four portions. Cover with barbecue sauce and store in the refrigerator 2 to 4 hours so the meat will absorb some of the seasonings.

Better plan to have some snacks around for guests to nibble on, if pork is the main course. These will hold the appetites until the meat is well done.

Here's an easy, elegant company dessert. Whip some cream and sweeten lightly with powdered sugar. Fold in a couple tablespoons green creme de menthe and chill half an hour. Then fold in well-drained canned cling peach slices. Serve in sherbet glasses with a sprig of mint to garnish.

Well-drained canned fruit cocktail, mayonnaise and crumbled blue cheese folded into partially thickened strawberry-flavored gelatin makes a delicious-tasting salad. Chill mixture in a ring mold. Garnish with fresh mint leaves, sliced avocado and whole ripe olives at serving time.

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