

Medford Woman Observes 90th Birthday; Recalls When City Had 200 Population

In January of 1888, when Medford had a population of about 200, Mrs. H. U. Lumsden came here from Minnesota as a bride. Today Mrs. Lumsden will be 90 years old and believes that she has been privileged to live through an interesting period of history.

In 1888 one of the new town's main buildings was the Nash hotel, (now the Allen hotel), there was no bank but three churches, the Presbyterian, Methodist and Baptist, had been organized. The Southern Pacific railway had completed its line through the valley only the week before the Lumsdens arrived.

The Lumsdens' first home was located where the Woolworth store now stands, and later they lived in a home on the corner of Sixth and Bartlett streets. Mr. Lumsden and his wife's brother, A. N. Berlin, now of Seattle, operated a grocery store located back of the Nash hotel for a few years, and after a time the Lumsdens moved to California, where they lived briefly. Returning to Medford, Mr. Lumsden became a partner in Hutchinson and Lumsden, a general merchandising firm located in a building where Mann's Department store now stands. This business was in operation for 35 years.

"I hardly know Medford now," said Mrs. Lumsden, speaking of the city's growth and development. "I could easily get lost, especially on the east side. When my friends take me for rides around the east side districts, I remember how my father-in-law used to say 'don't buy or build on the east side—there's too much danger of flooding.'"

She recalled that this was true in those days, Bear Creek having flooded scores of residents from their homes at different times. Mrs. Lumsden remembers the first car the family owned, a Reo, and recalled how it once was stuck in the mud about where the new Rogue Valley bank building is located on Court street.

Before purchasing the car, the Lumsden family made long trips

using horses and wagons, or hacks. Mrs. Lumsden particularly remembers the first time the family set out on the four-day drive to Crater lake. Shortly after leaving she became ill and in Union Creek was forced to remain in bed. The stay in Union Creek lasted for about six weeks, for she had typhoid fever.

The next time the family set out for the lake, Mr. Lumsden chose another route for the beginning of the trip. The wagon road was so rough the couple tied the children in the back seat of the vehicle to keep them from falling out when it bounced over big rocks and fell into deep holes.

"The first day we reached Elk creek and the second day we had driven as far as Prospect," she recalled. Bad as was the road to Crater lake, the one to Lake o' Woods was worse, she said.

Mrs. Lumsden's early day activities included membership in Adair chapter, Order of the Eastern Star in Jacksonville, and in those days she made the trip to Jacksonville by horse and buggy to attend chapter meetings. In 1900 she helped organize Reames chapter in Medford, and was its third worthy matron. She has been a member of First Presbyterian church since 1897.

During the interview Mrs. Lumsden removed her wedding ring from her hand and explained that she was especially proud of the ring because it is made of Oregon gold. Mr. Lumsden bought the gold of a man who had mined it near Wolf creek, and mailed the metal to his fiancée in Minnesota. A Minneapolis jeweler made up the plain gold band which Mrs. Lumsden has worn ever since her marriage in 1887. Mrs. Lumsden is a native of Farmington, Minn., and as a girl was Bessie Berlin.

One of the first clubs in Medford was the Lewis and Clark club, organized as a civic group. When Mrs. Lumsden served as president, she appointed a committee to work towards securing a library. She recalls that on the committee, or "library board" were Dr. J. F. Reddy, W. I. Vaw-

ter, a banker, Mrs. E. B. Pickle, who now lives in California, Mrs. Paul Tice and Mrs. M. L. Alford.

The committee induced C. C. Beckman, Jacksonville banker, to donate land for the library and with the aid of a Carnegie library grant, the first building was eventually erected.

Medford's early-day residents enjoyed parties, as they do now, and Mrs. Lumsden remembers one the Lewis and Clark club gave. Guests were to dress to represent the name of a book. Among the guests were Mr. and Mrs. W. T. York, with Mr. York dressed as "Innocents Abroad" and his wife as "A Long Look Ahead." Mrs. Ed Warner's costume was "The Light That Failed" and Dr. Bundy came attired as Shakespeare. W. I. Vawter was "The Prospector" and Mrs. Vawter the "Kentucky Cardinal." Mrs. Lumsden and her mother-in-law were dressed as "Adam Bede" and "Bittersweet." Mr. and Mrs. C. E. Gore had signed the program book, but failed to note what costumes they wore.

Mrs. Lumsden will spend today with her niece and foster-daughter, Mrs. James A. Grigsby, and Mr. Grigsby at their home on the Rogue river. The Lumsdens had three children, Hazel, Treve and Ruth, but none are now living. Mr. Lumsden died 28 years ago. Mrs. Lumsden's daughter - in - law, Mrs. Treve Lumsden, her grandson and granddaughter all live in other Oregon cities and none will be able to join the Medford woman on her 90th birthday. She has three great-grandchildren.

Mrs. Lumsden sold the family home at 610 South Holly street seven years ago and has made her home since in apartments. She now lives at The Plaza with her companion, Mrs. Emily Anderson. In spite of her 90th birthday, this charming and interesting woman leads an active life in Medford. She enjoys a wide circle of friends, attends occasional meetings, plays cards and keeps up with current events by way of radio and television.



Pictured above are Mr. and Mrs. George Blum of Tillamook, Ore., who were in Medford to participate in the grand Pacific tournament of the Pacific International Trapshooting association held July 20 through 24. Mr. Blum was elected president of the association during the meet and the couple won first place in the husband and wife match. The association includes eight western states and British Columbia.—(Brainerd photo)

4-H Club News

Applegate Valley 4-H Fair

The annual Applegate Valley 4-H fair will be held Aug. 5 at the Applegate school. Events will begin at 10 a.m. with swine showmanship, followed by livestock judging contest.

The home economics projects of the local cooking and clothing clubs will be judged and placed on display for the day.

The noon lunch will be served by the local 4-H clubs for a small charge.

Immediately after lunch the classes of sheep showmanship will start the afternoon's activities. There will be classes for advanced or senior showmen, followed by the intermediate, and then the beginning showmen. Dairy showmanship will follow the sheep classes. The afternoon's program will close with the classes in beef show-

manship. Everyone is invited to attend and all 4-H club members in the county are especially welcome.

Ruchettes
We had our eighth meeting July 26 at Nancy Rehead's house. There were eight members present. We had a short business meeting, then adjourned to sewing.

There was much progress made. Our next meeting is going to be at Mrs. Williams house Aug. 2. Sharon Ranny will serve. Linda Wells Reporter

From Hawaii

Mrs. Ted Darling and laughter, Linda, of Honolulu, T.H., have arrived in Medford to spend 10 days with Mrs. Darling's mother, Mrs. Daphne Burgess, Dixie lane. They will also spend some time with Mr. and Mrs. Ray Schumacher, Table Rock road.

Most smoked meat products should be used within a week to 10 days from purchase. This applies to smoked and picnic ham; and tongue. For sliced bacon at its best, use it within a week.

As We Live

By ELIZABETH HURLOCK, PH.D.

Ways To Keep Weather From Getting You Down

Throughout the summer months, no matter where you go, you will run into hot weather. This is part of nature's plan and you cannot escape it. But you can keep it from getting you down.

There is no truth in the common belief that the effects of the heat are "purely psychological," as many people tell others when they complain of the heat. Heat has a definite physiological effect, and this is partially responsible for its psychological effect.

If you can control, to a certain extent, the physiological effects of heat, then the psychological effects will not be so great. In this case, it's a question of "matter over mind."

Learn, during the heat of summer, to live at a slower pace. This may mean getting up slightly earlier in the morning to avoid having to rush to meet the demands of the day. But you can compensate for this by going to bed earlier at night when the day's work is done.

Fortunately for all, it is no longer considered necessary to wear clothes much like winter styles in summer. Even men can shed their coats in their offices without being criticized. Light, airy clothes go a long way toward keeping the body from becoming overheated.

Matter of Diet
Then there is the matter of diet. Your body does not need as much food or the same type of food as it needs in colder weather. Regulate your diet to suit the thermometer. Iced drinks are refreshing while you are drinking them, but they often make you feel hotter later.

Once you learn to keep your body cooler, you will not think so much about the heat. When you are more comfortable physically, you can concentrate your attention on what is at hand and this, in turn, will help you to forget the heat.

LETTERS FROM READERS

Pettiness: "What makes people petty? I have noticed that there is some relationship between pettiness and the amount of education a person has."

(A) Pettiness comes from a narrow sense of values. A person whose education has been limited is likely to have a narrower sense of values than the person whose education has been more extensive. While this is not the only cause for pettiness, it certainly is a common one. Another very common cause is a feeling of inadequacy or a feeling of martyrdom. The person who feels inadequate concentrates on the small things because he cannot cope successfully with the bigger things of life. A person who feels sorry for himself gets more consolation from picking at little things in others.

Costume Jewelry: "Why is it that teen-age girls like to cover themselves with a lot of cheap costume jewelry?"

(A) Teen-age girls like to ornament themselves because they think this adds to their attractiveness. Since very few teenagers have enough money to get real jewelry or even good costume jewelry, they must settle for what they can afford. As they become more experienced and get around more, they realize that a few pieces of good costume jewelry are preferable to a large number of cheaper pieces.

Teasing: "I have always thought that it was the older child who teased the younger, but in our family it is the reverse. I have tried to keep my older child from hitting back at the younger but is this fair?"

(A) Your younger child certainly should not be permitted to tease the older child without

any restraint. You are right in not letting the older child hit back at the younger but you could step in and put a stop to the teasing of the younger child, and this you should do.

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Hooks Here

Dr. and Mrs. Rolla Hook and daughter, Mary Jo, left Medford Saturday after having been guests of Dr. and Mrs. L. L. Sanders, Groveland avenue. Mrs. Sanders is a niece of Dr. Hook.

The Hooks, who live in Logan, Ia., are touring the west visiting relatives and friends.

Wash your deep-colored towels and tinted sheets apart from white clothes for two reasons. The colored materials may lose enough color to discolor the other pieces, and may pick up white lint.

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