

STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide

To develop message for Thursday, read words corresponding to numbers of your Zodiac birth sign.

APR 21	1 Don't	31 Are	61 Likely
MAY 21	2 Financial	32 Cause	62 Environment
2-8-14-28	3 Joyful	33 Trouble	63 Recently
32-43-56	4 Important	34 Ready	64 Win
MAY 22	5 Seek	35 You	65 Affairs
6 News	36 Your	66 Fun	66-73-75
7 Your	37 May	67 Now	67-72
8 Te-ups	38 In	68 Non-	SAGITTARIUS
9 A	39 Major	69 Your	NOV. 23
10 Heart's	40 Leap	70 Finance	NOV. 23
11 Correct	41 Adjusting	71 And	OCT. 24
12 Be	42 To	72 You	OCT. 24
13 Interests	43 For	73 Evident	NOV. 22
14 Could	44 Development	74 Reward	NOV. 22
15 Person	45 Benefits	75 Work	NOV. 22
16 A	46 That	76 What	NOV. 22
17 People	47 Financial	77 Neighbors	NOV. 22
18 Mistake	48 You've	78 Now	NOV. 22
19 C	49 Go	79 You	NOV. 22
20 Welcome	50 Involving	80 Or	NOV. 22
21 Need	51 After	81 If	NOV. 22
22 Messages	52 Favored	82 Relatives	NOV. 22
23 S	53 Go	83 You	NOV. 22
24 For	54 Of	84 Indicated	NOV. 22
25 Invite	55 Move	85 Discontent	NOV. 22
26 Courageous	56 Worry	86 Need	NOV. 22
27 Appear	57 Or	87 You	NOV. 22
28 Give	58 Made	88 Good	NOV. 22
29 Specially	59 Especially	89 Go-ahead	NOV. 22
30 Good	60 From	90 Service	NOV. 22
31 Change	61 Advise	91 Neutral	NOV. 22

Personal Health Service

By WILLIAM BRADY, M.D.

Readers should address inquiries to:
Dr. William Brady,
263 El Camino, Beverly Hills, Calif.

BEGINS ROLLING, BECOMES NEW GIRL

New Hampshire reader says her experience with rolls before breakfast shows the benefits to be almost immediate. She has been doing them for only eight or nine months, and she asserts that "somersaults at any time on an empty stomach produce instantaneous relaxation of the nervous system and a speed-up of the sensory faculties. You can think faster, see clearer, hear better and you are altogether more aware..."

That's all right, Ma'am. I called 'em somersaults for many years and I still call the pamphlet of instructions — available on written, signed request if you provide stamped, self-addressed envelope — The Somersaultaqua, but I'm not fighting about it any more, since Young Bill informed me, firmly but gently, that his physical instructor in college says they are not somersaults, but forward rolls. I'd continue to call 'em somersaults regardless, I suppose, were it not for a serious lowering of morale due to the realization that I'm getting afraid to roll 'em myself.

A few weeks ago I had a painful kink in my back which made me afraid to roll. This cleared up and I resumed my regular six rolls before breakfast every morning. But three months later I acquired a similar kink in my neck, and so in the past two weeks I do only one or two some mornings, or maybe none at all some mornings. I suppose I could do six as easily as one, but I'm afraid to try it. I confidently expect this kink to clear up presently and I'll be rolling half a dozen every morning. Later I'll report how I'm doing, if anybody cares to know.

"Every day around here is a Brady day and has been for nine months. I'm a new girl! You BET it WORKS!" concludes the New Hampshire reader.

But it is only fair to say that a contributory factor of vite, mentioned incidentally by the New Hampshire reader, is better nutrition. For practical advice on the way to improve your nutritional condition study Little Lesson No. 16, The 7 Keys to Vite — for which send 25c and stamped, self-addressed envelope; or if you are not prepared to invest so much in health send just the stamped, self-addressed envelope and ask for the pamphlet Young Folks and Old Folks which tells you why you are which and what to do about it. The New Hampshire reader has been doing it for eight months.

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Your Mail Tribune Station

Quakes Reported Along Cook Inlet

Anchorage, Alaska (U.P.)—Quakes from Mt. Spurr, 60 miles west of here were of such intensity as to cause trees along Cook Inlet to topple to the beach, a homesteader has reported. Elmer Long, who has a cabin located at the beach near Three Mile creek in the inlet, recalled the big 1953 eruption of the volcano. He said "it's exactly like it was two years ago."

"The old mountain rumbled again yesterday morning and the cabins hereabouts shimmered and shook every time the big fellow groaned. It's a slow rumble, and about 15 seconds after each rumble the buildings start shaking," he said.

"Yesterday, a number of trees along the inlet were shaken clean of the bank and toppled onto the beach."

Long, a fisherman, lives at the cabin with his wife and daughter.

STRANGE AS IT SEEMS

GENERAL DAVID GARNOFF

AS A YOUNG MARCONI OPERATOR AT THE WIRELESS STATION LOCATED IN WANNAMAKER TOWER, NEW YORK, AT THE TIME OF THE TITANIC DISASTER, WAS THE FIRST TO ESTABLISH CONTACT WITH THE RESCUE SHIP S.S. CARPATHIA AND REMAINED ON DUTY FOR 24 HOURS LISTING THE NAMES OF THE SURVIVORS

—April, 1912—

"SUBMARINE" PERISCOPES ARE ABOVE SURFACE AND THE OBJECTIVES UNDERWATER... USED TO EXAMINE HIGHLY RADIOACTIVE STORED URANIUM... THE WATER SOAKS UP THE RADIATION... Harford Atomic Plant, Richland, Wash.

Now She Shops "Cash and Carry"

Without Painful Backache

Nagging backache, headache, or muscular aches and pains may come on with over-exertion, emotional upset or day to day strains and strains. And folks who eat and drink unhealthily sometimes suffer mild bladder irritation... with that restless, uncomfortable feeling. If you are miserable and worn out because of these discomforts, Doan's Pills often help by their pain relieving action, by their soothing effect to ease bladder irritation, and by their mild diuretic action through the kidneys — tending to increase the output of the 15 miles of kidney tubes.

So if nagging backache makes you feel dragged-out, miserable, with restlessness, sleepless nights, don't wait, try Doan's Pills, get the same happy relief millions have enjoyed for over 60 years. Ask for new, large, economy size and save money. Get Doan's Pills today!

Dead line Sunday Classified is at noon Saturday: 1 a.m. Monday for Monday: other days 5:30 previous day.

Helps You Overcome FALSE TEETH

Looseness and Worry

No longer be annoyed or feel ill-at-ease because of loose, wobbly false teeth. PASTETEX, an improved albumen (non-plastic) powder, sprinkled on your plates holds them firmer so they feel more comfortable. Avoid embarrassment caused by loose plates. Get PASTETEX today at any drug counter.

CROSSWORD PUZZLE

Answer to Yesterday's Puzzle

ACROSS

- 1-Long-tailed parrot
- 2-Phrygian king
- 3-Diploma
- 4-Iola
- 5-Conjunction
- 6-Tropical tree
- 7-Mother of
- 8-Apollo marble
- 9-Gash
- 10-Click beetle
- 11-Burden
- 12-Walrus
- 13-Compass point
- 14-"Pick-me-up"
- 15-One who avoids Army duty
- 16-Harvest
- 17-Short jacket

DOWN

- 1-Head of sheep
- 2-Part of "to be"
- 3-Policeman (slang)
- 4-Hummingbirds
- 5-Springs
- 6-Projectile
- 7-Prof. who studies Pigeon pea
- 8-Matured
- 9-Wholly
- 10-Automaton
- 11-More painful
- 12-Chair
- 13-Cluster
- 14-Evergreen tree
- 15-Fathers
- 16-Newspaper "beat"
- 17-Centers
- 18-Kind of white
- 19-Ringing
- 20-Evergreen
- 21-Egg dish
- 22-Heavenly body
- 23-Arranges in folds
- 24-Stitched
- 25-Every
- 26-Portico
- 27-French for "king"
- 28-Yeast agent
- 29-Fraction
- 30-Hebrew letter

BUZ SAWYER

MAMMY BEAT TH WHAMMY!!

SHE RE-FOOZED T TURN GREEN!!

YIPPAH!! NOW LET'S USE FORCE EVERYBODY T'VE OUR COLOR!!

NO!-TH AMERICAN WAY-IS, ANYBODY KIN BE GREEN OR NOT GREEN OR

NOW - YOU AND I, FLEEGLE, WILL BE THE ONLY TWO WHO ARE GREEN!!

WRONG, BULLMOOSE!! SINCE "A RAIN" HOILIN' THAT DOUBLE WHAMMY-

I AM NOW POIPLE!!

BUZ SAWYER

I'VE GOT TO DO SOMETHING DRASTIC... NOW!

DESPERATION! HOW CAN BUZ PREVENT THE PLANE FROM REACHING ITS DESTINATION - AND KEEP SOMETHING SECRET OUT OF THE HANDS OF FOREIGN AGENTS?

THIS MUST BE THE GAS LINE FROM THE AUXILIARY TANK.

HE PASSES HIS FOOT ON THE TUBE, IMMEDIATELY THE ENGINE STARTS COUGHING.

SPUT SPUT COUGH SPUT SPUT

IT'S COUGHING OUT.

WE'RE LOSING ALTITUDE!

BARNEY GOOGLE and SNUFFY SMITH

IPSO FACTO, GENTLEMEN OF TH' JURY - WE HAVE HEERED TH' TESTIMONY IN TH' CASE OF RE SNUFFY SMIF VARSUS DOC PRITCHART IN TH' CIRCUIT COURT OF HOOTIN' HOLLER, WHAR AS AN TO WIT-

AN' TO QUOTE THAT FAMILIAR OL' LATIN SAVIN' "E PLURIBUS UNUM" -UH-SPEAKIN' OF "PLURIBUS" BRINGS TO MIND ANOTHER OL' LATIN SAVIN' -UH-"CUM TO TH' MARCHI GRAN"

WHAT IN THIS ROUND WORLD EVER POSSESSED YE TO GIT COUSIN BLUNDERBUSS FER YORE LAWYER, PAW? HE'S BEEN TALKIN' FER TWO SOLID HOURS AN' HINT SAID NOTHIN' YET

THAT'S WHAT MAKES HIM SO ALL-FRIED GOOD!

BLONDIE

NOTHING LIKE AN AFTERNOON COFFEE BREAK TO PEP A FELLOW UP FOR MORE WORK

ANOTHER CUP DAGWOOD?

GREAT SCOTT! LOOK AT THE TIME!

I'VE GOT TO HURRY BACK OR I'LL BE LATE FOR QUITTING TIME

MUTT and JEFF

JULIUS, MY TWIN BROTHER, WHY DON'T YOU COME AROUND MORE? PEOPLE LIKE YOU!

I WOULD JEFF BUT I DON'T WANT TO CONFUSE PEOPLE

YOU SEE WE LOOK EXACTLY ALIKE!

YOU MEAN WERE THE SAME SIZE AND WE DRESS EXACTLY ALIKE!

YES, AND THE OUTSIDE OF OUR HEADS ARE EXACTLY ALIKE BUT-

-THAT'S WHERE THE RESEMBLANCE ENDS... ON THE OUTSIDE!