

Feeding the Family

By ZOLA VINCENT
Food Editor

Fresh Fruit Bargains Unlikely; Canners Urged to Conifer

We might as well reconcile ourselves to the fact that commercial freezers, canners and jam and jelly makers are going to take a major portion of the berry and orchard crops for the tremendous ice cream, bakers and restaurant trades... as well as for out-of-season consumer use. Weather, too, is a contributing factor; many crops being smaller than usual.

For eating in their fresh state and for home freezing and preserving, we'll just have to watch the markets closely, talk things over with our fruit suppliers who usually give special prices on quantity purchases. Bargains such as we used to find are few and far between.

Your local fruit man will be glad to advise you since it is to his advantage to move perishable products quickly. Uncertain weather and market conditions are tough on him, too.

Seasonal Berries, Fruits
We welcome increasing supplies of distinctive flavorful berries of various kinds and of apricots, nectarines, peaches, plums. The sweet cherry season is unusually short, the bright red sour cherries are due later. Watch newspaper advertisements and displays.

Tips on Berries
First, keep in mind that only the popular strawberry is privileged to wear a cap as a sign of maturity. All other berries that are mature are free of their hull. Second, for best quality and taste, choose those berries that are firm, plump and full colored.

Learn to distinguish the different types; red raspberries and black (the core separates from the fruit); blackberries and dewberries are much alike and used the same ways.

Loganberries are the big dark red berries and the darker boysenberry greatly resembles them.

Select firm, ripe currants for jelly-making. Over-ripe fruit does not "jell" so well. Three main varieties, red, white and black are in season June to August.

Large size blueberries really are a development through horticultural research of the wild huckleberry. Lower levels of our mountains produce wild huckleberries to delight those fortunate enough to "go huckleberrying" or to find a few boxes at fruit stands.

Elderberries are the small black berries of the elder bush, principally used in jelly making. Large strawberries (season ending) are choicest for eating; medium size best for "preserving." All berries supply important food elements necessary to good health. Besides, they taste so good!

Blueberry Cobbler
A rare desert treat whether you use the sophisticated blueberry or its mountain cousin, the huckleberry. We find quick-cooking tapioca ideal for the very necessary thickener. Keep this in mind for berry cooking and baking of all kinds.

2 tablespoons quick-cooking tapioca
1/3 cup granulated sugar
1/3 cup brown sugar, firmly packed
1/4 teaspoon salt
3/4 cup water
2 tablespoons lemon juice
1 tablespoon butter
2 cups fresh blueberries
1 1/2 cups sifted cake flour
2 teaspoons double-acting baking powder
1/2 teaspoon salt
3 tablespoons butter
3/4 cup sugar
3/4 cup milk
1/2 teaspoon vanilla

Combine tapioca, sugars, salt and water in saucepan. Cook and stir until mixture comes to a full boil. Add lemon juice, butter and blueberries. Let stand 15 minutes. Stir and pour into greased 1 1/2 quart baking dish or 8x8x2 inch baking pan.

Sift flour once, measure, add baking powder and salt and sift again. Cream butter, add sugar gradually and cream together beating after each addition until smooth. Add vanilla. Turn batter over blueberry mixture. Bake in moderate oven, 375 degrees, one hour. Serve hot. Makes 8 to 10 servings.

Berry Sponge Cake
Take your pick of the berries or any combination of berries for this dessert deluxe. Ten delectable servings.
1 cup heavy cream, whipped
2 tablespoons confectioner's sugar
4 cups fresh berries
1 sponge cake
Bake your own sponge cake, follow a quick cake mix or get an uniced cake from the baker's. Beat whipping cream until thick as mayonnaise. Beat in sugar gradually. Gently fold in the cleaned fresh berries. Cut a sponge cake into generous pieces; then spoon the cream mixture over the slices. Refrigerate or put in the freezer for a bit, if you like.

Raspberry-Current Pie
Looking for a pie that will prove quite different and wonderful? This may be it.
3 1/2 tablespoons quick-cooking tapioca
1 cup sugar
1/2 teaspoon salt
1/2 cups fresh red raspberries
1 3/4 cups fresh red currants
Pastry for 2-crust 9 inch pie
2 tablespoons butter
Combine quick-cooking tapioca, sugar, salt and fruits.
Roll half the pastry one-eighth inch thick. Line a nine-inch pie pan and trim pastry at edge of rim. Roll remaining pastry one-eighth-inch thick and cut several two-inch slits or a fancy design near center. Fill pie shell with fruit mixture; dot with butter. Moisten edges of bottom crust. To adjust top crust, fold pastry in half or roll loosely on rolling pin, centering on filling. Open slits with a knife. Well-opened slits are important to permit steam escape.

Trim top crust, letting it extend one-half inch over rim. To seal, press top and bottom crusts together on rim. Turn fold edge of top crust under bottom crust and flute. Bake in hot oven, 425 degrees, 55 minutes or until syrup boils with heavy bubbles that do not burst.

Raspberry Frost. Rich, rarely delicious summer drink for four. Add one-half cup finely sieved raspberries to half a pint of ice cream; beat with rotary beater until smooth, creamy and well-blended. Add 1 1/2 cups cold milk all at once. Continue beating until blended, frothy. Pour into eight ounce glasses. Top with remaining half of that pint of ice cream.

Cherry Dessert Puffs
The principal sweet cherries, those big dark ones, the Bing, the Lamberts and Tartarians are grown right here in our part of the country. Make wonderful eating out of hand or in this dessert which adds sour cream and grated orange rind to one pound of sweet cherries.
1 pound sweet cherries, pitted and finely chopped
3 tablespoons sugar
1 teaspoon grated orange rind
2/3 cup butter
1 1/2 cups sifted flour
3/4 cup sour cream
2 egg whites, beaten stiff and dry
Sugar
Chopped nuts
For filling, combine cherries, sugar and orange rind. Cook, stirring constantly, over moderate heat until juice has almost evaporated and a marmalade-like mixture is formed. Remove from heat. Chill.
Make pastry by cutting butter into flour with two knives, pastry blender or rub in with fingertips. Add sour cream and mix until flour is just moistened. Wrap dough in waxed paper. Chill for several hours or overnight. Roll out dough on floured board to one-eighth inch thickness. Cut in rectangles 2x4 inches. Place small spoonful of filling in center of each rectangle. Fold over and seal edges.
Bake on brown paper-lined cookie sheet in hot oven, 400 degrees for about 10 minutes or until lightly browned. Remove from oven. Place a small spoonful of beaten egg white on each puff. Sprinkle tops with sugar and chopped nuts. Return to oven; bake about five minutes or until egg white is lightly browned. Serve warm. Make about four dozen puffs. Make about four dozen Parfait Tapioca Cream Parfait
Fresh raspberries and tapioca

28 OSC Fraternities Hire Housemothers
Corvallis — (U.P.) — Housemothers for the boys of Oregon State college have been hired by 28 of the school's 30 fraternities. OSC is the first state-supported college in Oregon to place housemothers in fraternity houses.

Dan Poling, dean of men at Oregon State, set September as the deadline for hiring housemothers.
Dean Poling's office said there were 150 applicants for the 30 positions. The fraternities pay \$90 to \$100 per month plus board and room. The school said most of the housemothers have other sources of income.

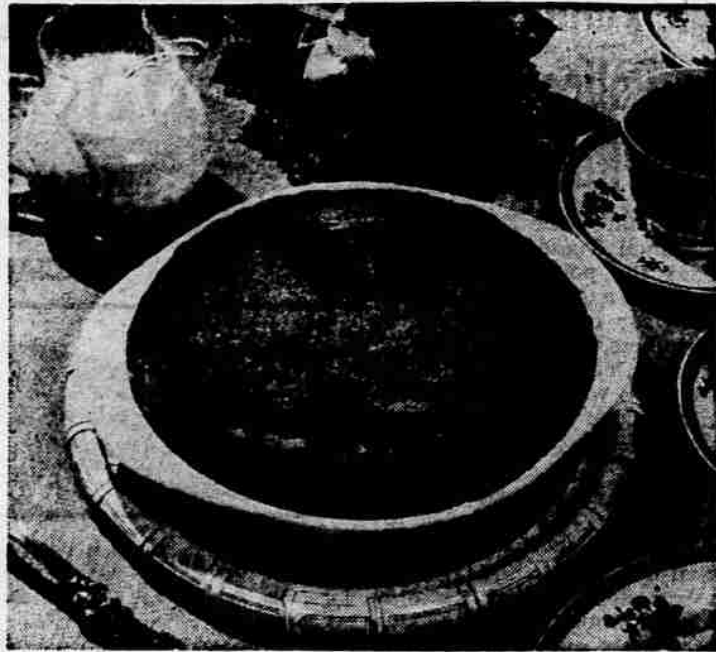
Issues in Pinball Suit To Be Decided
Portland — (U.P.) — Multnomah County Circuit Judge Charles W. Redding is scheduled to decide next Thursday on some of the legal issues involved in the suit questioning the scope of Portland's anti-pinball ordinance.

Judge Redding set the date yesterday at the conclusion of a two-day hearing on the suit filed by Lou Dunis, pinball operator, which contended police did not have the power to seize devices operated without a coin slot.

Dunis, who had obtained a temporary restraining order banning such seizure of pinball machines, seeks a declaratory judgment upholding his interpretation of the ordinance.

City attorneys have attacked the suit through a demurrer, and contend the court does not have jurisdiction in the dispute.

POULTRY PROTECTION
Lincoln, Neb. — (U.P.) — Laying hens adapt themselves to changes in temperature, according to poultry specialists. If it gets too cold, they quit producing eggs. The specialists suggest raisers build hen houses at an east-west angle to give the layers sun and protection against northwest winds.



THING OF BEAUTY—We share treasured dessert recipes using regional, seasonal abundance of berries, cherries and other favored fruits. This blueberry (huckleberry) cobbler is a thing of beauty, a treat to eat. The recipe is included in today's food columns.

cream take turn about in this delectable dessert. Mix three tablespoons quick-cooking tapioca four tablespoons sugar and one-fourth teaspoon salt in saucepan. Add 1 1/3 cups milk gradually, mixing well.
Cook, stirring constantly until mixture comes to a boil, about five minutes. Remove from heat.

Mixture will be thin. When cool, fold in one-half cup whipping cream, whipped. Chill. Crush two cups raspberries slightly; add two tablespoons sugar and arrange alternate layers of tapioca cream and raspberries in parfait glasses so that raspberries make top layer. Four to six servings.

As We Live

By ELIZABETH HURLOCK, PH.D.

Sees Stepmother Role Too Much for Daughter

"When a parent has reason to believe that a child, even when he or she has reached adulthood, is planning to do something that will bring years of unhappiness, then it is the parent's duty to interfere. However, the parent should be certain he is justified in interfering before he does so."

Q. "My daughter, who is 25 years old, is a kindergarten teacher. Through her work, she has become acquainted with the father of one of her pupils. He is a widower with two other children, a baby of 18 months and a child in the first grade. My daughter has been going with this man ever since Christmas and I am afraid it is getting serious. She loves little children and feels sorry for the children of this man. I know she respects and admires him but I am afraid she will let her sympathies for the children influence her to marry him. His mother, who is somewhat of a tyrant with the children, has been taking care of them in his home since his wife died when the baby was born. I feel that my daughter is too young to take over the responsibility of a ready-made family and a mother-in-law who could make a lot of trouble for her. How can I show her that she is making a mistake?"

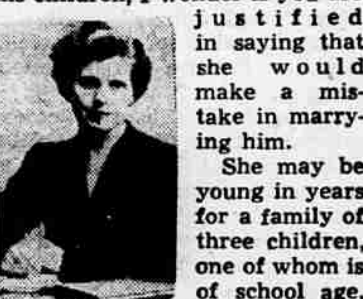
A. So long as your daughter feels as she does about him and his children, I wonder if you are justified in saying that she would make a mistake in marrying him. She may be young in years for a family of three children, one of whom is of school age, but her training and experience as a kindergarten teacher would certainly compensate for her youth. She knows from practical experience, how to handle children and this should help her to overcome the problems most stepmothers face.

Her biggest obstacle, as I see it, is the grandmother. She may be a "tyrant" as far as the children are concerned but that does not necessarily mean that she would be a tyrant with your daughter. Your daughter surely must know, by now, what she would be faced with in this respect if she married this man. The chances are that the grandmother would be only too happy to turn over the care of three small children to a younger woman. Under such conditions if your daughter could convince the grandmother that she is the one for the job, there should be no trouble there.

Marriage Counselor Didn't Follow Advice
Los Angeles — (U.P.) — Marriage Counselor Arthur Globe, 37, was divorced by his wife Sylvia, 39, because he didn't practice what he preached.

Mrs. Globe accused her husband of beating her, seldom coming home for dinner and lecturing her until four and five in the morning despite the fact she was "the support of the family."

PLASTIC LOBSTERING
Belfast, Me. — (U.P.) — Boat builder William La Pierre has designed a "new look" in lobster traps. His new trap is made of fiberglass and plastic and weighs about half as much as the traditional trap of lathing and knitted cord.



Dr. Hurlock

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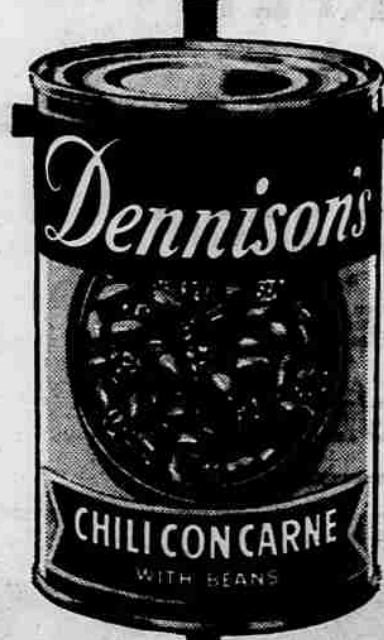
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Senate Debates Production Act

Washington — (U.P.) — The Senate opened debate today on a two-year extension of the Defense Production Act which provides for allocations and priorities of defense materials.

The bill as approved by the Senate Banking Committee rejected two administration proposals.

The measure completely omitted an administration plan to allow the President to grant 20-year anti-trust immunity to firms which combine for defense production. The measure extended the present immunity only two years and restricted it to combinations of firms producing military equipment.

The bill also provided strict limits on the power of "dollar-a-year men" who serve the government without pay but continue to draw salaries from their private employers. The bill as reported by the committee said they could not hold policy-making or administration posts in government.

This would limit them to advisory positions.

The act was due to expire June 30 but Congress extended it to July 31 so it would have time to consider the longer extension to June 30, 1957.

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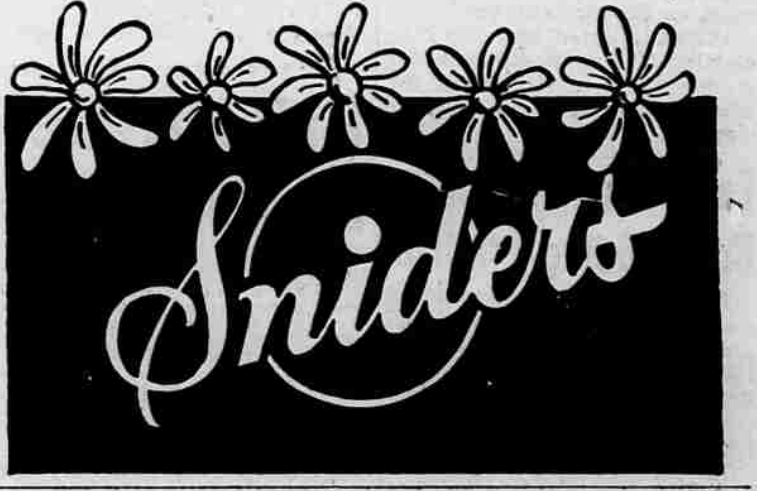
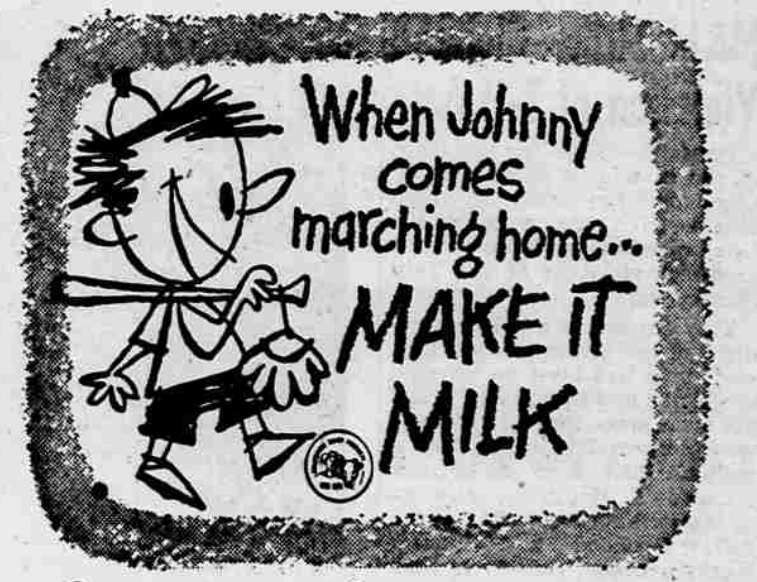
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Gaza, Palestine — (U.P.) — Israel and Egypt have resumed talks in another effort to halt the sporadic border clashes that taken at least 50 lives this year.

Buenos Aires — (U.P.) — The Argentine capital yesterday had its first snowfall in 37 years. The snow fell for 40 minutes but melted quickly.



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