'Fight Against Fear' Group In Chicago Aids Members to Lose Nervousness, Tensions

By ALFRED LEECH
United Press Correspondent

Chicago — (U.P.) — A young housewife cleared her throat with a trace of nervousness and told the group she was worried about "things I know I can't change, anyway."

A young man in a sports shirt arose and said he is troubled by anxiety over his forthcoming marriage.

"I'm not afraid," he said. "Just anxious."

Members of the group laughed and so did he.

It was the weekly meeting of a group know as "Fight Against Fear," composed of mental patients. Some are under treatment while others have "graduated" and no longer require therapy.

But they've found a common bond in their fight against fears and frustrations, and they have learned to help each other.

The meeting was held at the Oak Park Neuro-Psychiatric clinic operated by Dr. Melvin Blaurock. It was strictly informal. One pretty brunette wore slacks and most of the men wore short sleeved sports shirts.

Young Group

There were about 35 persons present, from various walks of life. Most were fairly young, in their late 20's or early 30's.

The topic for discussion was "worry." A woman in a blue-and-white striped blouse called on other members for their comments or experiences.

A blonde woman ventured that the best way to avoid worry is to "trust in God." A suburban housewife named Helen said she worries about "how people feel toward me."

A man named Jack said he tries to overcome worry "by meeting my problems head on."

One woman had been hospitalized recently with a "breakdown" and had returned to work only the day before. She was worried because she had forgotten some details of her job.

"But I've decided if I can't remember something, I'll just ask somebody," she said. "If they think it's strange, I just can't help it."

How To Accept People

The talk switched to what the group meant to individual members. One woman said she was learning to "accept people as they are."

"Maybe I won't always be walking a tight rope," she said of her own tensions.

A man in his late 40's said the group had taught him there were others with similar emotion problems, "and that makes me feel less lost and helps me stay on an even keel."

The meeting was adjourned and the members flocked to the corner soda fountain for refreshment and conversation.

Joyce, a pretty, red-haired office worker, said the group is "more or less a social affair, with picnics, square dancing and that sort of thing."

"But the group therapy part of it has helped a lot of us," she said.

"You probably noticed the things we were talking about tonight weren't our problems alone. They're everybody's problems.

"Only some of us get thrown by them."

Zsa Zsa Tosses Big Party for 10 Most Eligible Bachelors

Hollywood — (U.P.) — Zsa Zsa Gabor tossed the dream party of the year last night—for only herself and the 10 most eligible bachelors in Hollywood, without one movie actor in the lot.

The blonde actress, through such inspiration known only to the femme fatale from Hungary, picked who she thinks are the most attractive men on the loose and invited them out to dinner.

No Actors

But the Rock Hudsons and Marlon Brandos were left at home.

"Actors all want to be prima donnas," trilled Zsa Zsa. "One in the party is enough. Everything an actor does is rehearsed."

Most of the men were not young, either. Zsa Zsa thinks "older men are so interesting."

The 10 patient men who shared on beautiful date were antique dealer Thomas Ingersoll, attorney Franklin Lane, attorney Edward Bosbyshell, fashion designer Jax Hanson, contractor Hal Hayes, architect John Lindsay, composer Nacio Herb Brown, composer Nicholas Brodsky, pilot Speed Chandler, and insurance man Alfredo de la Vega.

Chair for Ruby

An empty chair was left for the hostess' current love, Porfirio Rubirosa, whom she joins in Paris Tuesday.

Zsa Zsa explained she gave the dinner "because I thought it would be fun, and who knows how much longer I'll be a bachelor girl and able to do this."

'Go-Ahead' Given on New Building at SOC

Ashland — Southern Oregon college Business Manager Don Lewis has announced that Architect Robert Keeney, Medford, has been given the "go ahead" on final plans for remodelling the present physical education building at SOC, Memorial court, into a Student Union building.

It will be financed in the main from funds left the college in the will of the Britt family of Jacksonville. A snack bar, bookstore, faculty and student lounges, student offices as well as several classrooms will be housed in the Student Union building.

Klamath Falls Viaduct Construction Delayed

Klamath Falls — (U.P.) —Construction of a viaduct over the south 6th street railroad tracks here will be delayed probably until next fall.

Mayor Paul Landry quoted R. H. Baldock, state highway engineer, as saying that plans will not be complete before six weeks.

The new four-lane bridge is estimated to cost $645,000.

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Local CAP Cadet Receives Certificate

Cadet Terry Krinock of the Medford squadron, Civil Air patrol, received a certificate of proficiency at the CAP summer encampment at the Portland International airport June 25. Cadet Krinock was one of 47 earning such certificates. It is the highest scholastic award given cadets of the CAP.

Besides Krinock, Cadets Kenneth Potucek and Mary Daniels attended the camp from here, returning by C-45 aircraft last Sunday. While there they inspected base aircraft and put in flight time in a C-124 Globemaster.

Menon Says India Friendly to Both China, America

Whittier, Calif.—(U.P.)—India's United Nations delegate V. K. Krishna Menon said last night his country was 'friendly to both China and the United States" and would like to think its "motives are not suspect by either side."

Krishna Menon spoke before 2000 persons attending the Institute of International Relations at Whittier college sponsored by the American Friends Service Committee.

Not Neutral To Peace

Commenting on India's role as a neutral, Krishna Menon said "We are not neutral to peace. We are not neutral to using methods of negotiations."

The Indian ambassador of good will said the recent U. N. anniversary meeting in San Francisco "represented a change in the attitude of world leaders. Circumstances today are such that a reorientation of thinking is necessary."

He said the San Francisco meeting was an excellent send-off for the coming Big Four meeting at the summit in Geneva.

Asks War Renunciation

Krishna Menon again called for a renunciation of war by the nations of the world.

'Where there are barriers between nations there is fear," he said.

"The most powerful nations are the ones most overcast with fear. Strength is usually the mask for fear.

"We would be willing and wise to take risks for peace as we take the risks of war. The cause of peace through conciliation calls for courage and perseverance, patience and magnamity" he said.

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