

STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars

To develop message for Saturday, read words corresponding to numbers of your Zodiac birth sign.

ARIES	Taurus	Gemini	Cancer	Leo	Virgo	Libra	Scorpio	Sagittarius	Capricorn	Aquarius	Pisces	
11-14-1930 42-50-80-84	1 Today's 2 Problems 3 A 4 Spot 5 Adverse 6 Vibrations 7 You're 8 Avoid 9 Do 10 Social 11 You're 12 This 13 Are 14 Due 15 Activities 16 Turn 17 Your 18 Will 19 To 20 For 21 Excellent 22 Of 23 Favorable 24 Day 25 Attention 26 Now 27 Affairs 28 Domestic 29 Affairs 30 A	31 Careful 32 Able 33 Pass 34 And 35 For 36 Can 37 Money 38 Which 39 Budgeting 40 Swiftly 41 Progress 42 Good 43 Day 44 With 45 Percent 46 Bring 47 Is 48 On 49 Of 50 Break 51 Work 52 To 53 Effect 54 Thrift 55 No 56 Forget 57 Don't 58 Tomorrow 59 Benefit 60 Neutral	61 Financial 62 Spend 63 Favorable 64 And 65 Careless 66 Agreements 67 Luck 68 A 69 A 70 Hurt 71 Partnership 72 Business 73 Appears 74 Matters 75 Today 76 Your 77 Money 78 Now 79 Of 80 Concerning 81 Cooperative 82 Affairs 83 Of 84 Money 85 Pocketbook 86 Of 87 Affairs 88 Surprise 89 Today 90 Benefit	1-2-18-33 40-58-60	1-2-18-33 40-58-60	1-2-18-33 40-58-60	1-2-18-33 40-58-60	1-2-18-33 40-58-60	1-2-18-33 40-58-60	1-2-18-33 40-58-60	1-2-18-33 40-58-60	1-2-18-33 40-58-60

Personal Health Service

By WILLIAM BRADY, M.D.

Readers should address inquiries to:
Dr. William Brady
263 El Camino, Beverly Hills, Calif.



VITAMIN A AND NEURALGIC HEADACHE

A lady aged 55 (she says) writes:

"Thank you, Dr. Brady! I have suffered with headaches for twenty-five years."

"No doctor has been able to help me. Empirin (mixture of phenacetin, aspirin and caffeine) with codeine (alkaloid of opium, the methyl ester of morphine) would take the edge off the headache temporarily, but the pain often persisted for a week at a time, and even in between times I would have a slight headache which would respond to milder pain relievers."

"Here are some of the treat-

ments that failed: Estrogen shots; home administered traction, that is, neck stretching; osteopathic treatments; allergy tests and \$260 worth of antigen injections; antihistamines.

"Finally I tried your suggestion of vitamin A (for details, send stamped, self-addressed envelope and ask for pamphlet 'Why Have Headache').

"I haven't taken codeine since January, when I started the vitamin A treatment, nor have I had a bad headache since then."

"My husband is so delighted with my improvement that he has been urging me to write to you. Again—I thank you!"

The vitamin A (natural vitamin A, not pro-vitamin or just carotene) treatment was the suggestion of Edward Mellanby, F. R. C. P., F. R. S., M. D., the British nutrition authority.

Who called vitamin A a remedy? Certainly not I. Nor did Mellanby. Aykroyd did, to be sure, when he described the effect of the vitamin on night blindness:

"The writer (Aykroyd, Vitamins and Other Dietary Essentials) 'has sometimes given Newfoundland fishermen, victims of 'night-blindness,' a single tablespoonful of cod liver oil, with the gratifying result that they were able to see on the subsequent night. There are, one fears, few other remedies in medicine so rapid and reliable."

As We Live

By ELIZABETH HURLOCK, PH.D.

Jealousy can cause a lot of trouble not only for the jealous person but also for all who come in contact with him.

(Q) "I am a girl of 11 and have a problem I hope you can help me with. There is a girl in our class who is an only child and she is always telling lies about me to my girl friends and making them mad at me. She is fairly bright and has average looks. Ever since I was told that I was to be put in the Special Progress Class, she has been very envious of me. She cheats on tests just to outshine me. Her mother babies her and tells other girls' mothers lies about her daughter's enemies. I think someone should try to help her. I am not the only one she does this to. I think I could help her if I understood her. Can you help me?"

(A) The important thing to remember about any jealous person—and this girl certainly is



According to a Pasadena scientist, the earth's first atmosphere consisted of methane, ammonia, water and hydrogen.

Today it's mostly the fumes from cooking Tator Dogs.



In the same way, she is jealous because you do good enough work to be put in a section of the class above hers. So, she tries to cheat to be able to equal you if not to take your place.

If you are willing to make the effort, I am sure you can help this girl. First, be friendly with her and try to persuade your friends to let her do things with them. She doubtless craves friendship and hasn't had much of it. You can also help her better liked by pointing out—tactfully—certain things she does that people dislike. And praise her for what she does well. You could also study with her and help her to learn her lessons better so she would get better marks.

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BOY SCOUTS

Troop 8 held its regular meeting Tuesday, the 21st. We talked about when we were going to have medical examination for scout camp. It will be July 13. We talked about our scout swimming June 28. All parents, brothers, sisters and grandfathers and grandmothers are invited to the swimming party at Twin Plunges in Ashland. Then we had our board-of-review. There will be 6 Tenderfeet, 5 second class, 1 first class and two Star scouts.

Scribe
Gene Harvey

ACCIDENT COST

Chicago—Accidents in traffic cost the American people more than \$4.3 billion a year.

Why Suffer Longer?

When Others Fail
COME TO US—ACT NOW!

Our Nature's HERB remedies will help you to regain your good health. Our remedies have been successful in aiding the sick all over the state for over 18 years.

Remedies for disorders, sinuses, heart, liver, stomach, gas and ulcers, constipation, piles, asthma, female complaints, kidney, bladder, blood, rheumatism, back and headaches. For Male, Female and Children.

BRANCH OFFICES:

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CHARLIE CHAN

OFFICE OPEN SUNDAYS ONLY
12 NOON TO 4 P.M.

CHINESE MEDICINE & HERB CO.
624 S. Riverside—Medford



S. B. FONG
Herb Specialist

Remember, then, you can't "try" the vitamin A treatment in less than three months; if the treatment does no good, at any rate it can do no harm; a hundred thousand units of vitamin A a day isn't an enormous amount if you compare it with the three hundred million red corpuscles in a single drop of blood; only part of the carotene (pro-vitamin) one gets from green leaves, red and yellow fruits and vegetables, can be converted into real vitamin A in the healthy body; the easiest pure vitamin A to take is crystalline vitamin A acetate in tasteless tablets called Nio-A-Lets; and the richest food sources of vitamin A are milk (fat, cream, butter), egg (yolk), liver, kidney, halibut, herring, sardines and fish-liver oil.

Mellanby recommended, for

multiple sclerosis, this high vitamin A diet:
1 to 2 pints of milk daily
2 eggs daily
Liver, green vegetables and carrots, plus two drams of cod-liver oil (half a tablespoonful) twice daily.

QUESTIONS AND ANSWERS

How About the Doctors?
We think you know more about the human body than most specialists! (F. M.)
Answer—Yahbut how do I compare with the doctors? Grandma Kelly always insisted that the great Dr. Shattuck of Boston had told her, when she was a young gerrul, that

one lung was gone. So when I tried my new stethoscope on her chest and heard nothing she exclaimed, "There, Ellen, that boy knows as much now as he'll ever know!"

Arthritis, Eh?
Just came across an article by you on Calcium and Arthritis (E. M.)

Answer—So far as I know, calcium has nothing to do with arthritis. If you have arthritis, you should be under a physician's care. If you have rheumatism, send stamped, self-addressed envelope and ask in writing, signed for pamphlet CALCIUM AND RHEUMATISM.

WALT'S TV & Radio Service

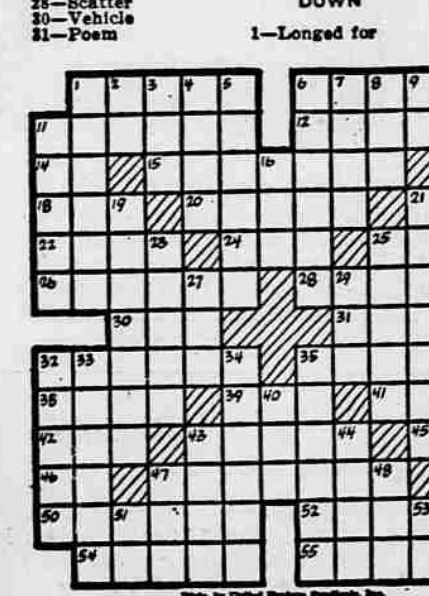
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409 E. Main — Phone 2-2269
Day or Night Service \$3.50
(Medford and vicinity)
Night Calls and Sundays
No Calls Fri. eve. or all day Sat.

CROSSWORD PUZZLE

Answer to Yesterday's Puzzle

ACROSS
1—Map
2—Youthful rustic
3—Favor
4—Experienced
5—Sun god
6—Sawtooth
7—College degree
8—(abbr.)
9—Hall
10—Dish
11—Mongrel
12—Spreads for
13—Golf mound
14—Heraldic
15—Scatter
16—Vehicle
17—Poem

DOWN
1—Longed for
2—Treated
3—Vast level
4—Plain
5—Detest
6—Female sheep
7—Actual
8—Native metal
9—Sends forth
10—Fret of
11—Japanese
12—Measure
13—Unmanned
14—Note of scale
15—Most docile
16—Chief
17—Warms
18—Finished
19—Pronoun
20—Bear part of
21—Spore
22—Handles
23—Cubic meters
24—Armed
25—Conflicts
26—Beast of burden
27—Pronoun
28—Luminous
29—formation in
30—Talk idly
31—Challenged
32—Cravat
33—Train
34—Climbing plant
35—Frighten
36—Command
37—Before
38—Vessel
39—Brief
40—Outcast
41—Resigns
42—Bride
43—Coupled
44—Church official
45—Emerges
46—Victorious
47—receded
48—Observed
49—Edible seed
50—Parent
(colloq.)
51—Pronoun
52—Fretted; down



BARNEY GOOGLE and SNUFFY SMITH



BUZ SAWYER



L'L ABNER



BLONDIE

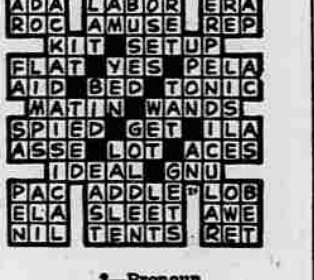


MUTT and JEFF

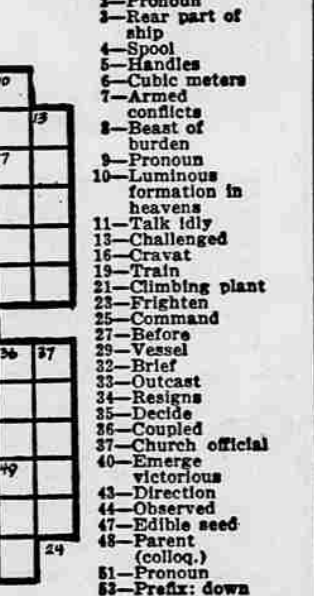


STRANGE AS IT SEEMS

TRAVEL INFORMATION EXISTED IN ANCIENT ROME AND OTHER PARTS OF ITALY...



WHEN PENGUIN POND WAS OPENED AT THE LONDON ZOO, THE BIRDS, BEWILDERED BY THE NEW CONCRETE RAMPS, WERE SHOWN THE WAY BY A KEEPER WHO PRECEDED THEM ON ALL FOURS.



BARNEY GOOGLE and SNUFFY SMITH



BUZ SAWYER



L'L ABNER



BLONDIE



MUTT and JEFF



RADIO PROGRAMS—FRIDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

KVJC—1230 kc	KMED 1440 kc	KWIN—1400 kc
4:00—Edward R. Murrow**	Current & Choice	Fulton Lewis*
4:15—Club 1230	Current & Choice	Hemingway News*
4:30—Club 1230	KMED Presents	Here's the Answer*
4:45—Frank Goss**	Elmer Peterson*	Sam Hayes*
5:00—Perry Como**	Regional News	Bobby Benson*
5:15—Bill Stern*	3 Star Extra*	Bobby Benson*
5:30—Amos & Andy**	Moore Ranger**	Bob Greene News*
5:45—Amos & Andy**	Long Ranger*	Bill Brundage Sports*
6:00—Godfrey Digest*	Cavalade of Sports*	Gabriel Heatter*
6:15—Music Box & Edwards*	Sports Hilarity*	Local News*
6:30—Lowell Thomas*	Sports Hilarity*	Virgil Pinkley*
6:45—Platter Previews	Sports Hilarity*	Sam Hayes*
7:00—Sports & Tenn. Ernie	Morgan Bailey News*	Counterspy*
7:15—Sports & Tenn. Ernie	One Man's Family*	Counterspy*
7:30—Random Records	Dinah Shore Show*	Record Hits
7:45—Bing Crosby**	Frank Sinatra*	Record Hits
8:00—Portland vs. Seattle	Nat'l Fan Club*	Dixieland Express
8:15—Portland vs. Seattle	Nat'l Fan Club*	Have a Heart*
8:30—Portland vs. Seattle	Nat'l Fan Club*	Have a Heart*
8:45—Portland vs. Seattle	Nat'l Fan Club*	Have a Heart*
9:00—Portland vs. Seattle	Nat'l Fan Club*	Have a Heart*
9:15—Portland vs. Seattle	Nat'l Fan Club*	Have a Heart*
9:30—Portland vs. Seattle	Nat'l Fan Club*	Have a Heart*
9:45—Portland vs. Seattle	Nat'l Fan Club*	Have a Heart*
10:00—Music to Remember	Richfield Reporter*	KWIN Karavan
10:15—Music to Remember	Organaires	KWIN Karavan
10:30—Music to Remember	Night Serenade	KWIN Karavan
10:45—Burgie Music Box	Night Serenade	KWIN Karavan
11:00—Burgie Music Box	News & Nightwatchman Sign Off	
11:15—Sign Off	Nightwatchman	
11:30—	Nightwatchman	
11:45—	Nightwatchman & News	
12:00—	Sign Off	

RADIO PROGRAMS—SATURDAY

KVJC—1230 kc	KMED 1440 kc	KWIN—1400 kc
6:00—Chev. Newscast**	KMED Korral	Wakeup Ranch
6:15—Yawn Patrol	KMED Korral	Wakeup Ranch
6:30—Yawn Patrol	KMED Korral	Wakeup Ranch
6:45—Yawn Patrol	KMED Korral	Wakeup Ranch
7:00—Texaco Reporter	Dick Spain Band	Hemingway News*
7:15—Martin Aronson**	Weather & Local Beat	Breakfast Gang*
7:30—Robert Q. Lewis**	News Commentary	Breakfast Gang*
7:45—Robert Q. Lewis**	Weather & 7.50 News	Breakfast Gang*
8:00—No School Today*	Weather & 7.50 News	Breakfast Gang*
8:15—No School Today*	Weather & 7.50 News	Breakfast Gang*
8:30—No School Today*	Weather & 7.50 News	Breakfast Gang*
8:45—No School Today*	Weather & 7.50 News	Breakfast Gang*
9:00—No School Today*	Weather & 7.50 News	Breakfast Gang*
9:15—No School Today*	Weather & 7.50 News	Breakfast Gang*
9:30—No School Today*	Weather & 7.50 News	Breakfast Gang*
9:45—No School Today*	Weather & 7.50 News	Breakfast Gang*
10:00—Gunsmoke**	MONITOR*	Game of the Day*
10:15—Gunsmoke**	MONITOR*	Game of the Day*
10:30—Join the Navy	Farm & Home Hour*	Game of the Day*
10:45—Join the Navy	Farm & Home Hour*	Game of the Day*
11:00—Breakfast Club Review	MONITOR*	Game of the Day*
11:15—Breakfast Club Review	MONITOR*	Game of the Day*
11:30—Radio Farm News**	MONITOR*	Game of the Day*
11:45—Radio Farm News**	MONITOR*	Game of the Day*
12:00N—Texaco Reporter*	MONITOR*	Game of the Day*
12:15—Proudly We Hail	MONITOR*	Game of the Day*
12:30—Proudly We Hail	MONITOR*	Game of the Day*
12:45—Weather Report	MONITOR*	Game of the Day*
1:00—Texaco Reporter*	MONITOR*	Game of the Day*
1:15—Club 1230	MONITOR*	Game of the Day*
1:30—Club 1230	MONITOR*	Game of the Day*
1:45—Club 1230	MONITOR*	Game of the Day*
2:00—Chev. Newscast**	MONITOR*	Western Roundup Time
2:15—Club 1230	MONITOR*	Western Roundup Time
2:30—Treasure Show**	MONITOR*	Western Roundup Time
2:45—Treasure Show**	MONITOR*	Western Roundup Time
3:00—Chev. Newscast**	MONITOR*	Western Roundup Time
3:15—Club 1230	MONITOR*	Western Roundup Time
3:30—Daughterly Presents**	MONITOR*	Western Roundup Time
3:45—Daughterly Presents**	MONITOR*	Western Roundup Time
4:00—Hollywood Park Races	MONITOR*	Western Roundup Time
4:15—Hollywood Park Races	MONITOR*	Western Roundup Time
4:30—Club 1230	MONITOR*	Western Roundup Time
4:45—Frank Goss**	MONITOR*	Western Roundup Time
5:00—Texaco Reporter*	MONITOR*	Western Roundup Time
5:15—Vets. Adm.	MONITOR*	Western Roundup Time
5:30—Balances Best**	MONITOR*	Western Roundup Time
5:45—Balances Best**	MONITOR*	Western Roundup Time
6:00—Two For Money**	MONITOR*	Western Roundup Time
6:15—Two For Money**	MONITOR*	Western Roundup Time
6:30—Mr. District Attorney	MONITOR*	Western Roundup Time
6:45—Mr. District Attorney	MONITOR*	Western Roundup Time
7:00—Gunsmoke**	MONITOR*	Western Roundup Time
7:15—Gunsmoke**	MONITOR*	Western Roundup Time
7:30—Gunsmoke**	MONITOR*	Western Roundup Time
7:45—Gunsmoke**	MONITOR*	Western Roundup Time
8:00—Portland vs. Seattle	MONITOR*	Western Roundup Time
8:15—Portland vs. Seattle	MONITOR*	Western Roundup Time
8:30—Portland vs. Seattle	MONITOR*	Western Roundup Time
8:45—Portland vs. Seattle	MONITOR*	Western Roundup Time
9:00—Portland vs. Seattle	MONITOR*	Western Roundup Time
9:15—Portland vs. Seattle	MONITOR*	Western Roundup Time
9:30—Portland vs. Seattle	MONITOR*	Western Roundup Time
9:45—Portland vs. Seattle	MONITOR*	Western Roundup Time
10:00—Music to Remember	MONITOR*	Western Roundup Time
10:15—Music to Remember	MONITOR*	Western Roundup Time
10:30—Music to Remember	MONITOR*	Western Roundup Time
10:45—Music to Remember	MONITOR*	Western Roundup Time
11:00—Sign Off	MONITOR*	Western Roundup Time
11:15—	MONITOR*	Western Roundup Time
11:30—	MONITOR*	Western Roundup Time
11:45—	MONITOR*	Western Roundup Time
12:00—	MONITOR*	Western Roundup Time

*ABC **CBS ***NBC ****MBS

KBOY—1300 KC

(All programs at same time daily, unless otherwise indicated)

A.M.—5:30 Sign on. Music throughout day except for following programs:
10:10-10:15 KBOY Bargains. 11-12 (Sunday only) First Baptist service.
P.M.—12:15-12:30 KBOY ranch. 12:15-12:30 (Sunday only) KBOY ranch.
No sign off.

TV Programs—KBES (Channel 5)

FRIDAY	SATURDAY
7:30—U.N. 10th Anniversary Highlights	9:30—Pre-Game Dizzy Dean Show
8:00—Deviations	9:35—Pro-Baseball
8:30—Feminine Fancies	9:40—This is the Life
9:00—Val Ruge Camera	9:45—Face The Nation
9:30—Aunt Polly's Birthday Party	9:50—Mr. Wizard
10:00—Wild Bill Hickok	9:55—This is the Life
10:30—Cavalade of Sports	10:00—Faith For Today
11:00—Transatlantic Television	10:05—Western Theater
11:30—Pappy Coleman	10:10—Society Parade
12:00—Hollywood Album	10:15—Professional Father
12:30—Talent Time	10:20—Melody Wranglers
1:00—Life of Riley	10:25—America's Greatest Banos
1:30—Star Playhouse	10:30—Middle Cantor
2:00—The Line Up	10:35—Hollywood Album
2:30—Lucky Sportstime	10:40—Big Picture
3:00—Weather	10:45—Break the Bank
3:30—Best Theater	10:50—Wrestling From Hollywood
4:00—News	10:55—Sign Off
4:30—Sign Off	

The Dalles — (U.P.) — Alfred Dewey Thorn, 46, of The Dalles, became the ninth victim of The Dalles dam construction Wednesday when he fell 42 feet to his death.

COAL CENTERS

Washington—Ten counties in the U.S. in various states each produced more than 10 million tons of coal in 1953.

POISON OAK?

Try a Bottle of ZEMACOL
You must be satisfied or your money cheerfully refunded. Get a bottle today at WESTERN THRIFT.

Detroit, Ore. — (U.P.) — State police said Thursday they have requested the help of a Navy diver in their attempt to recover two bodies from the depths of Detroit dam reservoir here.