



When working in the garden, cleaning house or doing any one of the innumerable tasks that a busy homemaker has to do, take time out for a picnic lunch even though you are eating alone.

For this simple yet enjoyable repast, serve a Hot Weather Special Sandwich, made with vegetables, cheese and buttered whole wheat bread.

Hot Weather Special Sandwich: 1 cup minced celery, 1 cup grated raw carrot, 1/2 cup thin radish slices, 1/4 cup minced green pepper, 2 tablespoons minced onion (if desired).

1/2 cup mayonnaise, 6 slices American cheese, Pinch of salt, 12 slices buttered whole wheat bread. Combine vegetables with mayonnaise. Spread on 6 slices buttered whole wheat bread.

Frosted Cooler: 5 tablespoons cocoa, 5 tablespoons sugar, 1/2 teaspoon salt, 1/2 cup hot water, 4 cups milk, 1 instant strong coffee (instant coffee works well).

Mix cocoa, sugar and salt. Add hot water and stir until smooth. Cook over low heat about 3 minutes or until slightly thickened and creamy.

This same menu can serve well as a picnic lunch for unexpected callers who may stop for a chat.

Reunion Planned By Theater Group To Honor Couple

All Footlighters and former Footlighters are invited to attend a reunion Tuesday evening, June 21, of the civic theater group which will honor Mr. and Mrs. Lowell Ketch.

A light buffet supper will be served and those attending may take contributions for the lunch if desired.

Mrs. Ketch played in "George Washington Slept Here," a Footlighter production in 1952 while Mr. Ketch was appearing at the Rogue Valley Country club.

Those attending the party also are invited to take guests interested in little theater.

Topic Announced For Baptist Women

"Pioneering With Medicine in the French West Africa," will be the program subject Tuesday, June 21 for women of the First Baptist church when they will meet for an 11 a.m. "brunch" in the church annex.

Members of Esther circle are in charge of the program. Devotionals will be led by Mrs. J. R. Cochran.

4-H Club News

Gold Hill Livestock Club: The Gold Hill Livestock club met June 8 at the Biles home. There were reports from the committee chairmen for the lamb fair to be held in July.

Three judging teams were chosen among the members and they went out to the barn where they judged a class of fat lambs.

The next meeting will be held June 29 at the Kellogg's home on Sardine Creek.

Jean Estemado Reporter. There are more than 5,000 different kinds of shrubs and plants growing in San Francisco's Golden Gate Park.

Many Sheer Cottons Popular This Summer

Many of summer's smart, new fashions are "sheer joys." Cool, sheer cottons are among the most popular fashion materials this season, fashion experts report.

Printed voiles and no-iron, crinkle-pleated voiles are among the lightweight cottons that are fashion newsmakers. Fragile organdies, dimities, lawns, and chiffon chambrays are other favorites.

This year, sheer cottons are appearing in all types of styles—tailored, day, sports, and evening. One swim suit designer has even used dotted Swiss for a swim suit and beach shirt delicately frosted with ruffles!

Summer Stars!



9332 by Mariani Martin. EASY! EASY! Sew these smart little hats in jiffy time! Newest shapes of summer, so flattering—make them to match your prettiest fashions!

Pattern 9322: Adjustable. The upper version requires 5/8 yard 35-inch fabric; lower, 1/2 yard. This easy-to-use pattern gives perfect fit. Complete, illustrated Sew Chart shows you every step.

Send Thirty-five cents in coins for this pattern—add 5 cents for each pattern for 1st-class mailing. Send to Marian Martin, care of Medford Mail Tribune, Pattern Dept., 232 West 18th St., New York 11, N. Y. Print plainly NAME, ADDRESS with SIZE and STYLE NUMBER.

Names of the five-year nominees were inadvertently omitted in an earlier story.

'Davy Crockett'!



The dream of every little boy and girl—to own this lifelike "Davy Crockett" doll! A wonderful playmate for your youngsters!

Pattern 7307: "Davy Crockett" doll! Easy to make—15 inch doll, clothes, "pretend" gun and pouch! Pattern, transfers, directions.

Send TWENTY-FIVE CENTS in coins for this pattern—add 5 cents for each pattern for 1st-class mailing. Send to Medford Mail Tribune, Household Arts Dept., P.O. Box 168, Old Chelsea Station, New York 11, N. Y. Print plainly NAME, ADDRESS AND PATTERN NUMBER.

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As We Live

Kindness Is Shown To Those Who Show It

Everything in this life has its price tag. It may not be in terms of dollars and cents but in terms of effort, personal sacrifices, or sacrifice of pride.



Dr. Herlock. Kindness and friendliness, like everything else, will not just drop in a person's lap. Anyone who wants the friendship of others must pay the price that such friendship requires.

The same is true of kindness. You cannot expect a person to be kind to you unless you are kind in return. When you want others to do things for you, to be thoughtful and interested in you, and to be willing to help you out in any emergency, you must pay the price for this kindness. And it may be high.

Because so few people are appreciative of the kindness of others and take it for granted without giving anything in return, many people, as they go through life, begin to wonder if it is worth their while to be kind to others. As a result, they often learn to be selfish and self-centered.

In addition, they become somewhat suspicious of anyone who wants them to do things or go out of their way to help. Having discovered in the past that their efforts were not appreciated, they have decided not to put themselves in a similar position in the future.

Must Convince People

As a result, you must convince most people that you are the exception to the rule and demonstrate through your own acts that you are willing to go half-way or even more if they will do the same. You cannot sit back and wait for them to take the initiative.

Nor can you expect them to be convinced of your sincerity on one attempt. The chances are that it will take time and effort on your part to overcome their suspicion and convince them that you really are a kind of person and want to help them.

Kindness and friendliness, like everything else, will not just drop in a person's lap. Anyone who wants the friendship of others must pay the price that such friendship requires.

Nine Candidates Seek Phoenix School Office

Phoenix — Nine men are candidates for Phoenix school board positions. Three board members will be named in the annual election Monday, June 20. School patrons will vote at the grade school gymnasium between 2 and 8 p.m.

Four men are candidates for the five-year term on the board. They are Lawson Scott Jr., Jack W. Bush, David H. Holmes and Merle Simmonds. Those seeking the four-year position are A. H. MacKintosh, A. R. Richey and Allen Harris. J. Curtis Barnes and Harold Compton are candidates for the three-year term.

Names of the five-year nominees were inadvertently omitted in an earlier story.

400 EXPECTED

Portland —(U.P.)—The second Western Area Development conference here Sept. 8 and 9 is expected to draw nearly 400 industrial executives and professional men. Patrick M. Dowling, director of Stanford Research Institute here, said the conference is titled "Industry Looks to the Future."

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Mrs. Karl Kite To Visit Brother

Mrs. Karl Kite, 822 North Central avenue, is leaving today by United Airlines for Vassar, Mich., where she will visit her brother and sister-in-law, Mr. and Mrs. William Carter. Mrs. Kite has not seen her brother for 35 years.

Joining the family for a reunion will be an uncle, J. P. Smoot, Ringos Mill, Ky., and Mrs. Bessie Gray, Flemingsburg, Ky., an aunt.

Mrs. Kite will be away from the city about a week.

Letters From Readers

Coldness: "Are some people born with little feeling? I have known some people who are so cold and unresponsive that you never feel you can get close to them."

(A) While it is true that people do differ in the degree of their emotionality just as they differ in physical and mental make-up, few are born cold and unresponsive. They have been made that way by the type of treatment they have received.

Tattle-Tale: "I know lots of children like to tattle about others and get them into trouble. But when a person reaches adult years, wouldn't you think she would be too old for such childishness?"

(A) You would expect all people to put away childish things and grow up, but that does not mean that they will do so. In fact, if they learn as children that certain forms of behavior "work" in the sense that they bring them satisfaction and some success, they are likely to continue to use them throughout their lives.

Fun Is Individual: "I never can persuade my husband to go out and have fun with people. He likes to sit around and read, or tinker with the car."

(A) What your husband is doing is doubtless "fun" for him or he would not do it. After being with people all day where he works, he doubtless finds it more relaxing and pleasanter to be at home quietly with his family, doing what he enjoys doing. Don't discourage his having fun in his own way.

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Dance at Camp

Ladies' auxiliary to the Veterans of Foreign Wars, department of Oregon, will sponsor a dance at the Camp White theater Monday, June 20, at 8 p.m.

Those needing transportation are asked to be at the Trailways bus depot at 7 p.m. Music will be furnished by Jim Rea and his orchestra.

ELECTED

Corvallis — Linda Malloroy, Eagle Point, was elected one of 42 house presidents for the 4-H summer school now being held at Oregon State college.

Bow Bells Chapter Plans Last Meeting

The last meeting of the spring season for members of Bow Bells chapter, Daughter of the British Empire, will be held Wednesday, June 22, at 8 p.m. All women of British, Canadian or Australian birth or ancestry are invited to the meeting which will be held at the Girls Community club.

Further information may be had by calling Mrs. Darroll Davis, telephone 2-5672.

Dead line Sunday

Classified is at noon Saturday, 10 a.m. Monday for Monday; other days 5:30 previous day.

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