

STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars

To develop messages for Saturday, read words corresponding to numbers of your Zodiac birth sign.

ARIES	Taurus	Gemini	Cancer	Leo	Virgo
1-7-13-20-27-45-50-57	1-2-19-25-39-42-73-74-75	1-2-12-23-33-35-62-67-69	1-2-4-7-22-24-25-31-32-33-34-35-37-38-39-40-41-42-43-44-45-46-47-48-49-50-51-52-53-54-55-56-57-58-59-60-61-62-63-64-65-66-67-68-69-70-71-72-73-74-75	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31-32-33-34-35-36-37-38-39-40-41-42-43-44-45-46-47-48-49-50-51-52-53-54-55-56-57-58-59-60-61-62-63-64-65-66-67-68-69-70-71-72-73-74-75	1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31-32-33-34-35-36-37-38-39-40-41-42-43-44-45-46-47-48-49-50-51-52-53-54-55-56-57-58-59-60-61-62-63-64-65-66-67-68-69-70-71-72-73-74-75

... (more zodiac signs) ...

Personal Health Service

By WILLIAM BRADY, M.D.

Readers should address inquiries to: Dr. William Brady, 263 El Camino, Beverly Hills, Calif.

ARE YOUR NAILS WELL NOURISHED?

Growth of the nails, like growth of the skin in the healing of wound or ulcer, proceeds at a rate which depends on the state of nutrition.

Most Americans get most of their daily calories directly or indirectly from what I call cheat-food, or what more polite nutritional authorities call inadequate food, meaning the stuff has been deprived of most of the vitamins and minerals before the food barons consider it pure and refined enough for the nambypamby Yankee digestion. In other words refined white flour and refined white sugar yield most of the calories in the everyday diet of most Americans. So we hold these two high calorie food staples, which keep so well that they may be shipped anywhere and stored indefinitely, mainly responsible for the national malnutrition.

A diet of refined white sugar and/or refined white flour will not keep animal or man alive as long as a diet of sugar cane or beet and/or wheat.

Now, before you make a note on your shopping list to get a trial package of crude or "natural" brown sugar and/or a pound of plain wheat next time you go to the grocery or market, I must warn you it is not that easy.

In order to procure plain wheat you must first find a farmer who grows it and then persuade the poor geek he won't get in trouble with the government if he sells you a few pounds of the stuff when nobody's looking.

And if by any chance you come across crude brown or "natural" sugar in the market you'll still be stymied by a trick notice stamped on the bag, to the effect that it is suitable for animal feed. That is not to say it is unfit for human consumption, but, after all, suppose the clerk available if what of animals you keep at your house?

If your nails do not grow as fast as they should, it takes three to four months for the nails to grow their full length normally or if they are brittle, ridged, pitted, it isn't just the damage done by the hideous "polish" if you're short on brains. The trouble is malnutrition and if you hope to regain a state of good nutrition you'll have to cut out most of the cheat foods on which you worry along at present and eat the foods which everybody ate before the middle of the nineteenth century when the food barons began to "refine" things for the ignorant Yankee consumer.

In the pamphlet Young Folks and Old Folks, sent on signed written request if you provide stamped, self-addressed envelope, I tell how to supplement your ordinary vitamin and mineral deficient diet to combat malnutrition evidenced by poor nails.

QUESTIONS & ANSWERS

Hay Fever

Our family is an allergic one. We have your hay fever pamphlet, and since keeping our calcium intake high the year around he (presumably pop) has suffered the least ever.

Answer—An additional merit of calcium phosphylax is that it is harmless in any case and beneficial in various other common ailments. For pamphlets on HAY FEVER send stamped, self-addressed envelope. If you'd like also the booklet THE CALCIUM SHORTAGE include 25c in addition for it.

Office Temperature

I and others I know in this office suffer from excessive sweating. The air conditioning apparatus is set to keep the temperature always between 68 and 72 degrees F. (R. L.)

Answer—That is about right. Send stamped, self-addressed envelope for pamphlet EXCESSIVE SWEATING.

The Baby Book

I have a crown son who was raised on your baby book. I was a very young mother and very green. My belated thanks and all best wishes that you may continue to enlighten millions more. (Mrs. J. M. A.)

Answer—Thank you, Ma'am. Every young married couple should read

Police Look for Killer of India's 'Father Flanagan'

Chicago—(U.P.)—Police sought a razor-wielding bandit and questioned delegates to the Rotary International convention today in their search for the killer of the "Father Flanagan of India."

The Rev. John Chiramal, 42, died Thursday of shock and loss of blood after gasping "I've been attacked, I've been robbed."

Two hours earlier he had staggered from his car to the door of the Little Sisters of the Poor shelter. A seven-inch slash ran from his heart almost to his left shoulder.

The Roman Catholic priest died in a hospital before he could tell what had happened. His only clue was that he was attacked "far away."

Police theorized that he had been stabbed as early as seven hours before his death and had managed to drive to his final destination, holding a blood-soaked shirt to his chest to stop the bleeding and steering with the other hand.

An inquest into the slaying was to be held today.

BIG ONE GETS AWAY

Waco, Tex. —(U.P.)— Leslie England, 12, let the big one get away Thursday when he was practicing rod and reel casting in his front yard. Hook, line and sinker were found four blocks away but the car he snaggled escaped.

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CROSSWORD PUZZLE

Answer to Yesterday's Puzzle

ACROSS

- 1-Cut of meat
- 2-Runs easily
- 3-Uncooked
- 4-South
- 5-American wood
- 6-Pope's veil
- 7-Period of time
- 8-Number
- 9-Eagle's nest
- 10-Chicken
- 11-Hotel
- 12-Minute groove
- 13-Coffin
- 14-Tiny
- 15-Old Greek coin
- 16-Beverage
- 17-Footlike part
- 18-Short stalk
- 19-Small island
- 20-Vapid
- 21-Bury

DOWN

- 1-Torrid
- 2-High card
- 3-Display
- 4-Grant use of
- 5-Native metal
- 6-Analyzes, as sentence
- 7-Choice part
- 8-Proprietor
- 9-Qualifies again
- 10-Exist
- 11-Pale
- 12-Compass point
- 13-Small amount
- 14-Symbol for calcium
- 15-Place in row
- 16-Damp
- 17-Musical drama
- 18-French article
- 19-Through
- 20-Pippen
- 21-Girl's name
- 22-Curved
- 23-Blanking
- 24-Prefix: not
- 25-Come onto the scene
- 26-Abdicates
- 27-Symbol for tin
- 28-Through
- 29-Church benches
- 30-The caema
- 31-Soft food
- 32-Room in harem
- 33-Comb. form: three
- 34-Before
- 35-Macaw

STRANGE AS IT SEEMS

PREDERMINED PROPHECY

WILLIAM LILLY, FAMED 17TH-CENTURY ASTROLOGER, WHO PREDICTED LONDON'S GREAT FIRE AND PLAGUE, ACQUIRED MUCH OF HIS FAME BECAUSE OLIVER CROMWELL, LORD PROTECTOR, HAD INSERTED INTO LILLY'S ALMANAC THINGS HE INTENDED TO BRING ABOUT!

THE FIRST TRANSCONTINENTAL RAILROAD IN AMERICA WAS ONLY 47 1/2 MILES LONG—RUNNING BETWEEN ASPEN WALL AND PANAMA—TODAY THE LINE IS 92 MILES LONG...

THE JUDAS FLOWER—THE MILKWEED, WHICH COULD NOT LIVE UNLESS VISITED BY INSECTS, TRAPS AND KILLS THEM!

RADIO PROGRAMS-FRIDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

KVJC-1230 kc	KMED-1440 kc	KWIN - 1400 kc
4:00-Edward R. Murrow**	Current & Choice	Fulton Lewis*
4:15-Club 1230	Current & Choice	Hemingway News*
4:30-Club 1230	KMED Presents	Here's the Answer*
4:45-Frank Goss**	Elmer Peterson**	Sam Hayes**
5:00-Perry Como**	Regional News	Bobby Benson*
5:15-Bill Stern**	3 Star Extra*	Bobby Benson*
5:30-Arnok & Andy**	Lone Ranger*	Bob Greene News*
5:45-Arnok & Andy**	Brundage Sports*	Bob Greene News*
6:00-Godfrey Digest**	Cavalcade of Sports*	Gabrael Heatter*
6:15-Music Box & Edwards*	Cavalcade of Sports*	Local News
6:30-Lowell Thomas**	News Early Show*	Record Hits
6:45-Platter Previews	Nelson Eddy Show*	Sam Hayes**
7:00-Sports & Tenn. Ernie	Morgan Beatty News*	Counters**
7:15-Sports: Tenn. Ernie**	One Man's Family*	Counters**
7:30-Tennessee Ernie**	Dinah Shore Show*	Record Hits
7:45-Bing Crosby**	Frank Sinatra**	Record Hits
8:00-Portland vs Hollywood	Friday with Garroway*	Dixieland Express
8:15-Portland vs Hollywood	Friday with Garroway*	Dixieland Express
8:30-Portland vs Hollywood	Friday with Garroway*	Have a Heart*
8:45-Portland vs Hollywood	Friday with Garroway*	Have a Heart*
9:00-Portland vs Hollywood	This Week*	Fulton Lewis Jr.*
9:15-Portland vs Hollywood	This Week*	Take A Number*
9:30-Portland vs Hollywood	This Week*	Take A Number*
10:00-Portland vs Hollywood	Richfield Reporter*	KWIN Karavan
10:15-Music to Remember	Organaires	KWIN Karavan
10:30-Music to Remember	Night Serenade	KWIN Karavan
10:45-Burgie Music Box	Night Serenade	KWIN Karavan
11:00-Burgie Music Box	News & Nightwatchman	Sign Off
11:15-Sign Off	Nightwatchman	
11:30-Nightwatchman & News	Nightwatchman & News	
12:00-Sign Off	Sign Off	

RADIO PROGRAMS-SATURDAY

KVJC-1230 kc	KMED-1440 kc	KWIN - 1400 kc
6:00-Chev. Newscast**	KMED Korral	Wakeup Ranch
6:15-Yawn Patrol	KMED Korral	Wakeup Ranch
6:30-Yawn Patrol	KMED Presents	Wakeup Ranch
6:45-Yawn Patrol	First News	Wakeup Ranch
7:00-Texaco Reporter**	Here's To Vets	Hemingway News*
7:15-Martin Agronaky**	Weather & Local Beat	Breakfast Gang*
7:30-Robert G. Lewis**	News Commentary	Social Security Prog.
7:45-Robert G. Lewis**	Weather & 7:30 News	Social Security Prog.
8:00-No School Today*	Karfeeklatch	Record Hits
8:15-No School Today*	Gospel Program	Record Hits
8:30-No School Today*	McBride & Soc. Sec.	Haven of Rest*
8:45-No School Today*	Church Program	Strictly Dixie*
9:00-No School Today*	Friendship Circle	Strictly Dixie*
9:15-No School Today*	Friendship Circle	Voice of Deliverance
9:30-Galen Drake** News	Road Show*	Voice of Deliverance
9:45-Burgie Music Box	Road Show*	Voice of Deliverance
10:00-Gunslinger**	Road Show*	News
10:15-Gunslinger**	Road Show*	Top Tunes
10:30-Join the Navy	Road Show*	Saturday Sequeways*
10:45-Trading Post	Road Show*	Saturday Sequeways*
11:00-CBS Orchestra**	You and Health	Game of the Day*
11:15-CBS Orchestra**	You and Health	Game of the Day*
11:30-Radio Farm News**	Regional News	Game of the Day*
11:45-Garden Gate*	Songs & Weather	Game of the Day*
12:00-Texaco Reporter**	Nat'l. F & H Hour*	Game of the Day*
12:15-Club 1230	Nat'l. F & H Hour*	Game of the Day*
12:30-Club 1230	Road Show*	Game of the Day*
12:45-Weather Report*	Road Show*	Game of the Day*
1:00-Texaco Reporter**	Road Show*	Game of the Day*
1:15-Club 1230	Road Show*	Game of the Day*
1:30-Club 1230	Road Show*	Game of the Day*
1:45-Club 1230	Road Show*	Game of the Day*
2:00-Chev. Newscast**	Look to the Skies	Western Roundup Time
2:15-Club 1230	Thy Kingdom Come*	Western Roundup Time
2:30-Club 1230	Thy Kingdom Come*	Western Roundup Time
2:45-Club 1230	Thy Kingdom Come*	Western Roundup Time
3:00-Chev. Newscast**	Travel & News*	Western Roundup Time
3:15-Club 1230	Heart of News*	Western Roundup Time
3:30-Club 1230	TBA	Western Roundup Time
3:45-Club 1230	TBA	Western Roundup Time
4:00-Hollywood Park Races*	Conversation*	Here's to Vets
4:15-Hollywood Park Races*	Conversation*	Frank Hemingway*
4:30-Club 1230	Boston Pops*	Army Hour*
4:45-Frank Goss**	Boston Pops*	Army Hour*
5:00-Texaco Reporter**	All Star Parade*	Academy Band*
5:15-Vets. Adm.	All Star Parade*	Academy Band*
5:30-Balance Best**	What's Doing*	Latin Rhythms*
5:45-Balance Best**	H. V. Kaltenborn*	Latin Rhythms*
6:00-Two For Money**	Tex Williams*	Hawaii Calls*
6:15-Two For Money**	Tex Williams*	Hawaii Calls*
6:30-Mr. District Attorney	Town Hall Party*	Bible Study Hour
6:45-Mr. District Attorney	Town Hall Party*	Lombardo-Land U.S.A.
7:00-Gummock**	Town Hall Party*	Grizzly Platter Parade*
7:15-Gummock**	Town Hall Party*	Grizzly Platter Parade*
7:30-Gangbusters**	Dude Ranch Jamboree*	Poplite
7:45-Gangbusters**	Dude Ranch Jamboree*	Poplite
8:00-Portland vs Hollywood	London Studio*	You Never Know
8:15-Portland vs Hollywood	London Studio*	Join the Navy
8:30-Portland vs Hollywood	Grand Ole Opry*	Sounding Board*
8:45-Portland vs Hollywood	Grand Ole Opry*	Sounding Board*
9:00-Portland vs Hollywood	Perfect For Dancing	News
9:15-Portland vs Hollywood	Perfect For Dancing	Washington Report*
9:30-Portland vs Hollywood	Perfect For Dancing	Sat. Dance Parade
9:45-Portland vs Hollywood	Perfect For Dancing	Sat. Dance Parade
10:00-Portland vs Hollywood	Sat. Nite Reporter*	Sat. Dance Parade
10:15-Music to Remember	Guest Star	Sat. Dance Parade
10:30-Music to Remember	Medford Guard Time	Sat. Dance Parade
10:45-Music to Remember	Medford Guard Time	Sat. Dance Parade
11:00-Sign Off	News & Nightwatchman	Sign Off
11:15-Nightwatchman	Nightwatchman	
11:30-Nightwatchman & News	Nightwatchman & News	
11:45-Nightwatchman & News	Nightwatchman & News	
12:00-Sign Off	Sign Off	

Irrigation Project Study Is Slated In Yreka Vicinity

Yreka — The Butte Valley Water Development association, a non-profit corporation of land owners, has succeeded in obtaining a study to determine the feasibility of an extensive irrigation and drainage system. The proposed system would call for obtaining water from the Klamath river for the Butte Valley area.

The Siskiyou board of supervisors this week voted to enter into a joint contract with the association and the Bureau of Reclamation, which will make the study. The bureau will finance a part of the study, but some of the cost was required to be put up by the association.

Delas Mills, president of the association, told the board that \$5,000 has been raised, and an additional \$5,000 in contributions are expected. The cost estimate for the county is \$5,000. If the study proves the plan practical, Butte Valley residents will probably file for a federal aid grant to do the work.

It was stated that if the proposed project goes into effect, 12,000 acres of land which cannot now be cultivated for lack of water will go on county tax rolls.

The land is now under the supervision of the federal forest service, but if water is made available it would be released for private ownership.

DO IT YOURSELF

But if you figured it out, you'd find that do-it-yourself idea is expensive in TV service.

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- Sizes 9 1/2 to 13 \$6.95
- Sizes 13 1/2 to 4 \$7.95

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ERWIN D. CANHAM

A distinguished American editor focuses international experience and incisive commentary on the news of the week.

Tuesday at 6:25 p.m. on KVJC, 12:30 on the dial. Sponsored by the Christian Science Monitor.

ABC Radio Network

BARNEY GOOGLE and SNUFFY SMITH

DON'T YE WORRY ABOUT THAT VARMIN SNUFFY SMUI'N' YE, DOC--HE WON'T GIT ONE THIN DIME

HOW CAN YE BE SO SHORE, HONEY POT?

I'LL GIT UP THAR IN THAT COURTHOUSE AN' TESTERFY HIM RIGHT OUT OF TH' COUNTY

BLESS YORE OL' FAITHFUL BONES, ZELDY

O' COURSE--I'LL NEED ME A NEW OUTFIT FER TH' WITNESS STAND, GLOVES, HANDBAG, HAT, DRESS AN' SHOES TO MATCH UP, AN--

BUZ SAWYER

SHIP AHoy!

STRANGE! ONLY THE RUNNING LIGHTS ARE ON.

YOU'D THINK THEY'D HAVE SOMEONE ON WATCH... ANYWAY, HERE'S A LADDER.

AHOY, I SAY... SWIT THESE ANYONE ABOARD?

L' ABNER

PEOPLE DONT DARE LAUGH AT ME, TO MY FACE!--

(BUT I'VE GOT A HORRIBLE FEELING THEY'RE LAUGHING AT ME--BEHIND MY BACK?)

I WAS WRONG!!

(BUT THAT CAN'T BE RIGHT!!--I'M NEVER WRONG!!?)

Who are they laughing?

BLONDIE

WILL YOU HOLD THE CHAIR AND LIFT YOUR FOOT SO I CAN SWEEP UNDER IT, DEAR?

NOW LIFT THE OTHER FOOT TOO

IT'S IMPOSSIBLE TO LIFT BOTH FEET AND REMAIN SUSPENDED IN THE AIR

WHY DO YOU HAVE TO GIVE ME AN ARGUMENT EVERY TIME I ASK YOU TO DO SOME LITTLE THING?

MUTT and JEFF

JEFF'S A VICTIM OF "DOLCE FAR NIENTE," WHAT EVER THAT MEANS! HE SAID THE DOC SAID HE SHOULD STAY IN BED!

ALLO, MUTT!

I GOTTA GET A JOB! JEFF IS SICK IN BED--"DOLCE FAR NIENTE!" HE CAN'T WORK!

"DOLCE FAR NIENTE?" HA HA HA HA!

"DOLCE FAR NIENTE" IN ITALIAN HE MEANS, "SWEET IDLENESS," HE'S A LAZY, LEH? NO FEEL LIKE WORK!

Z-Z-Z Z Z Z

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POISON OAK?

Try a Bottle of ZEMACOL

You must be satisfied or your money cheerfully refunded. Get a bottle today at WESTERN TRIFT.

Pendleton Culinary Workers on Strike

Pendleton — (U.P.) About 50 employees of four Pendleton restaurants and bars went on strike yesterday.

They are members of the Culinary and Batters local 536, AFL, who seek higher wages and additional holidays.

CANARY EXPRESS

Orange, Conn. — (U.P.) — Arrested for speeding on the busy Boston Post road, Nicholas Sciarra told the officer he was in a hurry to get to Bridgeport to "take a canary to a sick friend."