STAR GAZER

By CLAY R. POLLAN

ARIES MAR. 22 – APR. 20
36-44-54-63
75-76-77

TAURUS APR. 21 – MAY 21
26-42-47-52
69-72-78

GEMINI MAY 22 – JUNE 22
10-13-20-29
48-57-82-89

CANCER JUNE 23 – JULY 23
3- 4-19-33
40-59-70

LEO JULY 24 – AUG. 23
2- 8-28-35
55-60-87-88

VIRGO AUG. 24 – SEPT. 22
6-14-24-37
41-56-68

Your Daily Activity Guide According to the Stars.
To develop message for Saturday, read words corresponding to numbers of your Zodiac birth sign.

1 Social	31 Life	61 Thinking	
2 Opposition	32 Govern	62 Plans	
3 A	33 Social	63 Wisdom	
4 Day	34 Those	64 Beginning	
5 Don't	35 Plans	65 People	
6 Your	36 You'll	66 To	
7 Side	37 And	67 Problems	
8 To	38 Forget	68 Considerably	
9 You	39 Should	69 The	
10 Check	40 Pleasures	70 Friendship	
11 Let	41 Pressure	71 Yourself	
12 Get	42 Puts	72 Limelight	
13 Up	43 Find	73 Are	
14 Mind	44 Have	74 Now	
15 Of	45 Could	75 Today	
16 Shun	46 Wishes	76 Be	
17 Critical	47 You	77 Alert	
18 You	48 If	78 Favorably	
19 For	49 Intimate	79 To	
20 On	50 Secrets	80 Or	
21 Attitudes	51 Old	81 Develop	
22 Keep	52 In	82 Feel	
23 Your	53 Your	83 Flower	
24 Eases	54 Money	84 Cooperative	
25 Emotions	55 Could	85 Actions	
26 Something	56 Lightens	86 Opportunities	
27 Your	57 You	87 You	
28 Your	58 Your	88 Nervous	
29 Diet	59 And	89 Indisposed	
30 And	60 Make		

LIBRA SEPT. 23 – OCT. 23
9-12-27-46
65-73-84

SCORPIO OCT. 24 – NOV. 22
22-34-49-50
66-71-74

SAGITTARIUS NOV. 23 – DEC. 22
18-39-43-58
62-64-79-83

CAPRICORN DEC. 23 – JAN. 20
5-11-25-32
53-61-80-85

AQUARIUS JAN. 21 – FEB. 19
16-17-21-30
38-51-67

PISCES FEB. 20 – MAR. 21
1- 7-15-23
31-45-81-86

Good — Adverse — 5/28/55 Neutral

RADIO PROGRAMS—FRIDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

KYJC—1230 kc	KMED—1440 kc	KWIN — 1400 kc
4:00—Edward R. Murrow**	Current & Choice	Fulton Lewis*
4:15—Club 1230	Current & Choice	Hemingway News*
4:30—Club 1230	KMED Presents	Here's the Answer*
4:45—Frank Goss**	Elmer Peterson*	Sam Hayes*
5:00—Perry Como**	Regional News	Bobby Benson*
5:15—Bill Stern*	3 Star Extra*	Bobby Benson*
5:30—Amos & Andy**	Hotel for Pets*	Bob Greene News*
5:45—Amos & Andy: News**	Pays to be Married*	Bill Brundige Sports*
6:00—Godfrey Digest**	Cavalcade of Sports*	Gabrael Heatter*
6:15—Music Box & Edwards**	Cavalcade of Sports*	Local News
6:30—Lowell Thomas**	Nelson Eddy Show	Virgil Pinkley*
6:45—Platter Previews	Nelson Eddy Show	Sam Hayes*
7:00—Sports & Tenn. Ernie	Morgan Beatty News*	Counterspy*
7:15—Sports: Tenn. Ernie**	One Man's Family*	Counterspy*
7:30—Tennessee Ernie*	Dinah Shore Show*	Record Hits
7:45—Bing Crosby**	Frank Sinatra*	Record Hits
8:00—Frost&PrtlndvsSanFran	Friday with Garroway*	Dixieland Express
8:15—Portland vs San Fran.	Friday with Garroway*	Dixieland Express
8:30—Portland vs San Fran.	Friday with Garroway*	Have a Heart*
8:45—Portland vs San Fran.	Friday with Garroway*	Have a Heart*
9:00—Portland vs San Fran.	This Week	News*
9:15—Portland vs. San Fran.	This Week	Fulton Lewis Jr.*
9:30—Portland vs San Fran.	This Week	Take A Number*
9:45—Portland vs San Fran.	This Week	Take A Number*
10:00—Portland vs San Fran.	Richfield Reporter*	KWIN Karavan
10:15—Music to Remember	Organaires	KWIN Karavan
10:30—Music to Remember	Night Serenade	KWIN Karavan
10:45—Burgie Music Box	Night Serenade	KWIN Karavan
11:00—Burgie Music Box	News & Nightwatchman	Sign Off
11:15—Sign Off	Nightwatchman	
11:30—	Nightwatchman	
11:45—	Nightwatchman & News	
12:00—	Sign Off	

RADIO PROGRAMS—SATURDAY

6:00—Chev. Newscast**	KMED Korral	Wakeup Ranch
6:15—Yawn Patrol	KMED Korral	Wakeup Ranch
6:30—Yawn Patrol	KMED Presents	Wakeup Ranch
6:45—Yawn Patrol	First News	Wakeup Ranch
7:00—Texaco Reporter	Weekend Safety	Hemingway News*
7:15—Martin Agronsky*	Weather & Local Beat	Breakfast Gang*
7:30—Robert Q. Lewis**	News Commentary	Breakfast Gang*
7:45—Robert Q. Lewis**	Weather & 7:30 News	Social Security Prog.
8:00—No School Today*	KaffeeKlatch	Record Hits
8:15—No School Today*	Gospel Program	News*
8:30—No School Today*	McBride* & Soc. Sec.	Haven of Rest*
8:45—No School Today*	Church Progrem	Haven of Rest*
9:00—No School Today*	Friendship Circle	Strictly Dixie*
9:15—No School Today*	Friendship Circle	Strictly Dixie*
9:30—Galen Drake** News	Road Show*	Voice of Deliverence
9:45—Music Box	Road Show*	Voice of Deliverence
10:00—Gunsmoke**	Road Show*	News*
10:15—Gunsmoke**	Road Show*	Top Tunes
10:30—Join the Navy	Road Show*	Saturday Sequeways*
10:45—Trading Post	Road Show*	Saturday Sequeways*
11:00—CBS Orchestra**	You and Health	Game of The Day*
11:15—CBS Orchestra**	You and Health	Game of The Day*
11:30—Radio Farm News**	Regional News	Game of The Day*
11:45—Garden Gate*	Songs & Weather	Game of The Day*
12:00N—Texaco Reporter*	Nat'l. F & H Hour*	Game of The Day*
12:15—Club 1230	Nat'l. F & H Hour*	Game of The Day*
12:30—Club 1230	Road Show*	Game of The Day*
12:45—Weather Report	Road Show*	Game of The Day*
1:00—Texaco Reporter*	Road Show*	Game of The Day*
1:15—Club 1230	Road Show*	Game of The Day*
1:30—The Preakness**	Road Show*	Game of The Day*
1:45—The Preakness**	Road Show*	Game of The Day*
2:00—Chev. Newscast**	News*	Western Roundup Time
2:15—Club 1230	Look to the Skies	Western Roundup Time
2:30—Club 1230	Thy Kingdom Come*	Western Roundup Time
2:45—Club 1230	Thy Kingdom Come*	Western Roundup Time
3:00—Chev. Newscast**	Travel & News*	Western Roundup Time
3:15—Club 1230	Heart of News*	Western Roundup Time
3:30—Club 1230	Damn Yankees*	Western Roundup Time
3:45—Club 1230	Damn Yankees*	Western Roundup Time
4:00—Hollywood Park Races**	Conversation*	Here's to Vets
4:15—Hollywood Park Races**	Conversation*	Frank Hemingway*
4:30—Club 1230	Boston Pops*	Army Hour*
4:45—Frank Goss**	Boston Pops*	Army Hour*
5:00—Texaco Reporter*	All Star Parade*	Academy Band*
5:15—Vets. Adm.	All Star Parade*	Academy Band*
5:30—Lone Ranger*	What's Doing	Latin Rythms*
5:45—Lone Ranger*	H. V. Kaltenborn*	Latin Rythms*
6:00—Two For Money**	Tex Williams*	Hawaii Calls*
6:15—Two For Money**	Tex Williams*	Hawaii Calls*
6:30—Mr. District Attorney	Town Hall Party*	Bible Study Hour
6:45—Mr. District Attorney	Town Hall Party*	Lombardo-Land U.S.A.
7:00—Gunsmoke**	Town Hall Party*	Grizzly Platter Parade
7:15—Gunsmoke**	Town Hall Party*	Grizzly Platter Parade
7:30—Gangbusters**	Dude Ranch Jamboree*	Poptime
7:45—Gangbusters**	Dude Ranch Jamboree*	Public Library Prog.
8:00—Frost&PrtlndvsSanFran	London Studio*	You Never Know
8:15—Portland vs San Fran.	London Studio*	Join the Navy
8:30—Portland vs San Fran.	Grand Ole Opry*	Sounding Board*
8:45—Portland vs San Fran.	Grand Ole Opry*	Sounding Board*
9:00—Portland vs San Fran.	Perfect For Dancing	News*
9:15—Portland vs San Fran.	Perfect For Dancing	Washington Report*
9:30—Portland vs San Fran.	Perfect For Dancing	Sat. Dance Parade
9:45—Portland vs San Fran.	Perfect For Dancing	Sat. Dance Parade
10:00—Portland vs San Fran.	Sat. Nite Reporter*	Sat. Dance Parade
10:15—Music to Remember	Guest Star	Sat. Dance Parade
10:30—Music to Remember	Medford Guard Time	Sat. Dance Parade
10:45—Music to Remember	Medford Guard Time	Sat. Dance Parade
11:00—Sign Off	News & Nightwatchman	Sign Off
11:15—	Nightwatchman	
11:30—	Nightwatchman	
11:45—	Nightwatchman & News	
12:00—	Sign Off	

*ABC **CBS *NBC *MBS

KBOY—730 KC

(All programs at same time daily, unless otherwise indicated)

A.M.—5:30 Sign on. Music throughout day except for following programs: 10-10:15 KBOY Bargains; 11-12 (Sunday only) First Baptist service.

P.M.—12.12:15 KBOY ranch; 12:15 - 12:30 (Sunday only) KBOY ranch; 7:00 Sign off.

TV Programs—KBES (Channel 5)

FRIDAY
3:50—Devotions
4:00—Feminine Fancies
4:30—Val Rogue Camera
5:00—Aunt Polly's Birthday Party
5:30—Superman
6:00—Cavalcade of Sports
6:45—From Little Wings
7:00—Pappy Coleman
7:15—Warm Up Time
7:30—Hollywood Album
8:00—Life of Riley
8:30—4-Star Playhouse
9:00—The Line Up
9:30—Lucky Sportstime
10:00—Weather
10:05—Best Theater
11:05—News
11:10—Sign Off

SATURDAY
9:45—Pre-Game Dizzy Dean Show
9:45—Pro-Baseball
12:30—City of Destiny
1:00—Let's Face It
1:15—Frontlines of Freedom
1:30—Preakness
2:50—Devotions
3:00—Mr. Wizard
3:30—Hawaiian Incident
4:00—Faith For Today
4:30—Western Theater
5:30—Soldier Parade
6:00—Professional Father
6:30—Melody Wranglers
7:00—Jackie Gleason
8:00—Eddie Cantor
8:30—Industry on Parade
8:40—So. Ore. Health Service
9:00—So This Is Hollywood
9:30—Break the Bank
10:00—Wrestling From Hollywood
10:30—News
10:35—Sign Off

BOY SCOUTS

Pack 44

Awards in cubbing were presented to eight boys of Cub Scout Pack 44 at the Cubs' Penny Carnival held May 19 at Lone Pine school. Those receiving awards were Jack Richardson and Ralph Applegate. Lion badges; Gary Griffin, Lion badge and Gold arrow; Ronald Christner, Bear badge; Gold arrow and Silver arrow; Frank Issi, Bear badge, gold arrow and 2 year pin; John Mu, Silver arrow and 2 year pin; Toni Veal, Gold arrow; Gary Crocker, assistant Denner bar.

Pack 44 also wishes to thank all those parents and friends who helped with the concessions and donated the prizes. Attendance was good and the Carnival was a success.

POISON OAK?
Try a Bottle of ZEMACOL
You must be satisfied or your money cheerfully refunded. Get a bottle today at WESTERN THRIFT.

Personal Health Service

By WILLIAM BRADY, M.D.

Readers should address inquiries to:
Dr. William Brady
263 El Camino, Beverly Hills, Calif.

COD LIVER OIL WITHOUT THE UGH

In a piece about vitamin A the other day I said:

"In my opinion an optimal daily ration of vitamin D" (not A) "the year around prevents hypertrophy (enlargement of lymphoid tissue (tonsils) adenoids, lymph nodes or "glands" in the neck."

I base the opinion mainly on the fact that doctors formerly prescribed cod liver oil for "scrofula," which, I believe, was usually what doctors today call enlarged tonsils, adenoids and lymph nodes in the neck.

Cod liver oil is probably the richest natural source of vitamin A. It is also one of the richest sources of sunshine vitamin D. And, just to keep the matter complicated, so you may not become too self-confident, I beg to remind you that cod liver oil is an excellent source of iodine.

Incidentally, I cannot recollect having received any cod liver oil when I was a boy on Chapel Street in Canandaigua. There was no scrofula or consumption in our family—you see although we were the poorest people in western New York (I haven't been able to survey the economic status of people south of the Bronx) we always had plenty of fresh milk (4c a quart when without our own cow), butter, eggs, fruit and vegetables which we raised ourselves. What I'm trying to tell you is that good nutrition is the best protection against enlarged tonsils, adenoids, neck "glands" (kernels) (which the old-timers called scrofula,) pulmonary tuberculosis (which people called "consumption" when I was a boy) and a long list of other complaints or disabilities, which, I'm afraid, you credulous customers and your versatile doctors will never learn, until too late, can be cured or even much relieved, not by old reliable or modern miracle medicines, but by good nutrition.

From where I sit, here behind a mountain of mail from readers of such fragments of my little lessons as actually appear in print, it is painfully evident that most Americans do not comprehend what good nutrition means.

American children, even children of high school and college graduates, almost inevitably present signs and/or symptoms of malnutrition by the time they reach the teens.

Teaching hygiene, which, as you should know, is the science of preserving health, is becoming more difficult day by day. On frequent occasions I ask the Father whether I ought to carry on despite the ever-increasing restrictions—and so far I have followed as faithfully as I can the injunction of Hippocrates.

Nineteenth-century doctors prescribed cod liver oil in an empirical way—that is, they had learned from experience that it was good for certain ailments.

Doctors today know that vitamin A, vitamin D, and iodine are the elements that account for the prophylactic or remedial effects of cod liver oil.

And so I urge every reader of this piece who believes his or her health functional efficiency, vite or longevity could be improved, to send me a stamped, self-addressed envelope and ask for the pamphlet **Young Folks and Old Folks.**

QUESTIONS AND ANSWERS

Thanks to the Bowling Green

"We enjoy your articles so much, on the days they appear. No doubt you devote three or four days a week to bowling on the green . . . (C. H. F.)

Answer—I get to howl two afternoons a week. But I grind out about a column of stuff six days a week and pehraps two columns for Sunday. How much of it appears in print depends on the wishes of readers or subscribers.

For the Steenteenth Time

Fiance claims aluminum kitchen ware or cooking utensils—(Miss B. B. R.)

Answer—Aluminum, cast iron, enamelware, copper, stainless steel or so-called tin pots and pans—they're all perfectly healthful for cooking utensils. Your fiance will buy Brooklyn Bridge if you don't watch out.

Ca and D

The calcium and D as you suggest in your Tetany pamphlet eliminated the muscular cramps I used to get in the night and also stopped my hands and feet from falling asleep, so to speak. I was a skeptic, but now I want your famous Pocket Encyclopedia . . . (M. W.)

Answer—Thank you. Anyone who suffers painful leg cramps, usually in the night, should send stamped, self-addressed envelope and ask, in writing, for pamphlet on TETANY. Sign the request if you expect a reply.

As We Live

By ELIZABETH HURLOCK, PH.D.

"Pinning" Doesn't Mean Engagement

"Pinning" is a teenage custom that is coming to be regarded in much the same light as giving an engagement ring.

(Q) "I am a senior in high school and will graduate this June. My parents expect me to get a job but I would like to be married. I have been going with the same boy for the past two years, and at Christmas this year he gave me his pin. Of course all my classmates know I am pinned and they keep asking me when I am getting my engagement ring and when I plan to be married. The boy who pinned me is in my class at school but he expects to go into the army when he graduates and then go to college when he finishes his military service. He has never said anything about being engaged nor has he mentioned marriage except in a casual way. I thought that pinning a girl was the same as being engaged. What should I do about this matter?"

(A) You shouldn't take the pinning so seriously. Obviously the boy has no thoughts of marrying at the present time. He has years of study and military service ahead of him and he doubtless does not feel that this is the time to become engaged. While it is true that many boys and girls marry after being pinned, it does not always mean that they will. This is true also of an engagement ring. Some girls break an engagement and return the ring even as late as a few days before their wedding.

Dr. Herlock

When a boy pins a girl, it means that he is very fond of her and wants to go steady with her. It means that he is not yet ready to be formally engaged. Pinning has been described as "being engaged to be engaged."

So long as you like this boy and he likes you, wear his pin and consider him your best friend. When he goes into the service and is away from home, you would be very foolish to give up all parties and dates and sit at home alone.

You are not engaged to this boy and he has not asked you to be engaged to him. Therefore, you are free to go with other boys while he is away just as he should feel free to go to parties and meet other girls while he is in the service and at college. If a time comes when he asks you to marry him, then you will want to devote your entire time to him.

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"Kid Stuff" drivers forget...it's MEMORIAL Day!

It's surprising how many adult drivers enter their *second childhood* at the start of a holiday weekend. Like kids on a spree, they drive dangerously, never giving a thought to the sorrow they can cause. Just as a reminder, their bad driving last Memorial Day weekend snuffed the lives of *362* people, maimed and injured *12,500* more! Let's all remember that . . .

"Careless Driving Is DEADLY Kid Stuff"

Published as a public service in cooperation with The Advertising Council.

Salk Vaccine Too Late For Oswego Youngster

Oregon City—(U.P.)—A seven-year-old Oswego, Ore., girl was reported stricken with polio yesterday, less than a week before she was to have received an inoculation with Salg vaccine.

The Clackamas county health office said other members of the family had received anti-polio shots. The child was hospitalized in Portland where hospital attendants said she was suffering partial paralysis in both legs.

Dead line Sunday Classified is at noon Saturday; 10 a.m. Monday for Monday; other days 5:30 previous day.

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No Calls Fri. eve or all day Sat.

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JUNIOR BOOT SHOP
"Where the Fit Is Guaranteed"
CENTRAL at MAIN, MEDFORD

Illegal Pay for Mexican Workers Told

Edinburg, Tex. —(U.P.)— The Border Patrol raided five Lower Rio Grande valley farms Wednesday and seized 57 braceros it said were getting cheated. Braceros are legal Mexican laborers.

Water Sahli, district immigration service director, said the braceros were being forced to work for less than the wages their contracts called for. The minimum is 50 cents an hour.

He said three of the five farmers later signed pledges they would live up to their contracts in the future. He said the braceros were returned to those farmers.

CROSSWORD PUZZLE

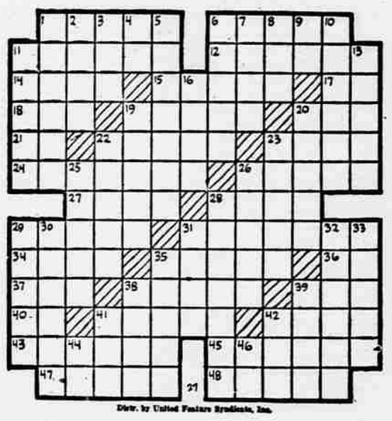
Answer to Yesterday's Puzzle

ACROSS

1—Amalgamate
6—Dirties
11—Contemptible (slang)
12—Red-yellow color
14—Weapons
15—Metal fasteners
17—A state (abbr.)
18—Short stroke
19—Intertwines
20—Likely
21—Old Testament (abbr.)
22—Titles
23—Competent
24—Altar screen
26—Haste
27—Shoemaker's tool (pl.)
28—Transaction
29—Drunken carousal
31—Discourage
34—Dock
35—Gem weight
36—Greeting
37—Be mistaken
38—Pertaining to a focus
39—House pet
40—Symbol for tantalum
41—Shelter
42—Arrived
43—Walked boldly
45—Elves
47—Ardent
48—Mitigated

DOWN

1—Chastise
2—Young sheep
3—Worm
4—Baseball organization (init.)
5—Electricity-producing machines
6—Pigpens
7—Lubricates
8—Possessive pronoun
9—Chinese mile
10—Pattern
11—Principal
13—Famed
16—High cards
19—Dipper
20—White poplar
22—More recent
23—Separate
25—More unusual
26—Part of flower
28—Confuse
29—Barracudas
30—Buccaneer
31—Fresh-water fish
32—Humiliated
33—Locations
35—Lid
38—Diminish
39—Arrived
41—Pig
42—Race of lettuce
44—Sun god
46—Symbol for sodium



Distr. by United Feature Syndicate, Inc.

Phoenix

Phoenix—Mrs. Albert Arnold, who was in the hospital for several days with pneumonia, is now convalescing at home.

Bert Stancliffe has reminded all Phoenix citizens having lots in the cemetery and others interested that Friday and Saturday will be cleanup days in the cemetery.

Mr. and Mrs. Stancliffe entertained at their home Mr. and Mrs. Herbert (Happy) Eastman of Modesto, Calif., Wednesday evening. The Eastmans are here attending reunion festivities being held at Southern Oregon college in Ashland.

Mr. and Mrs. Charles Robertson, now of Phoenix, formerly of Ashland, were also guests of the Stancliffes on Wednesday evening. Robertson is a friend of Eastman and Stancliffe.

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Chiropractic Physician

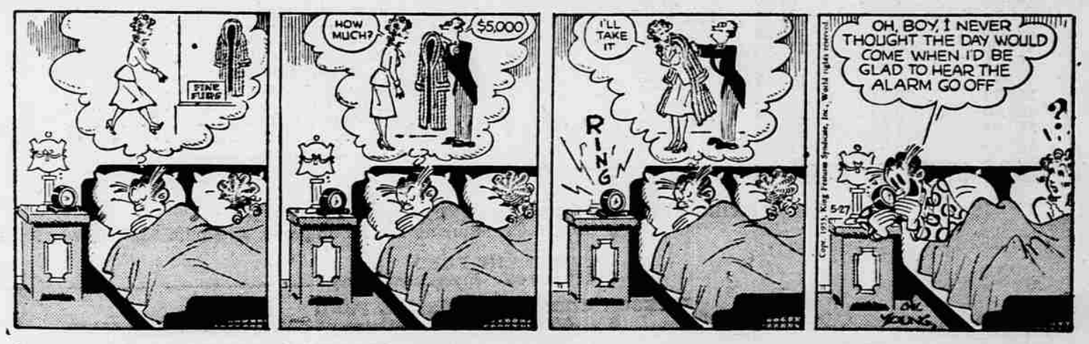
STRANGE AS IT SEEMS by ELSIE MIX

BARNEY GOOGLE and SNUFFY SMITH

BUZ SAWYER

L'L ABNER

BLONDIE



MUTT and JEFF