

Feeding the Family

By ZOLA VINCENT
Food Editor

Lemonade Made in the Shade

Lemonade has belonged on picnics since the first lemon was squeezed and sugar and water added to make lemons drinkable. Nearly all picnic and party punches begin with lemonade and nowadays one reaches for a canned or frozen lemon juice or for a concentrate for lemonade.

Frozen concentrate for lemonade is available in both six ounce and 12 ounce cans. Six ounce cans make a quart of lemonade. We think plain lemonade made according to can directions is unsurpassed for summer days but if you've a color scheme in mind or want to fancy it up, here are good ways:

Lemonade-Mint Punch. Combine concentrate for lemonade (undiluted) with four tablespoons green mint jelly and mix well until jelly has softened. Add one large bottle ginger ale and 10 or 12 ice cubes and stir well. Serve immediately in four tall glasses.

Barbecue Punch. So named, presumably, because it is so refreshing with hot stuff. For a crowd, since you get 34 four-ounce servings. Combine three six-ounce cans frozen concentrate for lemonade, one six-ounce can frozen concentrated grapefruit juice, one six-ounce can frozen concentrated grape juice and add 3 1/2 quarts water. Ice just before serving.

Golden Days. Combine three six-ounce cans frozen concentrate for lemonade, one six-ounce juice and one 12-ounce can apricot nectar; mix well. Pour over ice cubes; add two tall bottles sparkling water just before serving. Approximately three quarts for 12-16 tall glasses.

Picnic Salad Supper

At home or afar, for family or friends, this is a mighty satisfying supper salad. Cook one eight-ounce package elbow macaroni according to package directions; drain and rinse with cold water. Add 1 1/2 cups diced cooked ham.

1 1/4 cups chopped celery, one small green pepper, chopped, two tablespoons chopped onion, one-half cup stuffed olives, sliced, one-third cup bread and butter pickles, diced, two-thirds cup real mayonnaise, two tablespoons mustard with horseradish, two tablespoons lemon juice, salt and pepper to taste.

Toss all together lightly to blend well. Serve with crisp lettuce leaves; maybe garnish with deviled eggs and pimiento strips. Six generous servings.

Spaghetti Feed is So Satisfying

A spaghetti feed over the weekend is such a satisfying thing. It can be fixed practically any time; can be served any time and anywhere. Can stay at home or travel in a thermos jug. Italian sausage adds special interest to this though link sausages can be used, if handier.

1 package spaghetti
1 1/4 cup melted margarine
3 onions, chopped
1 clove garlic, minced
1 cup mushrooms, sliced
4 Italian sausages or 8 links, cooked

1 No. 2 can tomatoes
1 small can tomato paste
1/2 cup water

1 1/2 teaspoons salt
2 bay leaves
2 teaspoons dried basil

Grated Parmesan cheese

Cook spaghetti in boiling salted water as usual. Drain and rinse with cold water. Keep hot over boiling water, if necessary.

Saute onions, garlic, mushrooms and sausages (sliced about one-half inch thick) in melted margarine until lightly brown. Add tomatoes, paste and seasoning. Simmer about one hour. Mix spaghetti and sauce; sprinkle with grated Parmesan cheese and serve with sliced Italian or French bread and a tossed green salad. Six servings.

Breakfast Change with Eggs in Bologna Cups

Long weekends with their later rising time makes possible good things like this.

6 slices large bologna, 1/8 inch thick

1/4 cup margarine
1 small green pepper, chopped
1/2 cup milk
1/3 cup grated Parmesan cheese
1/4 teaspoon salt
1/4 teaspoon paprika
Dash of tabasco
6 eggs
2 tablespoons margarine

Melt butter or margarine in skillet; saute bologna until edges curl into cup shape. Remove from pan. Add green pepper, saute until tender. Stir in milk and cheese; cook over low heat until cheese is melted. Add seasonings, well beaten eggs and margarine. Stir mixture continuously, breaking into shreds. Pile scrambled eggs into bologna cups. Serve hot. Six servings.

Meats, Picnic Supplies on Shoppers Lists

With a long weekend ahead, smart shoppers will do their shopping early, avoid the Saturday rush and really have a holiday for themselves; three whole days with meals planned for easy living. Mother no longer does all the work but it does take a little planning.

Paper paraphernalia and aluminum foil are musts on any shopping list of time and labor saving devices. Both practically do away with dish washing; make for informality and fun. Plenty of paper plates in various sizes, cups, napkins; place mats for sit-down affairs. Any aluminum foil package suggest many practical uses for the product.

Broilers and fryers are plentiful, reasonable in price; lend themselves ideally to cooking both indoors and outdoors. We discuss them elsewhere in our columns today.

Barbecuing is a past-time par excellence and the meats for it can be practically anything. Even steaks and chops have reasonable prices right now. Put in a supply of ground beef for at least one hamburger feed; frankfurters for another meal.

Cold cuts in the refrigerator and some canned meats on the pantry shelf are a good idea. Cheese assortment, of course.

For meals as usual, there's plenty of beef and pork. Lamb and veal are at their best.

Fish and shellfish are in good supply with fresh catches of halibut and salmon in the north Pacific; other varieties such as cod, lingcod, rockfish, flounder, sole, clams and crabs. Plenty of frozen halibut, frozen fillets and canned tuna.

Picnic Items. You'll need hamburger and hot dog buns, sandwich bread, a French loaf or two. Plenty of crisp potato chips and corn chips. Pickle assortment. Cake and cookies. Plenty of coffee. Frozen concentrate for lemonade.

Vegetables and Fruit. Plenty of cabbage, celery, cauliflower, lettuce, potatoes both old and new, spinach, carrots, asparagus, zucchini squash, radishes and green onions. Corn is increasing in supply right along; so are tomatoes. Rhubarb quality is good. Plenty of bananas, small oranges, avocados.

Spiced Cottage Roll. An excellent slicer. Place a cottage roll or boned picnic ham in a deep kettle. Cover with water and add six whole cloves, one-half bay leaf, one sliced onion, one stick cinnamon, one-half teaspoon celery seed, one-half cup vinegar. Cover tightly and let simmer until meat is done. Allow 40 to 45 minutes per pound for cooking.

Watermelon Testing. We're testing melons early this year. Usually a fully ripe watermelon has a thin outer skin that peels easily when scraped with the finger nail. The underside too changes from white to yellow tinge with maturity. Many judge by the number of bee sings in evidence figuring that if it is sweet enough for bees, it's sweet enough for them. However, the safest way to determine watermelon ripeness is likely to remain that if "plugging."

Vegetable Combines. With so many fine vegetables available, many can be combined happily either to begin with or as left-



POLIO TAKES FATHER — Peter A. Rockne, 35, of Boise, Idaho, died of polio believed contracted by "household contact" with two of his children who got the disease after shots of Cutter anti-polio serum. He is the first fatality in a so-called secondary polio case reported in the nation.

McLeod

McLeod—Mr. and Mrs. Harold Barber were dinner guests at Folding Hills ranch May 17.

Mr. and Mrs. Heston Grieve held open house May 25, starting at 9 o'clock at their home in Prospect. The occasion was their Silver Wedding anniversary.

Harry Price of Fort Bragg, Calif., has been the house guest of his sister and brother-in-law, Mr. and Mrs. George Tockstein.

Mr. and Mrs. Harry Harding Sr. returned to their home after spending a week in Medford on business.

Mr. and Mrs. Herb Carlton have gone to California, where Mrs. Carlton will go through the Stanford clinic.

Mr. and Mrs. Carl Richardson went to the Ashland college Saturday night for the class reunion. Richardson graduated from there 50 years ago.

Mr. and Mrs. Warren Barr Jr. and daughter are now living in Prospect since his discharge from the service.

Mrs. Minnie Eastin, who spent the winter in Southern Calif., has returned to her home here.

Mr. and Mrs. Carl Richardson have as their house guests Mr. and Mrs. Frank Ditsworth of Ashland.

Mrs. Arthur Hume and twin daughters, Miss Susan Eastin and Miss Jackey Langston all attended the Mite Box ceremony at the Episcopal church in Grants Pass Sunday, May 15.

League of Women Voters Elect Corvallis Woman

Eugene —(U.P.)—The League of Women Voters elected Mrs. Ronald K. Campbell of Corvallis as state president at its annual meeting here this week.

Peas and corn . . . spinach and mushrooms . . . limas and onions . . . spinach and carrots . . . peas and finely cut celery . . . corn and tomatoes. Season with butter, salt and pepper. Try dash of cinnamon for a change.

Banana Shake. One of the most popular of all milk shakes is that made with bananas like this: Peel four ripe bananas; break in pieces and place in a bowl. Beat with rotary beater until smooth. Add three cups of milk, one-half cup of cream and two teaspoons vanilla. Continue beating until well mixed. Four generous servings filled with good nutrition.

Gourmet Tricks Scalloped potatoes are delicious with a suspicion of powdered oregano (mexican sage) added.

Ever try fried green pepper rings? Cut them about half an inch thick. Season well with salt and paprika, coat lightly with flour and fry until tender. Fine with lamb, chicken, veal.

A touch of cinnamon in lamb stew gives it the Syrian touch. Heat canned vegetable soup with a few cloves. Bring to boiling point, remove cloves.

Beds Being Made Bigger To Accommodate Taller People; Statistics Show Need

Chicago—(U.P.)—Americans are getting bigger, and so are their beds.

Time was when a mattress 75 inches in length was considered plenty long for a good night's sleep.

But now the bedding manu-

facturers have come up with "supersize" beds 81 1/2 inches long.

According to the National Association of Bedding Manufacturers, the new size has been standardized and registered with the U.S. Bureau of Standards.

The need for king-size beds is reflected in Army statistics gathered in the drafts of World War I and World War II.

The figures showed that the number of men five feet, 10 inches or taller increased 45 percent. In the same period, the number of six-footers increased 70 percent.

Women Taller

The fair sex, too, has grown

taller, according to figures compiled by the Metropolitan Life Insurance Co.

So, the bed makers felt longer beds were in order, and you can buy them now at most large retailers, with mattresses and bedding to match.

Maybe beds should be wider, too. A study by the Mellon Institute at Pittsburgh showed that the average healthy sleeper shifts his position 20 to 45 times during the night, and sometimes as many as 60 times.

But if beds were any wider, bedrooms would have to be bigger, too.

As it was, the bedding industry adopted the new "supersize" only after consultation with the American Institute of Architects.

Bedrooms Too Small

"The fact that bedrooms in many modern homes are so small is one reason we don't make beds any wider," a spokesman said. Big as they are, the new beds can't compare to the biggest bed of all time, the celebrated Bed of Ware.

Built by one Jonas Fosbrooke and presented to King Edward IV in 1463, it measured 18 feet 6 inches by 13 feet, and there was a trundle beneath equally as huge.

Bed and trundle could sleep 68 people.

Thornton Rules on Refund of Taxes

Salem —(U.P.)—Attorney General Robert Y. Thornton said yesterday that only the county court has authority to make refund of taxes erroneously paid by one taxpayer upon the land of another.

He wrote the opinion at request of John J. Pickett, district attorney of Coos county.

Thornton said the tax collector is not vested with power to refund taxes even where the circumstances are such that the county court would normally have refunded such taxes. If the tax collector makes an unauthorized refund of such taxes, Thornton said, he may be sued upon his bond by the county.

As an alternative remedy, the attorney general said, the county court may affirm the unauthorized refund and re-assess the tax against the property upon which the tax was erroneously paid.

Grange

Pomona Grange

The next meeting of the Jackson County Pomona Grange will be held at Central Point Grange hall Saturday, May 28, at 8 p.m.

This is the meeting for the annual conferring of the degree of Pomona preparatory to the sixth degree at State Grange in June.

The state session meeting is in Klamath Falls the week of June 6. All Jackson County Grange members are urged to attend, and a large class is urged from this county.

The meeting at Central Point Saturday is also the last chance to get resolutions in to State Grange.

Water Resources Board Bill Signed

Salem —(U.P.)—A measure to create a state water resources board, and a companion bill pertaining to appropriations of ground water, considered by Senate President Elmo E. Smith of John Day to be among the most important legislation passed in many years, has been signed by Gov. Paul L. Patterson.

The board created by House bill 25 will take over the functions, and therefore abolish, the Willamette River Basin Commission, Upper Columbia River Basin Commission, State Reclamation Commission and State Irrigation Board.

Gov. Patterson also signed House bill 713 which provides a method computing the cost of caring for patients at the state's three tuberculosis hospitals and specifies the share patients able to pay will bear in the cost.

The measure affects the state tuberculosis hospital at Salem, The Dalles and Portland.

NAMED PRINCESS

Portland —(U.P.)—Donna Cobban, 18-year-old daughter of Mrs. Pearl Cobban has been named Rose Festival princess from Washington high school here.

Basil O'Connor Named Father of Year

New York —(U.P.)—Basil O'Connor, president of the National Foundation for Infantile Paralysis, has been named the father of the year by the National Fathers Day Committee for his "ardent fight to create the most effective partnership of scientists and laymen ever rallied against any single disease."

The committee also named Dr. Jonas E. Salk as the humanitarian father of the year at the annual luncheon at the Waldorf Astoria Hotel.

Salem —(U.P.)—Gov. Paul L. Patterson has signed into law House bill 594 to give ports having less than 100,000 population the authority to abolish such rules and regulations as the port deems convenient or necessary to provide for the policing and control of property it operates.

McCall Defended By Multnomah GOP

Portland —(U.P.)—Tom Lawson McCall, who last week came under fire of State Democratic Chairman Howard Morgan, was defended yesterday by the Multnomah county chapter of the Oregon Republican Club.

Morgan charged McCall had been employed on two legislative committees by appointment of Republicans at the same time he was a candidate for Congress.

The Multnomah GOP group adopted a resolution expressing "its strongest disapproval of the unfair and misleading attacks."

Gust Anderson, member of the social welfare interim committee with which McCall worked, told the club yesterday McCall did an excellent job.

Dead line Sunday Classified is at noon Saturday; 10 a.m. Monday for Monday; other days 5:30 previous day.

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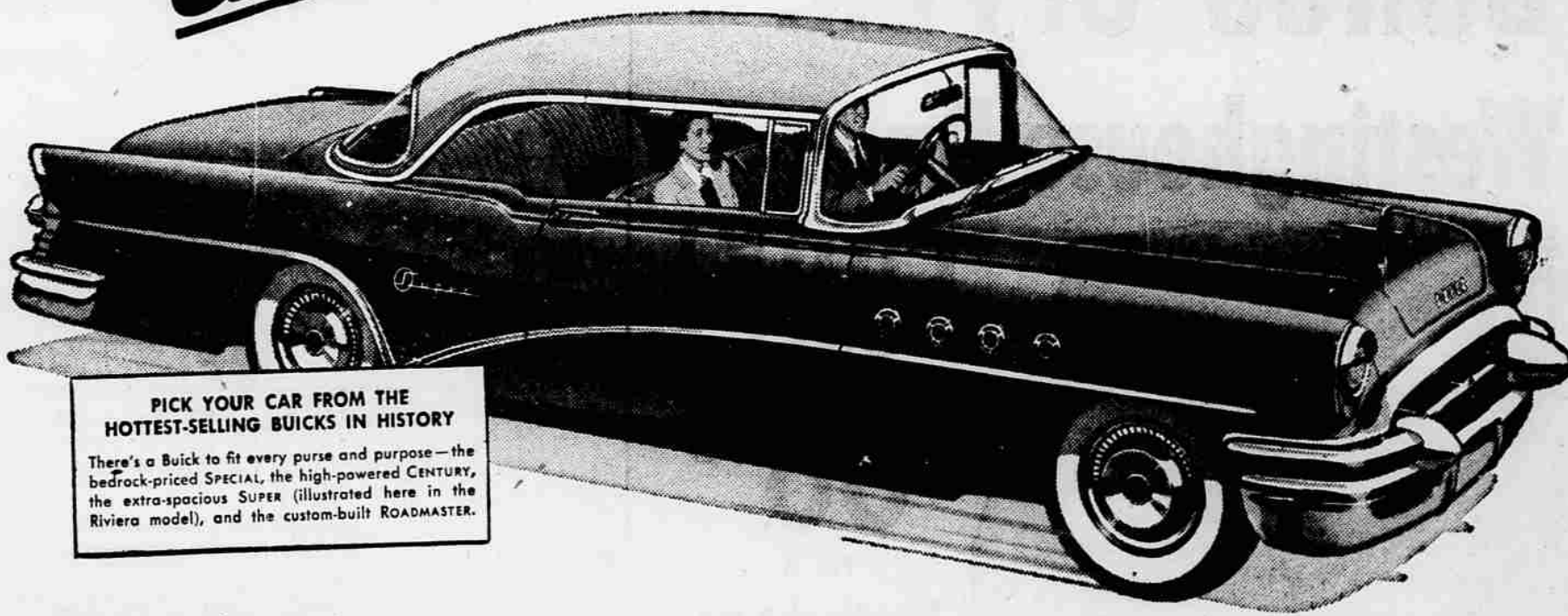
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