

Surviving Dionne Quints Will Observe 21st Birthday Saturday

Callander, Ont. — (U.P.) — The four surviving Dionne quintuplets will turn 21 Saturday without a matrimonial prospect in sight.

They have never had a date. Though they are just now "coming of age," they have always seemed older than their years. They live already in an atmosphere of spinsterhood.

One thing is sure. The Dionne sisters won't have to look to a husband for support.

When Annette, Cecile, Marie and Yvonne celebrate their 21st birthday Saturday, each will receive about \$200,000 from the money they earned from advertising and movie contracts when they and their sister Emilie, who died last August, were the world's most famous little girls.

"I don't know what to do with the money," Yvonne said recently. "I'm not interested in it right now." She and Cecile are too busy with nurses training. Their birthday will find them on night duty at a convent hospital in Montreal.

Studying Music

Annette will have her birthday at a convent school, also in Montreal. She is studying piano, and practices four hours a day. This, plus her other studies, doesn't leave much time for social life.

Marie, who wanted to become a nun but gave up after eight months as a homesick novice, is at home helping care for her

mother, who is convalescing from an operation.

The fifth quintuplet—Emilie—died last Aug. 6 at a rest home of the Oblate Sisters of Mary Immaculate. She succumbed in her bed during an epileptic fit. Her doctor said she could have lived only a few years longer because of an enlarged pituitary gland.

But the other four girls, born to Mrs. Elizer Dionne in a Callander farmhouse on May 28,

Ike Asks Five-Year Alaska Flight Permits

Washington — (U.P.) — President Eisenhower has requested the Civil Aeronautics Board to grant five-year certificates to Alaska Airlines and Pacific Northern Airlines for flights between the United States and Alaska.

The CAB had recommended three-year certificates.

But Mr. Eisenhower, in a letter to CAB Chairman Ross Riley, said he feels that a five-year certificate would give the lines a better opportunity to finance the purchase of new equipment on a sounder basis than offered by three-year certificates.

Presidential Press Secretary James C. Hagerty made it plain that the White House expects the CAB to comply. Hagerty said he did not know whether, under law, the board could turn down the "request."

1934, and miraculously kept alive by the late Dr. Allan Roy Dafeo, have grown up into robust, somewhat stocky dark-browed young women.

Painfully Shy

They are deeply religious, and painfully shy. They grew up as "Hothouse flowers."

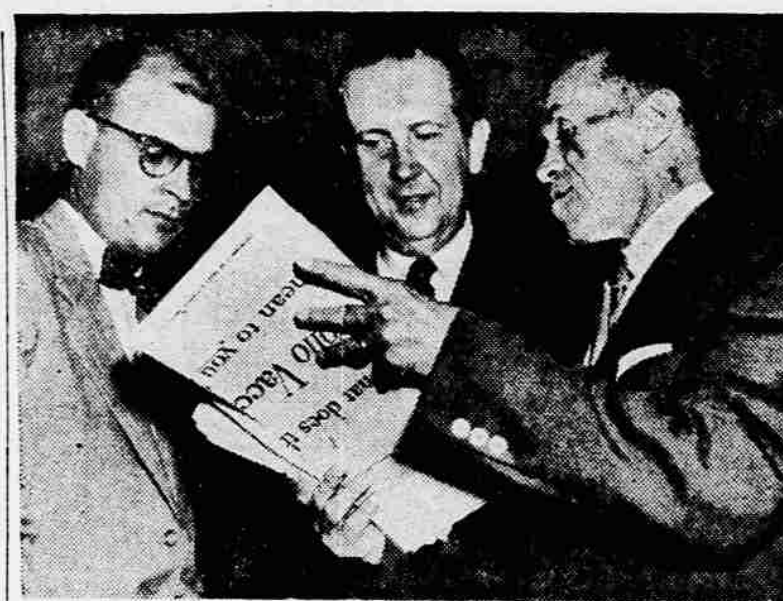
Their father, Oliva Dionne, had been having a hard enough time supporting five children before the quint came. Then he counted five new hungry mouths, and when voracious promoters descended he hastily signed an agreement to exhibit the quint at the Chicago world's fair.

He got \$100 and lost the custody of his babies. A shocked Ontario government voided the world's fair contract, made the quint wards of the crown, and saw to it they were raised with hygienic dignity.

Nurses watched their every move. Dr. Dafeo installed them in a special hospital, a fortress against germs and tourists. The quint were cautiously displayed to cameramen, they gave their names to dolls, and the money poured in.

WRONG NUMBER

Denver — (U.P.) — Robert C. Walker, picked up by police after a woman complained he persisted in trying to arrange a blind date with her over the telephone said, "I was just calling a trucking firm and kept getting the wrong number."



GOVERNMENT CONTROLS FOR POLIO SERUM — The House commerce committee began hearings on legislation calling for federal controls on the Salk vaccine and called Surgeon General Leonard A. Scheele (center) and other top officials of the U. S. Public Health Service to testify. Shown conferring are, left to right, Roswell B. Perkins, assistant secretary of Health Education and Welfare, Dr. Scheele and Chairman Percy Priest (D., Tenn.).

Prompt Start Asked On Trinity Project

Washington — (U.P.) — Rep. Clair Engle (D-Calif.) has asked the House Appropriations Committee to allow an immediate start on the \$221,000,000 Trinity river project in California, without waiting for passage of a congressional authorization act.

Engle asked the committee last month to put language a public works appropriation act that would allow \$1,000,000 to be split on project construction in fiscal 1956, a transcript of a closed committee hearing showed.

A bill for congressional authorization of the project has been approved by the House interior committee, and the rules committee will consider clearing it tomorrow for House action.

Portland — (U.P.) — Funeral services will be held here today for Frank Bryson Gill, 78-year-old accountant who was noted as a railroad historian. He died Monday.

Thursday, May 28, 1955

MEDFORD (OREGON) MAIL TRIBUNE—THREE

'Expenditure of Energy' Explanation Given for Illnesses Lacking Cause

By DELOS SMITH
United Press Science Editor

New York — (U.P.) — A doctor who has been harassed for almost 40 years by "well" persons who feel sick, passed along a little tip today concerning them to his fellow sufferers—meaning doctors.

The advice: Check whether these sick "well" people aren't merely overtaxing the stamina that nature built into their bodies.

The author of this tip, Dr. Sol Hirsch, is known in medicine as the father of the "expenditure of energy" explanation of many illnesses that seem to have no visible cause.

In his newest advocacy, he characterized as "banalities" and "medical bromides" such explanations of illness as "constitutional inadequacy," "general debility," and "psychosomatic." More often than not, he said, the body merely was being required to spend its energy faster than its ability to produce energy and to store it against future demands.

In-Take Out-Put

Writing in the New York State Journal of Medicine, he said every one has a level at which energy in-take balances with energy out-put, leaving more energy in reserve. This level varies from person to person.

"I believe," he continued, "that the level of energy expenditure is an inherited characteristic, and we may categorize individuals as those with optimal, average, and minimal levels of energy expenditure."

"This is not to say that an optimal is immune to becoming a 'well' patient who feels sick. If the optimal consistently overspends down to his level of energy expenditure, he runs the same risk as does the minimal or average who consistently overspends. By the same token a minimal need never become the 'well' patient who feels sick as long as he lives within his own level of energy expenditure."

"He need not bewail his lot. Too few of us, including optimals, ever reach our potential anyway, whether it be physical

or mental. Reaching it is something to strive for. And prevention of depletion is a step towards achieving it."

'Unavoidable and Avoidable'

He divided the causes for an individual's spendthrift dealings with his energy level into the "unavoidable" and the "avoidable." The former included obscure allergies, obscure malfunctionings of the endocrine glandular system, minor not accumulative nutritional defects, and emotional shocks. Emotion, he said, has "a cruel way of popping up unexpectedly and of amplifying everything it touches."

The physician can correct or at least minimize these unavoidable causes. The avoidable ones are for the "well" person to deal with himself. Among these he listed faulty eating, "unnecessary speeding in all activities, poor rest and sleep habits, excesses in sex, drinking, and smoking."

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Lettuce 2 for 19^c

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Corn 6 for 49^c

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