

RADIO PROGRAMS—TUESDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

KVBC — 1230 kc	KMED — 1440 kc	KWIN — 1400 kc
4:00—The Childrens Hour	Melody Time	Fulton Lewis Jr.
4:15—Club 1230	Melody Time	Hemingway News
4:30—Liberty News/Reviews	Country Agent	Here's The Answer
4:45—Club 1230	Reg'n 1 News: Manning	Sam Hayes
5:00—Edward R. Murrow	Man On The Go	Sgt. Preston of Yukon
5:15—Bill Stern—Sports	What's Doing	Bob Greene News
5:30—Sports Parade	Sammy Kaye	Bill Brundage Sports
5:45—Frank Goss	Elmer Peterson	
6:00—Rosemary Clooney	Lux Radio Theatre	Gabriel Heatter
6:15—Serenade & Monitor	Lux Radio Theatre	Local News
6:30—Amos & Andy	Lux Radio Theatre	Behind the Story
6:45—Amos & Andy	Lux Radio Theatre	Sam Hayes
7:00—Mr. Keen	Dragnet	Treasury Agent
7:15—Mr. Keen	Dragnet	Treasury Agent
7:30—Suspense	Fiber & Molly	The Search
7:45—Suspense	Great O'Connell	
8:00—Tennessee Ernie	Morgan Beatty	John Steele
8:15—Tennessee Ernie	One Man's Family	John Steele
8:30—Lowell Thomas	People Are Funny	Evening Serenade
8:45—Bing Crosby	People Are Funny	Evening Serenade
9:00—Burgie Music Box	Listen to Washington	News
9:15—Burgie Music Box	Listen to Washington	Fulton Lewis Jr.
9:30—Metropolitan Audi	Men Behind Melody	Recorded Music
9:45—Metropolitan Audi	Men Behind Melody	Recorded Music
10:00—Two on the Aisle	Richfield Reporter	Music in the Night
10:15—Wayne M. Sp.	Granby	Music in the Night
10:30—Spin & Win	Nightwatchman	News—Sign Off
10:45—Spin & Win	Nightwatchman	
11:00—Spin & Win	Nightwatchman	
11:15—Platter Party	Nightwatchman	
11:30—Platter Party	Nightwatchman	
11:45—Platter Party	Nightwatchman	
12:00—Sign Off	Sign Off	

RADIO PROGRAMS—WEDNESDAY

6:00—News of America	Crazy Curly's Corral	Wakeup Ranch
6:15—Yawn Patrol	Crazy Curly's Corral	Wakeup Ranch
6:30—Yawn Patrol	Crazy Curly's Corral	Wakeup Ranch
6:45—Yawn Patrol	Crazy Curly's Corral	Wakeup Ranch
7:00—Country Agent	John Lee Willis	Hemingway News
7:15—Martin Agronsky	WX Rept & Local Beat	Breakfast Gang
7:30—Frank Goss	News Commentary	Breakfast Gang
7:45—Harry Babler	News Commentary	Breakfast Gang
8:00—Betty Crocker	Current & Choice	Cliff Ingle News
8:15—Breakfast Club	KMED Kashbox	Green News
8:30—Breakfast Club	KMED Kashbox	Green News
8:45—Breakfast Club	KMED Kashbox	Green News
9:00—Ted Malone	Friendship Circle	Town Topics
9:15—Chet Huntley	Friendship Circle	Capital Commentary
9:30—Helen Trent	Mystery & Dr. Peale	Voice of Deliverance
9:45—Our Gal Sunday	Joyce Jordan, M.D.	Voice of Deliverance
10:00—Relay Quiz	Mid-Morning News	News—Sign Off
10:15—Wendy Warren	Strike It Rich	News—Sign Off
10:30—Whispering Streets	Strike It Rich	News—Sign Off
10:45—Whispering Streets	Strike It Rich	News—Sign Off
11:00—Second Mrs. Burton	Phrase That Pays	Florida Calling
11:15—Perry Mason	Doctor's Wife	Florida Calling
11:30—Nora Drake	Pauline Frederick	Queen for a Day
11:45—Brighter Day	Pauline Frederick	Queen for a Day
12:00—Paul Harvey	Lunchtime News/wx	Noontime News
12:15—Rogue Valley Reporters	Lunchtime Market	Rural Reporter
12:30—Trading Post	Lunchtime Features	Western Roundup Time
12:45—Weather Report	Mystery & Kash Box	Western Roundup Time
1:00—Arthur Godfrey	Backstage Wife	Western Roundup Time
1:15—Arthur Godfrey	Stella Dallas	Western Roundup Time
1:30—Arthur Godfrey	Stella Dallas	Western Roundup Time
1:45—Arthur Godfrey	Woman in My House	Marine Band
2:00—Strictly for the Ladies	Just Plain Bill	Record Merry-Go-Rnd
2:15—Arthur Godfrey	Lorenzo Jones	Record Merry-Go-Rnd
2:30—Sam Hayes	Sam Hayes News	Recorded Music
2:45—Bulletin Board	Pays To Be Married	Melody Manor
3:00—Ruth Ashton	News—Bing Crosby	Johnny Olsen Show
3:15—Spin & Win	Perpetua Young	Johnny Olsen Show
3:30—Spin & Win	This Woman's Secret	Show Time
3:45—Strictly for the Ladies	Myron Bennett	Tello Test
4:00—Childrens Hour	Melody Time	Fulton Lewis Jr.
4:15—Concertine	Youth Group Report	Hemingway News
4:30—Concertine	News: Knox Manning	Here's The Answer
4:45—Concertine	News: Knox Manning	Sam Hayes
5:00—Edward R. Murrow	Man On The Go	Bobby Benson
5:15—Bill Stern—Sports	What's Doing	Bobby Benson
5:30—Sports Parade	Freddy Martin	Local News
5:45—Frank Goss	Elmer Peterson	Behind the Story
6:00—Perry Como	KMED Sports Daily	Gabriel Heatter
6:15—Quincy Howe	Man and the Moment	Local News
6:30—Amos & Andy	Nelson Eddy Show	Local News
6:45—Amos & Andy	Nelson Eddy Show	Local News
7:00—Safety Pays	Fiber & Molly	Squad Room
7:15—Safety Pays	Great O'Connell	Squad Room
7:30—Lone Ranger	Barry Craig	London Studio Melodies
7:45—Lone Ranger	Barry Craig	London Studio Melodies
8:00—Tenn. Ernie	Morgan Beatty	Sentenced
8:15—Tenn. Ernie	One Man's Family	Sentenced
8:30—Lowell Thomas	Dinah Shore	Family Theatre
8:45—Bing Crosby	Frank Sinatra	Family Theatre
9:00—Burgie Music Box	News—Groucho Marx	Recorded Music
9:15—Burgie Music Box	Groucho Marx	Recorded Music
9:30—FBI in Peace & War	Truth or Consequences	Recorded Music
9:45—FBI in Peace & War	Truth or Consequences	Recorded Music
10:00—Two on the Aisle	Richfield Reporter	Music in the Night
10:15—Two on the Aisle	Organ Melodies	Music in the Night
10:30—Spin & Win	Nightwatchman	News—Sign Off
10:45—Spin & Win	Nightwatchman	News—Sign Off
11:00—Spin & Win	Nightwatchman	
11:15—Platter Party	Nightwatchman	
11:30—Platter Party	Nightwatchman	
11:45—Platter Party	Nightwatchman	
12:00—Sign Off	Sign Off	

(All programs at same time daily unless otherwise indicated)
A.M.—7:15 Sign on. Music throughout day except for following programs:
10:10-10:15 KBOY Bargains, 11:12 (Sunday only) First Baptist service.
P.M.—12:15 KBOY ranch, 12:15-12:30 (Sunday only) KBOY ranch.
5:45 Sign off.

TV Programs — KBES (Channel 5)

TUESDAY	WEDNESDAY
3:30—Devotions	3:30—Devotions
4:00—Feminine Fancies	4:00—Feminine Fancies
4:30—Val Rouse Camera	4:30—Val Rouse Camera
5:00—Uncle Bill Show	5:00—Uncle Bill Show
5:30—Armchair Theater	5:30—Armchair Theater
6:00—Disneyland	6:00—Disneyland
6:30—Medical History	6:30—Medical History
7:00—Hollywood Album	7:00—Hollywood Album
7:30—Armchair Adventure	7:30—Armchair Adventure
8:00—Milton Berle	8:00—Milton Berle
8:30—This Is Your Music	8:30—This Is Your Music
9:00—Flight to the Sun Country	9:00—Flight to the Sun Country
10:00—News	10:00—News
10:30—Sign Off	10:30—Sign Off

STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars.

To develop message for Wednesday, read words corresponding to numbers of your Zodiac birth sign.

ARIES	Taurus	GEMINI	CANCER	LEO	VIRGO
9-14-23-35 55-56-80-85	36-45-46-59 65-72-78	11-17-25-33 51-76-81-88	1-7-13-22-23 30-40-53-54 61-64-73	8-19-22-28 67-77-86-90	4-5-13-16 31-49-57
1 Create	2 You	3 Something	4 Go	5 Slow	6 You
7 Occurs	8 Try	9 Loved	10 See	11 Social	12 Eat
13 Making	14 Ones	15 Negative	16 Financial	17 Day	18 Must
19 To	20 Aspects	21 Pick	22 Emerge	23 Will	24 Love
25 Today	26 Lightly	27 From	28 Today	29 Lightly	30 Business

Good Adverse Neutral

Your Health and Its Care

By DR. WILLIAM BRADY, M.D.

Readers should address inquiries to: William Brady,
263 El Camino, Beverly Hills, Calif.

LIFT WITH YOUR THIGHS, NOT WITH YOUR BACK

A mechanical engineer says he foolishly tried to lift a tub of sand from his trunk—probably he means he learned over with his legs straight, grasped the tub and tried to lift it by straightening up—zow!

Oh, well we won't call him names this time—everyone must learn how to lift, and some ninnyhammers learn the hard way.

I know, for I'm one of the aforesaid ninnyhammers. On non-bowling days, of which somehow there are too many, I take a break about 12:30—the time when I should be toddling toward the bowling green—and go out to putter in the patio and absorb a little ultraviolet. While putting one day I noticed a young tree springing up under a stairway leading to a studio. I bent over, grasped the shoot with both hands and yanked on it. It didn't give. I leaned down, took a firmer hold and yanked harder. Yoik is the word for it, I believe. Several yoiks. The young tree didn't give but my sacro-iliac did.

It took half an hour to get into the house and into bed. From the way I felt, it was going to be a long, painful . . . osteopathy? I did have one of the leading physicians of that school—I can't remember whether he called it "slipped innominate," sacro-iliac sprain or subluxation. I do remember that his manipulations, which I had feared would cause great pain, were not at all painful. However, the disability and the extreme tenderness remained. Next morning a medical practitioner skilled in "needle surgery" examined me, marked the tender point deep in the loin, administered a deep injection of procaine, a local anesthetic. He waited a while, then told me to sit up, despite my protests that I couldn't. Sitting up didn't hurt me, but I still refused to walk. Presently, however, I found walking didn't hurt either—and that was the end of my large back.

In wartime similar treatment of pains proved most successful. Immediate injection of procaine into the most tender area about a sprained ankle, for instance, enable the patient to continue walking about and remain on duty instead of being invalided several days. Gave better functional results too.

When you lift anything from floor or ground, squat down, keeping your back straight. If you bend over to pick up something, even though it may not be heavy, you put your sacro-iliac "joint" in jeopardy. This "joint" or junction is where the keystone of the spine (the sacrum) is attached to the wing (ilium) of the pelvic or hip bone (innominate) on either side.

There is still some difference

of opinion as to the possibility of any displacement, subluxation or dislocation of the sacro-iliac "joint," but I believe the osteopaths are right and the medical practitioners, the old timers at any rate, are wrong about this and other disabilities due to sprain or strain.

QUESTIONS AND ANSWERS

CHILD'S HEAVY RASH

Following suggestions in Little Lesson No. 9 we began giving our three-year-old calcium and D, also vitamin

Dr. Brady

MOO-O-O-S AND MUSINGS

We know a man who had no trouble getting his colonely right away during the last war.

This is really very good because it took us almost two years to get our privacy.

Little Daisy

Sniders

In Medford It's Modern

THE (Flip-Curl)

PERMANENT

It's to be seen to be believed.

Its soft, springy curls are unmatched by any other permanent.

Modern Beauty Salon

131 S. Central Phone 3-5379

DOW TV SERVICE

Night and Day Calls \$3.50

In the City . . .

PHONE 3-4762

WALT'S TV & Radio Service

Oldest Shop in So. Oregon

409 E. Main — Phone 2-2869

Day or Night Service \$3.50

(Medford and vicinity)

No Calls Fri. Eve. or all day Sat.

Hair infested with ugly dandruff...until she discovered SHONEX

"For many years I had been bothered with embarrassing dandruff and it wasn't until a friend mentioned SHONEX Conditioning Formula that I discovered the wonderful relief your product offers for ugly dandruff. I use SHONEX before and after shampooing as directed and as a hair dressing. It not only gives definite relief from unsightly dandruff but it takes the place of a hot oil treatment, for dryness and brittleness. SHONEX also helps bring out the color and the highlights and helps the hair retain its waves."

Mrs. R. S.

At drug, dept. stores and beauty shops in 5¢ and 15¢ Sizes Tubes and 15¢ Jars

For Generous Trial Package Send 10¢ to Cover

"Dept. D."

SHONEX CO., Santa Monica, Cal.



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SHONEX CO., Santa Monica, Cal.

TRIBUNE WANT ADS

FOR RESULTS

Phone

2-6141

Oregon State College 'Choralaires' Slated

Central Point—The Oregon State college "Choralaires," a singing group of 50 young men and women, will present a concert at 8 p.m. Thursday, March 31, at Crater high school.

Under the direction of Prof. Robert Walls, head of the OSC

music department, the group will present a varied program, which will come to a climax with favorite songs from George Gershwin's folk opera, "Porgy and Bess."

Gary Gustafson, Medford, is a member of the singing group, and is one of seven students who serve as section leaders for the chorus.

Dead line for Sunday Classified is at noon Saturday.

Comforts More Childhood Ills...

than any other children's aspirin.

Mother's trust it, doctors approve it.

Children like its orange flavor.

ST. JOSEPH'S ASPIRIN FOR CHILDREN

CROSSWORD PUZZLE

ACROSS

1-Algonquian

2-Through water

3-Church bench

4-Bracing

5-Sanitary

6-Spoilation

7-Conjunction

8-Short socks

9-Chemical compound

10-Newspaper executive

11-Period of time

DOWN

1-Weight of India

2-Exist

3-Elbow shaped

4-Collected as a reserve supply

5-Emerged

6-Victorious

7-Preposition

8-Mountain climber

9-Typewriter

10-V. age

11-Thin

12-Edible fish

13-Dance step

14-Lessen

15-Baked clay

16-Appropriate without right

17-Wipe out

18-Hindu queen

19-Monster

20-Accuse

21-Auspicious

22-Exit

23-Unusual

24-Men

25-Rend

26-Brother (abbr.)

27-Cockade

28-Dress border

29-Less name

30-Still

31-Sun rod

Answer to Yesterday's Puzzle

ONCE SOA ECHO

ALL RY ELS RAIL