

## Too Many "Garbage Bills" Take Time of Legislators

By FRANCES LITTELL

Thanks to Representative Johnson (who is also mayor of Eugene) and Senator Husband of Eugene, we got seats for Saturday evening to see Medford and Eugene play the final game of the Class A high school state basketball finals. There were approximately 11,000 people in attendance and we decided that at least 1,000 of them were from Medford. When we walked into the Eugene Hotel we thought we were home, for our friends were all about us.

Sunday morning Representative and Mrs. Tom asked a small group of legislators and wives aboard their recently acquired sea-going cabin cruiser for breakfast, after which we went aboard the Port of Portland to join the other members of the Legislature. The Propeller Club had issued invitations to us for a cruise of Portland harbor. The Port of Portland is a large stern-wheeler type tug built in 1947. She is used to escort the large sea going ships in and out of the harbor. We had just gotten into mid-stream when she broke a cable, which required about an hour to repair. We boarded her at Stark Street and went as far as St. Johns bridge.

It was a nice sunny day for cruising. There were many children aboard, including the Lowry boys, John and Bob. We made several complete tours with them, those things are so much more exciting when done with youngsters and seen through their eyes. We saw many huge sea-going cargo ships from all over the world, also two navy ships and learned many interesting facts about the Portland harbor, one that few of us knew. The Port of Portland handles more dry freight than any port on the Pacific coast, chiefly lumber and grain.



Mrs. Robert Y. Thornton, Salem, Oregon president of American Association of University Women, spoke in Grants Pass Saturday for a joint meeting of Medford, Ashland and Grants Pass members. About 25 members of the Medford branch attended.

### Officers Elected at Eagle Point Meeting; Recommendations Made

At the March 22 meeting of the Eagle Point Parent-Teacher association, Mrs. Dale Ackerman was elected president; Mrs. John Huffman, vice-president; Mrs. Otis Hill, secretary; and Mrs. Don Pulley, treasurer. Installation of the new officers will be held at the April meeting of the association.

Earle Jossy advised that he, Don Geren, and E. A. Mallory, members of the committee appointed to investigate the possibility of an FFA program for the Eagle Point high school, had secured information to the effect that a new shop, a laboratory, and classroom would be necessary and a Smith-Hughes trained teacher would be required. The PTA voted to recommend that this program be inaugurated at the Eagle Point high school.

Leland Parks, principal, Ashland high school, explained the advantages of having separate grade and high school parent-teacher associations and the procedure required to set up a high school organization.

Mrs. Lois West, health chairman, announced that a preschool health examination clinic will be held on Monday, March 28, at 1 p.m. at the grade school. Parents were advised to contact Mrs. West at TAibot 6-2975 for appointments.

The room count was won by Mrs. Hazel Atkins' third grade room with 42 per cent room representation.

G. Lee Hayes, grade school principal, introduced Miss Lilah Hartzog and Jerry Mosby, physical education instructors, who explained the physical education program for students in the high school. A tumbling act was presented by the girls' gym class. A panel consisting of Mrs. Don McGovern, Mrs. John Huffman, Mrs. Ruth Wood, Vernon Bonebrake, and Darrell Cope land explained and discussed the physical education activities in the grade school and the association voted to submit to the school board its recommendation that a new gymnasium for the grade school be erected.

A cooked food sale was held during the social hour and the teachers were in charge of serving refreshments.

## As We Live

Good Sportsmanship Is Best Learned In Youth

No matter where he goes or what he does, a "good sport" can be sure that he will fit in. He is liked, and have friends. People admire such a person and accept him.

The good sport accepts the bad and the good with equal grace. He does not allow people to see that he is disappointed or annoyed, because he keeps his feelings under control. He does not try to blame others for his shortcomings, and he makes the best of things instead of complaining about them.

The best time to learn to be a good sport is when one is young, before habits of poor sportsmanship have developed. And the best place to learn is in games and sports.

However, just because childhood is the best time to learn to be a good sport, this does not mean that one cannot learn in adulthood. The adult who honestly admits that he is a poor sport can correct this if he is willing to mend his ways.

**Philosophical Attitude**  
The most important thing of all is to learn to keep from showing disappointment when things are not just as one would like them to be. This is best done by developing a philosophical attitude and saying to one's self, "After all, this does not mean the world is coming to an end."

The second thing is to accept the blame yourself or let others draw their own conclusions about who is to blame. Throwing blame on others, even when it rightfully belongs there, invariably is interpreted as poor sportsmanship. The good sport, even when he knows someone else is to

By ELIZABETH HURLOCK, Ph.D.

blame, does not point an accusing finger but tries to pass off the blame lightly and graciously.

**LETTERS FROM READERS**  
Winter Vacation: "I find that by the time March comes, I am tired and usually pick up a bad cold. Do you think taking a vacation during the winter would be better than during the summer?"

(A) Many people are taking mid-winter vacations these days because they find it good for their health as well as for their morale. Whether this would be possible for you would depend primarily upon the nature of your work. Some business organizations are too busy during the winter to permit their employees to go away. Then, too, there is the matter of the children's schooling. Parents with school-age children cannot always arrange to leave the children with someone else, nor do they want the children to miss school. You can avoid some of your fatigue and colds by resting over the week-ends, exercising reasonable caution, and taking vitamin pills regularly.

**Helping Mother:** "I am married and have a home of my own. However, every time my mother entertains, she wants me to help her prepare, be present when the guests are there, and then clean up afterwards. Is this fair of her?"

(A) If helping your mother with her entertaining interferes with your home duties and your husband's life, it is not fair of your mother to call on you for help. Tell her that you now have your own work to do and that you will be glad to help as much as you can, provided the time of her entertaining does not come when it is difficult for you to be away from your own home.

**Grandmother's Jewelry:** "My mother, who is in her seventies, has some jewelry she has always said she would leave to my

## COLORING POMADE

New York — (U.P.)—Now you can rub new color into your hair, in much the same manner you would apply pomade. One cosmetics house is out with a cream in various shades—red, brunette, blonde, platinum or grey. Actually, the manufacturer says, the cream highlights the natural shade and at the same time helps condition the hair. (Lansair).

daughters. She never wears it and I think they should have it now while they can enjoy it. How can I tactfully suggest this?"

(A) Why not suggest that she let your daughters wear the jewelry for special occasions? In time she may say they might as well keep it in their own possession. On the other hand, she may prefer to consider it as a "loan" until she dies. Many old people hate to part with anything, so don't press this matter. (Copyright 1955, General Features Corp.)

## Girl Scouts

Troop 78 Roosevelt School

March activities of Troop 78 of Roosevelt school have included attending a Brownie Scout skating party at the Rogue Valley ballroom and viewing scout exhibits in downtown store windows March 7. Later they made a trip through Fluhrers bakery, followed by a playtime at Hawthorne park. Assisting Mrs. John Garner with the troop on the trips were Mrs. Houston Bush, Mrs. Berwick Wood, Miss Karalee Selby and Miss Jean Pletsch.

Troop 128 Jacksonville

The seventh grade Troop 128 of Jacksonville met March 22 at the home of Mrs. Ernest Rasmussen. They taught Girl Scout songs and dances to members of the fourth grade troop followed by refreshments served by the Brownies. Mrs. Wendell Matheny is the troop leader.

Lynee Smith, scribe.

## ANNOUNCING

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That is what is going on here now. The Legislators are not only working days, they are spending many evenings too trying to select the good from the bad. At this point 955 bills have been introduced and it is said there are more of the so-called "garbage bills" than the really worth while ones. The disheartening thing is that too often there is so much pressure brought to bear that the bills of little merit are getting to the floor. Al came home at 6 p.m. last evening after being in committee meeting since 11 in the morning and said he was so mentally tired he could no longer think coherently. This morning he said to me, "Oh, to be home just tending to my roses."

**Nutritionist Says Oven-Cooking Good For Most Vegetables**  
East Lansing, Mich. — (U.P.) — Next time the main course of the meal is to be oven-cooked, try preparing the vegetable dishes in the oven at the same time.

Michigan State college nutritionists say the results are just as good as boiling and the oven method saves fuel. To cook in an oven casserole, the pared vegetables, either cut or whole, are placed in the casserole and seasoned. Add only enough water to cover the bottom of the dish, cover and bake at a moderate temperature.

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