

RADIO PROGRAMS—MONDAY

Table of radio programs for Monday, including stations like KYAC, KMED, and KWLN with their respective times and program titles.

RADIO PROGRAMS—TUESDAY

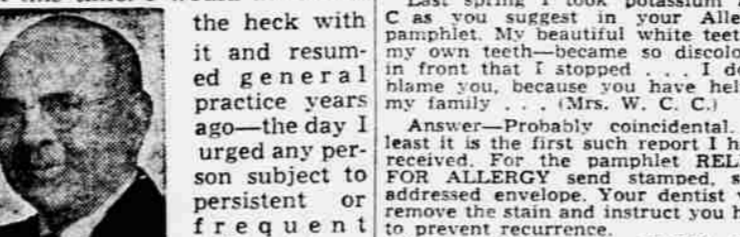
Table of radio programs for Tuesday, including stations like CBS, KMED, and KWLN with their respective times and program titles.

Your Health and Its Care

By DR. WILLIAM BRADY, M.D. Readers should address inquiries to: William Brady, 263 El Camino, Beverly Hills, Calif.

WORRIED AND AFRAID

If I were really a worrier I wouldn't have stuck on this job all this time. I would have said the heck with it and resumed general practice years ago—the day I urged any person subject to persistent or recurrent "piles" to have a proper medical examination.



Dr. Brady

Let what purports to be "piles" prove to be more serious—and a publisher down south rushed over to the doctor for such examination, found his "piles" was nothing but piles, and returned in a rage to fire me for scaring people like that.

With long experience I learned not to take such mishaps seriously. In fact I have learned in the past twenty-five years not to take anything—well, to be perfectly honest I'll say I have rolled away most minor vexations (somersaults or, as young Bill's physical instructor calls 'em, forward rolls) and bowled away my major anxieties (on the bowling green—if you are a bowler you'll know what I mean).

I was doing just fine when I developed (please, knuckleheads, no cracks) radiculitis. Not that I'd mind, nor have the faintest idea whether it is a "virus" infection. It is inflammation of the root of one or more spinal nerves, especially the portion between spinal cord and intervertebral canal. I'm not convinced it is actually neuritis (inflammation of nerve). I believe it is just neuralgia (pain in the nerve) and should be called radiculalgia. But I'm willing to admit it hurts nevertheless.

For several mornings I persevered, actually rolled two or three before I gave up. Finally came yesterday morning, and I tried to convince myself I was going to do my regular half dozen rolls and have no more nonsense about it. But the sad truth—sad to me, if not to some fifty or sixty year old stiff—is that I chickened.

But this radiculitis, intercostal neuralgia or whatever fancy name you please to call it, will be over within a week or two and I'll be rolling again—you wanna bet?

QUESTIONS & ANSWERS Skippy Legs Look loved. I am 21 years old, five feet two inches tall and weigh 99 pounds. I have bow legs. Never had bow legs until about four years ago. My claims my legs will gradually straighten if I wear an appliance. (Miss L. J.) Answer—Nothing will straighten bow legs in a person over six years of age, except operation on the bones. You are 20 pounds under weight. Put some flesh on your bones and the legs will look straighter. Send stamped self-addressed envelope and ask for pamphlet HOW TO GAIN WEIGHT. Past it on to the children.

What are the future generations going to do without your column? It has helped us so much. (G. B. R.N.) Answer—Aw, that's what you tell all health column conductors. Seriously. M'am, your children should be.

Dulles Will Receive Plaque of Achievement New York—(U.P.)—Secretary of State John Foster Dulles receives the New York Advertising Club's plaque of achievement today.

The award will be presented at the Advertising Club, Dulles' office said there would be no major speech after the award's presentation. Dulles spoke Sunday night at the final meeting of the 1955 United Negro College Fund convention.

WANTED MEN WOMEN If You Are Not Now Making \$100-\$200 PER WEEK Train NOW for Television Careers in TV SERVICING and MAINTENANCE or TV ARTS and PRODUCTION or Start a Real Growing Business of Your Own

TV jobs pay for trained, experienced personnel averages \$90 to \$200 weekly. Age required 17-55. Free nationwide placement service. Send the coupon below today, find out how YOU, TOO, can have a BIG PAY TELEVISION JOB, steady work, assured future in America's No. 1 billion dollar industry. YOU CANNOT LEARN BY READING ONLY. YOU MUST LEARN BY DOING.

TELEVISION FURNISHED Training program will not interfere with present job. Thousands of positions await qualified personnel. Write Today—Without Obligation or Cost

N.B.S. TELEVISION TRAINING Box 2746D, c/o Mail Tribune Yes! I want to enter the television field. I am interested in: [] TV Arts and Production (Studio Jobs) [] TV Servicing and Maintenance

Name _____ Address _____ City _____ State _____ Phone _____ Age _____ Dep't. Med. 3-21

Woman Recommends Job Be Eliminated

Philadelphia — (U.P.) — Mrs. Mary Gentile will receive \$100 next Thursday for recommending elimination of a job during the Air Force procurement district's campaign to save money. It was her job.

Mrs. Gentile, a supervisor of a shipment control unit, was reassigned when the Air Force put her plan into effect.

GETTING UP NIGHTS

If worried by "Bladder Weakness" (Getting Up Nights too frequent, burning or itching urination or Strong, Cloudy Urine) due to common Kidney and Bladder Irritations, try CYS-TEX for quick, certain relief. A billion CYS-TEX tablets used in past 25 years for safety and success. Ask druggist for CYS-TEX under satisfaction or money-back guarantee.

CROSSWORD PUZZLE

Crossword puzzle grid with clues for Across and Down words.

PURSES PILFERED

Washington — (U.P.) — A thief picked the cloak room lock in a church here and pilfered the purses of 12 choir members Sunday as the Rev. Frederick Brown delivered a sermon on "Locks and Latchstrings."

How To Hold FALSE TEETH More Firmly in Place

Do your false teeth annoy and embarrass when you eat, laugh or talk? Just sprinkle a little PASTEETH on your plates. This alkaline (non-acid) powder holds false teeth more firmly and more comfortably. No gummy, gooey, pasty taste or feeling. Does not sour. Checks "flat spots" (denture breath). Get PASTEETH today at any drug counter.

LUNCH TIME REDUCED

Paris — (U.P.) — The legal lunch "hour" for taxi drivers has been cut in half, it was announced Sunday. From now on, taxi drivers will get only two hours for lunch instead of four.

MUSTEROLE puts SUNNY HEAT on Chest Colds for fast relief!

Musterole's exclusive double-action heat formula gives you PAST, comforting, permeating heat that helps break up acute upper bronchial congestion... plus vaporized heat that helps loosen localized nasal congestion. In three strengths: Child's Mild, Regular, Extra Strong.

RELIEVES Skin ITCHING in 5 Minutes

A sufferer from skin irritation writes, "I have complete relief from itching within 5 minutes after using Resinol Ointment." Rich in lanolin, medicated Resinol oils and softens dry skin as it soothes fiery itch of eczema, simple piles, chafing... Dry It! Sample Free. Just write Resinol, Dept. J, Baltimore 1, Md. *Name on request.

STRANGE AS IT SEEMS



AN ACRE OF CONCRETE—BUILT WITH AIR-FILLED POCKETS TO MAKE IT BUOYANT, SERVES AS A DRYDOCK IN A SEATTLE, WASH., SHIPYARD...

UNITED STATES' UNIQUE LEGISLATION—Mlle. Genevieve de Galard-Terraube, "The Angel of Dien Bien Phu" when she extended a Congressional invitation to visit the U.S., became the first foreign citizen to be formally invited to this country through a Congressional resolution!



BARNEY GOOGLE and SNUFFY SMITH

Comic strip panels featuring Barney Google and Snuffy Smith. Dialogue includes: "SNUFFY--TODAY'S TH' DAY ME AN' YOU PLAY FER TH' CHECKER CHAMPIONSHIP DOWN AT TH' BARBY SHOP", "WAIT'LL I GIT MY HAT, AN' I'LL BE RIGHT WIF YE, SUT", "MAW--I'M GOIN' DOWN TO TH' BARBY SHOP", "RUN GIT DOC PRITCHART, JUGHAID!!", "TARN ME LOOSE!!"

BUZ SAWYER

Comic strip panels featuring Buz Sawyer. Dialogue includes: "I THINK THIS IS THE GADGET THAT RELEASES THE TENSION ON THOSE GRIPES", "THAT DID IT! NOW TO REMOVE THE GRIPES THAT ANCHOR THIS PLANE DOWN.", "THERE! SHE'S NO LONGER ANKLED, AT THE FIRST HEAVY ROLL OF THE SHIP, OVER SHE'LL GO."

L' ABNER

Comic strip panels featuring L'Abner. Dialogue includes: "STOP!! WHOEVER YOU IS!", "DRUTHER JUMP THAN LET YOU SEE ME!! AH'S 'SOB? SO ASHAMED!!", "IT'S MERELY ME, DAISY MAE!!", "OH!!"

BLONDIE

Comic strip panels featuring Blondie. Dialogue includes: "LEAVE IT LONG ON THE TOP AND USE THE CUPPERS AROUND THE EARS", "USE WATER BUT NO TONIC--I'LL BE BACK IN A HALF-HOUR", "WOULD YOU LIKE A LOLLIPOP UNTIL MAMA GETS BACK?", "HOLD STILL, MUTT, AND I'LL KNOCK THIS APPLE OFF THE TOP OF YOUR HEAD WITH THIS BASEBALL!", "WHAT? YOU CRAZY?", "I'LL BETCHA TWO BUCKS I CAN DO IT!", "NOTHING DOING! SUPPOSE YOU MISS?", "HMMM! IT IS KIND OF RISKY AT THAT!", "OF COURSE, SILLY!", "O.K.—INSTEAD OF TWO BUCKS, I'LL ONLY BET A DIME!"

MUTT and JEFF

Comic strip panels featuring Mutt and Jeff. Dialogue includes: "HOLD STILL, MUTT, AND I'LL KNOCK THIS APPLE OFF THE TOP OF YOUR HEAD WITH THIS BASEBALL!", "WHAT? YOU CRAZY?", "I'LL BETCHA TWO BUCKS I CAN DO IT!", "NOTHING DOING! SUPPOSE YOU MISS?", "HMMM! IT IS KIND OF RISKY AT THAT!", "OF COURSE, SILLY!", "O.K.—INSTEAD OF TWO BUCKS, I'LL ONLY BET A DIME!"

(All programs at same time daily, unless otherwise indicated) A.M.—7:15, Sign on music throughout day except for following programs: 10:10-15 KBOY Bargains; 11-12 (Sunday only) First Baptist service; P.M.—12:12-15 KBOY ranch; 12:15 - 12:30 (Sunday only) KBOY ranch; 8:45 Sign Off.

TV Programs - KBES (Channel 5)

Table of TV programs for KBES Channel 5, listing times and program titles for Monday and Tuesday.

As We Live

By ELIZABETH HURLOCK, PH.D. Disobedient Daughter Termed Problem Child

When a child is troublesome, parents usually conclude that he is a "problem child." But often the problem lies with the parents.

(Q) "My daughter is nearly eight years old and is a real problem child. For example, the other day, at my sister's home, she was sitting too close to the television and I told her to move away. She got mad and huffed out of the room. Then when I told her to get ready to go home, she said I could go but she was going to stay. Before I knew what was happening, she had left the house, walked around to the back door and sneaked in. Does she need a good spanking, as I'm told? What does this behavior indicate, and what should I do about it?"

(A) You should stop being so authoritarian and rigid in your dealings with your daughter. After all, she is no longer a toddler. She is quite old enough to be given reasons for what she is told to do. Her behavior indicates that she is resentful of the way you

are treating her and is trying to show you, in her own way, that she won't be bossed. As for spanking, nothing could make the situation worse. A girl of eight certainly would resent being spanked like a little child. She would be even more stubborn and obstinate than she is now.

For a change, why not try treating her as you would a grown-up? Give her some choice in what she is going to do. If, for example, she is enjoying her visit to your sister's home ask her when she will be ready to leave. If there is some real reason for your leaving at a definite time, tell her what it is. Then she will see that it is not just a whim on your part.

Likewise, why not tell her why she should not sit so close to television? She is old enough to understand if you will only take the time and trouble to explain to her.

(Copyright 1955, General Features Corp.) Almost 30 per cent of the people of Wales speak both Welsh and English, and the number who can speak only Welsh is diminishing with the years.

Dead line Sunday Classified at noon Saturday 10 a.m. Monday for Monday; other days 5:30 o'clock day

HEALD HIGH SCHOOL "The Heald Way" you can get your high school diploma at home in your spare time. Prepare now for College or Business. Over 400,000 students—91 years of service to the west. Write for Free Booklet HEALD HOME STUDY SCHOOL (Division of Heald College) 924 Ninth Street, Sacramento, Calif.

Modern & Beauty Salon 131 S. Central Phone 3-5379