

RADIO PROGRAMS-SUNDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

Table of radio programs for Sunday, including stations like KYJC-1230 kc, KMED-1440 kc, and KWLN-1400 kc, with program titles and times.

RADIO PROGRAMS-MONDAY

Table of radio programs for Monday, including stations like KMED Korral, KJAZ, and KJAZ, with program titles and times.

KBOS-130 KC (All programs at same time daily, unless otherwise indicated) A.M. - 12:15 Sign on Music throughout day except for following programs.

TV Programs-KBES (Channel 5)

Table of TV programs for Sunday and Monday, including stations like KBES (Channel 5) and program titles.

Portland Attorney Victim of Beating

Portland—(U.P.)—A 34-year-old attorney, Oliver Kermit Smith, told police Friday he was beaten by an unidentified assailant in the garage of his home after he got out of his car late Thursday.

Advertisement for Modern Beauty Salon (Flip-Curl) Permanent, located at 131 S. Central, Phone 3-5379.

Your Health and Its Care

By DR. WILLIAM BRADY, M.D.

Readers should address inquiries to: William Brady, 263 El Camino, Beverly Hills, Calif.

CALCIUM DEPOSITS COME AND GO

Usually the patient appeared carefully cradling his tender hand to protect it against any sudden, painful jolt. In most instances a hand showed redness, sometimes in streaks.

4-H Club News

Mr. and Mrs. C. Watson, owners of Treasure Trove of Shady Cove, have again given their display window to the Upper Rogue 4-H clubs honoring National 4-H club week.

In 46 cases the correct diagnosis was made virtually at first sight. In 18 cases the first diagnosis was infection. Some physicians thought the tenderness, redness, and pain in hand or wrist might have been caused by an injury, say a fracture or dislocation or a severe sprain.

X-ray pictures in 73 cases were correctly interpreted. But in some instances regular front-back and side projections fail to show calcium deposits in or about the muscles that bend wrist and thumb.

Next are certificates of the clubs and leaders with their little stickers representing years of club work.

The Sewing club has their entire county fair exhibit. Other clubs have their record books and ribbons.

There were a number of one year pins for leaders and two five-year leader pins. The county pin for safety belongs to Bill Littlefield.

The 10-year award pin of Bill Littlefield is a real honor to the club. This was earned by persistent work, taking such projects as cooking, forestry, carpentry, garden, livestock, tractor maintenance and electricity.

Ed Houston is leader of the Upper Rogue 4-H club. This club is sponsored by the local Rotary club.

Faculty Club Southwest Medford Junior Forestry club met at the home of Mr. and Mrs. Al Smith, called to order at 7 p.m., March 9, by President Keith Smith.

CARE packages were discussed and it was decided to send one each to France and South Korea.

There was a contest to determine the number of Douglas fir seeds in an ounce.

Next meeting will be at Mr. and Mrs. Nougier's residence on April 13 at 7 p.m.

Salem—(U.P.)—February shipping point inspections of fresh fruits and vegetables in Oregon totaled 3211 carloads.



Dr. Brady



Moo-Oos and Musings

Sgt. Joe Friday has cracked the big meat market hold-up case.

Did it with a steak out, no doubt.

Advertisement for Little Dairy Sniders, featuring a cow illustration and contact information.

Advertisement for Walt's TV & Radio Service, located at 409 E. Main, Phone 2-2269.

Advertisement for Chitwood & Stone for Reliable Service, winners of the 1954 Philco Service Award.

Advertisement for the Harry Babbitt Show, Monday thru Friday 7:45 am on KYJC-1230 CBS Radio.

The cause of such calcium deposits is conjectural, although many of the patients believe the trouble followed some former sprain or injury. The calcium deposits in the hand are of the same nature as calcium deposits about the shoulder.

Now if I had calcium deposits in my hand, no doubt I'd holler all over the place, but I'd either hours after each dose of aspirin, once or twice a day to relieve the pain, and, of course, I'd just lie or sit there for at least two hours after each dose of aspirin, even if it required only 5 grains to relieve the pain. I'd spend as much time exposed to the sun, in the patio or down on the beach or on a bench beside the bowling green as my skin would endure short of sunburn. That's all. Except that I'd want procaine (novocaine) injected if aspirin failed to give relief.

Speaking of calcium deposits about the shoulder, let me warn you poor souls who have discovered you've got such a deposit, it doesn't mean anything. It is the consequence, not the cause, of inflammation, sprain, injury, or degeneration.

Some years ago I had shoulder bursitis that sometimes made me cry. In the course of several weeks I recovered, thanks to diathermy, passive movements, and graduated exercise. The recovery of shoulder function, never any further disability, About a year later I sustained

a fracture of the opposite shoulder. The X-ray films of both shoulders, for comparison, revealed that there was a calcium deposit in the bursa that had been inflamed. Even so, the shoulder was perfectly normal. So far as I know or care the calcium deposit may be there still. But you see, the mere presence of a calcium deposit should not give you or your doctor any concern.

QUESTIONS & ANSWERS The Old Garlic Legend Have heard that the eating of garlic or taking garlic pills is good for one troubled with high blood pressure. Is there any truth in this statement? (D. V. McS.)

ANSWER—Color Blindness Understand there is a pill which will eliminate color blindness, and that you have recently had an article on the subject. (A. E. P.)

Answer—There is no known remedy or cure for color blindness, except in some instances of acquired color blindness in heavy tobacco users—their color perception may improve enough in a few months after they have ceased using tobacco, to enable them to hold or get a job in which perception of red, green, and yellow signals is essential.

Girl, nineteen, flat-chested, suffers much from asthma. Young man contemplates marrying her. Would their children inherit asthma? (Mrs. L. W.)

ANSWER—No. Asthma is not transmitted to children—that is, not true bronchial or spasmodic asthma, which occurs in periodic seizures, with intervals of normal breathing and normal chest condition. Much that is called "asthma" is not asthma at all. Send stamped, self-addressed envelope for pamphlet on ASTHMA. Protected 1955 by John F. Dille Co.

Last year an estimated 150,000,000 frozen chicken pieces were eaten in the United States and this year, say frozen food processors, it will be 250,000,000.

CROSSWORD PUZZLE

Crossword puzzle grid with clues for Across and Down, including words like 'The trial', 'Cures', 'Sorrow', 'Directed', 'Ventilate', 'Viper', 'Inquire', 'King of birds', 'Ireland', 'Heavenly', 'Altar screen', 'Wife of Zeus', 'Stories', 'Compass', 'Abstract being'.

BARNEY GOOGLE and SNUFFY SMITH

Comic strip panel featuring Barney Google and Snuffy Smith with dialogue about a wife and a moonshiner.

BARNEY GOOGLE and SNUFFY SMITH

Comic strip panel featuring Barney Google and Snuffy Smith with dialogue about a chicken and a sheriff.

BUZ SAWYER

Comic strip panel featuring Buz Sawyer with dialogue about a report to the captain.

BUZ SAWYER

Comic strip panel featuring Buz Sawyer with dialogue about a mystery object.

L'L ABNER

Comic strip panel featuring L'L Abner with dialogue about a wife and a dog.

L'L ABNER

Comic strip panel featuring L'L Abner with dialogue about a paper bag.

BLONDIE

Comic strip panel featuring Blondie with dialogue about cleaning the house.

BLONDIE

Comic strip panel featuring Blondie with dialogue about a business trip.

MUTT and JEFF

Comic strip panel featuring Mut and Jeff with dialogue about a job and a ticket.

MUTT and JEFF

Comic strip panel featuring Mut and Jeff with dialogue about a police officer.