RADIO PROGRAMS—FRIDAY

Programs listed below are received from the radio stations and the Mail Tribune assumes no responsibility except to make such changes as are supplied

KYJC—1230 kc	KMED—1440 kc	KWIN — 1400 kc
4:00—Children's Hour	Melody Matinee	Fulton Lewis*
4:15—Concertime	Melody Matinee	Hemingway, News*
4:30—Concertime	Public Service	Here's the Answer*
4:45—Concertime	Regional News	Sam Hayes*
5:00—Edward R. Murrow**	Man On The Go*	ConradTheConnoisseur*
5:15—Bill Stern—Sports*	What's Doing	Bobby Benson*
5:30—Sports Parade	Freddy Martin	Bob Greene News*
5:45—Frank Goss**	Elmer Peterson*	Bill Brundige Sports*
6:00—Perry Como**	KMED Sports Daily	Gabrael Heatter*
6:15—Quincy Howe*	Report From Salem	Local News
6:30—Amos & Andy Mu. Hall	Penthouse Party	Behind the Story*
6:45—Amos & Andy Mu. Hall	Penthouse Party	Sam Hayes*
7:00—Godfrey Digest**	Cavalcade of Sports*	Counterspy*
7:15—Godfrey Digest**	Cavalcade of Sports*	Counterspy*
7:30—Lone Ranger*	Sports Hilites*	Enchanted Hour*
7:45—Lone Ranger*	Sports Hilites*	Enchanted Hour*
8:00—Tornado Tempos	Medford vs. K. Falls	Take a Number*
8:15—Medford-Klamath Falls	Medford vs. K. Falls	Take a Number*
8:30—Medford-Klamath Falls	Medford vs. K. Falls	Have a Heart*
8:45—Medford-Klamath Falls	Medford vs. K. Falls	Have a Heart*
9:00—Medford-Klamath Falls	Medford vs. K. Falls	News*
9:15—Medford-Klamath Falls	Medford vs. K. Falls	Fulton Lewis Jr.*
9:30—Medford-Klamath Falls	Medford vs. K. Falls	Recorded Music
9:45—Tennessee Ernie**	Dinah Shore*	Recorded Music
10:00—Burgie Music Box*	Richfield Reporter*	Music in the Night
10:15—Burgie Music Box*	One Man's Family*	Music in the Night
10:30—Spin & Win	Frank Sinatra*	News—Sign Off
10:45—Spin & Win	Music & Scores	
11:00—Spin & Win	Friday With Garroway	
11:15—Platter Party	Friday With Garroway	
11:30—Platter Party	Friday With Garroway	
11:45—Platter Party	Friday With Garroway	
12:00—Sign Off	Sign Off	

RADIO PROGRAMS—SATURDAY

6:00—CBS News of Amer.**	Crazy Curley's Corrall	
6:15—Yawn Patrol	Crazy Curley's Corrall	
6:30—Yawn Patrol	Crazy Curley's Corrall	Wakeup Ranch
6:45—Yawn Patrol	First News	Wakeup Ranch
7:00—ABC Newscast*	Here's to Vets	Hemingway, News*
7:15—Martin Agronsky*	Weather & Local Beat	Breakfast Gang*
7:30—Frank Goss	News Commentary	Breakfast Gang*
7:45—Serenade in Blue	Weather & News	Social Security Prog.
8:00—No School Today*	Coffee Clatche	Record Hits
8:15—No School Today*	Prep. Gospel Pgm.	News*
8:30—No School Today*	Jimmie Fidler	Haven of Rest*
8:45—No School Today*	Church of Christ	Haven of Rest*
9:00—No School Today*	Friendship Circle	Strictly Dixie*
9:15—No School Today*	Friendship Circle	Strictly Dixie*
9:30—Space Patrol*	McBride*Social Security	Voice of Deliverence
9:45—Space Patrol	Mid-Morning News	Voice of Deliverence
10:00—Musical Interlude	PTA	News*
10:15—Musical Interlude	PTA	Top Tunes
10:30—Robert Q. Lewis**	Roadshow*	Serenade in Blue
10:45—Robert Q. Lewis**	Roadshow*	Recorded Music
11:00—Robert Q. Lewis**	Serenade to Romance*	Saturday Sequeways*
11:15—Robert Q. Lewis**	Serenade to Romance*	Your Income Tax*
11:30—Gunsmoke**	News Hilites	Phonorama Time*
11:45—Gunsmoke**	Music & WX	Phonorama Time*
12:00—Saturday Serenade	Nat'l F. & H. Hour*	Noontime News
12:15—Saturday Serenade	Nat'l F. & H. Hour*	Let's Go To Town
12:30—Trading Post	Roadshow*	Western Roundup Time
12:45—Garden Gate**	Roadshow*	Western Roundup Time
1:00—Treasury Show**	Roadshow*	Western Roundup Time
1:15—Treasury Show**	Roadshow*	Western Roundup Time
1:30—Treasury Show**	Roadshow*	Western Roundup Time
1:45—Treasury Show**	Roadshow*	Western Roundup Time
2:00—Galen Drake**	Roadshow*	Record-Merry-Go-Rnd.
2:15—Club 1230	Roadshow*	Record-Merry-Go-Rnd.
2:30—Newscast**	Roadshow*	Record-Merry-Go-Rnd.
2:45—Sat. at the Chase**	Roadshow*	Record-Merry-Go-Rnd.
3:00—Club 1230	NBC News*	Record-Merry-Go-Rnd.
3:15—Club 1230	Look To The Skies	Record-Merry-Go-Rnd.
3:30—Club 1230	The Kingdom Come*	Country, Western Time
3:45—Club 1230	The Kingdom Come*	Country, Western Time
4:00—Newscast**	Travel; Heart of News*	Here's to Vets
4:15—Club 1230	Heart of News*	Frank Hemingway*
4:30—Club 1230	College Quiz Bowl*	Army Hour*
4:45—Club 1230	College Quiz Bowl*	Army Hour*
5:00—ABC Newscast*	Regional News	Lombardo Land U.S.A.*
5:15—Half Pint Panel*	What's Doing	Lombardo Land U.S.A.*
5:30—Veterans Admin.	Tex Beneke	Sports Parade*
5:45—Frank Goss**	H. V. Kaltenborn*	Sports Parade*
6:00—Juke Box Jury**	234th Army Band	Sports Parade*
6:15—Juke Box Jury**	Old New Orleans	Sports Parade*
6:30—Ballances Best**	Grand Ole Opry*	Sports Parade*
6:45—Ballances Best**	Grand Ole Opry*	Sports Parade*
7:00—Two for the Money**	Tex Williams*	Proudly We Hail
7:15—Two for the Money**	Tex Williams*	Proudly We Hail
7:30—Mr. District Attorney	Town Hall Party*	Poptime
7:45—Mr. District Attorney	Town Hall Party*	Public Library Prog.
8:00—Tornado Tempos	Medford vs. K. Falls	You Never Know
8:15—Medford-Klamath Falls	Medford vs. K. Falls	Join the Navy
8:30—Medford-Klamath Falls	Medford vs. K. Falls	Sounding Board*
8:45—Medford-Klamath Falls	Medford vs. K. Falls	Sounding Board*
9:00—Medford-Klamath Falls	Medford vs. K. Falls	News*
9:15—Medford-Klamath Falls	Medford vs. K. Falls	Washington Report*
9:30—Eagle Pt. Tourn. Finals	Music & Scores	Sat. Dance Parade
9:45—Eagle Pt. Tourn. Finals	Town & Country	Sat. Dance Parade
10:00—Eagle Pt. Tourn. Finals	Sat. Nite Reporter*	Music In The Night
10:15—Eagle Pt. Tourn. Finals	Guest Star	Music In The Night
10:30—Eagle Pt. Tourn. Finals	Medford Guard Time	News—Sign Off
10:45—Eagle Pt. Tourn. Finals	Medford Guard Time	
11:00—Platter Party	Sat. Night Dance Party	
11:15—Platter Party	Sat. Night Dance Party	
11:30—Platter Party	Sat. Night Dance Party	
11:45—Platter Party	Music & News	
12:00—Sign Off	Sign Off	

*ABC **CBS *NBC *MBS

KBOY—730 KC

(All programs at same time daily, unless otherwise indicated)

A.M.—7:15 Sign on. Music throughout day except for following programs: 10-10:15 KBOY Bargains; 11-12 (Sunday only) First Baptist service.

P.M.—12-12:15 KBOY ranch; 12:15 - 12:30 (Sunday only) KBOY ranch; 5:45 Sign off.

TV Programs—KBES (Channel 5)

FRIDAY

3:50—Devotions
4:00—Feminine Fancies
4:30—Val Rogue Camera
5:00—Aunt Polly's Birthday Party
5:30—Wild Bill Hickok
6:00—Smilin' Ed's Gang
6:30—Hollywood Album
7:00—Cavalcade of Sports
7:45—Jan Murray Show
8:00—Pappy Coleman Show
8:30—Life of Riley
9:00—4-Star Playhouse
9:30—Lucky Sports Time
10:00—The Line Up
10:30—Best Theater
11:30—Weather
11:35—News
11:40—Sign Off

SATURDAY

12:00 to 2:00—Pro-basketball
3:50—Devotions
4:00—Industry on Parade
4:15—Crusade for Freedom
4:30—Faith for Today
5:00—Western Theater
6:00—Soldier Parade
6:30—Melody Wranglers
7:00—Professional Father
7:30—Hollywood Album
8:00—Jackie Gleason
8:00—So This is Hollywood
9:30—Break the Bank
10:00—Wrestling
11:00—News
11:05—Sky Pilot
11:10—Sign Off

MORNING PAPERS RELEASE SATURDAY, FEBRUARY 26, 1955
EVENING PAPERS RELEASE FRIDAY, FEBRUARY 25, 1955

STAR GAZER

By CLAY R POLLAN

Your Daily Activity Guide According to the Stars.

To develop message for Saturday, read words corresponding to numbers of your Zodiac birth sign.

1 Gratitude	31 Gay	61 Shines
2 Your	32 Times	62 In
3 New	33 Beckons	63 Or
4 You	34 Hear	64 New
5 May	35 Lucky	65 Heaven
6 Best	36 Conditions	66 Tonight
7 Keep	37 And	67 Of
8 Don't	38 Easy	68 Clothes
9 Aggravate	39 You	69 False
10 Gifts	40 Domestic	70 Or
11 To	41 You	71 Interests
12 Eyes	42 Affairs	72 At
13 Or	43 For	73 Heart
14 Open	44 Treat	74 Relatives
15 Be	45 Yourself	75 Friends
16 Take	46 Find	76 Or
17 Security	47 To	77 Enemies
18 Things	48 New	78 Are
19 Wait	49 Someone	79 Distant
20 If	50 Duties	80 Problems
21 And	51 Has	81 Extra
22 Slow	52 Star	82 Persons
23 You'll	53 Your	83 The
24 Stubborn	54 Common	84 Offered
25 For	55 Can't	85 Make
26 Work	56 News	86 Decisions
27 And	57 In	87 Present
28 Income	58 Demand	88 Time
29 And	59 Recreation	89 You
30 Opportunity	60 Viewpoint	90 Awaiting

2/26

Good — Adverse — Neutral

ARIES MAR 22 - APR 20	16-18-22-27 38-43-83-87	LIBRA SEPT 23 - OCT 23	23-34-56-67 74-76-79-82
TAURUS APR 21 - MAY 21	7-12-14-25 69-75-77	SCORPIO OCT 24 - NOV 22	2-35-52-61 62-65-66
GEMINI MAY 22 - JUNE 22	1-10-21-31 32-78-84-89	SAGITTARIUS NOV 23 - DEC 22	26-36-37-40 42-58-81-88
CANCER JUNE 23 - JULY 23	49-51-53-54 71-72-73	CAPRICORN DEC 23 - JAN 20	8-9-13-15 24-57-60
LEO JULY 24 - AUG 23	6-11-19-20 39-55-85-86	AQUARIUS JAN 21 - FEB 19	4-5-46-48 50-70-80-90
VIRGO AUG 24 - SEPT 22	3-17-28-29 30-33-41	PISCES FEB 20 - MAR 21	44-45-47-59 63-64-68

Malibu Owner Tells Plans for Expansion

Los Angeles — One of the biggest overall expansion moves in the history of Pacific Coast sport fishing, involving an expenditure of nearly $500,000, was announced today for Malibu by its owner, Bill Huber.

The program ranges from increasing the fishing fleet to the building of a motel, swank restaurant and modernized shops at the gateway to the Malibu Sport Fishing pier. Total cost for purchases already made and others soon to be completed, plus the building program, come to $436,000, Huber said.

Already purchased is a fleet of 20 14-foot, v-bottom craft, each equipped with a brand new outboard motor, and a 14 by 40 foot float. This new operation begins April 1.

American private investment in Canada is now $8,000,600,000 an increase of 72 per cent in the past 10 years, reports the 1955 Book of Knowledge Annual.

POISON OAK?

Try a Bottle of ZEMACOL

You must be satisfied or your money cheerfully refunded Get a bottle today at WESTERN THRIFT.

Your Health and Its Care

By DR. WILLIAM BRADY, M.D.

Readers should address inquiries to: William Brady, 263 El Camino, Beverly Hills, Calif.

MODERATE EXERCISE GOOD FOR THE HEART

From a study of 500 cases of heart disease in workmen, Dr. Cadis Phipps of Massachusetts Industrial Accident Board concluded that the workman with heart disease who continues working has a better life expecancy and later advent of incapacity than the workman with heart disease who quits his job and just vegetates in the delusion that physical activity, exercise, work is "dangerous" or "bad" for a "weak" heart.

Dr. Brady

Even doctors with 19th century training seem to harbor the notion that physical activity must be restricted or avoided altogether if the individual has any kind of heart disease. And some old timers have never learned that graduated exercise is essential in the successful treatment of most cases of heart disease, be it valvular ("leakage") incompetency, angina pectoris, coronary thrombosis or whatnot.

I told here about the 32-year-old man with aortic valve insufficiency (backward leakage) and mitral valve stenosis (narrowing or constriction of opening from left aurice into left ventricle)—either of which valvular defects entitles many a man with the kind of co-operation his his doctor, to retire on a partial disability basis— who has competed successfully in fourteen marathon races, always running the full distance of 26 to 54 miles and winning one, namely, the South African elimination race in the British Empire Games in '34. (Case recorded in JAMA, 2, 10, '40).

This and other instances of tremendous physical effort and endurance by persons with valvular heart defects, angina pectoris or coronary occlusion (cited here from time to time) do not indicate that vigorous exercise or athletic competition or heavy manual labor is the best treatment for heart disease. But they do indicate that there's something wrong with the advice so often given by nineteenth century physicians still in active practice, namely, that the individual with any kind of heart disease spend the rest of his life loafing, sponging on sympathetic relatives, walking on eggs and playing the invalid to evade all duties and responsibilities.

I have stated many time that graduated exercise is at least as essential as rest and/or medication in the successful treatment of any kind of heart trouble. This is not just my notion; it is the consensus of recognized medical authorities—as no one will venture to deny. But the truth doesn't cramp the style of the doctors who conspire with heart disease patients or embarrass the iatrogenic invalids who accept the incompetence imposed upon them.

What the heck is an iatrogenic invalid? You know us doctors—how we love to see words that you dumb laymen do not understand. You know me, too—how I love to use words that even N. Webster obstinately excludes from the lexicon, such as V I T E and C R I. But iatrogenic is not my invention—to the best of my knowledge the word was first used five years ago in medical literature, and it means caused by the doctor. A doctor the cause of heart disease? Watch this column.

QUESTIONS & ANSWERS

Everyone Should Know How to Breathe

I have found the belly breathing exercise, described in Little Lesson 21, especially good for relaxing when I am tensed up and unable to get to sleep. (M. L. T.)

Answer—Thank you. It tends to equalize circulation, warm cold feet and induce natural sleep. For 21, HOW TO BREATHE, send 25c and stamped, self-addressed envelope.

Thirty Pounds is Only Part of It

I used to weigh 100 pounds soaking wet. I followed the suggestion in your pamphlet, drinking a pint of milk at bedtime, and have gained 30 pounds. (Miss D. C. H.)

Answer—In the pamphlet I say 20 pounds in a year. For the pamphlet HOW TO GAIN WEIGHT send stamped, self-addressed envelope.

Bed-Wetting Habit

Following your suggestions for bed-wetting resulted in complete cure in unbelievably short time. Deeply grateful. (Mrs. C. L. J.)

Answer — Send stamped, self-addressed envelope for pamphlet on BED-WETTING HABIT.

Protected 1955 by John F. Dille Co.

OPEN MARCH 7th!

I Need 2 Good Operators
Excellent Salary - Call
Winnie Weixel 3-4758

Modern BEAUTY Salon

131 SOUTH CENTRAL

DEAD TIRED?

You may be dangerously taxing your entire system when you allow fatigue, nervousness—poor appetite and sleepless nights to drag you down because your body is vitamin and iron starved.*

*These symptoms may have other causes or be due to functional disorders.

Bexel Helps Build Rich Red Blood FAST!

Each high-potency BEXEL Special Formula capsule gives you 5 times the daily minimum requirements of iron; more than the daily minimum requirements of all the B-vitamins that doctors will tell you are essential for proper nutrition; plus Vitamin B12 and trace minerals. These wonderfully strengthening capsules are recommended for mothers-to-be, when a sufficiency of iron and vitamins is vitally important to their health. Bexel Special Formula is especially important if you are over 40. Take 2 capsules daily for double potency! At all drug stores.

Penny for penny—you get MORE value in just one high-potency

BEXEL

Special Formula Capsule!

Feel better—Look better—Work better OR MONEY BACK!

A McKESSON PRODUCT

Central Rexall Drug

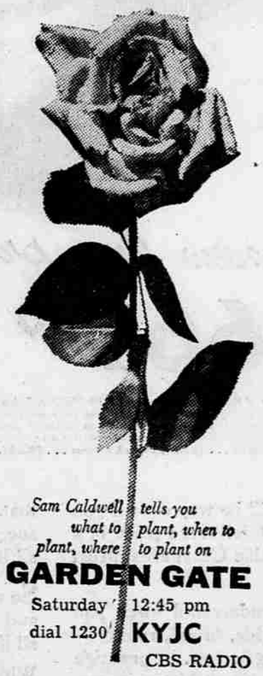
Main at Central • Ph. 2-9431

From all meteorlogical data available, we are able to forecast that March will come in like a ——.

And go out like a——. (Please fill in the spaces to suit yourself).

Little Daisy Sniders

How does your garden grow?



Sam Caldwell tells you what to plant, when to plant, where to plant on

GARDEN GATE

Saturday 12:45 pm
dial 1230 KYJC
CBS RADIO

TRIBUNE WANT ADS

FOR RESULTS

Phone

2-6141

Dairy Breeders' Annual Meeting Held on Tuesday

Central Point—A program of films, demonstrations and reports featured the annual meeting of the Jackson county unit of the Oregon Dairy Breeders association at the Grange hall here Tuesday.

Carl Hover, president of the local group, presided and told members the past year has been one of the organization's most successful and profitable. He added they are confidently looking forward to a period of growth and success.

Low Price Cited

The unit is the only one in the field locally willing and able to bring fine sire service to local dairymen at a price based on cost, he said, pointing out that this is the whole purpose of the group, composed of local dairymen. Hover stated he feels the cost can be further decreased with the savings passed on to members.

Others on the program included Fred Roberts, Corvallis, manager of the Oregon association's central organization, and Earle Jossy, dairy specialist with the extension service.

W. C. Higinbotham and Bert Caster, both Central Point, were elected to two-year terms on the board of directors.

A 60-mile flight by Glenn Curtis on Aug. 31, 1910, set a new world's record.

WALT'S TV & Radio Service

Oldest Shop in So. Oregon
409 East Main - -Phone 2-2269
Day or Night Service.....$3.50
(Medford and Vicinity)

Get the BEST for LESS St. Joseph ASPIRIN A PLOUGH PRODUCT

One Birth Every Eight Seconds Reported in US

Washington—(U.P.)—The Census bureau reported today there was an average of one birth every eight seconds and one death every 21 seconds in the last five years.

On Jan. 1 the population was 163,930,000. The increase during 1954 was a record 2,823,000.

FEAR Any Cough

When a cough starts begin using Creomulsion quick for soothing, relaxing, phlegm loosening help. You'll like its results better than other medicine or druggist refunds your money. No narcotics. Pleasant to take.

CREOMULSION

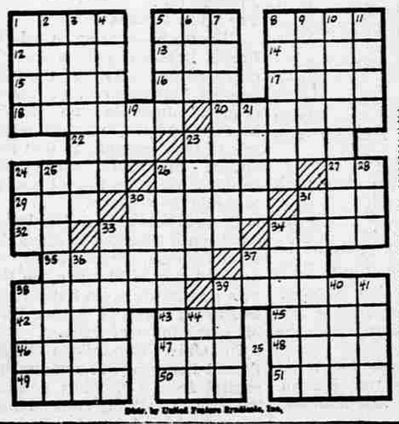
relieves Coughs, Chest Colds, Acute Bronchitis

CROSSWORD PUZZLE

Answer to Yesterday's Puzzle

ACROSS

1—Partner (colloq.)
5—Male sheep
8—Soaks up
12—Pitcher
13—Fuss
14—Snare
15—Be defeated
16—Uncouth person
17—Death rattle
18—Showy in appearance (slang)
20—Puffed up
22—Employ
23—Edible part of animal stomach (pl.)
24—Man's nickname
26—Transactions
27—Initials of 26th President
29—Aged
30—Social gathering
31—In favor of
32—Prefix: down
33—River in France
34—Color
35—Turkish money of account (pl.)
37—Native metal
38—Tricky
39—Canyons
42—River in Germany
43—Deface
45—Ring
46—Communists
47—Mature
48—Comb. form: within
49—Gaelic
50—At this time
51—Cook slowly



DOWN

1—Riches
2—Absent without official leave (abbr.)
3—Reverberate
4—Showy in dress
5—Full of zest
6—Girl's name
7—Diminish in force
8—Strips of leather
9—Speak
10—Gymnasium
11—Hastened
19—Compass point
21—Flower
23—Sea eagles
24—Bushy clump
25—Evergreen shrub
26—Producer of milk, butter and cheese
28—Man's name
30—Sly look
31—Now
33—Thinly settled
34—Vine fruit (pl.)
36—Sows
37—Exclamation
38—Painful
39—Ship's complement
40—Manufactured
41—Sluggish
44—Time gone by

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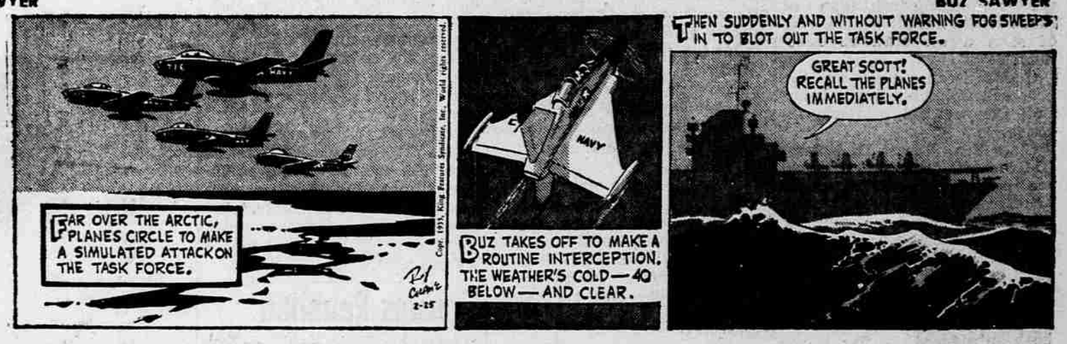
STRANGE AS IT SEEMS by ELSIE NIX

BARNEY GOOGLE and SNUFFY SMITH

BUZ SAWYER



L'L ABNER

BLONDIE

MUTT and JEFF